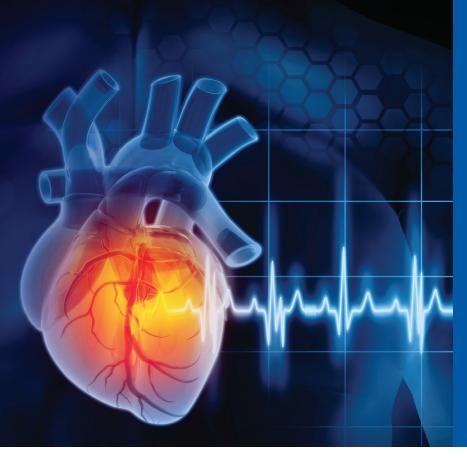




# 8TH ANNUAL NORTHWELL HEALTH CARDIOVASCULAR CONFERENCE HOT TOPICS IN 2023

Exploring Innovative Approaches for Care of Old Problems



Friday, September 8, 2023 via Zoom 8:30 am – 4:00 pm EDT

Live Interprofessional Continuing Education (IPCE) Conference offered virtually via Zoom

CLICK HERE
To Register

This activity was planned by and for the healthcare team, and learners will receive 5.5 Interprofessional Continuing Education (IPCE) credits for learning and change.





# **PROGRAM AGENDA**

# Friday, September 8, 2023 via Zoom 8:30am - 4:00pm EDT

8:30 am	Virtual Exhibits
o:30 am	VIrtual Exhibits
8:55 am	Welcome and Opening Remarks: Jean Cacciabaudo, MD
9:05 am	Case Presentation I: Aortic Disease Management for 2023: Are All Aortas the Same? Moderator: Sean Donahoe, MD
9:10 am	2022 Guidelines for the Diagnosis and Management of Aortic Disease: Where Do We Stand in 2023? Presenter: Joe Lau, MD
9:35 am	Treatment and Surveillance of Aortic Disease: Building a Team for Optimal Patient Outcomes Presenter: Stevan Pupovac, MD
10:00 am	Case Summary and Discussion Panel Panelists: Joe Lau, MD; Stevan Pupovac, MD; Derek Brinster, MD; Melissa Chau, FNP-C, CEN; Gaurav Rao, MD; Bani Azari, MD, PhD
10:25 am	Break and Virtual Exhibits
10:25 am 10:40 am	Break and Virtual Exhibits  Case Presentation II: What is New in Structural Heart Disease: Treating Valvular Disease in 2023 Moderator: Bruce Rutkin, MD
	Case Presentation II: What is New in Structural Heart Disease: Treating Valvular Disease in 2023
10:40 am	Case Presentation II: What is New in Structural Heart Disease: Treating Valvular Disease in 2023 Moderator: Bruce Rutkin, MD  Managing Aortic Valve Disease in 2023: Who Gets What, When?
10:40 am 10:45 am	Case Presentation II: What is New in Structural Heart Disease: Treating Valvular Disease in 2023 Moderator: Bruce Rutkin, MD  Managing Aortic Valve Disease in 2023: Who Gets What, When? Presenter: Wally Omar, MD  Managing Tricuspid Disease in 2023: Is Intervention Worth the Risk?
10:40 am 10:45 am 11:10 am	Case Presentation II: What is New in Structural Heart Disease: Treating Valvular Disease in 2023 Moderator: Bruce Rutkin, MD  Managing Aortic Valve Disease in 2023: Who Gets What, When? Presenter: Wally Omar, MD  Managing Tricuspid Disease in 2023: Is Intervention Worth the Risk? Presenter: Chad Kliger, MD  Case Summary and Discussion Panel Panelists: Wally Omar, MD; Chad Kliger, MD; William Shi, MD;

