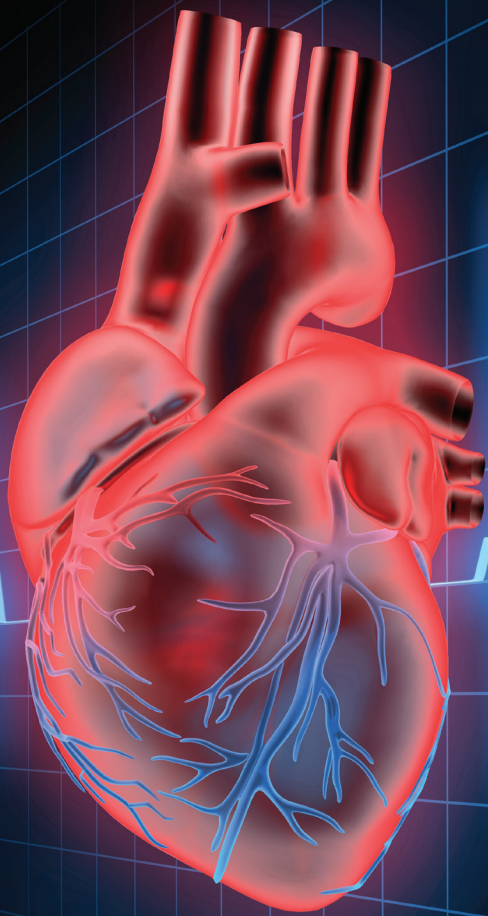


9th Annual  
Hot Topics in Cardiovascular Disease:

# Bending the Curve to Improve Cardiovascular Health



Thursday  
September 19, 2024  
8am - 5pm EDT

In-person at:  
Zucker School of Medicine  
500 Hofstra Boulevard  
Hempstead, NY 11549

Virtual option also available via Zoom

[Register here](#)



**DONALD AND BARBARA**  
ZUCKER SCHOOL of MEDICINE  
AT HOFSTRA/NORTHWELL

This activity was planned by and for the health care team, and learners will receive 5.75 Interprofessional Continuing Education (IPCE) credits for learning and change.



# PROGRAM AGENDA

8am	<b>Registration &amp; breakfast</b>
8:45am	<b>Opening remarks</b> Jean Cacciabaudo, MD; Gaurav Rao, MD
9am-10:20am	<b>SGLT2 Antagonists and GLP-1 Agonists: Bending the Curve in Cardiovascular Risk and Disease Trajectory</b> Moderator: Jean Cacciabaudo, MD
9am	<b>Case presentation</b> Cardiology Fellow
9:05am	<b>SGLT2 Antagonists: A Foundation of Heart Failure Treatment for all?</b> Kristin Stawiarski, MD
9:30am	<b>GLP-1 Agonists: A New Foundation for CAD Prevention and Beyond?</b> Deena Hailoo, MD
9:55am	<b>Panel discussion</b> Kaitlyn Cassidy, PharmD; Presenters
10:20am	<b>Break (15 minutes)</b>
10:35am-11:55am	<b>Coronary Artery Disease: Bending the Curve by Changing Atherosclerotic Disease</b> Moderator: Luis Gruberg, MD
10:35am	<b>Case presentation</b> Cardiology Fellow
10:40am	<b>Interventional Treatment of Stable Coronary Disease: to Open or Leave Closed?</b> Arber Kodra, MD
11:05am	<b>Atherosclerosis Progression and Regression: Agents to Impact Plaque Burden</b> Guy Mintz, MD
11:30am	<b>Panel discussion</b> Gaurav Rao, MD; Kim Bussa, NP; Presenters
11:55am	<b>Lunch (1 hour)</b>
12:55pm-2:15pm	<b>Atrial Fibrillation: Bending the Curve for Improved Quality of Life and Outcomes for All</b> Moderator: Paul Maccaro, MD

