Northwell℠ Cardiovascular Institute

8th Annual Heart Failure Program

Heart Care from Anywhere: Harnessing Digital Health for Heart Failure

Thursday, April 10, 2025
7:30am – 2:15pm (EDT)

Zucker School of Medicine
500 Hofstra Boulevard
Hempstead, NY 11549

Live in-person conference; also offered via Zoom

Register here

DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE AT HOFSTRA/NORTHWELL.

This activity was planned by and for the health care team, and learners will receive (5.0) Interprofessional Continuing Education (IPCE) credits for learning and change.

JOINTLY ACCREDITED PROVIDER™ INTERPROFESSIONAL CONTINUING EDUCATION

ABIM CME MOC ACCREDITED

PROGRAM AGENDA

Thursday, April 10, 2025

7:30am	**Registration and breakfast**
8am	**Welcome and opening remarks** Maria Avila, MD, and Lauren Cooper, MD

Session 1: Outpatient Care
Moderator: Sabarivinoth Rangasamy, MD

8:10am	**Heart Failure Medical Therapy and the Role of Telehealth in the Care of the HF Patient** Melodie Lin, NP
8:25am	**Remote Titration Programs: What Works and What Doesn't for GDMT Optimization** Kristin Stawiarski, MD
8:40am	**Visiting Nurse Collaboration: Extending Care Beyond the Clinic** Geurys Rojas-Marte, MD
8:55am	**Medication Management in the Digital Era: The Role of the Clinical Pharmacist** Valerie Demekhin, PharmD
9:10am	**Panel discussion**
9:20am	**Break/Exhibitor Hall**

Session 2: Inpatient Care
Moderator: Samit Shah, MD

9:30am	**Case presentation** Benjamin Seifer, MD
9:35am	**Remote Consults for Acute Heart Failure** Jon Lawson, PA
9:50am	**eICU as a Critical Care Extension** Matthew Pierce, MD
10:05am	**How Shock Teams are Changing Care for the Sickest Patients** Miguel Alvarez Villela, MD
10:20am	**Patient experience panel**
10:40am	**Break/Exhibitor Hall**

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PROGRAM AGENDA

Session 3: Adjunct Therapies and Emerging Technologies
Moderator: Lauren Cooper, MD

10:50am	**Multiparametric Monitoring of Heart Failure Using Cardiac Implantable Electronic Devices (CIEDs)** Haisam Ismail, MD
11:05am	**Pulmonary Artery Sensors — Current Technology and Emerging Devices in Heart Failure Monitoring** Sirish Vullaganti, MD
11:20am	**Updates on Tricuspid Valve Interventions** Elana Koss, MD
11:35am	**Remote Cardiac Rehab: Expanding Access Through Virtual Programs** Neil Shah, MD
11:50am	**Panel discussion**
12:05pm	**Lunch/Exhibitor Hall**

Session 4: Advanced Therapies
Moderator: Sarumathi Thangavel, MD

1pm	**Case presentation** Daniel Miklin, MD
1:05pm	**Leveraging Digital Medicine to Identify Stage D Heart Failure** Maria Avila, MD
1:20pm	**Connected Care in VAD Management: VAD Watch and CardioMEMS Integration for Optimal Patient Care** Nicole Sala, PA
1:35pm	**Remote Monitoring in Heart Transplant** Kathryn Malhame, NP
1:50pm	**Panel discussion**
2pm	**Closing remarks/Final discussion** Maria Avila, MD, and Lauren Cooper, MD
2:15pm	**Adjourn**

Register here

COURSE DIRECTORS/FACULTY

Course directors

Maria Avila, MD*
Medical Director, Cardiac Transplant and Mechanical Circulatory Support
North Shore University Hospital
Assistant Professor, Cardiology

Lauren Cooper, MD, MHS*
Director, Heart Failure
North Shore University Hospital
Associate Professor, Cardiology

Faculty

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Assistant Professor, Cardiology
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Conference coordinated by Northwell Cardiovascular Institute

