

7th Annual HEART FAILURE PROGRAM

Special Focus on Disease Management in Women

Friday, March 1, 2024
8am - 4:30pm EST

Social networking event
4:30pm - 5:30pm EST

Location:
Zucker School of Medicine
Virtual option available

[Register here](#)



This activity is planned by and for the health care team and learners will receive 7.25 Interprofessional Continuing Education (IPCE) credits.

PROGRAM AGENDA

Friday, March 1, 2024

8am	Opening remarks Lauren Cooper, MD; Maria Avila, MD
Burden of Heart Failure in Women Moderator: Sirish Vullaganti, MD	
8:10am	Epidemiology Evelina Grayver, MD
8:30am	Diagnosis and Presentation Jasjit Bhinder, MD
8:50am	Medication Management in HFrEF Melissa Rudawski, PA-C
9:10am	Medication Management in HFpEF Kristin Stawiarski, MD
9:30am	Panel discussion Evelina Grayver, MD; Jasjit Bhinder, MD; Melissa Rudawski, PA-C; Kristin Stawiarski, MD; Valerie Demekhin, PharmD, BCCCP, BCPS
9:45am	Keynote Address Nisha Parikh, MD
10:15am	Panel discussion Nisha Parikh, MD; Jennifer Mieres, MD; Jeffrey Kuvin, MD
10:30am	Break
Adjunct Therapies for HFrEF/HFpEF in Women Moderator: Sandeep Jauhar, MD, PhD	
10:45am	Case presentation Cardiology Fellow
10:50am	Arrhythmia Management Jason Chinitz, MD
11:10am	CRT/CCM/BaroStim James Gabriels, MD
11:30am	Valvular Regurgitation Elana Koss, MD
11:50am	CardioMEMs Geurys Rojas-Martel, MD
12:10pm	Cardiac Rehabilitation Christine Portela, MS, ACSM-CEP

PROGRAM AGENDA

12:30pm	Panel discussion Jason Chinitz, MD; James Gabriels, MD; Elana Koss, MD; Geurys Rojas-Martel, MD; Christine Portela, MS, ACSM-CEP; Allison Provenzale, NP
12:45pm	Lunch
	Critical Care/Surgical Management of HF in Women Moderator: Miguel Alvarez, MD
1:30pm	Case presentation Cardiology Fellow
1:35pm	Advances in Critical Care Cardiology Matt Griffin, MD
1:55pm	Temporary Mechanical Circulatory Support Spencer Liu, MD
2:15pm	Durable Mechanical Circulatory Support Christina Saikus, MD, PhD
2:35pm	Heart Transplant Zachary Kon, MD
2:55pm	Panel discussion Matthew Griffin, MD; Spencer Liu, MD; Christina Saikus, MD, PhD; Zachary Kon, MD; Greta Piper, MD
3:10pm	Break
	Looking Ahead: The Future for Women with Heart Failure Moderator: Simon Maybaum, MD
3:25pm	Ongoing Research on Heart Failure in Women Lauren Cooper, MD
3:45pm	Unmet Needs in the Care of Heart Failure in Women Rachel-Maria Brown Talaska, MD
4:05pm	Panel discussion Lauren Cooper, MD; Rachel-Maria Brown Talaska, MD; Maria Avila, MD; Louis Miller, MD
4:20pm	Closing remarks Lauren Cooper, MD; Maria Avila, MD
4:30pm	Adjourn
4:30pm	Social Networking Event: Meet the Experts and Others in Your Field

[Register here](#)

COURSE DIRECTORS/FACULTY

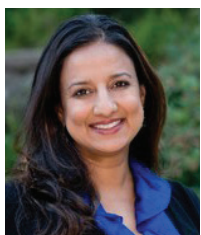
Course directors:



Maria Avila, MD*
Medical Director, Cardiac Transplant
and Mechanical Circulatory Support
North Shore University Hospital
Assistant Professor, Cardiology



Lauren Cooper, MD*
Director, Heart Failure
North Shore University Hospital
Associate Professor, Cardiology