# **PROGRAM AGENDA**

1:00 pm	Case Presentation III: Cardio-obstetrics in 2023: A Call to Action to Address Rising Maternal Mortality Moderator: Sarah Syed, MD	
1:05 pm	Multidisciplinary Care for Outcome Optimization: Teamwork Makes the Dream Work Presenter: Caroline Pessel, MD	
1:30 pm	Adverse Cardiac Events in the Peri-Partum Period: Planning, Diagnosis, and Surveillance Presenter: Evelina Grayver, MD	
1:55 pm	Case Summary and Discussion Panel Panelists: Evelina Grayver, MD; Caroline Pessel, MD; Bessie Thangavelu, MSN, FNP-C; Jean Cacciabaudo, MD; Catherine Weinberg, MD	
2:20 pm	Break and Virtual Exhibits	
2:35 pm	Case Presentation IV: Hypertrophic Cardiomyopathy: Novel Strategies for Disease Management Moderator: Azhar Supariwala, MD, FACC, FASE	
2:40 pm	Making the Diagnosis of Hypertrophic Disease  Presenter: Ythan Goldberg, MD, FACC, FASE	
3:05 pm	Novel Therapies for Improved Outcomes Presenter: Ronald Wharton, MD	
3:30 pm	Case Summary and Discussion Panel  Panelists: Ythan Goldberg, MD, FACC, FASE; Ronald Wharton, MD; Gregory Maniatis, MD; Paul Maccaro, MD; Valerie Demekhin, Pharm D	
3:55 pm	Closing Remarks: Gaurav Rao, MD	

CLICK HERE To Register

# **COURSE DIRECTORS**



Jean M. Cacciabaudo, MD, FACC Medical Director, Huntington Hospital Assistant Professor of Cardiology Zucker School of Medicine



Gaurav Rao, MD, FACC, FSCAI
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### Planning committee

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Valerie Demekhin, PharmD\*\*

Jon Lawson, PA\*\*

Gaurav Rao, MD, FACC, FSCAI\*

Bruce Rutkin, MD\*\*

Bonnie Suen\*\*

Project Manager

### Conference coordinated by

Northwell Health's Office of Continuing Medical Education

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Belinda Spatola

Project Manager

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Assistant Vice President, CME

<sup>\*</sup> Course Director and Planning Committee

<sup>\*\*</sup> Faculty Member and Planning Committee

# **PROGRAM FACULTY**

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Patient Navigator, Center for Marfan Syndrome and Connective Tissue Disorders at Northwell Health

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### Chad A. Kliger MD, MS, FACC, FSCAI

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# **PROGRAM FACULTY**

### Joe Lau, MD, PhD

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### Jon Lawson, PA\*\*

Advanced Heart Failure/Cardiology Huntington Hospital

### Paul C. Maccaro, MD

Vice Chairman, Cardiology Huntington Hospital Assistant Professor of Cardiology Zucker School of Medicine

### Gregory Maniatis, MD

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### Wally A. Omar, MD, FACC, FSCAI

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### Caroline Drewes Pessel, MD

Program Director, Maternal-Fetal Medicine Fellowship
Director, Preconception
Consultation Program and
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### Stevan Pupovac, MD

Fellow, Advanced Aortic Surgery Yale New Haven Hospital Attending in Surgery, Effective 8/2023 Department of Cardiovascular and Thoracic Surgery Northwell Health

### Bruce J. Rutkin, MD, FACC, FSCAI\*\*

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Structural Heart Disease
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### William Shi, MD, PhD, FRACS

Cardiovascular Surgeon North Shore University Hospital Assistant Professor of Cardiovascular and Thoracic Surgery Zucker School of Medicine

<sup>\*</sup> Course Director and Planning Committee

<sup>\*\*</sup> Faculty Member and Planning Committee

# **PROGRAM FACULTY**

### Azhar Supariwala, MD, FACC, FASE

Cardiovascular Diseases South Shore University Hospital Assistant Professor of Cardiology Zucker School of Medicine

### Sarah Syed, MD

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### Bessy Thangavelu, MSN, RN, FNP-C

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### Catherine Weinberg, MD, MBA

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### Ronald H. Wharton MD, FACC, FASE

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Co-Director, Collaborative Program
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<sup>\*</sup> Course Director and Planning Committee

