Thursday, November 30, 2023 7am - 4pm

Live interprofessional continuing education (IPCE) conference offered virtually via Zoom



Course directors

Salman Azhar, MD Catherine E. Arnold, MD Cassandre R. Kernizan, BSN, RN, PCCN-K, SCRN



Register here or scan the QR code.

This activity was planned by and for the health care team, and learners will receive 8.0 IPCE credits for learning and change.







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Agenda

7am	Welcome/opening remarks Salman Azhar, MD	
7:10am	Updates in Stroke Management Brandon Godbout, MD	
7:40am	TNK in Acute Ischemic Stroke Umran Ugur, MD	
8:10am	Mechanical Thrombectomy in Acute Ischemic Stroke: Current State Yafell Serulle, MD, PhD	
	Expanding the Eligibility Criteria for Thrombectomy Moderator: Yafell Serulle, MD, PhD	
8:40am	Low Aspects and Low NIHSS Score Thrombectomy Ahmad Ballout, MD	
9am	Treatment of Distal Occlusions Thrombectomy Yafell Serulle, MD, PhD	
9:20am	Expanding the Time Window Beyond 24 Hours James Lee, MD	
9:40am	Panel discussion, Q&A Ahmad Ballout, MD; Yafell Serulle, MD, PhD; James Lee, MD	
9:55am	Break/Exhibit Hall	
10:10am	Advanced Secondary Prevention Ramandeep Sahni, MD	
10:35am	Cardiovascular Stroke Rachel Nahrwold, NP	
10:55am	Cardiothoracic Interventions Chad Kliger, MD	
11:15am	The Role of Implantable Cardiac Monitors in Stroke Prevention Salman Azhar, MD	
11:35am	Lunch break/Exhibit Hall	
TRACK 1		

- 12:20pm Cerebral Bypass Indications and Tailored Surgical Approach Leading to the Best Outcomes David Langer, MD
- **12:50pm** Treatment of Ruptured Aneurysms David Gordon, MD

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- **1:10pm Treatment of Unruptured Aneurysm** Raphael Sacho, MD, FAANS, MBBCH
- **1:30pm** Debate: Treatment of Intracranial Arterial Disease Medical Therapy Pros and Cons Catherine Arnold, MD
- **1:50pm Debate: Treatment of Intracranial Arterial Disease Interventional Therapy Pros and Cons** Jeremy Liff, MD
- 2:10pm Panel discussion, Q&A David Gordon, MD; Raphael Sacho, MD, FAANS, MBBCH; Catherine Arnold, MD; Jeremy Liff, MD
- 2:30pm Break/Exhibit Hall

TRACK 2

Moderators: Yangchen Gyatotsang, MSN, RN, and Cassandre Kernizan BSN, RN, PCCN-K, SCRN

- 12:20pm Keynote: The Experience and Advantage of Taking a System of Hospitals Through the Joint Commission Certification for Stroke Michele Gribko, RN
- **12:50pm** Turbocharged Collaboration Between the Stroke Team and The Department of Quality Karen Chau, RN
- **1:10pm** The Role of a Stroke Coordinator in a High Reliability Comprehensive Stroke Center Mirian Medina, RN, MSN, SCRN, CNRN
- 1:30pm Advanced Stroke Units Lead to Better Clinical Outcomes and Improved Engagement Scores Chris Tarquinio, MSN, RN, MEDSURG-BC
- 1:50pm Patient story
- 2:10pm Panel discussion
- 2:30pm Break/Exhibit Hall

Breaking news topics:

- **2:45pm** Keynote: Prevalence, Impact and Management of Amyloid Angiopathy Salman Azhar, MD
- **3:30pm** Discussion with all faculty
- 3:55pm Closing remarks
- 4pm Adjourn

COMPREHENSIVE MANAGEMENT OF STROKE 2023 Thursday, November 30, 2023 | 7am - 4pm

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Statement of need: Acute ischemic and hemorrhagic stroke continue to be the leading cause of long-term disability and one of the leading causes of death in this country. It is critical to address clinicians' gaps in knowledge and skills in the areas of stroke prevention, medical management of acute ischemic stroke, neuroendovascular management of acute ischemic stroke, and surgical and endovascular management of brain aneurysms. Educating physicians and the health care team about the recognition and early intervention in acute ischemic stroke is crucial and should include guidelines for rapid assessment, neuroimaging interpretation and the use of neuro-endovascular techniques. Understanding the time-sensitive nature of these interventions and the importance of collaboration within the health care team is essential. There is a need for health care providers to learn about managing complications associated with acute ischemic stroke and aneurysms, consider ethical considerations and shared decision-making, and focus on quality improvement and patient safety issues that are specific to neuro-endovascular interventions and aneurysm management. This activity will provide participants with the opportunity to acquire new knowledge and skills in the field, encourage professional development and teamwork, and promote comprehensive and patientcentered care and drive strategies for continuous improvement in patient outcomes.

