

Northwell Health presents:

# All Things Sports

## Novel Approaches to Sports Medicine in 2022: The State of the Art

Saturday, March 5, 2022  
7:30am – 2pm

Interactive Virtual Webinar

This activity was planned by and for the healthcare team, and learners will receive  
5.25 Interprofessional Continuing Education (IPCE) credits for learning and change.



IPCE CREDIT™

### Course Directors

**Nicholas Sgaglione, MD**

Chair, Orthopaedic Surgery  
Senior Vice President, Orthopaedic Service Line  
Professor & Chair, Orthopaedic Surgery  
Zucker School of Medicine

**Steven Rokito, MD**

Division Chief, Sports Medicine  
Long Island Jewish Medical Center  
Assistant Professor, Orthopaedic Surgery  
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**Northwell Health®**  
Orthopaedic Institute



**DONALD AND BARBARA**  
ZUCKER SCHOOL of MEDICINE  
AT HOFSTRA/NORTHWELL

## Program Agenda

**7:30am**      **Welcome & Introduction**  
Nicholas Sgaglione, MD and Steven Rokito, MD

**Session I – Novel Approaches to Rehabilitation & Recovery of Sports Injuries**  
Moderators: Russell Camhi, DO, ATC and Michael Gonzalez, MS, ATC

**7:40am**      **Innovation in Blood Flow Restriction Therapy in 2022**  
Etan Sugarman, MD

**8am**          **The State of the Art in Rehabilitation & Recovery: A Case Based Discussion**  
Panelists: Michael Chicarella, ATC; Brian Deveau, DPT, PT, CSCS, Cert MDT;  
Roger Gerland, MS, PT, ATC; Elliot Hershman, MD; Victor Olujimi, MD; Etan Sugarman, MD;  
Joseph Sullivan, PT, OCS, CSCS; Amy West, MD, MEd

**Session II – New Frontiers in Joint Bio Restoration**  
Moderators: Andrew Goodwillie, MD & Dan Grande, PhD

**9am**          **Innovation in Articular Cartilage Treatment in 2022**  
Kenneth Zaslav, MD

**9:20am**      **The State of the Art in Articular Cartilage Treatment: A Case Based Discussion**  
Panelists: Michael Brigandi, MS, PT; Emily Chadwick, ATC; Calogero Curcuru, ATC, CES;  
Brian Krebs, PT, DPT, OCS, COMT, Cert. MDT; Jake Ni, MD; Steven Rokito, MD; Kenneth Zaslav, MD

**10:20am**      **Break**

**Session III – The State of the Art in Upper Extremity Joint Preservation**  
Moderators: Daniel Vaknin, MA, PT and Randy Cohn, MD

**10:40am**      **Innovation in Shoulder Instability Treatment: Arthroscopic Laterjet**  
Kevin Plancher, MD

**11am**          **The State of the Art in Upper Extremity Injury Treatment: A Case Based Discussion**  
Panelists: Martina Brady, MS, ATC; Mona McKenzie, ATC; Robert Panariello, MS, PT, ATC, CSCS;  
Kevin Plancher, MD; Nicholas Sgaglione, MD; Jonathan Ticker, MD

**12–12:30pm**   **Vendor Exhibit**

**Session IV – Keynote Address: The State of the Art in Joint Preservation in Lower Extremity**  
Moderators: Nicholas Sgaglione, MD and Steven Rokito, MD

**12:30pm**      **Innovation in Corrective Osteotomies: a 2022 Update**  
Michael Zacchilli, MD

**12:50pm**      **New Frontiers in Lower Extremity Injury Treatment: A Case Based Discussion**  
Panelists: Craig Levitz, MD; Meagan Maguire, MS, ATC; William Ott, PT, DPT; James Paci, MD;  
Alex Schieck, PT, DPT, Cert ART; Robert Trasolini, DO; Sierra Wilde, ATC; Michael Zacchilli, MD

**1:50pm**      **Closing Remarks**  
Nicholas Sgaglione, MD and Steven Rokito, MD



## All Things Sports - Novel Approaches to Sports Medicine in 2022: The State of the Art Webinar | Saturday, March 5, 2022 | 7:30am – 2pm

**Statement of Need:** Orthopedic surgeons, as well as the team of clinicians involved throughout the patient continuum of care, are now presented with a multitude of new surgical and non-surgical options that are taken into consideration when providing treatment for orthopedic sports medicine and musculoskeletal patient populations. Due to a lack of knowledge surrounding these new innovations within the field of orthopedics, as well as minimal evidence-based outcomes research, caregivers are now finding themselves having to make difficult decisions when treating a patient and developing his/her plan of care, often evoking peer-to-peer controversy. While the patient population's need for orthopedic sports medicine services increases, clinicians and allied health care professionals need to be educated on the ever-changing clinical advances sports medicine; the controversies imposed by a new technological landscape and their potential impact on the orthopedic sports medicine care delivery model while ultimately sustaining an ongoing effort to maximize patient outcomes. This course will address recent changes in orthopedic care management and decision making, innovative surgical techniques and clinical advances, in tandem with rehabilitative modalities presented through didactic lectures and point/counterpoint debates, all supported by evidence-based research and outcome measures in alignment with patient-centric goals.

