11th Annual
Pediatric Specialty Update
for the Primary-Care Physician

Friday, Jan. 30, 2015
Glaser Auditorium
Swedish First Hill Campus
747 Broadway
Seattle, Washington
Needs Statement
Current advances in pediatric practice and research require physicians to continually strive to gain the tools necessary to provide concise, up-to-date medical, surgical and behavioral health care for children and adolescents. This course is specifically designed to address gaps in current pediatric care based on recent advances and guidelines in pediatric patient management. Topics will include pediatric pain, vesicoureteral reflux, implications of medical marijuana in teens and adolescents, complementary medicine in the treatment of children, juvenile detention and juvenile sex trafficking, anomalies in newborns, lactation, skin infections, pediatric therapy and functional medicine.

Course Description
By offering practical information on the most up-to-date diagnostic and treatment options available, pediatric subspecialists in functional medicine, psychiatry and behavioral sciences, adolescent and sports medicine, dermatology, urology, nephrology and neonatology will equip attendees with the tools to provide better care to their pediatric patients.

Intended Audience
This symposium is intended for primary-care physicians, pediatricians, pediatric subspecialists and allied health professionals who treat pediatric patients in a hospital or clinic setting in the Pacific Northwest.

Accreditation with Commendation
Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
Swedish Medical Center designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed Credits
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing Continuing Education Contact Hours
Swedish Medical Center Clinical Education and Practice is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Acknowledgments
This symposium is financially supported in part by educational grants in accordance with ACCME’s Standards for Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the symposium.

Planning Committee
R. Guy Hudson, M.D., MBA, FAAP, Course Co-Chair
Melissa Cate, RN, Course Co-Chair
Jonah Essers, M.D., MPH
Nicole Roehrig, MSN, RN
Julie Taraday, M.D.
Caye Boosalis, CME Manager
Michelle Low, CME Coordinator
Deb Zulawski, EAMP, CME Specialist

Agenda
7:30 a.m. Registration/Breakfast
8 a.m. Welcome
8:10 a.m. Pediatric Pain
Jennifer M. Lee, M.D.
8:50 a.m. Complementary Medicine in Children and Adolescents: A Scientific Evaluation of Herbs, Acupuncture, Homeopathy, Massage and Chiropractic Therapies
Cora Breuner, M.D., MPH, FAAP
9:30 a.m. Heel and Foot Pain in the Young Athlete
Terrence Cronin, M.D., FAAP
10:10 a.m. Pediatric Hernias
Angela Hanna, M.D.
11:05 a.m. Vesicoureteral Reflux in 2015
R. Guy Hudson, M.D., MBA, FAAP
11:45 a.m. Lunch (provided)
12:30 p.m. Medical Implications of the New Marijuana Law (Panel)
Elizabeth Meade, M.D., FAAP
Marcio A. Sotero de Menezes, M.D.
Jennifer M. Cruze, MSW
1:15 p.m. Juvenile Detention/Juvenile Sex Trafficking
Ann E. Giesel, M.D.
1:55 p.m. Functional Medicine in Children
Carol Doroshow, M.D., FAAP
2:35 p.m. Break
2:45 p.m. Afternoon Workshops
Session 1: 2:45-3:45 p.m.
Session 2: 3:50-4:50 p.m.
Attendees will select an option to attend for each session.
- Anomalies in the Newborn
  Dyan Simon, M.D., and Mark A. Johnson, M.D.
- Breastfeeding: Not Always Elementary – Detective and Corrective Tools for Treating Breastfeeding Problems Along the Continuum
  Julie Taraday, M.D., and Emily Pease, RN, IBCLC
- Skin Infections
  Frank G. Bell, M.D.
- Pediatric Therapy
  Shana L. Nielsen, OTR/L
4:50 p.m. Adjourn

Location
Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Parking is available in the Broadway Garage at 747 Broadway at a maximum fee of $15. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway, then turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.

