CHALLENGES IN INTERNAL MEDICINE

CLOSING THE GAP IN PRIMARY CARE

Wednesday, Thursday, Friday
June 15–17, 2016

Course Directors
Yousaf Ali, MD
John A. Andrilli, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029

Sponsored by
Icahn School of Medicine at Mount Sinai
Department of Medicine
Mount Sinai Health System

Supported in part by
Mount Sinai
Institute for Advanced Medicine
Clinical Education Initiative

www.icahn.mssm.edu/cme/courses

12th ANNUAL

COURSE DESCRIPTION

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants.

Primary care is growing increasingly more difficult due to the complexity of the patient’s medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today’s scientific literature. The outcome from this format is to help the clinician to better manage their patients using the latest evidence based practices.

All of the discussants incorporate recent scientific literature for their talks. Importantly, many of the lectures chosen are from the current year’s Divisional and Departmental Grand Rounds. The 2016 course marks its 12th successful year of programming.

MANAGING DISEASE PROCESSES
- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS
- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problem

NEW DIAGNOSTIC MODALITIES
- What’s new in Gastroenterology/Hepatology

EDUCATIONAL OBJECTIVES:
At the conclusion of this activity, participants will be able to:
- Identify new trends in US healthcare that will allow healthcare providers to maximize efficiency within their practice aligning practitioners to new recommended guidelines.
- Identify current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- Review and interpret up-to-date literature relevant to clinical practice in the following therapeutic areas: Cardiology, orthopaedics, liver disease, hematology/oncology, rheumatology, gastroenterology, and endocrinology.

WHO SHOULD ATTEND:
- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians
CHALLENGES IN INTERNAL MEDICINE
CLOSING THE GAP IN PRIMARY CARE

GENERAL INFORMATION

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE
All professionals will be able to download verification of attendance.

FACULTY DISCLOSURE
It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION
Icahn School of Medicine at Mount Sinai
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029

DIRECTIONS/PARKING
www.mountsinai.org/about-us/visiting-us

REFUND POLICY
A fee of $50.00 will be retained to cover administrative costs for refunds and cancellations. All requests must be confirmed in writing to The Page and William Black Post-Graduate School two weeks before the course begins. No refunds will be made after June 1, 2016 for cancellations and for ‘no shows’.

CONFERENCE INFORMATION
Please contact: Office of CME 212.731.7950 or email cme@mssm.edu
Register online at www.icahn.mssm.edu/cme/courses

ACKNOWLEDGEMENT
Supported in part by Mount Sinai Institute for Advanced Medicine Clinical Education Initiative

12th ANNUAL
MOUNT SINAI HEALTH SYSTEM

COURSE DIRECTORS/PLANNING COMMITTEE

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Associate Professor of Medicine
Vice Chair for Faculty Affairs

John A. Andrilii, MD
Assistant Professor of Medicine
Chief of the Division of General Internal Medicine
Mount Sinai Beth Israel

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Division of Liver Disease
Director, Institute for Liver Disease

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Assistant Professor of Medicine
Chief of the Division of General Internal Medicine
Mount Sinai Beth Israel

FACULTY

Sherley Abraham, MD
Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease

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Professor of Medicine

David Carr-Locke, MA, MD
Professor of Medicine

Daniel S. Capilivski, MD
Associate Professor of Medicine, Infectious Diseases

Lisa Casagrande, MD
Assistant Professor of Medicine, Nephrology

Charissa Chang, MD
Assistant Professor of Medicine, Liver Diseases

Alexis C. Colvin, MD
Associate Professor of Orthopaedics

Caroline Cromwell, MD
Assistant Professor of Medicine, Hematology-Oncology

Dennis Finklestein, MD, FACC, FASE
Associate Professor of Medicine

Harry D. Fischer, MD
Associate Professor of Medicine

Alyssa Gillego, MD
Surgical Oncology

James Gladstone, MD
Associate Professor of Orthopaedics, Sports Medicine Service

David A. Greenwald, MD
Director of Clinical Gastroenterology and Endoscopy

George Han, MD, PhD
Instructor Dermatology

Jeffrey Kwong, DNP, MPH
Professor of Nursing at the Columbia University Medical Center

Rosanne M. Leipzig, MD, PhD
Professor of Geriatrics and Palliative Medicine

James Marion, MD
Professor of the Practice of Medicine

Bryan C. Markinson, DPM
Assistant Professor of Orthopaedics/Pathology

Maryann McLaughlin, MD
Assistant Professor of Medicine, Cardiology

Barbara Murphy, MD
Murray M. Rosenberg Professor of Medicine
System Chair, Department of Medicine
Dean for Clinical Integration and Population Health

William Oh, MD
Professor of Medicine, Hematology and Medical Oncology

Ann-Gel S. Palermo, MPH, DrPH
Assistant Professor of Medical Education

Lauren A. Pecoraro, MD, MPH
Assistant Professor of Medicine, General Internal Medicine

Pooni Perumalswami, MD
Assistant Professor of Medicine

Sean Pinney, MD
Director, Advanced Heart Failure & Cardiac Transplant Program

Charles A. Powell, MD
Professor of Medicine

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Associate Professor of Medicine - Pulmonary, Critical Care and Sleep Medicine

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Reshmi Srinath, MD
Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease

Antonio E. Urbina, MD
Associate Professor of Medicine

Joseph Vassalotti, MD
Associate Professor of Medicine - Pulmonary, Critical Care and Sleep Medicine

Emily Waissbren, MD
Assistant Professor of Ophthalmology
## MANAGING DISEASE PROCESSES