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# PROGRAM AGENDA

12:55pm	<b>Case presentation</b> Cardiology Fellow
1pm	<b>Risk Reduction Strategies: Better Sleep, Better Weight, Better Outcomes</b> Tapan Buch, MD
1:25pm	<b>Pulse Field Ablation: a Promise for Community Hospital Intervention?</b> Jason Chinitz, MD
1:50pm	<b>Panel discussion</b> Michaela Masciello, PA; Presenters
2:15pm	<b>Break (15 minutes)</b>
2:30pm-3:50pm	<b>INOCA/ANOCA: This Isn't GERD</b> Moderator: Gaurav Rao, MD
2:30pm	<b>Case presentation</b> Cardiology Fellow
2:35pm	<b>Imaging and Diagnostics: Options for Making a Challenging Diagnosis</b> Shahryar Saba, MD
3pm	<b>Therapeutics: Targeting Vessel Reactivity with Medications</b> Nisha Parikh, MD
3:25pm	<b>Panel discussion</b> Rachel Nahrwold, NP; Presenters
3:50pm	<b>Closing remarks</b> Jean Cacciabaudo, MD; Gaurav Rao, MD
4pm	<b>Adjourn</b>
4pm-5pm	<b>Networking event &amp; wine tasting</b> Bruce Rutkin, MD  After the program, the learning opportunities continue. Please join us for a wine tasting led by Dr. Bruce Rutkin, noted wine expert and System Director of Structural Heart Disease at Northwell, exploring regional red and white wines.

# PROGRAM FACULTY

## Course directors



**Jean M. Cacciabaudo, MD, FACC**

Medical Director  
Huntington Hospital  
Associate Professor, Cardiology



**Gaurav Rao, MD, FACC, FSCAI**

Director, Interventional  
Cardiology  
Huntington Hospital  
Assistant Professor, Cardiology

## Faculty

**Tapan Buch, MD**

Non-Invasive Cardiology  
South Shore University Hospital

**Jason S. Chinitz, MD**

Director, Cardiac Electrophysiology  
South Shore University Hospital  
Associate Professor, Cardiology

**Luis Gruberg, MD**

Director, Cardiovascular  
Catheterization Laboratories  
Mather Hospital  
Professor, Cardiology

**Deena Hailoo, MD**

Internal Medicine  
Weight Management  
Assistant Professor, Medicine

**Arber Kodra, MD**

Director, Interventional Cardiology  
Lenox Health Greenwich Village  
Assistant Professor, Cardiology

**Paul Maccaro, MD**

Vice-Chairman, Cardiology  
Director, Arrhythmia Services  
Huntington Hospital  
Assistant Professor, Cardiology

**Guy Mintz, MD**

Director, Cardiovascular Health &  
Lipidology of Cardiology  
North Shore University Hospital  
Associate Professor, Cardiology  
Associate Professor, Medicine

**Nisha Parikh, MD, PHD**

System Director, Women's Heart Program  
Director, Katz Institute for Women's Health  
Cardiovascular Medicine  
Northwell Health  
Associate Professor, Cardiology

**Shahryar Saba, MD**

Director, Cardiovascular MR and CT  
North Shore University Hospital  
Assistant Professor, Cardiology

**Kristin Stawiarski, MD**

Peconic Bay Medical Center  
Assistant Professor, Cardiology

## Planning committee

**Kimberly Bussa, NP**

**Kaitlyn Cassidy, PharmD**

**Michaela Masciello, PA**

**Rachel Nahrwold, NP**

## CME program coordinators

**Christian Adams**

Director  
Cardiology and Cardiothoracic Surgery

**Bonnie Suen**

Project Manager  
Cardiology and Cardiothoracic Surgery

# PROGRAM INFORMATION

**Statement of need:** As the leading cause of death among Americans, cardiovascular disease not only causes significant mortality but also morbidity. New innovations in cardiac care can save lives but also improve quality of life. Advancements in the management of coronary artery disease, heart failure and atrial fibrillation have generated new therapies that have been adopted in changes to guideline-directed therapies including the ACC/AHA guidelines to address the diagnosis and management of coronary artery disease and chest pain in the absence of obstructive coronary artery disease.

