

DIVISION OF CARDIOVASCULAR MEDICINE
31ST ANNUAL SYMPOSIUM

Cardiovascular Disease: State of the Art 2023

June 17 – 20, 2023



Photo courtesy of Sherif Labib, M.D.

Ocean Edge Conference Center
Brewster, Massachusetts
Cape Cod

Beth Israel Lahey Health 
Lahey Hospital & Medical Center

31ST ANNUAL

LAHEY CLINIC SYMPOSIUM

Cardiovascular Disease: State of the Art 2023

June 17 – 20, 2023

Course Directors: Sherif B. Labib, M.D. and David M. Venesy, M.D.

PROGRAM OVERVIEW

This program is designed to assist physicians and advance practitioners in caring for patients with both common and complex cardiovascular problems, with emphasis on practical incorporation of the most recent advances into clinical practice.

PROGRAM OBJECTIVES

The following address the ACGME/ABMS “Medical Knowledge” and “Compassionate, Appropriate & Effective Patient Care”

Competencies: Upon completion of this program, attendees should be able to better evaluate and manage: congestive heart failure; devices used in heart failure; new treatments for heart failure; cardiomyopathies; acute and chronic coronary artery disease syndromes; antiplatelet therapies for CAD; hypertrophic cardiomyopathy; COVID and cardiac drug interactions; cardiovascular genetic testing; valvular heart disease; trans-catheter valve replacement/repair; atrial fibrillation; arrhythmias; novel anticoagulants; advanced treatments for DVT & PE; hypertension update; lipid medication update; women and heart disease; preventive cardiology; interesting cardiac imaging cases; interesting ECG cases; and recent trials and their impact on clinical practice.

WHO SHOULD ATTEND

The course is intended for cardiologists, generalists, and all primary care providers/practitioners seeking an update in cardiovascular diagnostic and therapeutic strategies.

FORMAT

State of the art lectures, panel discussions, and focused workshops utilizing illustrative cases.

ACCREDITATION

Lahey Clinic Hospital, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Lahey Clinic Hospital, Inc. designates this live activity for a maximum of 15.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) – MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



AMERICAN ASSOCIATION OF NURSE PRACTITIONERS™

This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 15.50 contact hours of accredited education.

SATURDAY, JUNE 17, 2023

12:00 pm **Registration**
Carriage House

1:00 **Welcome and Introduction**
David M. Venesy, M.D.

HEART FAILURE SESSION I

Moderator: David M. Venesy, M.D.

1:10 **2023 Update in Heart Failure: State of the Art**
James E. Udelson, M.D.

1:50 **Questions**

2:00 **The EP Consult: Update in Device Therapy for Heart Failure Patients (CRT, ICD, CCM, OMG!)**
G. Muqtada Chaudhry, M.D.

2:35 **Questions**

2:45 **Evaluating Heart Failure Patients for Revascularization: Recommendations, Approaches, and New Data**
James E. Udelson, M.D.

3:15 **Questions**

3:25 **Break**

HEART FAILURE SESSION II

Moderator: David M. Venesy, M.D.

3:40 **How to Approach Cardiomyopathies: Three Infiltrative Cardiomyopathies Not to Miss**
Sachin P. Shah, M.D., M.B.A.

4:10 **Questions**

4:20 **Heart Failure in the Real World: Case Presentations**
David M. Venesy, M.D.

Panel Discussion:
G. Muqtada Chaudhry, M.D.
Philip Formica, M.D.,
Sachin P. Shah, M.D., M.B.A.
James E. Udelson, M.D.

5:00 **Adjourn**

6:00 **Welcome Reception**
Mansion Ocean Terrace

SUNDAY, JUNE 18, 2023

CORONARY ARTERY DISEASE

Moderator: Sherif B. Labib, M.D.

7:30 am **Continental Breakfast for Course Attendees**
Carriage House

8:00 **What's New in the Cath Lab in ACS? (Culprit Only, New Stents, New Diagnostics, Mechanical Support, etc.)**
Frederic S. Resnic, M.D., M.Sc.

