Northwell℠ Cardiovascular Institute

9th Annual
Reimagining Heart Failure Care:

INNOVATIONS, THERAPIES, AND THE FUTURE OF TREATMENT

Thursday, April 16, 2026
8am – 4:30pm (EDT)

Zucker School of Medicine
500 Hofstra Boulevard
Hempstead, NY 11549

Virtual option also available

Register here

DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE AT HOFSTRA/NORTHWELL.

This activity was planned by and for the health care team, and learners will receive (6.25) Interprofessional Continuing Education (IPCE) credits for learning and change.

IPCE CREDIT™

ABIM CME MOC ACCREDITED

PROGRAM AGENDA

Innovations, Therapies, and The Future of Treatment

Thursday, April 16, 2026

8am	**Breakfast/Registration**
8:30am	**Welcome and opening remarks** Lauren Cooper, MD; Maria Avila, MD
Session 1:	**Redesigning Medical Therapy: What's Real, What's Next, What Matters for Practice** **Moderator:** Sabari Rangasamy, MD
8:40am	**Restoring Reserve: Where Does Vericiguat Fit Today?** Kenneth Dulnuan, MD
8:55am	**The Kidney-Heart Alliance: Finerenone and the Expanding Cardiorenal Landscape** Karen Chen, PharmD
9:10am	**GLP-1A: Beyond Weight Loss—A New Frontier in Heart Failure?** Kumar Sarkar, MD
9:25am	**Cracking the Code: Modern Approaches to Cardiac Amyloid** Dipan Uppal, MD
9:40am	**From Obstruction to Optimization: New Era in HCM Management** Ravi Shah, MD
9:55am	**Panel discussion**
10:05am	**Break**
Keynote speaker session	
10:20am	**Innovation in Heart Failure: Imagining the Next Decade of Care** **Keynote speakers:** Snehal Patel, MD; Deane Smith, MD
10:50am	**Panel discussion:** Snehal Patel, MD; Deane Smith, MD; Simon Maybaum, MD; Sandeep Jauhar, MD
11:00am	**Break**
11:15am	**Cardiac Sarcoidosis: Diagnostic Challenges & Therapeutic Innovation** David Mintz, MD
Session 2:	**Engineering Solutions: Devices That Change the Way We Treat HF** **Moderator:** Allison Provenzale, NP
11:30am	**Case presentation** Joseph Toole, DO
11:35am	**Rewiring the Reflex: Neuromodulation & Barostim in HF Care** Kristin Stawiarski, MD
11:50am	**Contractility Reimagined: The Expanding Role of CCM** John Kassotis, MD

PROGRAM AGENDA

12:05pm	**Reshaping the Ventricle: Corcinch and the Geometry Revolution** Mei Chau, MD
12:20pm	**Valvular Innovation: The New Frontier in Structural HF Care** Elana Koss, MD
12:35pm	**Seeing the Unseen: Remote Monitoring for Early Intervention** Jasjit Bhinder, MD
12:50pm	**Panel discussion**
1pm	**Lunch**
Session 3:	**Coordinated Rescue: The Future of Shock Management** **Moderator:** Sirish Vullaganti, MD
2pm	**Shock 2.0: Where are we today?** Spencer Liu, MD
2:15pm	**Navigating Temporary Mechanical Support in the Perioperative Period** Aaron Weiss, MD
2:30pm	**Mechanical Support Choices: Art, Science, and Timing** Miguel Alvarez, MD
2:45pm	**Patient experience panel** **"Beyond the Numbers: Stories from the Edge of Survival"** Featuring a patient perspective
3pm	**Break**
Session 4:	**Expanding Access, Expanding Possibilities: Today's Advanced HF Landscape** **Moderator:** Sarumathi Thangavel, MD
3:15pm	**Case presentation** Aneeqa Javed, MD
3:20pm	**Hep C + Heart Transplant: Still Disruptive or Standard of Care?** Nitzan Roth, MD
3:35pm	**The DCD Revolution: Rewriting the Donor Pool** Greta Piper, MD
3:50pm	**It Takes a Village: Shared Care Models That Work** Jim Lyons, MD
4:05pm	**Panel discussion** Kathryn Malhame, NP
4:15pm	**Closing remarks/Final discussion** Lauren Cooper, MD; Maria Avila, MD
4:30pm	**Adjourn**

