Teaching Day in Rheumatic Diseases

Saturday, October 1, 2016 | 8 a.m. - 3 p.m.
Texas Health Presbyterian Hospital Dallas
Fogelson Forum Auditorium
8200 Walnut Hill Lane | Dallas, TX 75231
The conference will focus on the management of patients with inflammatory arthritis as well as fibromyalgia and osteoarthritis. The speakers will discuss recent advances in diagnostic techniques as well as update the approaches to treatment using an evidence-based medicine approach. Discussion of the evaluation of the patient who presents to the clinic with acute arthritis, as well as the diagnosis and management of patients with crystal-induced arthropathy and inflammatory arthritis such as psoriatic arthritis and rheumatoid arthritis, will be provided. These talks will be tailored for the generalist to provide a framework for making the proper diagnosis and initiating therapy. Fibromyalgia will be covered, as it is a frequent presentation of patients with musculoskeletal pain and can be frustrating to manage. Lectures on treatment modalities for osteoarthritis, as well as an update on total joint replacement and proper selection of patients for joint replacement, will be provided. As rheumatology and primary care work closely together to manage these patients, an important lecture on the comorbidities frequently seen in patients with rheumatic diseases and the team approach to management will be provided. The conference will conclude with a series of case presentations and we encourage attendees to submit interesting cases for discussion.

Upon completion of this conference, the participants should be able to:

- Review the differential for a patient presenting with acute arthritis, to include the history, physical and lab testing.
- Review the differential between single joint involvement versus multiple joint involvement.
- Distinguish between inflammatory versus non-inflammatory arthritis.
- Explain the importance of early and accurate diagnosis of inflammatory arthritis.
- Review the diagnostic approach to crystalline arthropathies.
- Describe non-pharmacologic and pharmacologic therapeutic approaches to hyperuricemia, gout and other crystal-associated arthropathies.
- Discuss the effect of comorbidities on the treatment of gout including drug selection, interactions and contraindications.
- Discuss the approach to diagnosing rheumatoid arthritis and main differential diagnoses.
- Describe the initial treatment and broad therapeutic options for rheumatoid arthritis.
- Discuss the classification criteria for systemic lupus erythematosus.
- Review the clinical manifestations, pathogenesis and therapeutic options for lupus.
- Describe lupus nephritis.
- Describe the diagnosis and treatment options for fibromyalgia.
- Review treatment options for osteoarthritis patients.
- Describe the latest data on the surgical approach for total joint replacement.
- Identify which patients are candidates for total joint replacement.
- Review the most common comorbidities for rheumatic disease.
- Describe how the rheumatologist and primary care physician work together to treat their rheumatic disease patients.
This conference is designed for physicians, advanced practice nurses, physician assistants, nurses and allied health professionals involved in the diagnosis and management of patients with musculoskeletal complaints. This course will provide a comprehensive review of the diagnostic and management tools necessary for the treatment of patients with musculoskeletal disease in the outpatient setting.

Conference Director

Stanley Cohen, M.D.
Section Chief, Rheumatology
Texas Health Presbyterian Hospital Dallas
Dallas, Texas

Conference Co-Director

Virginia Reddy, M.D.
Rheumatologist
Rheumatology Associates
Dallas, Texas

Conference Faculty

Margarita Fallena, M.D.
Rheumatologist
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Catalina Orozco, M.D.
Rheumatologist
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Giovanni Geslani, D.O.
Rheumatologist
Rheumatology Associates
Dallas, Texas

Padmapriya Sivaraman, M.D.
Rheumatologist
Rheumatology Associates
Dallas, Texas

Joanna Geslani, D.O.
Rheumatologist
Rheumatology Associates
Dallas, Texas

William Tucker, Jr., M.D.
Orthopedic Surgeon
Texas Health Presbyterian Hospital Dallas
Dallas, Texas

Imran Iqbal, M.D.
Rheumatologist
Rheumatology Associates
Dallas, Texas

Doctors on the medical staff practice independently and are not employees or agents of the hospital except resident doctors in the hospital’s graduate medical education program.
Conference Agenda

7 a.m.        Registration and Breakfast

7:55 a.m.    Welcome and Announcements

8 a.m.       AAA: The Approach to Acute Arthritis  |  Giovanni Geslani, D.O.

