Cardiology Update for Primary Care

Friday, July 11, 2014
Grand Hyatt Seattle
721 Pine Street
Seattle, Washington
Intended Audience
This course will expand the knowledge, skills and performance of primary-care and internal medicine physicians, clinical and interventional cardiologists, hospitalists, residents, ARNPs, PA-Cs, nurses and allied health care professionals in the clinical presentation, diagnosis and treatment of cardiovascular disease.

Needs Statement
The statistics are sobering: Every 25 seconds, an American will have a coronary event, and every 60 seconds someone will die as a result. The front line of the battle against cardiovascular disease will always be the responsibility of primary-care providers. Cardiovascular medicine is an important facet of the scope of the primary-care provider, for whom an annual course in this constantly evolving specialty is essential.

To improve patient care and outcomes, the American College of Cardiology and American Academy of Family Physicians have pushed for performance and quality measures in cardiovascular care. Technologies and guidelines which impact patient care change frequently, requiring specific changes to providers’ practice. However, current evidence and emerging technologies are not always encompassed in the latest practice guidelines.

Cardiovascular core competencies for the primary-care provider include hypertension, dyslipidemia, anticoagulation and antiplatelet therapies, primary and secondary prevention of coronary artery disease, imaging, congestive heart failure, and management of the complex cardiovascular patient in the managed-care era.

Utilizing a case-based format, audience response questions and panel discussions with audience Q & A, expert faculty will impart the latest developments in research, clinical trials, techniques and evidence-based treatments in the management of patients with cardiovascular disease.

Planning Committee
Peter J. Casterella, M.D., Co-Chair
James A. McHugh, M.D., Co-Chair
R. Jeffrey Westcott, M.D., Co-Chair
Paul P. Huang, M.D., MSc
John V. Olsen, M.D.
John L. Petersen II, M.D., MHS
Marie Arnone, R.N., MA, CCRN
Laurie Turay, BA, CME Specialist

Acknowledgments
This symposium is financially supported in part by educational grants in accordance with ACCME’s Standards for Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the symposium.
## Agenda

