

Your Unborn Child. Our Promise.



Early Infant Feeding: Supporting the Breastfeeding Dyad

September 7, 2018
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Delaware

Course Objectives:

- Discuss the role of clinicians as a multidisciplinary team supporting the breastfeeding dyad.
- Describe key elements to successful programming to support the breastfeeding dyad.
- Identify nutritional components of breastmilk over the continuum from birth to one year.
- Review successful strategies to support breastfeeding success in the post partum period.
- Describe the current state of breastfeeding in the United States of America.
- Identify effective strategies to support breastfeeding in the medically complex infant
- Describe impact of breastfeeding challenges on maternal emotional health.
- Identify the strategies to support breastfeeding of fragile infants in the ICU environments.

Schedule

7:00 – 8:00 am	Registration
8:00 – 9:00 am	Where Well Meaning Providers Go Wrong <ul style="list-style-type: none">- Sara Slovin, MD, MSPH, FAAP- Jessica Tomaszewki, MD, FAAP
9:00 – 9:30 am	Challenges in Supporting Breastfeeding with the High Risk Infant <ul style="list-style-type: none">- Jamila Richardson, RN IBCLC
9:30 – 10:00 am	Breaking Down Barriers to Breastfeeding <ul style="list-style-type: none">- Kristin Littleton, RN IBCLC
10:00 – 10:20 am	Break
10:20 – 11:00 am	Post Partum and Beyond: Early Feeding Support <ul style="list-style-type: none">- Nancy Hastings ADN, RN IBCLC
11:00 – 12:00 am	Supporting Breastfeeding in Special Populations <ul style="list-style-type: none">- Karli Negrin, MS CCC-SLP- Megan Gallagher, MS CCC-SLP- Michele Morrow, MS CCC-SLP
12:00 – 1:15 pm	Lunch Break <ul style="list-style-type: none">- Skills Fair: Clinical Tools to Support the Breastfeeding Dyad
1:15 – 2:00 pm	Human Milk for the Premature Infant: Supporting the Breastfeeding Dyad in the NICU <ul style="list-style-type: none">- Joanna Costa, MD, FAAP
2:00 – 2:45 pm	Nutritional Management of the Breastfed Infant <ul style="list-style-type: none">- Lauren Cohen, MS, RD, LDN
2:45 – 3:15 pm	Psychological Aspects of Breast Feeding <ul style="list-style-type: none">- Linda McWhorter, MA, Psychology Fellow
3:15 – 4:00 pm	Interdisciplinary Panel and Case Study: Multidisciplinary Approach to Supporting breast feeding of the Medically Fragile Infant <ul style="list-style-type: none">- Sara Slovin, MD, MSPH, FAAP- Jamila Richardson, RN IBCLC- Michele Morrow, MS CCC-SLP- Linda McWhorter, MA, Psychology Fellow- Lauren Cohen, MS, RD, LDN
4:00 pm	Closing Remarks, Meeting Adjourns

Registration

Registration will open: 5/7/2018

For Nemours Associates and Non-Nemours Associates: This program will be provided for a fee of \$100.00

REGISTER NOW

For questions please contact Jamila Richardson BSN, RN, IBCLC: jamila.richardson@nemours.org

Presentation Summaries and Speaker Biographies

Sara R. Slovin, MD, MSPH, FAAP is the Interim Director of Primary Care at Nemours duPont Pediatrics, Rockland Road, where she has worked as a primary care pediatrician teaching residents and providing direct patient care for the past 5 years. Dr. Slovin trained at the University of Florida and then completed a General Academic Pediatrics Fellowship at Johns Hopkins School of Medicine while obtaining her Masters of Science of Public Health at the Johns Hopkins Bloomberg School of Public Health. She currently serves as the Secretary for the Delaware Chapter of the American Academy of Pediatrics. Dr. Slovin is passionate about supporting breastfeeding mothers and experienced challenges and successes nursing her two sons.