8:35 **Questions**

8:45 **DAPT for CAD in 2023: Which Regimen? How Long? Special Scenarios?**
Sunil V. Rao, M.D.

9:20 **Questions**

9:30 **Real World CAD Case Presentations**
Christopher T. Pyne, M.D.

Panel Discussion:
Darryl D. Esakof, M.D.
Sunil V. Rao, M.D.
Frederic S. Resnic, M.D., M.Sc.

10:20 **Break**

MISCELLANEOUS

Moderator: Arjun R. Majithia, M.D.

10:35 **Hypertrophic Cardiomyopathy in 2023: State of the Art Review**
Martin S. Maron, M.D.

11:15 **Questions**

11:25 **COVID and the Heart: Simplifying Important Drug-Drug Interactions**
Saurabh S. Dani, M.D., M.Sc.

12:05 pm **Questions**

12:15 **Genetics and Cardiovascular Disease: When to Consider Genetic Testing for Your Patients**
Usman A. Tahir, M.D., M.B.I.

12:55 **Questions**

1:00 **Adjourn**

MONDAY, JUNE 19, 2023

CARDIAC ARRHYTHMIAS

Moderator: Bruce G. Hook, M.D.

- 7:30 am **Continental Breakfast for Course Attendees**
Carriage House
- 8:00 **How to Approach Atrial Fibrillation in 2023**
Jonathan S. Silver, M.D.
- 8:35 **Questions**
- 8:45 **Pacemakers for Non-Electrophysiologists: The Basics and Recent Advances (Leadless, Physiologic Pacing, and more)**
Matthew R. Reynolds, M.D., M.Sc.
- 9:10 **Questions**
- 9:20 **Interesting Arrhythmia Cases: The Insider's Approach to Common Conundrums (including Watchman, Sub-clinical AF, and more)**
Bruce G. Hook, M.D.
- Panel Discussion:**
Guy Kulbak, M.D.
Matthew R. Reynolds, M.D., M.Sc.
Jonathan S. Silver, M.D.

9:55 **Break**

VALVULAR HEART DISEASE & VASCULAR MEDICINE

Moderator: Thomas C. Piemonte, M.D.

- 10:10 **New Developments in DVT & Pulmonary Embolism: Evaluation, Prevention, & Management**
Samuel Z. Goldhaber, M.D.
- 10:45 **Questions**
- 10:55 **Highlights of the Current Guidelines on Valve Disease. Focus on AS and MR**
Sherif B. Labib, M.D.
- 11:25 **Questions**
- 11:35 **Percutaneous Valvular Interventions: The Cath Lab Can Do That Now Too?**
Gautam Gadey, M.D.

12:05 pm **Questions**

12:15– **WORKSHOPS**

1:00 *(Feel free to bring your own interesting cases.)*

- Arrhythmia and ECG Workshop**
Guy Kulbak, M.D.
- Interesting Congenital Echocardiograms for the Non-Congenital Specialist: What Not to Miss**
Danya L. Dinwoodey, M.D.
- 1:00 **Adjourn**

TUESDAY, JUNE 20, 2023

PREVENTIVE CARDIOLOGY & MISCELLANEOUS

Moderator: Sidney Alexander, M.D.

- 7:30 am **Continental Breakfast for Course Attendees**
Carriage House
- 8:00 **Hypertension Update: Which Medications? What Targets? Is there a Role for Renal Denervation?**
Michael S. Levy, M.D., M.P.H.
- 8:35 **Questions**
- 8:40 **2023 Update in Lipid Management: Bempedoic Acid, PCSK-9 Inhibitors, Inclisiran. So Many New Options for Your Patients!**
Jason R. Grossman, M.D.
- 9:15 **Questions**
- 9:20 **Matters of the Heart: What to Know about Women's Heart Health**
Lee Joseph, M.D., M.S.
- 9:50 **Questions**
- 9:55 **Cardio-Oncology: When Success Can Lead to Failure**
Sarju B. Ganatra, M.D.
- 10:25 **Questions**
- 10:30 **Adjourn**

Registration

CARDIOVASCULAR DISEASE: STATE OF THE ART 2023

JUNE 17 - 20, 2023

REGISTER ONLINE: <https://cmetracker.net/LAHEY/Catalog>

PAYMENT BY CHECK:

Must be in U.S. funds payable to Lahey Clinic Hospital, Inc.