Keynote speaker:

Nisha Parikh, MD
System Director
Women's Heart Program
Northwell Health

Faculty:

Miguel Alvarez Villela, MD
Director, Interventional Heart Failure
Lenox Hill Hospital
Assistant Professor, Cardiology

Jasjit Bhinder, MD
Heart Failure Physician
South Shore University Hospital
Assistant Professor, Cardiology

Rachel-Maria Brown Talaska, MD
Director, Inpatient Cardiac Services
Lenox Hill Hospital
Associate Professor, Cardiology

Jason Chinitz, MD
Director, Cardiac Electrophysiology
South Shore University Hospital
Associate Professor, Cardiology

**Valerie Demekhin, PharmD,
BCCCP, BCPS**
Clinical Pharmacy Specialist
Heart and Lung Transplant
North Shore University Hospital

* Course director and faculty member

PROGRAM FACULTY

James Gabriels, MD

Cardiac Electrophysiologist
North Shore University Hospital
Assistant Professor, Cardiology

Evelina Grayver, MD

Central Region Director
Katz Institute Women's Heart Program
Co-Director, Cardio-Obstetrics Program
North Shore University Hospital and
Long Island Jewish Medical Center
Assistant Professor, Cardiology

Matthew Griffin, MD

Cardiology and Critical Care Medicine
North Shore University Hospital

Sandeep Jauhar, MD, PhD

Heart Failure Physician
Long Island Jewish Medical Center
Associate Professor, Cardiology

Zachary Kon, MD

Surgical Director of Advanced Heart
Failure and Cardiac Transplantation
Northwell Health
Associate Professor, Cardiovascular
and Thoracic Surgery

Elana Koss, MD

Director, Structural Heart
Echocardiography
North Shore University Hospital
Assistant Professor, Cardiology and
Cardiovascular and Thoracic Surgery

Jeffrey Kuvin, MD

Co-Executive Director
Cardiovascular Institute
Senior Vice President,
Department of Cardiology,
Eastern and Central Regions
Co-Director
Sandra Atlas Bass Heart Hospital at
North Shore University Hospital
Chair, Department of Cardiology
North Shore University Hospital and
Long Island Jewish Medical Center
Professor, Cardiology

Spencer Liu, MD

Interventional Heart Failure
Staten Island University Hospital

Kathryn Malhame, NP

Senior Nurse Practitioner
North Shore University Hospital

Simon Maybaum, MD

Senior Faculty
Advanced Heart Failure Program
North Shore University Hospital
Professor, Cardiology
Professor, Merinoff Center for
Patient-Oriented Research

Jennifer Mieres, MD

Senior Vice President
Center for Equity of Care &
Chief Diversity and Inclusion Officer
Northwell Health
Professor, Cardiology
Associate Dean Faculty Affairs
Zucker School of Medicine

PROGRAM FACULTY

Louis Miller, MD

Assistant Dean for Career Advisement
Zucker School of Medicine

Associate Program Director
Fellowship in Cardiovascular Disease
at North Shore-LIJ

Director of Clinical Cardiology
Long Island Jewish Medical Center
Assistant Professor, Cardiology
Assistant Professor, Science Education

Greta Piper, MD

Director, Critical Care, Cardiac Services
North Shore University Hospital
Associate Professor, Cardiovascular
and Thoracic Surgery

Christine Portela, MS, ACSM-CEP

Senior Exercise Physiologist
North Shore University Hospital

Allison Provenzale, NP

Nurse Practitioner
Advanced Heart Failure/
Heart Transplant
North Shore University Hospital

Geurys Rojas-Marte, MD

Director, Heart Failure Program
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Assistant Professor, Cardiology

Dora Rossi, NP

Supervisor, Advanced Clinical Providers
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Melissa Rudawski, PA-C

Physician Assistant
Lenox Hill Hospital

Christina Saikus, MD, PhD

Department of Cardiovascular and
Thoracic Surgery
Assistant Professor, Cardiovascular
and Thoracic Surgery