Jessica Tomaszewski, MD, FAAP is a pediatric hospitalist at Nemours/ Alfred I. duPont Hospital for Children and a Clinical Assistant Professor at Sidney Kimmel Medical College at Thomas Jefferson University. She was recently named the Breastfeeding Champion for the Delaware chapter of the American Academy of Pediatrics. Dr. Tomaszewski received her undergraduate degree in Neuroscience from Franklin & Marshall College. She graduated from Pennsylvania State University School of Medicine in 2008. She went on to complete her residency in pediatrics at Sidney Kimmel Medical College /A.I. duPont Hospital for Children, followed by a year as Chief Resident.

Joanna Costa MD, FAAP is a neonatologist at Nemours/Alfred I. DuPont Hospital for Children, where she has been providing care to patients for almost three years. She received her medical degree at Sidney Kimmel Medical College at Thomas Jefferson University. She received both her general pediatric and neonatal and perinatal medicine training through Alfred I. DuPont Hospital for Children and Sidney Kimmel Medical College at Thomas Jefferson University. As a neonatologist and a mother to three children of her own, Dr. Costa is dedicated to educating and encouraging breastfeeding mothers and supporting the breastfeeding dyad in the NICU.

Lauren Cohen, RD specializes in rehabilitation medicine and general pediatrics at Nemours/Alfred I. duPont Hospital for Children. Lauren works daily with new parents and caregivers to support the healthy growth and development of their infants. She regularly works with breastfeeding mothers to determine adequacy of early childhood development and maternal supply. Lauren completed her Dietetic Internship and Massachusetts General Hospital where she specialized in Pediatric Oncology. She recently received her Masters of Science from New York University in Clinical Nutrition and Dietetics, although, she is often more willing to discuss her undergraduate degree in Storytelling. Lauren is a camper at heart, and works in the summer as an overnight camp nutritionist supporting the needs of allergy campers.

Jamila Richardson BSN, RN, IBCLC is the Nurse Educator Lactation Consultant Supervisor at Nemours/Alfred I. duPont Hospital for Children. With 8yrs experience as a NICU nurse here at Nemours, she realized the overwhelming importance of breastfeeding support for our patient population. Her experience as a bedside RN allowed her to use her credentialing as an IBCLC to promote, support and educate families and peers on the importance of breastfeeding and human milk nutrition. Jamila serves as a member of the USBC committee, ILCA, Delaware Breastfeeding Coalition and the National Association of Professional & Peer Lactation Supporters of Color.

Kristen Littleton, IBCLC runs the outpatient lactation clinics for Nemours duPont Pediatrics in Middletown and Dover. Kristen started her journey as the first breastfeeding peer counselor for Nemours. As a grant funded Nemours contractor Kristen began the pilot for lactation services in various outpatient clinics. She is a driven and avid supporter, educator and promoter of breastfeeding. She has helped facilitate a successful support group in Dover for 3 years and last year started another well attended group in Middletown. She is on the board of the Breastfeeding Coalition of Delaware, a member of the United States Lactation Consultant Association, a trainer for the Milk Mob and the co-founder of the social media mother to mother support group Breastfeed Dover.

Karli Negrin, MS CCC-SLP is a Speech-Language Pathologist with over 10 years of experience working with medically complex pediatrics in a variety of settings including acute care, outpatient and rehabilitative services. Her areas of interest include: pediatric feeding and dysphagia, dysphagia mentorship, and evaluation and treatment of children with craniofacial differences and feeding disorders of children with congenital heart disease. Karli emphasizes a multidisciplinary feeding approach with strong focus on treating the 'whole child' across the continuum of feeding development.

Megan Gallagher MS CCC-SLP is a Speech-Language Pathologist specializing in the evaluation and treatment of dysphagia. She currently works in both pediatric and adult acute care settings, treating feeding and swallowing disorders across the lifespan. Megan has worked at A.I. duPont Hospital for Children for the past 9 years. She has a special interest in working with medically complex infants within the Neonatal Intensive Care Unit, children with cleft lip and palate, and patients with neurological disorders. As a feeding specialist who overcame multiple challenges breastfeeding her own children, Megan is passionate in helping babies overcome feeding difficulties while recognizing each mother-baby dyad's individual feeding goals.