Registration Fees: Physicians \$750
 Residents/Fellows/Advanced Practitioners \$595

Please print legibly or type to ensure accurate registration.

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SPECIAL NEEDS:

Please check if you have any special assistance needs or dietary restrictions.
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Continuing Medical Education
41 Mall Road, Burlington, MA 01805
or Fax to: 781-744-2930

*Confirmation will be sent via email upon receipt of registration.
There will be a \$50 cancellation fee for all registration cancellations.*

LAHEY HOSPITAL & MEDICAL CENTER FACULTY

Sidney Alexander, M.D.

Chairman Emeritus
Division of Cardiovascular Medicine

G. Muqtada Chaudhry, M.D.

Vice Chair, Cardiovascular Medicine
(Academic Affairs)
Director, Cardiovascular
Fellowship Program
Director, Cardiac Electrophysiology
Laboratories
Professor of Medicine
Tufts University School of Medicine

Saurabh S. Dani, M.D., M.Sc.

Associate Director, Cardiovascular
Fellowship Program
Assistant Professor of Medicine
Tufts University School of Medicine

Danya L. Dinwoodey, M.D.

Assistant Clinical Professor
of Medicine
Tufts University School of Medicine

Darryl D. Esakof, M.D.

Director, Cardiovascular Informatics
Associate Professor of Medicine
Tufts University School of Medicine

Gautam Gadey, M.D.

Director, Cardiac Catheterization
Laboratories
Section of Interventional Cardiology
Division of Cardiovascular Medicine

Sarju B. Ganatra, M.D.

Vice Chair, Department of Medicine
(Research)
Director, Cardio-Oncology Program
Assistant Professor of Medicine
Tufts University School of Medicine

Jason R. Grossman, M.D.

Director, Lipid Clinic
Assistant Clinical Professor
of Medicine
Tufts University School of Medicine

Philip Formica, M.D.

Assistant Clinical Professor
of Medicine
Tufts University School of Medicine

Bruce G. Hook, M.D.

Director, Cardiac Arrhythmia
Service
Assistant Clinical Professor
of Medicine
Tufts University School of Medicine

Lee Joseph, M.D., M.S.

Demoulas Chair for Women's Health
Director, Women's Heart Center
Assistant Professor of Medicine
Tufts University School of Medicine

Guy Kulbak, M.D.

Assistant Clinical Professor
of Medicine
Tufts University School of Medicine

Sherif B. Labib, M.D.

Director, Echocardiography
Laboratory
Associate Professor of Medicine
Tufts University School of Medicine

Michael S. Levy, M.D., M.P.H.

Director, Vascular Medicine
Director, Interventional Cardiology
Fellowship Program
Assistant Professor of Medicine
Tufts University School of Medicine

Arjun R. Majithia, M.D.

Section of Interventional Cardiology
Division of Cardiovascular Medicine

Martin S. Maron, M.D.

Director, Hypertrophic
Cardiomyopathy Center at Lahey
Assistant Professor of Medicine
Tufts University School of Medicine

Thomas C. Piemonte, M.D.

Director, Structural Heart Disease
Program
Associate Clinical Professor
of Medicine
Tufts University School of Medicine

Christopher T. Pyne, M.D.

Division of Cardiovascular Medicine
Lahey Hospital & Medical Center
Lahey Cardiology at the Medical
Center, Nashua, NH

Frederic S. Resnic, M.D., M.Sc.

Chairman, Division of
Cardiovascular Medicine
Co-Director, Comparative
Effectiveness Research Institute
Professor of Medicine
Tufts University School of Medicine

Matthew R. Reynolds, M.D., M.Sc.

Director, Economics and Quality of
Life Research Center
Baim Institute for Clinical Research
Professor of Medicine
Tufts University School of Medicine

Sachin P. Shah, M.D., M.B.A.

