High-Risk Obstetrics: Tools for the Family Physician

Friday, April 9, 2010
Glaser Auditorium
Swedish Medical Center/First Hill
747 Broadway
Seattle, Washington
Course Description
Participants will acquire knowledge and hands-on skills important in the care of the pregnant patient, with an emphasis on new controversial topics and practical skills. The symposium will provide a forum for practitioners to discuss diagnostic criteria for gestational diabetes and NICHD guidelines for electronic fetal monitoring. It will also address new management strategies for postpartum hemorrhage, management of chemically addicted moms/babies, predicting successful labor induction, chorioamnionitis and preeclampsia. Attendees will have an opportunity for active, hands-on learning during the afternoon workshops.

Intended Audience
This conference is intended for primary-care providers, including family physicians, community physicians, obstetric fellows and fellowship graduates, residents, nurses and allied health professionals.

Needs Assessment
Family physicians in Washington state deliver thousands of babies each year. Obstetric practice changes rapidly, and the consequences of mismanagement are grave. We surveyed past attendees from this conference to prioritize the most-needed topics for discussion. Prominent requests were for hands-on training, so the afternoon is dedicated to hands-on workshops.

Location
Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Discounted parking is available in the Broadway Garage at 747 Broadway: $10 all day with your CME certificate from this symposium. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway. Turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.

Acknowledgments
This symposium is supported in part by educational grants in accordance with ACCME Standards. At the time of this printing, a complete listing of financial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the symposium.

For Further Information
Phone: 206-386-2755
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AGENDA

8:30 a.m. Registration and Continental Breakfast
8:50 a.m. Welcome and Introduction
Joseph Breuner, M.D.

9 a.m. Gestational Diabetes Diagnostic Criteria: Can We Identify Which Patients Benefit?
Anita Lindell, M.D.

9:25 a.m. Electronic Fetal Monitoring: 2008 NICHD Definitions and Guidelines
Anna Witt, M.D.

9:50 a.m. Rapid Fire: Anemia in Pregnancy/Thalassemia
Joseph Breuner, M.D.

10 a.m. Predicting Successful Labor Induction
Erin Martin, M.D.

10:25 a.m. Break

10:40 a.m. Labor Induction Process Improvement
Erin Kallock, M.D.

11:05 a.m. Update on Chorioamnionitis
Joanna Nigrelli, D.O.

11:30 a.m. Diagnosis and Treatment of Preeclampsia
Zackary Kent, M.D.

11:55 a.m. Rapid Fire: Is Term Oligohydramnios Benign?
Joseph Breuner, M.D.

12:05 p.m. Postpartum Hemorrhage: New Management Strategies
Katrina Walters, M.D.

12:30 p.m. Care and Management of Chemically Addicted Moms and Babies
James Walsh, M.D.

12:55 p.m. Lunch

1:40 p.m. Afternoon Workshops
Each small-group, simulation suite workshop will repeat three times, so you can join each session.
1:40 p.m. 2:40 p.m. 3:40 p.m.
• Postpartum Hemorrhage
  Julie Taraday, M.D., Katrina Walters, M.D., and Anita Lindell, M.D.
• Shoulder Dystocia
  Joseph Breuner, M.D., and Erin Martin, M.D.
• EFM Update with Strip Review
  Leslee Goetz, R.N., and Anna Witt, M.D.

4:40 p.m. Adjourn

SPECIAL WORKSHOP
Aldo Vacca Vacuum Technique
Patrick Gemperline, M.D., Zackary Kent, M.D., Joanna Nigrelli, D.O., and Erin Kallock, M.D.

The Aldo Vacca Vacuum Technique Workshop will run all day during the morning lectures and afternoon workshops. Two learners will rotate through the workshop every 30 minutes. Space is limited. Please register in advance to reserve your spot.
Course Objectives
At the conclusion of this course, the participant will provide better patient care through an increased ability to:

- Discuss which patients benefit from diagnosis and treatment of gestational diabetes, and describe how to manage gestational diabetes during prenatal care visits and labor
- Review the physiology underlying fetal monitoring, and identify fetal monitoring patterns that require delivery
- Identify patients who need anemia treatment, and discuss how to treat anemia with PO and intravenous iron and synthetic erythropoietin
- Describe the rationale and treatment benefits for labor induction, discuss the management of labor induction and identify how to promote good outcomes
- Review the goals of labor induction, discuss how to initiate change in the labor induction process, identify desired outcomes and describe how to measure improvement
- Discuss the diagnosis and treatment of chorioamnionitis, and describe the link between chorioamnionitis and cerebral palsy
- Address the diagnosis and treatment of preeclampsia, and examine the speed of preeclampsia
- Examine the significance of oligohydramnios, and discuss how to manage oligohydramnios at term
- Review effective strategies and the evidence behind interventions for postpartum hemorrhage
- Identify addiction in prenatal care patients, discuss when to refer and treat addicted patients and develop a better understanding of how to identify and treat addiction in the newborn
- Examine how to manage postpartum hemorrhage
- Apply the management of shoulder dystocia
- Demonstrate the five-step Vacca Vacuum Technique

Accreditation with Commendation
Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
Swedish Medical Center designates this educational activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing CE Contact Hours
Contact hours for this continuing nursing education activity has been submitted to Swedish Medical Center an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Contact Vicki Enslow at Swedish Medical Center for more information about contact hours at 206-320-2711.

Faculty

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Registration Information:
Preregistration is required as space is limited. Participants who register by the “Advance Registration” deadline will receive a confirmation postcard after Monday, March 29, 2010. Registrations will only be processed when accompanied by full payment.

Cancellation:
To receive a refund, notice of cancellation must be received no later than Friday, April 2, 2010.
If using the registration form, please mail or fax it to:
Continuing Medical Education
Swedish Medical Center
747 Broadway
Seattle, WA 98122-4307
Fax: 206-386-3180

Please note: No registrations are accepted by phone or e-mail. If you have special needs, please contact the CME office at 206-386-2755.