Michele Morrow, MS CCC-SLP is a Speech-Language Pathologist specializing in the assessment and treatment of feeding and swallowing disorders with over ten years of experience working in the pediatric acute care setting. Michele's professional interests center on establishing feeding and swallowing skills for medically complex infants within the Neonatal Intensive Care Unit at Alfred I. duPont Hospital for Children. Additional interests include developing and promoting the use of cue-based feeding



A.I. duPont Hospital for Children is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area). Unless otherwise noted below, no course planner or presenter has disclosed any relevant financial or nonfinancial relationships.

Audience Disclosure:

Instructional Personnel Disclosures

In compliance with the requirement for ASHA's Continuing Education Board concerning transparency in course planning, delivery and marketing, below is information on presenter's financial and non-financial interests relevant to the content of their presentation.

Speaker	Session	Relevant Financial Relationship	Relevant Nonfinancial Relationship
Sara Slovin, MD	Where Well meaning Providers Go Wrong	Sara is a paid employee of Nemours.	NONE
Jessica Tomaszewski, MD	Where Well meaning Providers Go Wrong	Jessica is a paid employee of Nemours.	NONE
Jamila Richardson, RN IBCLC	Challenges in Supporting Breastfeeding with the High Risk Infant	Jamila is a paid employee of Nemours.	NONE
Kristin Littleton, IBCLC	Breaking Down Barriers to Breastfeeding	Kristin is a paid employee of Nemours.	NONE
Nancy Hastings AND, RN IBCLC	Post Partum and Beyond: Early Feeding	Nancy is a paid employee of Beebe Healthcare	NONE
Karli Negrin MS CCC-SLP	Supporting Breastfeeding in Special Populations	Karli is a paid employee of Nemours.	NONE
Megan Gallagher MS CCC-SLP	Supporting Breastsfeeding in Special Populations	Megan is a paid employee of Nemours.	NONE
Michele Morrow MS CCC-SLP	Supporting Breastfeeding in Special Populations	Michele is a paid employee of Nemours.	NONE
Joanna Costa, MD	Human Milk for the Premature Infant: Supporting the Breastfeeding Dyad in the NICU	Joanna is a paid employee of Nemours.	NONE
Lauren Cohen, MS RD, LDN	Nutritional Management of the Breastfed Infant	Lauren is a paid employee of Nemours.	NONE
Linda McWhorter, MA	Psychological Aspects of the Breastfed Infant	Linda is a paid employee of Nemours.	NONE

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This Program has been awarded 6.6 Nursing Contact Hours

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Nemours/Alfred I. duPont Hospital for Children

1600 Rockland Road
Wilmington, DE 19803

From Rt. 202 North

Take Route 202 South. You will see the AstraZeneca campus on the right. Make a right at the light onto Powder Mill Road (Route 141). Drive under a walkway overpass, stay on this road and it will become Children's Drive and take you through the hospital gates.

From I-95 North or South

From I-95, take Exit 8 – Concord Pike/Route 202 North exit. Stay to the left. On Route 202, get in the far left lane. Turn left at the 3rd light onto Powder Mill Road (Route 141). Drive under a walkway overpass, stay on this road and it will become Children's Drive and take you through the hospital gates.

From the West

Take Route 30 east (Lincoln Highway), turn right onto Route 41 (Gap Newport Pike). Route 41 merges with Route 48 (Lancaster Pike), stay to the left, following Route 48. Turn left at the intersection with Route 141 north (Centre Road/Barley Mill Road), crossing the Tyler McConnell Bridge, turn left at the DuPont experimental station, staying on Route 141 North (Powder Mill Road). Travel a mile and a half, making a right at the second light onto Children's Drive. The hospital is straight ahead through the gates.

From the East

Take Route 322 West, go over the Commodore Barry Bridge to Pennsylvania. Follow signs for Route 322 W. and merge onto I-95 S./Route 322 W. Continue on I-95 South to Exit 8/ Route 202 N. Once on Route 202, get in the far left lane. Turn left at the 3rd light onto Powder Mill Road (Route 141). Driving under a walkway overpass, stay on this road and it will become Children's Drive and take you through the gates of the hospital.

Free parking is available around the outpatient entrance (near the playground).