

Raising Health for Women: Breaking Barriers & Bridging Gaps 2024 Continuing Education Conference

Live Interprofessional Continuing Education (IPCE)
conference offered virtually via Zoom

Friday, September 20, 2024
8:00am - 12:40pm (EDT)

Course Directors

Neil Tanna, MD, MBA, FACS*

Nina S. Vincoff, MD*

Keynote Speaker

Karina W. Davidson, PhD, MASc

[| Register here](#)

This activity was planned by and for the
healthcare team, and learners will receive
4.25 Interprofessional Continuing Education
(IPCE) credit for learning and change.



IPCE CREDIT™



NorthwellSM
Katz Institute for
Women's Health



**DONALD AND BARBARA
ZUCKER SCHOOL of MEDICINE
AT HOFSTRA/NORTHWELL.**

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Program Agenda

| | | | |
|--------|---|---------|--|
| 8:00am | Welcome/Introduction Stacey E. Rosen, MD, FAHA Neil Tanna, MD, MBA, FACS | 10:05am | Moderated Discussion |
| 8:05am | Section I: Menopause Health Moderator: Stephanie McNally, MD, FACOG, FACS, NCMF | 10:25am | Break/Virtual Exhibit Hall |
| 8:10am | Hormone Therapy for Women... Do Not be Afraid Vanessa Soviero, MD, FACOG | 10:55am | Keynote Speaker Empowering Progress: Shaping the Future of Women's Health Research Karina W. Davidson, PhD, MASc |
| 8:25am | Sexual Dysfunction/ Pelvic Pain Management JoAnna Paolilli, MD, FACOG, MSCP | 11:25am | Section III: Musculoskeletal Health Moderator: Adam D. Bitterman, DO, FAAOS |
| 8:40am | Empowering Women Through Menopause: Effective Weight Management and Nutrition Strategies Natalie K. Stevens, MD, MSc, FACOG | 11:30am | Osteoporosis - Prevention, Diagnosis and Treatment Amy M. West, MD, EdM, FAAPMR |
| 8:55am | Moderated Discussion | 11:45am | Oh My Aching Joints— It Doesn't Have to be That Way! Kate W. Nellans, MD, MPH |
| 9:15am | Section II: Women's Surgical Health: Breast & Ovarian Hereditary Cancer Moderator: Sylvia A. Reyes, MD, MBS, FACS | 12:00pm | Fibromyalgia and Chronic Pain Christine A. Stamatou, DNP, ANP-C |
| 9:20am | Ovarian Surgery Jill S. Whyte, MD | 12:15pm | Moderated Discussion |
| 9:35am | Breast Surgery Management of Genetic Susceptibility to Breast Cancer Susan H. Lee, MD, FACS, FACOG | 12:35pm | Closing Remarks Nina S. Vincoff, MD |
| 9:50am | Breast Reconstruction Among Patients at High-Risk for Breast Cancer Marilyn Ng, MD, FACS | 12:40pm | Conference Adjourns |

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Statement of Need: Specific healthcare needs and issues of women have become more prevalent in medicine today. As women’s healthcare needs continue to become more openly acknowledged, it is essential to turn more attention and focus on these issues in order to optimize their health outcomes. The purpose of this CME activity is to provide more information on selected topics such as recurrent pregnancy loss, abnormal uterine bleeding, genetics of breast cancer, and family planning for women with cancer in order to promote knowledge to close practice gaps. These issues will be addressed through lectures, presentations, and an interactive expert panel in order to evaluate and determine the best practice paradigms.

Program Objectives: All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference, participants should be able to:

SUMMARIZE the contemporary approach to evaluating the etiology of menopause and various treatment considerations.

IDENTIFY bone and joint conditions that are either unique to women, or more prevalent or serious in women.

DISCUSS an evidence-based approach to evaluation of genetic susceptibility to cancer.

DESCRIBE family planning techniques for cancer patients and incorporate an evidence-based approach to evaluation of genetic susceptibility to cancer.

Target Audience: This activity was planned by and for physicians, nurses, physician assistants, residents, and fellows. All other members of the health care team who are in women’s health are welcome to attend.

Joint Accreditation Statement: In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.



JOINT ACCREDITATION
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation Statements:

Physicians: Northwell Health designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credits™. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Nurses: Northwell Health designates this live activity for 4.25 ANCC contact hours.

Physician Assistants: Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME criteria. This activity is designated for 4.25 AAPA Category 1 CME credits. PAs should only claim credits commensurate with the extent of their participation in the activity.

Verification of Attendance: This will be provided to all professionals.

Location: Via Zoom, a link will be provided to all once registered.

