The ABC’s of Pediatric Orthopaedics and Sports Medicine

Provided by the NYU Post-Graduate Medical School

Friday, November 4, 2016 • New York, NY

Register online at: www.med.nyu.edu/cme/pedortho
The ABC’s of Pediatric Orthopaedics and Sports Medicine

FACULTY

COURSE DIRECTORS
Dennis A. Cardone, DO
Associate Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases,
New York, NY

Alice Chu, MD
Assistant Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases
New York, NY

Warren Young, MD
Assistant Professor of Orthopaedic Surgery and Pediatrics
NYU School of Medicine
New York, NY

COURSE PLANNERS
Holly Cohen, OTR/L, ATP, SCEM, CDRS
Program Manager
Assistive Technology/ Driving Rehabilitation
NYU Langone Rusk Rehabilitation
New York, NY

Geraldine Pagnotta, MPT, MPH
Director, Musculoskeletal Rehabilitation Network
NYU Langone Hospital for Joint Diseases
New York, NY

COURSE FACULTY
Michael J. Alaia, MD
Assistant Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

Lori Belfiore Ragni, MS, OTR/L
Clinical Specialist
NYU Hospital for Joint Diseases, New York, NY

Tamir Bloom, MD
Clinical Assistant Professor of Orthopaedic Surgery
NYU School of Medicine, New York, NY

Kirk A. Campbell, MD
Assistant Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

Pablo Castaneda, MD
Division Chief, Pediatric Orthopaedic Surgery
Shriners Hospital for Children
Mexico City, MX

Samara Friedman, MD
Clinical Assistant Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

David H. Godfried, MD
Clinical Associate Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

Bret C. Jacobs, DO
Assistant Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

Mara Karamitopoulos, MD
Assistant Professor of Orthopaedic Surgery
NYU School of Medicine, New York, NY

Alana Karbinovskaya, MD
Pediatric Sports Medicine Fellow
NYU Langone Medical Center, New York, NY

Stacy Kirsch, MS, OTR/L
Clinical Specialist
NYU School of Medicine, New York, NY

Judy W. Lee, MD
Assistant Professor of Otolaryngology —
Head and Neck Surgery
NYU School of Medicine, New York, NY

Linda M. Leva-Schrank, PT, C/NDT, PCS
Physical Therapist
NYU Langone Medical Center, New York, NY

David Y. Lin, MD
Clinical Assistant Professor of Orthopaedic Surgery
NYU Langone Medical Center, New York, NY

Bonnie C. Marks, PsyD
Senior Psychologist
NYU Langone Medical Center, Rusk Rehabilitation,
New York, NY

Diego Perez-Salazar Marina, MD
Professor
Anáhuac University
Mexico

Andrew Price, MD
Clinical Associate Professor of Orthopaedic Surgery
NYU Langone Hospital for Joint Diseases, New York, NY

Mark A. Rieger, MD
Clinical Assistant Professor of Orthopaedic Surgery
NYU Langone Medical Center, New York, NY

Michelle Yang, PT, DPT
Senior Physical Therapist
NYU School of Medicine, New York, NY
COURSE DESCRIPTION
This full-day course will combine the latest in diagnosis and management of pediatric orthopaedic pathologies with pediatric and adolescent sports medicine. The course will review the current literature and highlight the latest management principles, as well as provide tips and techniques useful for practitioners treating pediatric injuries.

Our goal is to enable physicians, physical therapists and other health care providers in our community to feel comfortable in their management of pediatric orthopaedic and sports medicine pathology.

TARGET AUDIENCE
Pediatricians, family physicians, emergency room physicians, orthopaedists, nurse practitioners, physician assistants, occupational therapists, physical therapists, athletic trainers and other health care professionals with an interest in the pediatric/adolescent athlete

EDUCATIONAL OBJECTIVES
At the conclusion of this activity:
• Clinicians should be able to develop treatment protocols to diagnose, manage and refer pediatric orthopaedic pathologies and sports injuries.
• Occupational therapists should be able to address/identify functional implications of musculoskeletal injuries.
• Clinicians should be able to effectively identify and treat common musculoskeletal injuries in the pediatric and adolescent athlete and collaborate with all disciplines on the care team.
• Occupational therapists should be able to determine what appropriate splints should be applied to a variety of musculoskeletal conditions.
• Clinicians should be able to effectively identify and treat acute and overuse musculoskeletal injuries in the pediatric/adolescent athlete.
• Occupational therapists should be able to identify appropriate standardized assessments used to determine strength, ROM, etc.

OCCUPATIONAL THERAPY CREDITS
NYU Hospitals Center is an approved provider for OT CEUs through the American Occupational Therapy Association (AOTA). This course is approved for a maximum of 7.00 occupational therapy contact hours (0.70 CEUs). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Level: Introductory
Outcome Code: Occupational Therapy Process: Approaches to Intervention

PHYSICAL THERAPY CREDIT
NYU Hospitals Center is a New York State Education Department approved provider for physical therapy and physical therapy assistant continuing education. This course is approved for a maximum of 7.00 physical therapy/physical therapy assistant contact hours (0.70 CEUs).

BOC APPROVED PROVIDER STATEMENT
NYU Hospitals Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 7.00 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P2540

DISCLOSURE STATEMENT
The NYU Post-Graduate Medical School adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified conflicts of interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be fully noted at the meeting.

COURSE FEES
Full Fee: $275
Reduced Fee*: $175
NYU Langone/NYU Lutheran Faculty and Staff: $95
(Must provide valid NYU Langone/ NYU Lutheran ID)

*Credited fee applies to NYU School of Medicine alumni, former residents and fellows; physicians-in-training; physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; retired physicians; and all other non-physician healthcare professionals.

