48th Annual
USC Diagnostic & Therapeutic
Skills in Internal Medicine

March 23-26, 2020
Grand Wailea
3850 Wailea Alanui Drive
Maui, Hawaii 96753

Presented by:
USC Department of Medicine &
USC Office of Continuing Medical Education

EARN:
Up to 21.25 AMA PRA Category 1 Credits™
Plus ABIM MOC and AAFP Credits

Keck School of Medicine of USC
**COURSE DESCRIPTION**

The 48th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine course is designed especially for internists, family physicians, generalist physicians and allied health professionals who care for adults. This four-day course provides participants with a series of interactive lectures by USC faculty experts spanning a wide array of contemporary and important topics for primary care practitioners and special, more intimate, roundtables in which participants engage our faculty experts with questions arising from their own practices.

Lecture presenters use an anonymous electronic audience response system to promote active learning among participants and to enable group reflections on case studies and challenging clinical questions in real time. Participants will be able to attain new and practical knowledge for integration into their clinical practices to improve patient care and patient outcomes.

**TARGET AUDIENCE**

This course is intended for practicing internists, family medicine physicians, generalist physicians and allied health personnel who care for adults and who seek to enhance their understanding of internal medicine and available treatment options to optimize the management of their patients.

**PROGRAM**

**Monday, March 23, 2020**

6:00 am  Registration and Breakfast

6:40 am  Welcome  
Ron Ben-Ari, MD

6:45 am  Peace of Mind: Managing Mental Health in Primary Care  
Ron Ben-Ari, MD

7:20 am  10-out-of-10?! Palliative and Chronic Pain Management  
Carin van Zyl, MD

8:00 am  Updates in Cancer Screening: Why it Increasingly Seems that Less is More  
Michael Hoehman, MD, MPH

8:40 am  Geriatric Health Screening: Update 2020  
Diana C. Homeier, MD

9:20 am  Break

9:35 am  Practical Pulmonary Function Testing for the Front-Line Clinician  
Richard Castriotta, MD

10:15 am  Abnormal Vaginal Bleeding and Other Menstrual Disorders  
Laila A. Al-Marayati, MD

10:55 am  Using Insulin in Type 2 Diabetes  
Trevor Angell, MD

11:35 am  Atrial Fibrillation: Update 2020  
Vivian Y. M., MD

12:15 pm  Adjourn

**Tuesday, March 24, 2020**

6:15 am  Registration and Breakfast

6:45 am  Obesity-Hyperventilation Syndrome: Update 2020  
Richard Castriotta, MD

7:20 am  Contraception: Update 2020  
Laila A. Al-Marayati, MD

8:00 am  Five New Studies Every Doctor Should Know  
Michael Hoehman, MD, MPH

8:40 am  Cardiovascular Consequences of Sleep-Disordered Breathing  
Richard Castriotta, MD

9:20 am  Break

9:35 am  Dementia: Office-Based Screening and Treatment  
Diana C. Homeier, MD

10:15 am  Screening for Cancer of the Female Reproductive Tract  
Laila A. Al-Marayati, MD

10:55 am  An Evidence-Based Approach to Lowering Cardiovascular Risk in Diabetes  
Michael Hoehman, MD, MPH

