High-Risk Obstetrics:
Tools for the Family Physician

Friday, March 23, 2012
Glaser Auditorium
Swedish Medical Center/
First Hill
747 Broadway
Seattle, Washington
Course Description

High-Risk Obstetrics: Tools for the Family Physician will provide the opportunity for participants to improve competencies in the management of medically complicated obstetrical patients in a family-practice setting. This course will address barriers to optimal patient care, such as the prenatal condition of the mother, access to the latest developments in high-risk obstetrical care and the limited opportunities for hands-on learning of new skills. Current and controversial topics such as gestational diabetes, the obstetric implications of an ultrasound-detected sub-chorionic hemorrhage and the diagnosis and management of mood disorders in pregnant and postpartum women will be presented in comprehensive lectures and rapid-fire updates. The afternoon hands-on workshops on external fetal monitoring, episiotomy repair and shoulder dystocia will be led by expert faculty. A special workshop on the Aldo Vacca Vacuum Technique will be offered concurrently throughout the morning lectures and the afternoon workshops.

Intended Audience

This conference is intended for primary-care providers, including family physicians, community physicians, obstetric fellows and fellowship graduates, residents, nurses and other allied health professionals.

Needs Statement

Receiving obstetrical care in the family-practice setting is preferred by many women and is sometimes the only care available in rural and underserved areas. In addition, obstetric practice changes rapidly and the consequences of mismanagement of high-risk obstetric patients can result in outcomes that are tragic for the family and burdensome for the community. These factors have combined to create the need for family physicians with an obstetrics practice to be regularly updated on the latest developments in the care of high-risk obstetrics patients. Past conference attendees were surveyed and asked to prioritize the most-needed topics for discussion and hands-on learning. The needs identified were used to create the agenda for Swedish’s 2012 conference on high-risk obstetrics for the family physician.

Location/Directions/Parking

Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Parking is available in the Broadway Garage at 747 Broadway. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway. Turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.

Agenda

8:15 a.m.  Registration and Continental Breakfast
8:45 a.m.  Welcome, Introduction and Vacca Vacuum Technique
           R. Joseph Breuner, M.D.
8:55 a.m.  Diagnosis, Pathophysiology and Management of Mood Disorders in Pregnant and Postpartum Women
           Melissa Fullerton, M.D.
9:20 a.m.  Rapid Fire: Gestational Diabetes Update
           Kevin Wang, M.D.
9:30 a.m.  Clinical Significance of Oligohydramnios in Pregnancy: How Worried to Get
           Gabriel Flaxman, M.D.
9:55 a.m.  Rapid Fire: Efficacy Evidence for Shoulder Dystocia Maneuver
           R. Joseph Breuner, M.D.
10:05 a.m. Rapid Fire: Labor Curves Redefined by Zhang
           James Wallace, M.D.
10:15 a.m. Panel Discussion
           Moderator: R. Joseph Breuner, M.D.
           Panel: Gabriel Flaxman, M.D.; Melissa Fullerton, M.D.; James Wallace, M.D.; Kevin Wang, M.D.
10:25 a.m. Break
10:40 a.m. Vaginal Birth after Cesarean Delivery: A Common-Sense Approach
           James Wallace, M.D.
11:05 a.m. Ultrasound-Detected Subchorionic Hemorrhage and the Obstetric Implications
           Samuel Crane, M.D.
11:30 a.m. What Do I Do with a Short Cervix?
           David Gorenberg, M.D.
12:15 p.m. Lunch (provided)
1:15 p.m.  Afternoon Workshops
           Attendees will have the opportunity to participate in each hands-on workshop.
           1:15 p.m.  2:15 p.m.  3:15 p.m.
           • External Fetal Monitoring
           • Management of Shoulder Dystocia
           • Postpartum Hemorrhage
4:15 p.m.  Adjourn

For Further Information

Phone: 206-386-2755
Fax: 206-320-7462
E-mail: cme@swedish.org
Web: www.swedish.org/cme
       www.facebook.com/SwedishCME

Special Workshop: Aldo Vacca Vacuum Technique

The Aldo Vacca Vacuum Technique Workshop will run concurrently throughout the morning lectures and afternoon workshops. Two learners will rotate through the workshop every 30 minutes. Space is limited. Please register in advance to reserve your spot.