COURSE DIRECTORS/KEYNOTE SPEAKERS

Course directors

Maria Avila, MD
Medical Director, Cardiac Transplant and Mechanical Circulatory Support
North Shore University Hospital
Assistant Professor, Cardiology
Zucker School of Medicine

Lauren Cooper, MD, MHS
Director, Heart Failure
North Shore University Hospital
Associate Professor, Cardiology
Zucker School of Medicine

Keynote speakers

Deane Smith, MD
Surgical Director, Heart Transplant Program
Associate Professor, Cardiovascular and Thoracic Surgery
Zucker School of Medicine

Snehal Patel, MD
System Director, Heart Failure
Co-Director, Center for Heart Failure, Heart Transplant, and Mechanical Circulatory Support
Northwell Health
Associate Professor, Cardiology
Zucker School of Medicine

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PROGRAM FACULTY

Faculty

Miguel Alvarez Villela, MD
Director, Interventional Heart Failure
Lenox Hill Hospital
Assistant Professor, Cardiology
Zucker School of Medicine

Jasjit Bhinder, MD*
Advanced Heart Failure Attending
Vassar Brothers Medical Center

Mei Chau, MD, MPA
Cardiac Surgery
Lenox Hill Hospital
Assistant Professor, Cardiovascular and Thoracic Surgery
Zucker School of Medicine

Karen Chen, PharmD, BCPS*
Clinical Pharmacy Specialist
Residency Coordinator
PGY-1 Pharmacy Practice
North Shore University Hospital

Kenneth Dulnuan, MD*
Director, Heart Failure
Staten Island University Hospital

Morgan Engel, BSN, RN*
LVAD RN Coordinator
Advanced Heart Failure
North Shore University Hospital

Sandeep Jauhar, MD, PhD
Director, Physician Engagement and Philanthropic Outreach
Long Island Jewish Medical Center
Associate Professor, Cardiology
Zucker School of Medicine

Aneeqa Javed, MD
Cardiology Fellow
Staten Island University Hospital

John Kassotis, MD
Chair, Cardiology
Peconic Bay Medical Center
Professor, Cardiology
Zucker School of Medicine

Elana Koss, MD
Director, Structural Heart Echocardiography
North Shore University Hospital
Assistant Professor, Cardiology and Cardiovascular and Thoracic Surgery
Zucker School of Medicine

Spencer D. Liu, MD, FSCAI, FACC
Interventional Cardiology/
Advanced Heart Failure Transplant
Staten Island University Hospital
Assistant Professor, Cardiology
Zucker School of Medicine

James J. Lyons, MD, FACC
Heart Failure Program Director
The Heart Center
Heart Failure System Medical Director
Nuvance Health

Kathryn Malhame, NP
Senior Nurse Practitioner, Heart Transplant
Cardiovascular and Thoracic Surgery
North Shore University Hospital

Simon Maybaum, MD
Professor, Merinoff Center for Patient-Oriented Research
Feinstein Institutes for Medical Research
Professor, Cardiology
Professor, Molecular Medicine
Zucker School of Medicine

Parry Mendapara, MD*
Cardiology Fellow
North Shore University Hospital

David Mintz, DO*
Advanced Heart Failure and Transplant Cardiology
North Shore University Hospital

Greta Piper, MD
Director, CTS Critical Care Unit
Cardiac Intensive Care Unit
North Shore University Hospital
Associate Professor
Cardiovascular and Thoracic Surgery
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PROGRAM FACULTY

Allison M. Provenzale, MSN, ACNP, CCRN
Nurse Practitioner
Advanced Heart Failure/Transplant

Sabarivinoth Rangasamy, MD
Director, Heart Failure
Northern Western Hospital and
Phelps Hospital

Nitzan C. Roth, MD, PhD
Transplant Hepatology
Associate Program Director,
Gastroenterology Fellowship at
North Shore University Hospital and
Long Island Jewish Medical Center
Assistant Professor, Medicine
Zucker School of Medicine

Kumar Sarkar, MD
Cardiology
Assistant Professor, Cardiology
Zucker School of Medicine

