Understanding
PALLIATIVE CARE
What is it? Who is it for?

Friday, September 17, 2010
Glaser Auditorium
Swedish Medical Center/First Hill
747 Broadway
Seattle, Washington
Intended Audience
This symposium is targeted toward health-care professionals who work with patients with serious, chronic or life-threatening illnesses; including anesthesiologists, cardiologists, emergency medicine specialists, family medicine physicians, internal medicine physicians, specialists in rehabilitative medicine, psychiatrists, neurologists, oncologists, radiologists and surgeons, as well as RNs and ARNPs, physician’s assistants, psychologists, social workers and chaplains.

Course Description
The following questions will be answered through lectures and discussions by national leaders in the field of palliative care.

- What is palliative care?
- Who will benefit from palliative care?
- When is palliative care the right choice?
- Who should I call for a palliative care consult?
- Is palliative care synonymous with hospice care?
- How do I address the concerns that patients and their loved ones have about palliative care?
- What is the role of the public in changing how hospitals provide end-of-life care?
- How do members of the health-care team prioritize their own well-being while caring for seriously ill patients?

Needs Statement
A misperception exists in the medical profession and the community-at-large that “palliative care” is the same as “hospice care.”

It is important for the health-care team, as well as patients and their loved ones, to understand that palliative care is appropriate at any stage of a serious, chronic or life-threatening illness and that it is not dependent on prognosis. Palliative care is often provided at the same time as curative and life-prolonging treatment.

Acknowledgments
This symposium is financially supported in part by education grants in accordance with ACCME’s Standards for Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the symposium.

AGENDA
7:30 a.m. Registration and Continental Breakfast
8 a.m. Welcome and Opening Remarks
Janice Connolly, M.D.
8:15 a.m. The State of Palliative Care
Steven Pantilat, M.D.
9:45 a.m. Break
10 a.m. The Prognosis for Palliative Care in Neurological Disease
James Gordon, M.D.
11 a.m. How Can Palliative Care Physicians Prioritize Their Own Well-Being?
John Wynn, M.D.
Noon Lunch
12:45 p.m. Words That Work: Talking with Patients about Miracles and Hope
Stuart Farber, M.D.; Gregg VandeKieft, M.D., M.A.; Helene Starks, Ph.D., M.P.H.
1:45 p.m. Break
2 p.m. Attending a Patient at the Time of Death
Howard Lewis, M.D.
2:45 p.m. A Community Process to Improve Care Near the End of Life
Marjorie Ginsburg, M.P.H.
3:45 p.m. Closing Remarks
Janice Connolly, M.D.
4 p.m. Course Adjourns

Location/Parking/Directions
Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Discounted parking is available in the Broadway Garage at 747 Broadway: $10 all day with your CME certificate from this symposium. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway. Turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.
Course Objectives
At the conclusion of this symposium, the participant will provide better patient care through an increased ability to:
• Define palliative medicine and adopt current best practices for its provision; describe the domains of palliative care; and describe the needs of patients facing life-threatening illness and the concerns of their loved ones
• Describe the role of the health-care team in the management of palliative care for patients who are seriously ill, chronically ill or who have a life-threatening illness
• Identify precipitants and early signs of burnout; outline cultural predisposition to overwork and burnout; and adopt techniques for replenishment and renewal in personal and professional settings in order to more fully enjoy the personal and professional aspects of life
• Identify two communication strategies to elicit patient concerns and values regarding goals of care; and adopt useful phrases for creating patient-centered conversations around goals of care, transitioning to comfort care, managing uncertainty and finding the balance of living while dying
• Describe the role of health-care providers in caring for patients at the end of life
• Encourage hospital changes through community-wide deliberation; and identify the key components for successful adoption of project recommendations across the community

Accreditation with Commendation
Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
Swedish Medical Center designates this educational activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP Prescribed Credits
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing CE Contact Hours
Contact hours for this continuing nursing education activity has been submitted to Swedish Medical Center an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact Vicki Enslow at Swedish Medical Center for more information about contact hours at 206-320-2711.

Faculty
Stuart Farber, M.D.
Associate Professor, Department of Family Medicine
University of Washington School of Medicine
Seattle, Washington

Marjorie Ginsburg, M.P.H.
Executive Director, Center for Healthcare Decisions
Rancho Cordova, California

James Gordon, M.D.
Neurologist, Northwest Hospital and Medical Center
Clinical Associate Professor of Neurology
University of Washington School of Medicine
Seattle, Washington

Howard Lewis, M.D.
Cardiologist, Executive Director, Swedish Heart and Vascular Institute
Swedish Medical Center
Seattle, Washington

Steven Pantilat, M.D.
Professor of Medicine
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Palliative Care Program, Division of Hospital Medicine
Department of Medicine
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Clinical Associate Professor of Family Medicine
University of Washington School of Medicine
Seattle, Washington

John Wynn, M.D.
Medical Director for PsychoOncology, Swedish Cancer Institute
Clinical Professor of Psychiatry & Behavioral Sciences
University of Washington School of Medicine

Planning Committee
Janice Connolly, M.D., Course Chair
Margo Bykonen, R.N., M.N.
Daniel Jay Fathi, M.D.
Maria Hatcliffe, B.S.N., M.P.H.
Jeanine Keefe, R.N., M.S.N.
William Likosky, M.D.
Jessica Martinson, M.S.
Rose Mullins, C.M.P.
Virginia Oakley, R.N.
Susan Reynolds, M.S.W.
Rev. Deborah Thompson, M.Div.
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**Registration Fees:** Please check one of the following:

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**Payment:**

- Check enclosed, payable to: Swedish CME
- Credit card #
  - VISA
  - MasterCard
  - Discover
  - AMEX

Signature ___________________________ Expiration date_________________

**Registration Information:**

Preregistration is required as space is limited. Participants who register by the “Advance Registration” deadline will receive a confirmation postcard after Monday, Sept. 6, 2010. Registrations will only be processed when accompanied by full payment.

**Cancellation:**

To receive a refund, notice of cancellation must be received no later than Friday, Sept. 10, 2010.

If using the registration form, please mail or fax it to:

Continuing Medical Education
Swedish Medical Center
747 Broadway
Seattle, WA 98122-4307
Fax: 206-386-3180

Please note: No registrations are accepted by phone or e-mail.

If you have special needs, please contact the CME office at 206-386-2755.