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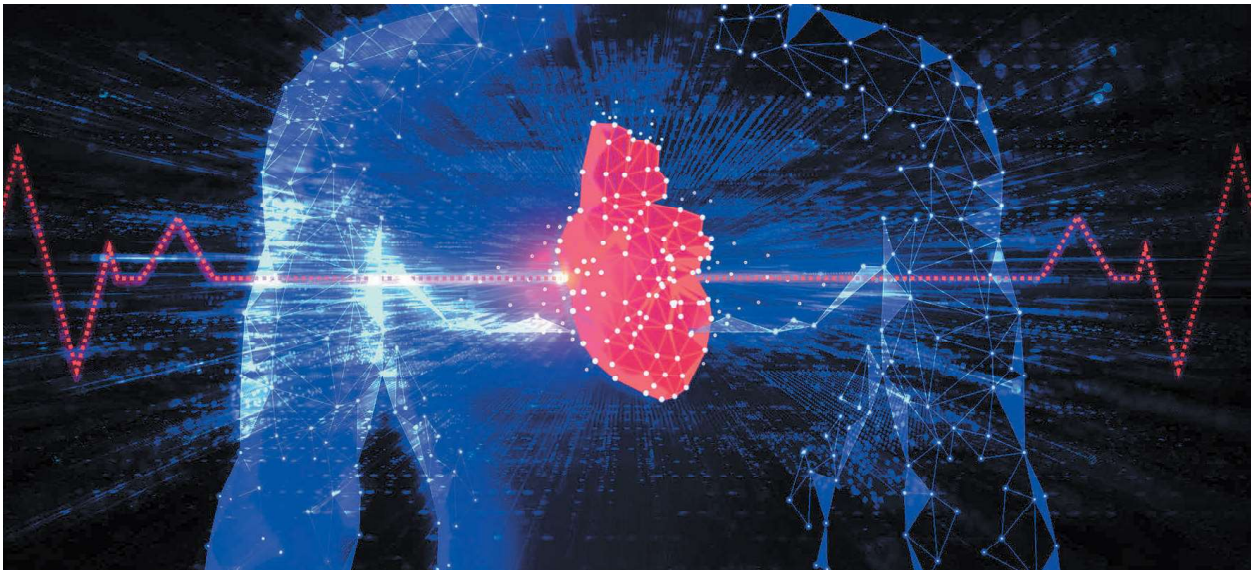

*Planner

GENERAL INFORMATION

Statement of need: Heart failure remains a leading cause of morbidity, hospitalization and mortality in the U.S. There have been numerous advancements in the treatment and diagnosis of heart failure over the last years. However, there are barriers to care for many patients with heart failure, so evidence-based therapies are not able to be implemented. This CME activity is designed to provide attendees with a thorough review of different diagnostic and therapeutic options for heart failure with both reduced and preserved ejection fraction, with a focus on alternatives to in-person care and the utilization of technology to reduce barriers to care and optimize health care delivery to a broad population. The sessions will be presented by specialists in cardiology, electrophysiology and heart failure, reflecting the wide variety of heart failure patients.

Program objectives: All Northwell Health CME activities are intended to improve patient care, safety and outcomes. At the conclusion of this conference, participants should be able to:

- **Apply** guideline-directed medical and device therapies for patients with heart failure.
- **Identify** barriers to care for patients with heart failure and how technology can reduce or eliminate these barriers.
- **Recognize** the newest health care delivery strategies in the field and identify how they can be implemented.

Target audience: This activity was planned by and for MDs, NPs, RNs, PAs, PharmDs, Residents, and Fellows. All other members of the health care team who are interested in education about cardiovascular care are invited to attend.

Joint accreditation statement: In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Credit designation statements:

- **Physicians:** Northwell Health designates this activity for a maximum of *5.0 AMA PRA Category 1 Credits*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- **Nurses:** Northwell Health designates this activity for *5.0 ANCC contact hours*.
- **Pharmacists:** Northwell Health designates this activity for a maximum of *5.0 ACPE credit hours*.
- **Physician assistants:** Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME criteria. This activity is designated for *5.0 AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

GENERAL INFORMATION

American Board of Internal Medicine (ABIM) MOC statement

Successful completion of this CME activity, which includes participation in the evaluation component (self-assessment), enables the participant to earn 5.0 MOC medical knowledge points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Verification of attendance: This will be provided to all professionals.

Location: Donald and Barbara Zucker School of Medicine at Hofstra/Northwell
500 Hofstra Boulevard, Hempstead, NY 11549

Course offering and registration fees:

Attendee	Full day attendee fee
Physicians	**$150**
Non-physician care providers	**$120**
Students	**No charge**

After completion of the live program, the content will be available for viewing only (no credit).

Registration fee will include: Breakfast, lunch, course materials, CME/Verification of attendance certificate and parking.

Cancellation policy: To receive a refund, all cancellations must be confirmed via email to Catherine Leonardo, CME project manager (cleonardo@northwell.edu), Office of Continuing Medical Education, by April 3, 2025. An administrative fee of $25 will be kept for all cancellations. No refunds will be made after this date or for "no-shows."

Disclosure policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans with Disabilities Act (ADA): This conference is in compliance with provisions of the ADA and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, please contact the Office of CME at (516) 730-2263.

Register here