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 – 8:20am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:30 – 9:00</td>
<td>Cardiology 2016</td>
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<tr>
<td>9:00 – 9:30</td>
<td>Anticoagulation Management</td>
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<tr>
<td>10:00 – 10:15</td>
<td>Women and Heart Disease 2016 Update</td>
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<td>10:15 – 10:30</td>
<td>Break</td>
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<tr>
<td>10:30 – 11:00</td>
<td>Renal Developments 2016</td>
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<td>11:00 – 11:30</td>
<td>Break</td>
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<tr>
<td>11:30 – 12:00</td>
<td>HTN: New Developments</td>
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<tr>
<td>12:00 – 12:15</td>
<td>Break</td>
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### Orthopaedics for PCP’s:
- 1:15 – 1:45 The Twist: Ankle & Feet  
  Bryan C. Markinson, DPM
- 1:45 – 2:15 Common Causes of Shoulder Pain  
  James Gladstone, MD
- 2:15 – 2:45 Snap, Crackle, Pop: Diagnosis of Common Knee Problems  
  Alexis C. Colvin, MD

### Hep C Updates
- 3:15 – 3:45 NY Screening for HepC  
  Pooni Perumalswami, MD
- 3:45 – 4:15 New Therapies for HCV  
  Douglas T. Dieterich, MD
- 4:15 – 4:45 NASH  
  Charissa Chang, MD
- 4:45 – 5:00pm Panel Discussion

### Panel Discussion

### Conclusion

## MEDICAL CONUNDRUMS

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<tr>
<td>7:30 – 8:20am</td>
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<td>8:30 – 9:00</td>
<td>Breast Cancer</td>
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<td>9:00 – 9:30</td>
<td>Prostate Cancer Update</td>
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<td>9:30 – 10:00</td>
<td>Lung Cancer</td>
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<td>10:00 – 10:15</td>
<td>Panel Discussion</td>
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<td>10:15 – 10:30</td>
<td>Break</td>
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<td>10:30 – 11:00</td>
<td>CRC Screening Update</td>
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<td>11:00 – 11:30</td>
<td>Anemia for the PCP</td>
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<tr>
<td>11:30 – 12:00</td>
<td>Asthma Update 2016</td>
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### Helpful Pearls
- 10:30 – 11:00 Interpretation of Normal & Abnormal Rheum Tests  
  Yousaf Ali, MD
- 3:45 – 4:15 The Red Eye  
  Emily Waisbren, MD

### Panel Discussion

### Conclusion

## NEW DIAGNOSTIC MODALITIES

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<td>7:30 – 8:20am</td>
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<tr>
<td>8:20 – 8:30</td>
<td>Introduction and Welcome</td>
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<tr>
<td>8:30 – 9:00</td>
<td>Psych in Primary Care</td>
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<tr>
<td>9:00 – 9:30</td>
<td>Update in Medical Therapy for IBD</td>
</tr>
<tr>
<td>9:30 – 10:00</td>
<td>Recent Lipid Trials: What’s New</td>
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### Panel Discussion

### Adjournment

**AGENDA**

**WEDNESDAY, JUNE 15, 2016**

**THURSDAY, JUNE 16, 2016**

**FRIDAY, JUNE 17, 2016**

**Agenda Subject to Change**
A limited number of discounted sleeping rooms have been reserved at the following hotels below. To make your hotel reservation, please call:

**Housing Manager, Denise Newman**  
Phone: 718.835.4911  
email: dnew229@aol.com  

**NYLO New York City**  
2178 Broadway at 77th Street, New York, NY  
www.nylohotels.com/nyc  
Rate: 6/14 $319; 6/15 $329; 6/16 $249; 6/17 $229  

**Courtyard New York Manhattan/Upper East Side**  
410 East 92nd St., NY, NY, 10128  
www.marriott.com  
Rate: $289++ per night

**Registration Fee:**  
(includes continental breakfasts, breaks, lunch and electronic syllabus)

| Registration Fee | Onsite  
|------------------|--------  
| Physicians       | $700 $750  
| Residents, Nurses, Allied Health Professionals, Physician Assistants | $600 $650  
| MSHS Health Professionals | $600 $650  
| MSHS Resident, Fellows and Medical Students | $75 $125

**Online Registration:**  
www.icahn.mssm.edu/cme/courses

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**CHALLENGES IN INTERNAL MEDICINE**  
**JUNE 15-17, 2016**  
Register early, space is limited

| Physicians | $700 | $750  
| Residents, Nurses, Allied Health Professionals, Physician Assistants | $600 | $650  
| MSHS Health Professionals | $600 | $650  
| MSHS Resident, Fellows and Medical Students | $75 | $125

**TWO WAYS TO REGISTER:**

- Online at  
  www.icahn.mssm.edu/cme/courses

- Mail this form with your check to:  
  Icahn School of Medicine at Mount Sinai  
  The Page and William Black  
  Post-Graduate School  
  One Gustave L. Levy Place, Box 1193  
  New York, NY 10029-6574

Enclosed is my check for $________  
payable to: The Page and William Black  
Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax.  
Please visit  
www.icahn.mssm.edu/cme/courses  
to register and pay by credit card.

**For Onsite Registration Only**

- Bill my credit card $________  
  □ VISA □ M/C □ AE

  Credit Card #

  _______ Exp Date__________

  Cardholder’s Name (please print)

  ____________________________  

  Signature

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For conference information, please call the Office of CME office at 212-731-7950 or cme@mssm.edu