Faculty: Shannon Boustead, M.D. and Patrick Gemperline, M.D.
Course Objectives
At the conclusion of this course, the participant will provide better patient care through an increased ability to:

• Select appropriate candidates for trial of labor after cesarean (TOLAC), counsel women on risks, benefits and alternatives to TOLAC and organize clinical resources necessary to manage associated complications
• Discuss the evidence behind, and the reason why, new gestational diabetes screenings are recommended and outline the new recommendations, their implications and ACOG’s response
• Describe the various methods to measure and diagnose oligohydramnios, examine the evidence for adverse outcomes associated with this condition, determine whether intervention improves those outcomes and apply a management strategy for oligohydramnios at various gestational ages
• Review new evidence regarding efficacy of maneuvers to relieve shoulder dystocia
• Accept a broader degree of variance in the progress of normal labor than that defined by Friedman in 1955 and apply contemporary data on labor progress to normal labor among primiparous and multiparous patients
• Recognize the effect that pregnancy and the postpartum have on psychiatric diagnoses, prescribe psychiatric medications safely in pregnancy and the postpartum and screen appropriately for psychiatric illness in prenatal and postpartum patients
• Discriminate between the various types of placental hemorrhage patterns, explain the clinical progression and implications of placental hemorrhages and apply the management options related to placental hemorrhage
• Identify patients who are at risk for shortened cervix and candidates for cerclage and assess and manage risk of preterm delivery in the patient with the shortened cervix
• Locate the flexion point in a reproducible manner
• Demonstrate the five-step Aldo Vacca Vacuum Technique
• Apply the most up-to-date National Institute of Child Health and Human Development External Fetal Monitoring Guidelines
• Employ management techniques for shoulder dystocia
• Demonstrate competence at episiotomy repair on model

Accreditation with Commendation
Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
Swedish Medical Center designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing CE Contact Hours
Contact hours for this continuing nursing education activity have been submitted to Swedish Medical Center an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. For more information about nursing contact hours, please contact Swedish Clinical Education through vicki.enslow@swedish.org.

AAFP Prescribed Credits
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Faculty
R. Joseph Breuner, M.D.
Obstetrics Fellowship Director
Swedish First Hill Family Medicine Residency Program
Clinical Assistant Professor of Family Medicine
University of Washington Medical Center

Shannon Bousted, M.D.
Family Medicine with Obstetrics
Swedish Medical Center

Patrick Gemperline, M.D.
Family Medicine with Obstetrics
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David Gorenberg, M.D.
Family Medicine with Obstetrics
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Leslee Waldman, M.D.
Family Medicine with Obstetrics
Swedish Medical Center

Kevin Wang, M.D.
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Swedish Family Medicine Advanced Obstetrics Fellows
Samuel Crane, M.D.
Gabriel Flaxman, M.D.
Melissa Fullerton, M.D.
John Long, M.D.
James Wallace, M.D.

Planning Committee
R. Joseph Breuner, M.D., Course Chair
Samuel Crane, M.D.
Leslee Goetz, MSN
Gabriel Flaxman, M.D.
Melissa Fullerton, M.D.
John Long, M.D.
Jessica Martinson, M.S., CME Manager
James Wallace, M.D.
Kevin Wang, M.D.
Deb Zulawski, EAMP, CME Specialist

Acknowledgments
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Registration Information:
Preregistration is required as space is limited. Participants who register by the “Advance Registration” deadline will receive a confirmation postcard after Monday, March 12, 2012. Registrations will only be processed when accompanied by full payment.

Cancellation:
To receive a refund, notice of cancellation must be received no later than Friday, March 16, 2012.

If using the registration form, please mail or fax it to:
Continuing Medical Education
Swedish Medical Center
500 17th Ave.
Seattle, WA 98122
Fax: 206-320-7462

Please note: No registrations are accepted by phone or e-mail.
If you have special needs, please contact the CME office at 206-386-2755.

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Please print or type information

NAME
TITLE/CREDENTIALS
ADDRESS
CITY/STATE/ZIP
PHONE	 FAx
E-MAIL
SPECIALTY

Registration for the special Aldo Vacca Vacuum Technique Workshop is available on a first-come, first-served basis as there are very limited seats. We will notify you if we are unable to accommodate your request.

Aldo Vacca Vacuum Technique Workshop
Registration Fees: Please check one of the following:

Advance Registration
M.D./D.O. $175
Allied Health Professional $90
Resident or Fellow No Charge
Medical Student No Charge
After March 12
M.D./D.O. $205
Allied Health Professional $120
Resident or Fellow No Charge
Medical Student No Charge

Payment:
☐ Check enclosed, payable to: Swedish CME
☐ Credit card #_____________________________________________________
    VISA □ MasterCard □ Discover □ AMEX
Signature_________________________ Expiration date_________________

Please note: No registrations are accepted by phone or e-mail.

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