For Further Information
Phone: 206-386-2755
Fax: 206-320-7462
E-mail: cme@swedish.org
Web: www.swedish.org/cme
Course Objectives

At the conclusion of this symposium, the participant will provide better patient care through an increased ability to:

- Explain diagnostic criteria of Postural Orthostatic Tachycardia (POT) Syndrome in adolescents; discuss pathophysiology and outline evidence for treatment of POT syndrome in adolescents and express the importance of an integrative, multidisciplinary approach to the treatment of chronic pain.
- Review the demographics of those who use complementary and alternative medicine in pediatrics; understand the evidence for efficacy for certain herbs/supplements and explain how pediatric patients will be helped with acupuncture, biofeedback, chiropractic or massage.
- Diagnose and treat common injuries and conditions regarding the young athlete’s foot and heel, and recognize when to refer young athletes to specialty and physical therapy care for conditions affecting the foot and heel of young athletes.
- Understand common hernias in the pediatric population, discuss complications of hernias and recognize when to refer hernias to a specialist.
- State the indications of obtaining a voiding cystourethrogram (VCUG) in select patients, explain the treatment options for vesicoureteral reflux (VUR) to your patients and review the post-treatment or observational protocols for VUR.
- State recent research on the effects of marijuana on children/adolescents, discuss resources available for marijuana abuse in the Seattle area and explain about potential uses for medical marijuana in those under age 18.
- Discuss what functional medicine in children is and explain how functional medicine differs from allopathic medicine and recognize indications for functional medicine use in children.
- Recognize common congenital abnormalities that can be diagnosed or recognized in the newborn period, explain criteria for referral to a specialist or to obtain specialized imaging or testing and state the association of common newborn findings with more serious medical conditions.
- Practice eliciting an optimal breastfeeding history (via role playing) to support breastfeeding success and help solve challenging breastfeeding scenarios, apply evidence-based knowledge of maternal and infant physiology and development in challenging breastfeeding scenarios from the newborn (two to four month periods) and develop a toolbox of practical skills to prevent and correct challenging breastfeeding scenarios from the newborn.
- Recognize life- and limb-threatening infections of the skin, appraise the pathogens commonly involved in skin infection and use this knowledge to direct therapy and apply the principles of antimicrobial stewardship in selecting appropriate therapy.
- Identify at least three different areas of developmental concern for appropriate referral to pediatric therapy services and differentiate the roles of occupational therapy, physical therapy and speech-language pathology in the care of the pediatric population.

Faculty

Mark A. Johnson, M.D.
Faculty Physician
Swedish Family Medicine Residency-First Hill
Clinical Associate Professor, Department of Family Medicine
University of Washington School of Medicine

Jennifer M. Lee, M.D.
Pain Medicine & Anesthesiology
Swedish Pain and Headache Center
Swedish Medical Center

Elizabeth Meade, M.D., FAAP
Pediatric Hospital Medicine
Pediatric Specialty Care
Assistant Chief of Pediatrics
Swedish Medical Center

Dyan M. Simon, M.D.
Pediatric Medical Group
Seattle, WA

SWEDISH
Registration Information:
Pre-registration is required as space is limited. Participants who register by the advance registration deadline will receive a confirmation postcard after Monday, Jan. 19, 2015. Registrations will only be processed when accompanied by full payment.

If using the registration form, please mail or fax it to:
Continuing Medical Education
Swedish Medical Center
747 Broadway
Seattle, WA 98122
Fax: 206-320-7462

Cancellation: To receive a refund, notice of cancellation must be received no later than Friday, Jan. 23, 2015.

Please note: No registrations are accepted by phone or email.

If you have special needs, please contact the CME office at 206-386-2755.

Registration Fees: The fee for this course includes catering, all instruction materials, online syllabus access and a certificate of AMA PRA Category 1 Credits™.

Registration Form

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Friday, Jan. 30, 2015

Please print or type information

NAME
ADDRESS
CITY/STATE/ZIP
PHONE
FAX
EMAIL
EMERGENCY CONTACT NAME AND PHONE NUMBER (OPTIONAL)
SPECIALTY

WORKSHOP SESSION I: 2:45-3:45 p.m.
Choose one of the options listed below.
☐ Anomalies in the Newborn ☐ Skin Infections
☐ Lactation ☐ Pediatric Therapy

WORKSHOP SESSION II: 3:50-4:50 p.m.
Choose one of the options listed below.
☐ Anomalies in the Newborn ☐ Skin Infections
☐ Lactation ☐ Pediatric Therapy

Registration Fees:

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Payment:
☐ Check enclosed, payable to: Swedish CME
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Save time – register online!
www.swedish.org/cme