8:35 a.m.    Crystalline Arthropathies: Diagnosis and Management  |  Margarita Fallena, M.D.

9:20 a.m.    Inflammatory Arthritis with Focus on Rheumatoid Arthritis  |  Catalina Orozco, M.D.

10 a.m.      BREAK

10:15 a.m.   Lupus and Associated Connective Tissue Diseases  |  Padmapriya Sivaraman, M.D.

11 a.m.      Fibromyalgia  |  Joanna Geslani, D.O.

11:30 a.m.  Case Presentations  |  Stanley Cohen, M.D.

Noon        LUNCH

12:45 p.m.  Management of the Osteoarthritis Patient  |  Imran Iqbal, M.D.

1:25 p.m.   What’s new with Total Joint Replacements?  |  William Tucker, Jr., M.D.

2 p.m.      BREAK

2:15 p.m.   Comorbidities in Rheumatic Disease  |  Virginia Reddy, M.D.

3 p.m.      Evaluation & Adjourn

Accreditation

Texas Health Research & Education Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Texas Health Research & Education Institute designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration Information

Due to limited seating, advanced registration is encouraged. To receive a registration discount, your registration must be received no later than Friday, September 23, 2016.

All registrations will be confirmed.

For additional information, contact the Office of Continuing Medical Education toll-free at 1-866-295-3269. Registrations received via fax, phone or website must include credit card information in order to be processed.

Register by

- Online: TexasHealth.org/CME
- Call Toll-Free: 1-866-295-3269
- Fax: 682-236-6622
- Mail: Texas Health Research & Education Institute, CME Department 612 E. Lamar Blvd., Suite 1212 Arlington, TX 76011

Please make checks payable to:
Texas Health Research & Education Institute
Teaching Day in Rheumatic Diseases | Saturday, Oct. 1, 2016
Texas Health Dallas | Fogelson Forum Auditorium | 8200 Walnut Hill Lane | Dallas, TX 75231

PHYSICIANS ☐ $99 Received by Sept. 23 ☐ $149 On-site registration after Sept. 23

ADVANCED PRACTICE NURSES, PHYSICIAN ASSISTANTS, NURSES AND ALLIED HEALTH PROFESSIONALS
☐ $59 Received by Sept. 23 ☐ $109 On-site registration after Sept. 23

Payment must be included for registration to be processed. Registrations will only be accepted on-site after September 23, 2016. Register online by visiting TexasHealth.org/CME or call toll-free 1-866-295-3269.

First Name __________________________________________ Last Name ________________________________

Last 4 digits of SSN __________ Texas Health Resources Employee ID# (if applicable) _______________________

Please select as appropriate: ☐ MD ☐ DO ☐ PhD ☐ NP ☐ PA ☐ RN ☐ Other _______________________________

Hospital Affiliation __________________________________ Specialty ________________________________

Home Mailing Address ____________________________________________________________

City, State, Zip _________________________________________________________________

Preferred Phone #: ☐ WK ☐ HM ☐ Cell __________________________ Fax # _______________________________

E-mail __________________________________________________________

(Confirmation will be sent to the e-mail address above)

Do you have any special physical, dietary or other needs? ☐ No ☐ Yes If yes, please describe:
_____________________________________________________________________________________

Payment Information Credit Card Type: ☐ Visa ☐ MasterCard ☐ Discover ☐ AmEx

Credit Card # ________________________________________________________________

Exp. Date ______________ Customer Code ____________ Amount to be charged __________________________
(3 digit # on back of credit card)

Billing Address (if different from above) ____________________________________________

City, State, Zip Code _____________________________________________________________

Signature of Cardholder __________________________________________________________

Authorization number (CME Office Use) _____________________________________________

On-Site Emergency Information

Emergency Contact ______________________________________________________________

Emergency Phone Number _________________________________________________________

CANCELLATION
If you cannot attend, the Office of Continuing Medical Education will refund the registration fee, less a $30 administrative fee, provided it is requested in writing prior to September 16, 2016. No refunds will be issued after this date or for non-attendance. There is no charge for a substitute registrant. In the event of Conference cancellation, notification will be given two weeks in advance of the Conference and the fee fully refunded.