<table>
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<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tr>
<td>7 a.m.</td>
<td>Check-in and Breakfast</td>
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<td>7:50 a.m.</td>
<td>Welcome and Introduction</td>
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<td>8 a.m.</td>
<td><strong>Keynote Address</strong>&lt;br&gt;The Value of Evidence-based Practice: It’s not just about putting statins in the water&lt;br&gt;Ralph G. Brindis, M.D., MPH, MACC</td>
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<td><strong>Session I: A Collaborative Approach to Coronary Artery Disease</strong>&lt;br&gt;Session Moderator: Peter J. Casterella, M.D.</td>
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<td>8:30 a.m.</td>
<td>Asymptomatic Patient at Risk: “Doctor, everyone in my family had an MI by age 60, and I’m 59, what tests do I need to check my heart?”&lt;br&gt;Case Presentation: Peter J. Casterella, M.D.&lt;br&gt;Didactic: Peter J. Casterella, M.D.</td>
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<tr>
<td>9 a.m.</td>
<td>“Doctor, I had a stent placed in my heart one year ago, do I need a stress test or some other study to be sure that I’m okay?”&lt;br&gt;Case Presentation: Howard S. Lewis, M.D.&lt;br&gt;Didactic: Howard S. Lewis, M.D.</td>
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<td>9:30 a.m.</td>
<td>Panel Discussion with Q &amp; A&lt;br&gt;Expert Panel: Howard S. Lewis, M.D.; James A. McHugh, M.D.; Neil W. Siecke, M.D.</td>
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<td>9:50 a.m.</td>
<td>Break</td>
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<tr>
<td>10:05 a.m.</td>
<td><strong>Session II: Difficult to Treat Hypertension</strong>&lt;br&gt;Session Moderator: Paul P. Huang, M.D., MSc</td>
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<td>10:00 a.m.</td>
<td>Evaluation of the Hypertensive Patient&lt;br&gt;Case Presentation: Ming Zhang, M.D., Ph.D.&lt;br&gt;Didactic: Paul P. Huang, M.D., MSc</td>
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<td>10:35 a.m.</td>
<td>Treatment of the Hypertensive Patient&lt;br&gt;Case Presentation: Ming Zhang, M.D., Ph.D.&lt;br&gt;Didactic: Robert M. Bersin, M.D.</td>
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<td>11:05 a.m.</td>
<td>Panel Discussion with Q &amp; A&lt;br&gt;Expert Panel: Robert M. Bersin, M.D.; Ming Zhang, M.D., Ph.D.</td>
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<td>11:25 a.m.</td>
<td>Lunch (provided)</td>
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<td>11:40 a.m.</td>
<td><strong>Lunchtime Presentation</strong>&lt;br&gt;Motivational Interviewing: Radical Changes to Traditional Advice Giving&lt;br&gt;Philip K. Capp, M.D.</td>
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<td><strong>Session III: Anticoagulation: Navigating Uncertainty</strong>&lt;br&gt;Session Moderator: R. Jeffrey Westcott, M.D.</td>
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<td>12:15 p.m.</td>
<td>Dual Antiplatelet Therapy (DAPT):&lt;br&gt;Which drugs and for how long?&lt;br&gt;Case Presentation: Robert M. Bersin, M.D.&lt;br&gt;Didactic: Peter J. Casterella, M.D.</td>
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<td>12:45 p.m.</td>
<td>Novel Oral Anticoagulants: Show me the value&lt;br&gt;Case Presentation: Sandeep Sachdeva, M.D., MBBS, BS&lt;br&gt;Didactic: R. Jeffrey Westcott, M.D.</td>
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<td>1:15 p.m.</td>
<td>Panel Discussion with Q &amp; A&lt;br&gt;Expert Panel: Robert M. Bersin, M.D.; Peter J. Casterella, M.D.; Sandeep Sachdeva, M.D., MBBS, BS</td>
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<td>1:35 p.m.</td>
<td>Break</td>
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<td>1:50 p.m.</td>
<td><strong>Session IV: Around and Around the Mulberry Bush: Lipid Treatment 2014</strong>&lt;br&gt;Session Moderator: John V. Olsen, M.D.</td>
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<td>1:50 p.m.</td>
<td>Pros and Cons of the New Guidelines&lt;br&gt;Case Presentations: John V. Olsen, M.D.&lt;br&gt;Didactic: Gary E. Oppenheim, M.D.</td>
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<td>2:30 p.m.</td>
<td>Management of the Complex and Difficult Lipid Patient&lt;br&gt;Case Presentation: John V. Olsen, M.D.&lt;br&gt;Didactic: Alan Chait, M.D.</td>
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<td>3 p.m.</td>
<td>Panel Discussion with Q &amp; A&lt;br&gt;Expert Panel: Alan Chait, M.D.; Gary E. Oppenheim, M.D.; Douglas McDonald, M.D.</td>
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<td><strong>Session V: Potpourri</strong>&lt;br&gt;Session Moderator: John L. Petersen II, M.D., MHS</td>
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<td>3:15 p.m.</td>
<td>Optimizing Treatment in Congestive Heart Failure&lt;br&gt;John L. Mignone, M.D., Ph.D.</td>
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<td>3:35 p.m.</td>
<td>Collaboration on Code Status in the Complex Cardiology Patient&lt;br&gt;Jon P. Younger, M.D.</td>
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<td>3:55 p.m.</td>
<td>Evaluation and Management of Palpitations&lt;br&gt;Darryl S. Wells, M.D.</td>
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<td>4:15 p.m.</td>
<td>Panel Discussion with Q &amp; A&lt;br&gt;Expert Panel: John L. Mignone, M.D.; Ph.D.; Darryl S. Wells, M.D.; Jon P. Younger, M.D.</td>
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<tr>
<td>4:30 p.m.</td>
<td>Adjourn</td>
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For Further Information

Phone: 206-386-2755  | Fax: 206-320-7462  | E-mail: cme@swedish.org  | Web: www.swedish.org/cme
Faculty

Robert M. Bersin, M.D.
Cardiologist
Director, Endovascular Services
Swedish Heart & Vascular Institute
Swedish Medical Center

Ralph G. Brindis, M.D., MPH, MACC
Cardiologist
Immediate Past President of the American College of Cardiology
Senior Advisor for Cardiovascular Disease
Northern California Kaiser
Clinical Professor of Medicine
University of California, San Francisco

Philip K. Capp, M.D.
Primary Care
Swedish Central Seattle Primary Care
Swedish Medical Center

Peter J. Casterella, M.D.
Interventional Cardiology
Chief, Department of Cardiology
Swedish Heart & Vascular Institute
Swedish Medical Center

Alan Chait, M.D.
Internal Medicine and Endocrinology
Endocrinology, Diabetes and Metabolism
Harborview Medical Center
Division Head
Division of Metabolism, Endocrinology and Nutrition
Edwin L. Bierman Endowed Professor in Metabolism, Endocrinology and Nutrition
University of Washington

Paul P. Huang, M.D., MSc
Interventional Cardiology
Swedish Heart & Vascular Institute
Swedish Medical Center