Program objectives: All Northwell Health CME activities are intended to improve patient care, safety and outcomes. At the conclusion of this conference participants should be able to:

- -Identify available diagnostic options for cerebrovascular disease.
- -Recognize advances and breakthroughs in treatment modalities for both ischemic and hemorrhagic stroke.
- -Summarize accepted best practices for the management of stroke.

Target audience: This activity was planned by and for physicians, physician assistants, nurse practitioners and nurses. All other members of the health care team who are interested in comprehensive management of stroke are welcome to attend.

Joint accreditation statement: In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education

(ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.



Physicians: Northwell Health designates this live activity for a maximum of 8.0 *AMA PRA Category 1 Credits*TM. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Nurses: Northwell Health designates this activity for 8.0 ANCC contact hours.

Occupational therapist (OT)/Certified occupational therapy assistant (COTA): This course and speaker(s) have been approved by the New York State Occupational Therapy Association (NYSOTA) to award NYS continuing competency hours to NYS OTs and COTAs. 8.0 credits may be awarded based on the rules and regulations of the program and within the active period. The assignment of NYSOTA continuing competency hours does not imply endorsement of specific course content, products or clinical procedures by NYSOTA.

Physician assistants: Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME criteria. This activity is designated for 8.0 AAPA Category 1 CME credits. PAs should claim only credit commensurate with the extent of their participation.

Physical therapist/Physical therapist assistant:

Long Island Jewish Medical Center, a member of Northwell Health, is recognized by the New York State Education Department's State Board for Physical Therapy as an approved provider of physical therapist and physical therapist assistant continuing education. This course is awarded 9.6 contact hours.

Pharmacists: Northwell Health designates this activity for a maximum of 8.0 ACPE credit hours.

Verification of attendance: This will be provided to all professionals.

Course offering and registration fees:

\$75:	Physicians, pharmacists
\$25:	PAs, PTs, NPs, RNs, regional affiliates
No charge:	Fellows, residents, students, retirees

Registration fee includes: Course materials, references, access to virtually live CE conference and CME/ Verification of attendance certificate

Cancellation policy: To receive a refund, all cancellations must be confirmed via email with Maureen King at **mking9@northwell.edu** by Friday, November 23, 2023. An administrative fee of \$10 will be kept for all cancellations. No refunds will be made after this date or for "no-shows."

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Disclosure policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others, are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans with Disabilities Act (ADA): This conference is in compliance with provisions of the ADA and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, please contact the Office of CME at (516) 730-2263.

Course directors

Salman Azhar, MD

System Director, Telestroke Lenox Hill Hospital Department of Neurology Director, Stroke, Northwest Region Northwell Health Professor, Neurology Zucker School of Medicine

Catherine E. Arnold, MD

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Cassandre R. Kernizan, BSN, RN, PCCN-K, SCRN Senior Clinical Care Program Manager Neurology Lenox Hill Hospital Northwell Health

Program faculty

Ahmad Ballout, MD

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Karen Chau, RN

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Regional Chair, Neurosurgery Westchester Region, Northwell Health Assistant Professor, Neurosurgery Zucker School of Medicine

Michele Gribko, RN

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Yangchen Gyatotsang, MSN, RN

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Chad A. Kliger, MD, MS, FACC, FSCAI

Director, Valve and Structural Heart Center Lenox Hill Hospital Director, Structural Heart Disease Western Region, Northwell Health Director of Research, Structural Heart Northwell Health Associate Professor, Cardiovascular Medicine and Cardiothoracic Surgery Zucker School of Medicine

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David J. Langer, MD

Chair, Neurosurgery Lenox Hill Hospital Vice President, Neurosurgery Northwell Health Western Region Professor, Neurosurgery and Radiology Zucker School of Medicine

James Lee, MD

Neuroendovascular Surgery Northwell Health Staten Island University Hospital

Jeremy Liff, MD

Director, Stroke Co-director, Endovascular Services Department of Neurology Staten Island University Hospital Assistant Professor, Neurology Zucker School of Medicine

Mirian Medina, RN, MSN, SCRN, CNRN Clinical Stroke Program Manager Staten Island University Hospital

Rachel Nahrwold, AGNP-BC

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Lopa Patel, MS, PA-C

Senior Physician Assistant, Stroke Neurology Lenox Hill Hospital Northwell Health

Nopawan Poomchonghko, OTR/L* Senior Occupational Therapist

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Raphael H. Sacho, MD, FAANS, MBBCH

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Ramandeep Sahni, MD

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Yafell Serulle, MD, PhD

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Christopher Tarquinio, MSN, RN, MEDSURG-BC

Manager, Patient Care Services Staten Island University Hospital Northwell Health Adjunct Professor, Nursing CUNY: College of Staten Island DNP Candidate, Healthcare Leadership, Systems, and Policy Yale School of Nursing

Umran Ugur, MD

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*Planning committee

Conference coordinated by

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