Kristin Stawiarski, MD

Advanced Heart Failure and
Transplant Cardiologist
South Shore University Hospital
Assistant Professor, Cardiology

Gerin Stevens, MD, PhD

Heart Failure Physician
Lenox Hill Hospital
Associate Professor, Cardiology

Sirish Vullaganti, MD

Director of Heart Failure
Lenox Hill Hospital
Assistant Professor, Cardiology

Planning committee:

Jason Chinitz, MD

Valerie Demekhin, PharmD,
BCCCP, BCPS

Elana Koss, MD

Kathryn Malhame, NP

Allison Provenzale, NP

Dora Rossi, NP

Melissa Rudawski, PA-C

Gerin Stevens, MD, PhD

CME program coordinators:

Christian Adams

Director, Cardiology and
Cardiothoracic Surgery

Bonnie Suen

Project Manager
Cardiology and Cardiothoracic Surgery

GENERAL INFORMATION

Statement of need: Heart failure remains a leading cause of morbidity, hospitalization, and mortality in the U.S. There have been numerous advancements in the treatment and diagnosis of heart failure in recent years. However, there remain sex disparities in diagnosis and management of patients with heart failure. In addition, there remain gaps in knowledge regarding evidenced-based therapies and implementation of therapies for both men and women. The proposed CME activity is designed to provide attendees with a thorough review of different diagnostic and therapeutic options for heart failure with reduced ejection fraction and preserved ejection fraction, with a special focus on heart failure in women. The sessions will be presented by specialists in cardiology, electrophysiology, cardiac surgery and heart failure, reflecting the wide variety of heart failure patients.

Target audience: This activity was planned by and for MDs, NPs, RNs, PAs and PharmDs.

All other members of the health care team who are interested in education about cardiovascular care are invited to attend.

Program objectives: All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference participants should be able to:

- **Apply** guideline-directed medical and device therapies for patients with heart failure.
- **Summarize** causes of heart failure in certain populations and explain the risk factors of heart failure in women.
- **Recognize** the newest pharmacological and device therapies in the field.
- **Identify** recent advances in the field of heart failure.

Joint accreditation statement: In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.



Credit Designation Statements:

- **Physicians:** Northwell Health designates this activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- **Nurses:** Northwell Health designates this activity for 7.25 *ANCC contact hours*.
- **Physician assistants:** Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME criteria. This activity is designated for 7.25 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.
- **Pharmacists:** Northwell Health designates this activity for a maximum of 7.25 *ACPE credit hours*.

GENERAL INFORMATION

Verification of attendance: This will be provided to all professionals.

American Board of Internal Medicine (ABIM) MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Location: Zucker School of Medicine, 500 Hofstra Blvd, Hempstead, NY 11549

Course offering and registration fees:

Attendee	Full day attendee fee
Physicians	\$150
Non-physician clinical staff	\$120
Students	\$50

After completion of the live program, the content will be available for viewing only (no credit).

Registration fee will include: Breakfast, break, lunch, CME/Verification of attendance certificate and parking.

Disclosure policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Cancellation policy: To receive a refund, all cancellations must be confirmed via email with Samantha Steinberg (ssteinber1@northwell.edu), Office of Continuing Medical Education, by Friday February 23, 2024. An administrative fee of \$25 will be kept for all cancellations. No refunds will be made after that date or for "no shows."

[Register here](#)



A REVOLUTION IN WOMEN'S HEALTH HAS BEGUN

**We're the only network of experts
in the region dedicated to every
aspect of women's care.**

Men have always been the default in medicine, leaving women understudied, undertreated and misdiagnosed. That's why Northwell created the Katz Institute for Women's Health — to advance women's health every day through community education, expert clinical care and personalized support.

What does this mean for you?

- Trusted health insights from our newsletter, the Katz Women's Circle
- A network of women-focused clinicians to give you personalized, multidisciplinary care
- Education from our free monthly health events to empower informed health decisions



Northwell Health
Katz Institute for
Women's Health

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