

Heavy Menstrual Bleeding

Slow the Flow. Period!

.....

Friday, January 31, 2025

7:45am-12:30pm (EST) • Virtual via Zoom



.....

Course Director
Suchitra S. Acharya, MD



This activity was planned by and for the healthcare team, and learners will receive 4.50 Interprofessional Continuing Education (IPCE) Credits for learning and change.

.....

Register Here



**SCAN
TO
REGISTER**

.....



DONALD AND BARBARA
ZUCKER SCHOOL of MEDICINE
AT HOFSTRA/NORTHWELL

Heavy Menstrual Bleeding – Slow the Flow. Period!

Friday, January 31, 2025 | 7:45AM – 12:30PM (EST)

Live IPCE conference; Virtual via Zoom

Program Agenda

- 7:45am Welcome/Introduction
- 8:00am Heavy Menstrual Bleeding:
Consider an Inherited Bleeding Disorder
Suchitra S. Acharya, MD
- 8:45am Management of Iron Deficiency
in Heavy Menstrual Bleeding
Anshul Vagrecha, MBBS
- 9:15am Abnormal Uterine Bleeding:
Gynecologic Causes and Management
Rula V. Kanj, MD, FACOG
- 10:00am PCOS in Adolescents
Khalida Itriyeva, MD
- 10:30am Break
- 10:45am Heavy Menstrual Bleeding –
A School Based Perspective
Meera Chitlur, MD
- 11:30am Period Poverty
Renee Sanchez, MS, RN, NE-BC
Lissa Nelson, MSN, RN, NE-BC
- 11:55am Heavy Menstrual Bleeding Research
Joseph Stanco, DNP, FNP-BC
Mabel Origho, MD, MPH, CCRC
- 12:15pm Q & A
- 12:30pm Conference Concludes



Heavy Menstrual Bleeding – Slow the Flow. Period!

Friday, January 31, 2025 | 7:45AM – 12:30PM (EST)

Live IPCE conference; Virtual via Zoom

Statement of Need: This conference is focused on improving provider understanding and identifying girls and women with bleeding symptoms suggestive of a bleeding disorder which needs to be diagnosed early and treated appropriately. Our multi-disciplinary team including, Hematology, Gynecology, Genetics, Nursing, Research and Social Work, work collaboratively to diagnose, treat, and support these individuals.

Program Objectives: All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference, participants should be able to:

IDENTIFY abnormal uterine bleeding (AUB), recognizing variations over the lifespan.

DETERMINE the underlying cause of AUB through the appropriate diagnostic evaluation.

IMPLEMENT evidence-based, patient-centered strategies to control AUB in the setting of a bleeding disorder.

Target Audience: This activity was planned by and for physicians, nurses, and nurse practitioners. All other members of the health care team who are interested in heavy menstrual bleeding are welcome to attend.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Credit Designation Statement:

Physicians: Northwell Health designates this live activity for a maximum of *4.50 AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Nurses: Northwell Health designates this activity for 4.50 ANCC contact hours.

Verification of Attendance: This will be provided to all professionals.

Location

Virtual via Zoom

Course Offering and Registration Fees:

- No Charge** Northwell Health employees
- \$25 non-Northwell employees
- No Charge** No CE credits

Registration Fee Includes:

Virtual course materials and CME/Verification of attendance certificate.

Cancellation Policy: To receive a refund, all cancellations must be confirmed via email to Samantha Steinberg, CME project manager (ssteinber1@northwell.edu), Office of Continuing Medical Education, by January 24, 2025. An administrative fee of \$10 will be kept for all cancellations. No refunds will be made after this date or for “no-shows.”

Disclosure Policy: Northwell Health adheres to the ACCME’s Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans With Disabilities Act: This conference is in compliance with provisions of the ADA and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, **please contact the Office of CME at (516) 730-2263.**

Heavy Menstrual Bleeding – Slow the Flow. Period!

Friday, January 31, 2025 | 7:45AM – 12:30PM (EST)

Live IPCE conference; Virtual via Zoom

Course Director

Suchitra S. Acharya, MD

Medical Director, Hemostasis and Thrombosis Center
Northwell Health

Attending Physician and Faculty
Cohen Children’s Medical Center
Professor, Pediatrics
Zucker School of Medicine

Program Faculty

Meera Chitlur, MD

Barnhart-Lusher Hemostasis Research Endowed Chair Wayne
State University School of Medicine

Director, Hemophilia Treatment Center
and Hemostasis Program &
Jeanne M Lusher Special Coagulation Clinical and
Research Laboratory
Division of Hematology/Oncology
Children’s Hospital of Michigan
Professor of Pediatrics
Central Michigan University College of Medicine

Khalida Itriyeva, MD

Attending Physician and Faculty
Cohen Children’s Medical Center
Assistant Professor, Pediatrics
Zucker School of Medicine

Rula V. Kanj, MD, FACOG

Director
Pediatric and Adolscnt Gynecology
LIJMC — Cohen Children’s Medical Center
Northwell Health
Assistant Professor
Zucker School of Medicine

Lissa Nelson, MSN, RN, NE-BC

Director
Patient and Customer Experience
Long Island Jewish Valley Stream

Mabel Origho, MD, MPH, CCRC

Clinical Research Coordinator
Northwell Health

Renee Sanchez, MS, RN, NE-BC

Director
Magnet Program and Nursing Quality
Long Island Jewish Valley Stream

Joseph Stanco, FNP-BC, CCRC

Family Nurse Practitioner
Hemostasis and Thrombosis Center
Northwell Health

Anshul Vagrecha, MBBS

Attending Physician and Faculty
Cohen Children’s Medical Center
Assistant Professor, Pediatrics
Zucker School of Medicine

Planning Committee

Suchitra S. Acharya, MD
Lydia Martinez, RN
Joseph Stanco, FNP-BC, CCRC

Conference Coordinated by

Northwell Health’s
Office of Continuing Medical Education
Maureen King, CME Program Manager
Nancy Petrone, Senior Manager, CME
Aneesah Sandhu, Manager, CME
Samantha Steinberg, BA, Project Manager
Penny Stern, MD, Assistant Vice President, Medical Education