In addition, new therapies and imaging modalities are available to dramatically improve outcomes and quality of life in patients with atrial fibrillation. Two classes of medications including SGLT-2 antagonists and GLP-1 agonists are changing disease physiology and improving outcomes not just in heart failure and renal disease but in coronary artery disease. This rapid evolution of clinical evidence suggests that there is a broader role for these agents in other disease states including behavioral health. This program is designed to bring these new treatment paradigms to our learners. This program will focus on the hot topics in cardiovascular medicine and opportunities to treat common cardiovascular diseases with emerging and innovative treatments for the hospital and in ambulatory settings. Through case-based presentations, lectures, panel discussion and audience participation, learners explore these new therapies. This CME activity will provide a foundation for clinicians to work closer in a collaborative fashion to effectively manage complex patient care including caregivers and provide optimal outcomes. Additionally, participants can establish a foundation in guideline-directed therapy and new innovations in cardiovascular care.

**Target audience:** MDs, PAs, NPs, RNs and pharmacists in the areas of cardiology, internal and family medicine, endocrinology and obstetrics/gynecology, along with other medical professionals that care for cardiac patients.

**Learning objectives:** All Northwell Health CME activities are intended to improve patient care, safety and outcomes. At the conclusion of this conference, participants should be able to:

- **Summarize** the diagnostic and management strategies presented in the 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease — which provides recommendations regarding diagnosis, evaluation and family screening, medical therapy, endovascular and surgical treatment, and long-term surveillance across multiple clinical presentation subsets, including chronic chest pain patients with and without coronary artery disease.
- **Apply** strategies to create and implement chest pain teams to recognize comorbidities early and manage collaboratively to respond to the emerging diagnostic category, including ischemia with no obstructive coronary arteries (INOCA) and myocardial infarction with no obstructive coronary arteries (MINOCA).
- **Incorporate** strategies for the management of patients with atrial fibrillation, including risk reduction and newer ablative techniques to make restoration of normal sinus rhythm safer and more available.
- **Explore** rapidly emerging therapeutics using sodium glucose transport proteins-2 (SGLT2) receptor antagonists and glucagon like protein-1 (GLP1) receptor agonists for improving cardiovascular outcomes in all forms of heart failure, coronary artery disease and renal disease, as well as other diseases that influence cardiovascular risk.
- **Engage** learners in an interactive platform using a case-based educational experience.

# PROGRAM INFORMATION

**Joint accreditation statement:** In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

## Credit designation statements

- **Physicians:** Northwell Health designates this activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- **Nurses:** Northwell Health designates this activity for 5.75 *ANCC contact hours*.
- **Physician assistants:** Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME criteria. This activity is designated for 5.75 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.
- **Pharmacists:** Northwell Health designates this activity for a maximum of 5.75 *ACPE contact hours*.

## American Board of Internal Medicine (ABIM) MOC

**Statement:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.75 medical knowledge MOC (Maintenance of Certification) points in the ABIM's MOC program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



## Location:

Zucker School of Medicine  
500 Hofstra Boulevard  
Hempstead, NY 11549

**Course offering and registration fees:** After completion of the live program, the content will be available for one year and is for educational purposes only (no credit).

	FEE
Physicians	\$150
Non-physician clinical staff:	\$120
Students	No charge

## Registration fee for in-person attendance

**includes:** Breakfast, lunch, CME/Verification of attendance certificate and parking.

**Disclosure policy:** Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

**Cancellation policy:** To receive a refund, all cancellations must be confirmed via email with Samantha Steinberg (ssteinber1@northwell.edu), Office of Continuing Medical Education, by September 12, 2024. An administrative fee of \$25 will be kept for all cancellations. No refunds will be made after that date or for "no shows."