Vice Chair, Cardiovascular Medicine
(Inpatient Services)
Director, Cardiac Care Unit
Assistant Professor of Medicine
Tufts University School of Medicine

Jonathan S. Silver, M.D.

Director, Electrophysiology
Fellowship Program
Associate Professor of Medicine
Tufts University School of Medicine

David M. Venesy, M.D.

Director, Advanced Heart Failure
and Cardiomyopathy Program
Assistant Professor of Medicine
Tufts University School of Medicine

GUEST FACULTY

Samuel Z. Goldhaber, M.D.

Associate Chief and
Clinical Director, Division of
Cardiovascular Medicine
Director, Thrombosis
Research Group
Brigham and Women's Hospital
Heart & Vascular Center
Professor of Medicine
Harvard Medical School
Boston, Massachusetts

Sunil V. Rao, M.D.

President of the Society for
Cardiovascular Angiography &
Interventions (SCAI)
Director, Cardiac Catheterization
Laboratory, Tisch Hospital
Director, Interventional Cardiology,
NYU Langone Health
Professor of Medicine
NYU Grossman School
of Medicine
New York, New York

Usman A. Tahir, M.D., M.B.I.

Director, Center for
Cardiovascular Genetics
Co-Director, Hypertrophic
Cardiomyopathy Center
Beth Israel Deaconess
Medical Center
Instructor in Medicine
Harvard Medical School
Boston, Massachusetts

James E. Udelson, M.D.

Chief, Division of Cardiology
Director, Nuclear Cardiology
Laboratory
Tufts Medical Center
Professor of Medicine
and Radiology
Tufts University School of Medicine
Boston, Massachusetts



Sherif B. Labib, M.D.
Director, Echocardiography Laboratory
Associate Professor of Medicine
Tufts University School of Medicine



David M. Venesy, M.D.
Director, Advanced Heart Failure
and Cardiomyopathy Program
Assistant Professor of Medicine
Tufts University School of Medicine

ACKNOWLEDGEMENT

Appropriate acknowledgement will be given in conference materials distributed at registration for all commercial support of this activity.

TRAVEL & HOTEL ACCOMMODATIONS

Ocean Edge Conference Center is located on Cape Cod in Brewster, Massachusetts. It is a one and one-half to two-hour drive from Boston or a 12-mile drive from the Barnstable Municipal Airport (Hyannis), which has daily air service from New York and Boston.

In addition to being an excellent conference facility, Ocean Edge offers multiple recreational activities, including a championship golf course, tennis courts, swimming pools, exercise rooms, and biking and jogging trails.

A block of rooms has been reserved at a special rate for registrants attending this seminar. The block includes hotel rooms on the Mansion (ocean) side of the property, and villas on the (Villages) golf course side of the property. To reserve a room in this block, you must indicate that you are registered for the Lahey Hospital & Medical Center Cardiology Conference.

Reservations and deposit must be made prior to May 17th, directly with Ocean Edge. After May 17th, reservations will be made on a space available basis. Registrants may call Ocean Edge for for reservations at 1-774-323-6191; or via email at reservations@oceanedge.com.

DIRECTIONS TO OCEAN EDGE RESORT

Pick-up Route 6 (Mid-Cape Highway) at the end of the Sagamore Bridge. Follow Route 6 to the Brewster/Harwich Exit, #10. Turn left onto Route 124 and follow to the intersection of Route 6A (approximately 10 minutes). From this point, it is 1.8 miles to Ocean Edge Resort & Golf Club. Address: 2907 Main Street (Route 6A), Brewster, MA.

COURSE INFORMATION

<https://cmetracker.net/LAHEY/Catalog>

Lahey Hospital & Medical Center
Continuing Medical Education
41 Mall Road, Burlington, MA 01805
EMAIL: Kim.E.Scroxton@lahey.org
PHONE: 781-744-8056
FAX: 781-744-2930

Lahey Hospital & Medical Center
Educational Seminars
41 Mall Road
Burlington, MA 01805

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