Ravi J. Shah, MD FACC
Associate Director, CCU
Advanced Heart Failure/Transplant
Hypertrophic Cardiomyopathy
Department of Cardiology
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Assistant Professor, Cardiology
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Kristin Stawiarski, MD, FACC
Advanced Heart Failure and
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Peconic Bay Medical Center
Assistant Professor, Cardiology
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Sarumathi Thangavel, MD
Physician
Advanced Heart Failure and Transplant

Joseph Toole, DO
Cardiology Fellow, PGY-7
Department of Cardiovascular Medicine
Lenox Hill Hospital

Jessica Tucciarone, DNP, AGACNP-BC*
Nurse Practitioner
Advanced Heart Failure/Transplant
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Dipan Uppal, MD, FACC*
Advanced Heart Failure and
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Department of Cardiology
Long Island Jewish Medical Center
Assistant Professor, Cardiology
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Sirish Vullaganti, MD, MSc, FACC
Director of Heart Failure, Lenox Hill Hospital
Advanced Heart Failure and
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Assistant Professor, Cardiology
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Aaron Weiss, MD, PhD
Cardiac Surgery
North Shore University Hospital
Assistant Professor, Cardiovascular and
Thoracic Surgery
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Conference coordinated by

Shannon O'Neil
Associate Project Manager
Cardiology Service Line

Maria Avila, MD
Medical Director, Cardiac Transplant and
Mechanical Circulatory Support
North Shore University Hospital
Assistant Professor, Cardiology
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Lauren Cooper, MD, MHS
Director, Heart Failure
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Statement of need: Heart failure remains a leading cause of morbidity, frequent hospitalizations and significant mortality in the U.S. While remarkable advancements in pharmacotherapy and diagnostic tools have emerged, numerous barriers persist in practice. Knowledge gaps, access challenges and resource limitations often prevent the widespread implementation of crucial evidence-based therapies for many patients. This CME activity will provide a comprehensive review of the latest diagnostic and therapeutic options for both heart failure with reduced and preserved ejection fraction. A key focus will be innovative alternatives to traditional in-person care and the strategic utilization of technology to overcome these barriers.

Program objectives: All Northwell Health CME activities are intended to improve patient care, safety and outcomes. At the conclusion of this conference, participants should be able to:

- **Apply** clinical practice guideline-directed medical, newer technology-based and device therapies in treating patients with heart failure.
- **Identify** barriers to care for patients with heart failure and how technology can reduce or eliminate these barriers.
- **Utilize** the newest health care delivery strategies in the field of heart failure for optimal patient care.

Target audience: This activity was planned by and for MDs, NPs, RNs and PharmDs. All other members of the health care team who are interested in education about cardiovascular care are invited to attend.

Joint accreditation statement:

In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Credit designation statements:

- **Physicians:** Northwell Health designates this live activity for a maximum of *6.25 AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- **Nurses:** Northwell Health designates this activity for 6.25 ANCC contact hours.
- **Pharmacists:** Northwell Health designates this activity for a maximum of 6.25 ACPE credit hours. **Universal Activity Number:** UAN JA4008234-0000-26-006-L01-P

American Board of Internal Medicine (ABIM) MOC statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Location: Donald and Barbara Zucker School of Medicine at Hofstra/Northwell 500 Hofstra Boulevard, Hempstead, NY 11549.

Course offering and registration fees:

Attendee	Fee
Physicians	**$150**
Clinical staff (non-physicians)	**$120**
Students, residents and fellows	**No charge**

In-person registration fee includes: Breakfast, lunch, course materials, CME/Verification of attendance certificate and parking.

Virtual registration fee includes: Access to virtual conference, virtual course materials and certificates.

Cancellation policy: To receive a refund, all cancellations must be confirmed via email to **Belinda Spatola**, CME project manager, at bspatola@northwell.edu by **April 9, 2026**. An administrative fee of $10 will be kept for all cancellations. No refunds will be made after this date or for "no-shows."

Disclosure policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans with Disabilities Act (ADA): This conference is in compliance with provisions of the ADA and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, please contact Michael Rutigliano at (516) 562-2863.

To register, scan QR code