### Program Objectives

- **Interpret** the decision-making process in an interdisciplinary care model and the importance of team communication when evaluating athletic injuries in the upper and lower extremities.
- **Apply** state of the art orthopedic and rehabilitative care in the evaluation and treatment of injuries in the upper and lower extremities.
- **Describe** new technologies currently being utilized for sports medicine care, such as digital analytics, bio restoration and blood flow restriction therapy and how they can yield a positive or negative impact on the athletic return to play protocol.
- **Apply** the knowledge gained from the case discussions about various orthopedic issues to the care of future patients within the framework of best practices and hospital policies.
- **Utilize** case presentations, applying pedagogical principals, evidence-based literature citations, audience engagement and measured improvement in sequential experiences.

**Target Audience:** Orthopedists; Sports Medicine Specialists; Joint Replacement Specialists; Trauma Specialists; Physiatrists; Pediatricians; Primary Care Physicians; Rheumatologists; Nurses; Nurse Practitioners; Physician Assistants; Physical Therapists; Occupational Therapists; Athletic Trainers; Podiatrists; Coaches; Physical Education Teachers and Allied Health Care professionals

**Joint Accreditation Statement:** In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

### Credit Designation Statements

**Physicians:** Northwell Health designates this activity for 5.25 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

**Nurses:** Northwell Health designates this activity for 5.25 ANCC contact hours.

**Physician Assistants:** Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA. CME Criteria: This activity is designated for 5.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Physical Therapy Credit Designation:** Long Island Jewish Medical Center, a member of Northwell Health, is recognized by the New York State Board Education Department's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This event is awarded 6.3 contact hours. Participants should claim only those hours actually spent in the educational program. Certificates of completion will be e-mailed to participants of the corresponding disciplines after the event.

**Occupational Therapy Credit Designation:** This course and speaker(s) have been approved by the New York State Occupational Therapy Association to award NYS Continuing Competency Hours to NYS Occupational Therapists and Occupational Therapy Assistants. 5.25 Credits may be awarded based on the rules and regulations of the program and within the active period as listed below.

**Athletic Trainer Credit Designation:** Northwell Health Rehabilitation Network (BOC AP#: P8350) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers (ATs). This program is eligible for a maximum of 5.25 hours/CEUs. ATs should claim only those hours actually spent in the educational program. Certificates of completion will be e-mailed to participants of the corresponding disciplines after the event.

**Verification of Attendance:** Will be provided to all other professionals.

**Americans with Disabilities Act:** This conference is in compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to participate in this conference and require any special needs or accommodations, please contact the Office of CME at (516) 266-2263.

**Faculty Disclosure Policy:** Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

### Registration Fees:

- \$50 for Northwell Health employees & voluntary faculty
- \$30 for Northwell Residents and Fellows
- \$0 for medical, nursing, PA students, with verification
- \$90 for all others

Registration fee includes access to virtual meeting, references, and virtual exhibit hall.

**Cancellation Policy:** To receive a refund, all cancellations must be confirmed in writing to the Office of Continuing Medical Education by Friday, February 26, 2022. An administrative fee of \$25 will be kept for all cancellations. No refunds will be given after this date or for "no-shows."

 **Register Here**

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## Course Faculty

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Northwell Health Faculty

**Michael Brigandi, MS, PT**

All Star Physical Therapy

**Russell Camhi, DO, ATC**

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**Emily Chadwick, ATC**

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**Michael Chicarella, ATC**

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**Randy Cohn, MD**

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**James Paci, MD**

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**Robert Panariello, MS, PT, ATC, CSCS**

Professional Physical Therapy

**Kevin Plancher, MD**

Plancher Orthopedics

**Steven Rokito, MD**

Northwell Health Faculty

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Ivy Rehab Physical Therapy

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**Michael Zacchilli, MD**

Northwell Health Faculty

**Kenneth Zaslav, MD**

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### Planning Committee:

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Daniel Vaknin, MA, PT  
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