About the Course

Use evidence-based medicine to explore the complexities of Endocuff™-assisted colonoscopy and convective radiofrequency (RF) water vapor thermal therapy for the prostate!

Evidence-based medicine (EBM) is at the heart of Kaiser Permanente Washington’s quality improvement initiatives. While we believe EBM supports quality care, it is often difficult to translate EBM theory into practice at the point of care. This course will provide a practical approach to understanding how evidence-based medicine can support your decision making for patient care through the powerful integration of clinical expertise, patient values, and the best quality research. The program will include hands-on workshops where attendees can learn from their colleagues.

Course Objectives

At the end of the conference, attendees will be able to:

- Demonstrate a practical application of evidence-based medicine principles when exploring a single topic, like gout.
- Formulate an answerable clinical question.
- Select the appropriate study design for the question asked.
- Identify key domains of grading the evidence.
- Critically appraise a published study and assess its internal and external validity.
- Judge whether to incorporate a study’s findings into their own clinical practice.
- Improve their efficiency in searching for evidence in the medical literature.
- Utilize basic principles of EBM in shared decision-making discussions with patients.

Target Audience

KPWA current and potential guideline and Medical Technology Assessment Committee team members, primary care quality champions, emerging leaders who have and/or will champion the principles of evidence-based medicine, and clinical staff interested in honing their EBM skills.

Agenda

7:30 – 8:00 a.m. Refreshments

8:00 – 8:15 Welcome and Introduction – David K. McCulloch, MD, FACP

8:15 – 8:45 Quality Fellowship Evidence-Based Project
  – Katie Paul, MD, MPH

8:45 – 9:30 Evidence-Based Medicine: A Primer
  – Avra Cohen, MN, RN; John Dunn, MD, MPH

9:30 – 10:00 Clinical Question Formulation and Critical Appraisal of Published Literature
  – Nadia Salama, MD, PhD, MPH

10:00 – 10:15 Grading the Evidence – Saïd Adjao, MD, MPH

10:15 – 10:30 Calculating and Communicating ASCVD Risk
  – Katie Paul, MD, MPH

10:30 – 10:45 Break

10:45 – 12:00 Prostate Vaporization! Small-group discussions of a randomized controlled trial
  – Moderator: David K. McCulloch, MD, FACP; Facilitators: All faculty

12:00 – 12:45 Lunch

12:45 – 1:15 Resources for Evidence-Based Knowledge Support
  – Julia Paulsen, MA, MLIS

1:15 – 2:30 Colon Spiders! Small group discussions of a meta-analysis
  – Moderator: Angie Sparks, MD; Facilitators: All faculty

2:30 – 3:15 How to Talk to Patients About Evidence
  – Katie Paul, MD, MPH

3:15 – 3:30 Break

3:30 – 4:15 The Weight Loss Medication Story
  – John Dunn, MD, MPH; David K. McCulloch, MD, FACP; Angie Sparks, MD

4:15 – 4:30 Q&A and Wrap-up

4:30 p.m. Evaluation and Adjournment
Faculty and Planning Committee

Saïd Adjao, MD, MPH
Clinical Epidemiologist
Clinical Knowledge Development & Support
Kaiser Permanente Washington

Avra Cohen, RN, MN
Guideline Coordinator
Clinical Knowledge Development & Support
Kaiser Permanente Washington

John Dunn, MD, MPH
Medical Director, Preventive Care
Pediatrics, Northshore Medical Center
Washington Permanente Medical Group

Dave McCulloch, MD, FACP
Medical Director, Clinical Improvement
Diabetologist
Washington Permanente Medical Group

Katie Paul, MD, MPH
Family Medicine, Capitol Hill Clinic
Washington Permanente Medical Group
Faculty, Family Medicine Residency,
Kaiser Permanente Washington

Julia Paulsen, MA, MLIS
Medical Librarian
Clinical Knowledge Development
& Support
Kaiser Permanente Washington

Nadia Salama, MD, PhD, MPH
Clinical Epidemiologist
Clinical Knowledge Development & Support
Kaiser Permanente Washington

Angie Sparks, MD
Medical Director
Clinical Knowledge Development & Support
Family Medicine, Burien Medical Center
Washington Permanente Medical Group

Maria Cárdenas-Anson (planning)
Manager
Clinical Knowledge Development & Support
Kaiser Permanente Washington

Katie Paul, MD, MPH
Family Medicine, Capitol Hill Clinic
Washington Permanente Medical Group
Faculty, Family Medicine Residency,
Kaiser Permanente Washington

Practicing Evidence-Based Medicine

Thursday, September 26, 2019 - Kaiser Permanente Renton Administrative Campus, Tukwila, Wash.

Registration, Accreditation and Disclosure

Tuition includes all educational sessions, electronic course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours provided by the CME office.

Kaiser Foundation Health Plan of Washington is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Kaiser Foundation Health Plan of Washington-designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. This activity meets the criteria for up to 7.25 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Individuals listed above have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

For upcoming events visit https://cmetracker.net/GHC/Catalog

For more information contact
Maria Cárdenas-Anson
E-mail: maria.e.cardenasanson@kp.org, Phone: 206-326-2084
Group Health CME, 201 16th Ave. E, CWB-3, Seattle Wash 98112

Location
Kaiser Permanente Renton Admin. Campus
2715 Naches Ave. SW, Renton WA. 98057
Rainier Building, Rm. 111/115

Tuition: $150

Click Here to Register