Howard S. Lewis, M.D.
Interventional Cardiologist
Swedish Heart & Vascular Institute
Swedish Medical Center

Douglas McDonald, M.D.
Family Medicine
Swedish Redmond Primary Care
Swedish Medical Center

James A. McHugh, M.D.
Internal Medicine
Swedish Central Seattle Primary Care
Swedish Medical Center

John L. Mignone, M.D., Ph.D.
Internal Medicine and Cardiovascular Disease
UW Medicine
University of Washington Medical Center

John V. Olsen, M.D.
Interventional Cardiology
Swedish Heart & Vascular Institute
Swedish Medical Center

Gary E. Oppenheim, M.D.
Cardiologist
Swedish Heart & Vascular Institute
Swedish Medical Center

John L. Petersen II, M.D., MHS
Interventional Cardiology
Medical Director
Cardiovascular Research
Swedish Heart & Vascular Institute
Swedish Medical Center

Sandeep Sachdeva, M.D., MBBS, BS
Internal Medicine
Adult Hospitalist
Swedish Hospital Medicine

Neil W. Siecke, M.D.
Cardiologist
Mill Creek Campus Specialists
Swedish Heart & Vascular – Edmonds Medical Pavilion
Swedish Medical Center

Darryl S. Wells, M.D.
Cardiac Electrophysiology
Swedish Heart & Vascular Institute
Swedish Medical Center

R. Jeffrey Westcott, M.D.
Medical Director
Cardiac Catheterization Laboratory
Board Chair, Swedish Heart & Vascular Institute
Swedish Medical Center

Jon P. Younger, M.D.
Internal Medicine and Geriatrics
The Polyclinic Madison Center
Swedish Medical Center

Ming Zhang, M.D., Ph.D.
Interventional Cardiologist
Swedish Heart & Vascular Institute
Swedish Medical Center
Course Objectives

At the conclusion of this symposium, the participant will provide better patient care through an increased ability to:

- Review the guideline development process and how application of guidelines in clinical practice is associated with improved outcomes
- Evaluate risk factors for development of coronary artery disease (CAD); discuss maximum primary prevention measures; explain testing options and data on screening studies for CAD and how to apply this information to the management of patients at risk for CAD and review the relative value of non-invasive ischemia evaluation, coronary CT imaging and standard and advanced lipid testing in the risk assessment of patients at risk of CAD
- Discuss the initial evaluation of patients with essential hypertension, describe the appropriate agents to care for complex patients with hypertension, review JNC 8 guidelines, explain treatment options for malignant hypertension and recognize when to evaluate for secondary hypertension
- Discuss racial and ethnic issues in the management of cardiovascular disease
- Assess the appropriateness, length and duration of antiplatelet therapy and identification of patients at risk of bleeding
- Explain the importance of dual antiplatelet therapy (DAPT), compare and contrast the risks vs. benefits of DAPT, describe strategies for interruption of DAPT, review the favorable safety profile for XA and DTI inhibitors and describe the pharmacokinetics of the newer agents
- Review and discuss the current lipid guidelines for primary and secondary prevention of CAD, discuss strategies for evaluating and treating the patient who is intolerant of therapy, identify options for treating the patient who can’t get to target and recognize when to refer the patient to a tertiary lipid research clinic and what can be gained by doing so
- Outline the evaluation and assessment of patients with palpitations and explain advanced treatment options and indications
- Review end-of-life issues in patients with complex cardiac disease, define the role of a palliative care consult in end-of-life discussions and recognize the value of a care team approach to these complex patients
- Describe coordinated management, prevention of relapse and readmission of the heart failure patient and determine when to refer the patient to a heart failure specialist
- Recognize patient resistance to change, describe alternative ways to motivate patient’s behavior and identify strategies for improving patient-physician communication
Registration Information:
Preregistration is required as space is limited. Participants who register by the “Advance Registration” deadline will receive a confirmation postcard after Monday, June 30, 2014. Registrations will only be processed when accompanied by full payment.

Cancellation:
To receive a refund, notice of cancellation must be received no later than Thursday, July 3, 2014.

If using the registration form, please mail or fax it to:
Continuing Medical Education, Swedish Medical Center
747 Broadway, Seattle, WA 98122
Fax: 206-320-7462

Please note: No registrations are accepted by phone or e-mail.
If you have special needs, please contact the CME office at 206-386-2755.

Registration Fees:
The fee for this course includes catering, all instruction materials, online syllabus access and a certificate of AMA PRA Category 1 Credits™.

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<td>M.D. or D.O.</td>
<td>$250</td>
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Payment:

- Check enclosed, payable to: Swedish CME
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Signature _________________________ Expiration date _____________________

Save time – register online!

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