11:35 am  What’s Going on Here? Delirium in 2020  
Diana C. Homeier, MD

12:15 pm  Adjourn
<table>
<thead>
<tr>
<th>Time</th>
<th>Wednesday, March 25, 2020</th>
<th>Thursday, March 26, 2020</th>
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<tbody>
<tr>
<td>6:15 am</td>
<td>Registration and Breakfast</td>
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<tr>
<td>6:45 am</td>
<td>Option 1: Meet the Professor</td>
<td>Option 1: Meet the Professor</td>
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<td></td>
<td>Laila A. Al-Marayati, MD</td>
<td>Michael Hochman, MD, MPH</td>
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<td>6:45 am</td>
<td>Option 2: Meet the Professor</td>
<td>Option 2: Meet the Professor</td>
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<td>Diana C. Honeker, MD</td>
<td>Vivian Y. Mo, MD</td>
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<td>6:45 am</td>
<td>Option 3: Meet the Professor</td>
<td>Echocardiography for the</td>
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<td>Richard Castriotta, MD</td>
<td>Primary Care Physician</td>
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<td>7:20 am</td>
<td>Stress Testing: Indications and Common Questions</td>
<td>Vivian Y. Mo, MD</td>
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<td>8:00 am</td>
<td>Interstitial Lung Disease: ABCs of ILD</td>
<td>Osteoporosis and Fracture</td>
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<td>Prevention: Update 2020</td>
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<td>8:40 am</td>
<td>Menopause: Approaches to Management in 2020</td>
<td>Trevor Angell, MD</td>
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<td>9:20 am</td>
<td>Break</td>
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<tr>
<td>9:35 am</td>
<td>Recognizing and Responding to Elder and Dependent Adult Abuse</td>
<td>Option 1: Meet the Professor</td>
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<td>Diana C. Honeker, MD</td>
<td>Trevor Angell, MD</td>
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<tr>
<td>10:15 am</td>
<td>Heart Failure and the Primary Care Physician: Current Treatment and Advanced Therapies</td>
<td>Option 2: Meet the Professor</td>
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<td>Vivian Y. Mo, MD</td>
<td>Carin van Zyl, MD</td>
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<tr>
<td>10:55 am</td>
<td>Use of Diabetes Technology in the Clinic</td>
<td>The Smoke Clears: CBD and</td>
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<td>Trevor Angell, MD</td>
<td>Medical Marijuana in 2020</td>
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<tr>
<td>11:35 am</td>
<td>Easing the Way: Non-Pain Symptom Management in the Terminally Ill</td>
<td>Endocrinology and Aging:</td>
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<td>Carin van Zyl, MD</td>
<td>Update 2020</td>
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<tr>
<td>12:15 pm</td>
<td>Adjourn</td>
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COURSE FACULTY

Ron Ben-Ari, MD, FACP
Course Director
Associate Professor of Clinical Medicine
Associate Dean, CME
Associate Dean, Curriculum
General Medicine,
USC Department of Medicine

Laila A. Al-Marayati, MD, FACOG
Assistant Professor of Clinical Obstetrics and Gynecology
Chief, Division of Obstetrics,
Gynecology and Gynecologic Sub-specialties
USC Department of Obstetrics and Gynecology

Trevor Angell, MD
Assistant Professor of Clinical Medicine
Associate Medical Director,
Thyroid Center
Endocrinology and Diabetes,
USC Department of Medicine

Richard Castriotta, MD, FCCP, FAASM
Professor of Clinical Medicine
Pulmonary, Critical Care and Sleep Medicine,
USC Department of Medicine

Michael Hochman, MD, MPH
Associate Professor of Clinical Medicine
Director, Gehr Center for Health Systems, Science & Innovation
General Medicine,
USC Department of Medicine

Diana C. Homeier, MD
Associate Professor of Clinical Family Medicine and Internal Medicine
Keck School of Medicine of USC
Medical Director,
LAC+USC Geriatric and Adult Protection Team
Director, Los Angeles County Elder Abuse Forensic Center

Vivian Y. Mo, MD, FACC
Associate Professor of Clinical Medicine
Cardiovascular Medicine
CMO, USC Care
USC Department of Medicine

Carin van Zyl, MD, FACEP
Associate Professor of Clinical Medicine
Director, Adult and Pediatric Palliative Care
LAC+USC
Palliative Medicine,
USC Department of Medicine

COURSE OBJECTIVES

At the conclusion of the program the participant should be able to:

• Adapt current guidelines and evaluation strategies to diagnose and treat common issues in cardiovascular medicine.

• Interpret diagnostic tests and determine treatment approaches for pulmonary and sleep medicine problems in primary care.

• Address gynecologic and women’s health issues in primary care.

• Apply the latest evidence in the management of diabetes mellitus and osteoporosis and other common problems in endocrinology.

• Construct effective interventions for pain and non-pain symptoms and address issues related to physician assisted death.

• Use the latest evidence to screen for common cancers.

• Provide evidence-based screening, address cognitive changes and respond effectively to abuse in the elderly and other dependent adults.
REGISTRATION INFORMATION

Conference Location
Grand Wailea, 3850 Wailea Alanui Drive, Maui, Hawaii 96753

Tuition
Early-bird registration closes March 2, 2020 at noon PST.
$1099 Physician
$999 Allied Health Professional
$45 Optional printed syllabus. Must be pre-ordered and paid by 3/2/20.

Registration fees after March 2, 2020, noon PST (phone or fax only).
$1149 Physician
$1049 Allied Health Professional

Note:
Daily conference breakfast is only available for paid, registered, conference attendees and is not available for companions, family members or friends of conference attendees.

Currency
All registration payments must be in U.S. currency.