ACCREDITATION STATEMENT
The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
The NYU Post-Graduate Medical School designates this live activity for a maximum of 7.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
# The Showdown: Surgery vs. Non-Surgery

## AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15 am</td>
<td>Registration &amp; Continental Breakfast</td>
<td></td>
</tr>
<tr>
<td>7:50</td>
<td>Welcome and Introduction</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>Glenohumeral Dislocation</td>
<td>Diego Perez-Salazar Marina, MD, Kirk A. Campbell, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Patellar Dislocation</td>
<td>Tamir Bloom, MD, Michael J. Alaia, MD</td>
</tr>
<tr>
<td>9:30</td>
<td>Elbow UCL</td>
<td>Alice Chu, MD, Dennis A. Cardone, DO</td>
</tr>
<tr>
<td>10:15</td>
<td>Coffee break</td>
<td></td>
</tr>
<tr>
<td>10:30</td>
<td>Femoroacetabular Impingement in Teenage Athletes</td>
<td>Pablo Castaneda, MD</td>
</tr>
<tr>
<td>10:45</td>
<td>Chronic Shoulder Instability</td>
<td>Diego Perez-Salazar Marina</td>
</tr>
<tr>
<td>11:00</td>
<td>The Role (or Lack Thereof) of Arthroscopy in the Adolescent Athlete With Hip Dysplasia</td>
<td>Pablo Castaneda, MD</td>
</tr>
<tr>
<td>11:25</td>
<td>Spondylolysis</td>
<td>Bret C. Jacobs, DO</td>
</tr>
<tr>
<td>11:40</td>
<td>Concussion and Return to Play</td>
<td>Warren Young, MD</td>
</tr>
<tr>
<td>11:55</td>
<td>Question &amp; Answer</td>
<td></td>
</tr>
<tr>
<td>12:05 pm</td>
<td>Lunch</td>
<td></td>
</tr>
</tbody>
</table>

### AFTERNOON SESSION (Choose Branch)

#### Pediatric Orthopaedics

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00</td>
<td>Hip Dysplasia in the Newborn Infant</td>
<td>Mara Karamitopoulos, MD</td>
</tr>
<tr>
<td>1:15</td>
<td>An Update on Slipped Capital Femoral Epiphysis</td>
<td>Andrew E. Price, MD</td>
</tr>
<tr>
<td>1:30</td>
<td>Scoliosis: Early Diagnosis and Treatment</td>
<td>Mark A. Rieger, MD</td>
</tr>
<tr>
<td>1:45</td>
<td>The Limping Child: Red Flags and When to Refer</td>
<td>David H. Godfried, MD</td>
</tr>
<tr>
<td>2:00</td>
<td>Question &amp; Answer</td>
<td></td>
</tr>
<tr>
<td>2:15</td>
<td>Coffee break</td>
<td></td>
</tr>
<tr>
<td>2:30</td>
<td>Hand Injuries That Present to the ER</td>
<td>Alice Chu, MD</td>
</tr>
<tr>
<td>2:45</td>
<td>Painful Knees During Childhood</td>
<td>Samara Friedman, MD</td>
</tr>
<tr>
<td>3:00</td>
<td>Pediatric Wrist and Forearm Injuries</td>
<td>David Y. Lin, MD</td>
</tr>
<tr>
<td>3:15</td>
<td>Ankle “Sprains”: What Not to Miss</td>
<td>Alice Chu, MD</td>
</tr>
<tr>
<td>3:30</td>
<td>Question &amp; Answer</td>
<td></td>
</tr>
<tr>
<td>3:45</td>
<td>Panel Discussion: Difficult Cases</td>
<td></td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Adjourn</td>
<td></td>
</tr>
</tbody>
</table>

#### Sports Medicine

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00</td>
<td>Sideline Injuries in Collision Sports</td>
<td>Dennis A. Cardone, DO</td>
</tr>
<tr>
<td>1:15</td>
<td>Sideline Evaluation of Concussions in Collision Sports</td>
<td>Alana Karbinovskaya, MD</td>
</tr>
<tr>
<td>1:30</td>
<td>Maxillofacial Injuries in Full-Contact Sports</td>
<td>Judy W. Lee, MD</td>
</tr>
<tr>
<td>1:45</td>
<td>Rehabilitation After ACL Reconstruction</td>
<td>Linda M. Leva-Schrank, PT, C/NDT, PCS</td>
</tr>
<tr>
<td>2:00</td>
<td>Question &amp; Answer</td>
<td></td>
</tr>
<tr>
<td>2:15</td>
<td>Coffee break</td>
<td></td>
</tr>
<tr>
<td>2:30</td>
<td>Ankle and Foot Injuries in Rugby and Football</td>
<td>Bret C. Jacobs, DO</td>
</tr>
<tr>
<td>2:45</td>
<td>Mind Over Matter, Sports Psychology for the Injured Athlete</td>
<td>Bonnie C. Marks, PsyD</td>
</tr>
<tr>
<td>3:00</td>
<td>Rehabilitation After Glenohumeral Dislocation</td>
<td>Lori Belfiore Ragni, MS, OTR/L, Stacy Kirsch, MS, OTR/L</td>
</tr>
<tr>
<td>3:15</td>
<td>Question &amp; Answer</td>
<td></td>
</tr>
<tr>
<td>3:30</td>
<td>Top 5 Pediatric Sports Medicine Articles of 2015–2016</td>
<td>Moderator: Warren Young, MD</td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Adjourn</td>
<td></td>
</tr>
</tbody>
</table>
The ABC’s of Pediatric Orthopaedics and Sports Medicine

Friday, November 4, 2016
New York, NY

Register online at:
www.med.nyu.edu/cme/pedortho