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## **GENERAL INFORMATION**

Statement of need: As the leading cause of death among Americans, cardiovascular disease not only causes significant mortality but also morbidity. New innovations in cardiac care can save lives but also improve quality of life. Latest advancements in the management of aortic disease, structural heart disease, cardiovascular care in obstetrics and hypertrophic cardiomyopathy have generated new therapies that have been adopted in changes to Guideline Directed Therapies including the recent ACC/AHA Guidelines to address the diagnosis and management of aortic disease. In addition, new therapies and imaging modalities are available to dramatically improve quality of life in patients with hypertrophic cardiomyopathies. With the success of the Northwell Structural Heart Disease team, broader education is needed across the cardiovascular continuum to understand when to refer and management concerns for referring providers. Recent literature also demonstrates the increased risk for cardiovascular events in women who manage common issues during pregnancy. This program is designed to bring these new treatment paradigms to our learners. This program will focus on the hot topics in cardiovascular medicine and opportunities to treat common cardiovascular diseases with emerging and innovative treatments for the hospital and in ambulatory settings. Through case-based presentations, lectures, panel discussion and audience participation, learners explore these new therapies. This CME activity will provide a foundation for clinicians to work closer in a collaborative fashion to effectively manage complex patient care including caregivers and provide optimal outcomes. Additionally, participants can establish a foundation in guideline directed therapy and new innovations in cardiovascular care.

**Program objectives:** All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference participants should be able to:

 Summarize available the diagnostic and management strategies presented in the 2022 ACC/AHA Guidelines for Aortic Disease which provides recommendations regarding diagnosis, genetic evaluation and family screening, medical therapy, endovascular and surgical treatment, and long-term surveillance across multiple clinical presentation subsets, ranging from asymptomatic patients to those with acute aortic syndromes.

- Apply strategies to create and implement
   Cardio-obstetrics teams to recognize
   comorbidities early and manage collaboratively,
   to respond to the rising rates of maternal
   morbidity and mortality related to cardiovascular
   disease during pregnancy.
- Incorporate strategies for the management of patients with structural heart disease and understand when referral to a structural heart team is appropriate and necessary.
- Access the expertise of the Hypertrophic Cardiomyopathy team at Northwell Health and be more confident in imaging techniques to confirm that diagnosis.
- Engage learners in an interactive platform using a case-based educational experience.

**Target audience:** This program is designed for MDs, PAs, NPs, RNs, and Pharmacists in the areas of Cardiology, Endocrinology, Obstetrics/ Gynecology, Internal and Family Medicine. All other members of the health care team who are interested in education about Cardiovascular care are invited to attend

### **Joint Accreditation Statement:**

In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical



Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

- Physicians: Northwell Health designates
  this live for a maximum of 5.5 AMA PRA Category
  1 Credits™. Physicians should only claim
  credit commensurate with the extent of their
  participation in the activity.
- Nurses: Northwell Health designates this activity for 5.5 ANCC contact hours.
- Physician Assistants: Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.
- Pharmacists: Northwell designates this activity for a maximum of 5.5 ACPE credit hours.

# **GENERAL INFORMATION**

# American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) statement:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the



participant to earn up to 5.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**Verification of Attendance:** Will be provided to all professionals.

**Location:** Live Interprofessional CE conference offered virtually via Zoom

### Course offering and registration fees:

	FEE
Non-Northwell Health Physicians	\$90
Non-Northwell RNs, NPs, PAs, Pharmacists, and Dietitians	\$65
Northwell Health Physicians	\$75
Northwell Health RNs, NPs, PAs, Pharmacists and Dietitians	\$50
Residents, Fellows, Students with ID and Retirees	No CME-CE Credit No charge

\*Northwell Healh Alumni: (including physicians, PAs, NPs, RNs, Pharmacists and Dietitians), contact the Northwell Health Alumni Network at mail to: alumni@northwell.edu to obtain a discounted registration code.

**Registration fee will include:** Access to virtual CE conference, course materials, and CE verification Certificates.

Cancellation Policy: To receive a refund, all cancellations must be confirmed via email to Belinda Spatola, Project Manager (bspatola@northwell.edu), Office of Continuing Medical Education by Monday, September 4, 2023. An administrative fee of \$25 will be kept for all cancellations. No refunds will be made after this date or for "no-shows"

Disclosure Policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans with Disabilities Act: This conference is in compliance with provisions of the Americans With Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Office of CME at (516) 730-2263.