Register for Course
Mail completed registration form and check payment to:
USC Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, California, 90033
Make check payable to “USC Office of CME.”
Online: www.usc.edu/cme, go to “About CME,” go to “Quick Links,” go to Conference Calendar
Phone: (323) 442-2555 or TOLL-Free: 1 (800) USC-1119
Email: usccme@usc.edu
Fax: 1(888) 665-8650
On Site: Haleakala Room at the Grand Wailea

Accreditation Statement
The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 21.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 21.25 ABIM MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

AAFP Credit Designation
This Live activity, 48th Annual USC Diagnostic and Therapeutic Skills in Internal Medicine, with a beginning date of 03/23/2020, has been reviewed and is acceptable for up to 21.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
TRAVEL ARRANGEMENTS

The Grand Wailea is one of the world’s most famous resorts. Set on 40 oceanfront acres at upscale Wailea Beach, Maui, the Grand Wailea features extensive pools and stunning architecture, the outstanding Spa Grande, popular Wailea Shops, numerous restaurants on property and in close proximity, and golf at Wailea’s championship courses.

TRAVEL

Main travel dates: Arrival Saturday, March 21st, and check-out Friday, March 27th. Rooms may be reserved at the group rate three days before and after these dates, subject to availability. For complete travel information please visit www.uscdiagnostic.com.

For flight assistance, please contact University Travel. Service fees apply.

Please note: Booking travel arrangements does not mean you are registered for the course. Register for the course online at www.usc.edu/cme or submit the registration form as directed.

University Travel contact information:
Phone: (800) 821-5094, extension 212 or (818) 563-6113
Email: uscdiagnostic@unitrav.com
Web: www.uscdiagnostic.com
University Travel CST registration #1015591-40

HOTEL

USC Diagnostic Conference Room Rates

The following discounted room rates are available only for USC course registrants and companions:

Room tax of 14.42% added at check-out.

Grand Wailea

Run of House, Garden/Terrace View: $349
Ocean View: $409
Deluxe Ocean View: $429

Included exclusives for USC group rate: Reduced rate resort fee of $15 daily, reduced valet parking (if required) of $25 nightly. Other mandatory fees are porterage of $13.50 per person and $3 per room per day housekeeping gratuity. Additional tipping for these services is not necessary. Resort fee includes services such as Wi-Fi, yoga classes, beach cruiser bikes, etc.

For complete terms, visit www.uscdiagnostic.com. Rates are for one or two persons per room. Children under 18 stay free in the same room when using existing bedding (maximum occupancy is 4 per room). Additional adults are $50 per night plus tax.

Room Reservations

Rooms may be booked online at www.uscdiagnostic.com.
If you prefer to make room reservations by telephone, call (800) 888-6100 or (808) 875-1234 and identify the group as “Keck School of Medicine USC Diagnostics” at the Grand Wailea.

Deposits and Cancellations

A two-night deposit (room rate and tax) is required at the time of booking. The deposit is fully refundable until 30 days prior to arrival. Cancellations made after that time are subject to loss of deposit.

RENTAL CAR RESERVATIONS

Please visit www.uscdiagnostic.com for online reservations and specially discounted car rental rates for conference attendees. Maui’s Kahului Airport (OGG) is about 30 minutes by car to the Grand Wailea.
REGISTRATION FORM

48th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine
at the Grand Wailea, Maui, Hawaii on March 23-26, 2020

Name__________________________
Degree__________________________ Medical License Number__________________
Telephone Number________________ Fax__________________________
Address__________________________________________________________________________
City___________________________ State___________________________
Zip Code________________________ Speciality______________________________
Email Address*__________________________
Institutional Affiliation______________________________________________________

* Correspondence and confirmations are sent by email.
* Course syllabus distributed via email prior to the program.

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METHOD OF PAYMENT
No cash accepted. Receipt will be emailed once the charge goes through.
☐ Credit Card (American Express, Mastercard or Visa) ☐ Check (Payable to USC)
Credit Card Number ____________________________
Expiration Date ____________________________ Security code ____________________________
Authorized Signature ____________________________ Amount $ __________________

CANCELLATION POLICY
Registration cancellations must be received by the USC Office of CME (fax or email) by
March 2, 2020, at noon PST, for a refund of tuition to be issued. A $50 cancellation fee
will be applied. USC will not refund any travel costs incurred.
In the event of course cancellation by conference organizers, all registration fees will be
fully refunded. USC will not refund any travel costs incurred.
Keck School of Medicine of USC
Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033

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