Course Offering and Registration Fees:

- \$25 Northwell Health Employees
- \$35 Alumni Physicians*
- \$35 All Others
- No Charge** Northwell residents, medical students, and retirees with ID

* *Northwell Health alumni (a former member of the Northwell team), contact the Northwell Health Alumni Network at alumni@northwell.edu to obtain a discounted registration code.*

Registration Fee for Virtual Includes:

Access to virtual conference, virtual course materials, and CME/Verification of attendance.

Cancellation Policy: To receive a refund, all cancellations must be confirmed via email to Belinda Spatola, CME project manager (bspatola@northwell.edu, Office of Continuing Medical Education), by September 13, 2024. An administrative fee of \$10 will be kept for all cancellations. No refunds will be made after this date or for “no-shows.”

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Disclosure Policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans With Disabilities Act: This conference is in compliance with provisions of the ADA and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, **please contact the Office of CME at (516) 730-2263.**

Course Directors

Neil Tanna, MD, MBA, FACS*

Vice President, Katz Women's Surgical Center
Northwell Health
System Vice Chair, Department of Surgery
Northwell Health
Professor, Plastic Surgery
Zucker School of Medicine

Nina S. Vincoff, MD*

Medical Director and Vice President of Clinical Initiatives and Patient Experience
Katz Institute for Women's Health
Division Chief, Breast Imaging
Northwell Health Imaging Service Line
Northwell Health
Associate Professor, Radiology
Zucker School of Medicine

Keynote Speaker

Karina W. Davidson, PhD, MASc

Dean of Academic Affairs
Donald and Barbara Zucker Endowed Professor in Health Outcomes
Department of Medicine, Zucker School of Medicine
Senior Vice President, Research,
Northwell Health

Faculty

Adam D. Bitterman, DO, FAAOS

Chairman, Department of Orthopedic Surgery
Associate Program Director, Orthopedic Surgery
Huntington Hospital/Northwell Health
Assistant Professor, Orthopedic Surgery
Zucker School of Medicine

Susan H. Lee, MD, FACS, FACOG

Chief, Breast Surgery
Peconic Bay Medical Center
Northwell Health
Assistant Professor, Surgery
Zucker School of Medicine at Hofstra

Stephanie McNally, MD, FACOG, FACS, NCMP

VP, OB/Gyn, Central Region
VP, Associate Regional Ambulatory Physician Executive
Director of OB/Gyn Services
Katz Institute for Women's Health
Associate Professor, OB/Gyn
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Kate W. Nellans, MD, MPH

Residency Director, Orthopedic Surgery and Hand Surgery
Northwell Health
Associate Professor, Orthopedic Surgery
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Marilyn Ng, MD, FACS

Plastic and Reconstructive Surgeon
Staten Island University Hospital
Northwell Health
Assistant Professor, Surgery
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JoAnna Paolilli, MD, FACOG, MSCP

Physician, Department of OB/Gyn
Northwell Health
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Faculty (continued)

Sylvia A. Reyes, MD, MBS, FACS

Breast Surgical Oncologist
Director of Breast Services Diversity, Equity, and Inclusion
Northwell Health Cancer Institute at Zuckerberg Cancer Center/CFAM
Division of Surgical Oncology
Assistant Professor, Surgery
Zucker School of Medicine

Vanessa Soviero, MD, FACOG

Site Medical Director, OB/Gyn
Katz Institute for Women's Health
NAMS Certified Menopause Practitioner
Menopause Society Certified Practitioner (MSCP)
Clinical Associate Professor, OB/Gyn
Zucker School of Medicine

Christine A. Stamos, DNP, ANP-C

Director, Fibromyalgia Long Covid Clinic
Division of Rheumatology, Northwell Health
Assistant Professor, Nursing
Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies

Natalie K. Stevens, MD, MSc, FACOG

Director Patient Safety,
Lenox Hill OB/Gyn
Northwell Health
Medical Director, Upper East Side Women's Health
Clinical Assistant Professor, OB/Gyn
Zucker School of Medicine

Amy M. West, MD, EdM, FAAPMR

Sports Medicine Physiatrist
Orthopedic Institute at Northwell Health
Assistant Professor, Physical Medicine and Rehabilitation & Orthopedic Surgery
Zucker School of Medicine

Jill S. Whyte, MD

Gynecologic Oncologist
Associate Director, Gynecologic Oncology
Northwell Health
Assistant Professor, OB/Gyn
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Conference Coordinated by

Celia Atsidaftos

Senior Executive Assistant
Katz Institute for Women's Health
Northwell Health

Emily Kristen Kalberern, NP, RN*

Nurse Practitioner
Primary Care, Adult-Gerontology
North Shore University Hospital

Rosagna Mancebo, MSP*

Project Manager
Katz Institute for Women's Health
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Supervising Physician Assistant
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Northwell Health
Partners Council Professor of Women's Health
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*Planners

Northwell Health's
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