About the Course
This course is designed to address the wide range of allergy and asthma conditions commonly seen in primary care. Attendees will receive clinical updates and useful management strategies for management of commonly seen conditions. Course content will be clinically oriented, informal, and interactive, with illustrative case presentations and opportunities for questions and comments.

Target Audience
Primary Care physicians, advanced practice nurses, physician assistants, and members of the health care team who seek to advance their knowledge in this area.

Course Objectives
At the end of the conference, attendees will be able to:
- Evaluate and diagnose asthma.
- Cite strategies for asthma management, care planning and newest technologies.
- Develop an initial treatment plan for patients with acute or chronic urticaria.
- Describe current best-practices on allergy immunotherapy.
- List the important aspects of the history required for evaluating patients with adverse reactions to foods, as well as the use and interpretation of skin testing and laboratory testing in the evaluation.
- Recall the differences between sinusitis, migraines, and other associated conditions.
- Apply clinical pearls regarding allergy and asthma into daily practice.

Agenda
a.m.
8:00 – 8:15 Introduction – Mark La Shell, MD
8:15 – 9:15 Asthma: Evaluation and Diagnosis – Mark La Shell, MD
9:15 – 10:15 Asthma Management, Planning, and Gadgets – Mark Tucker, MD
10:15 – 10:30 Break
10:30 – 11:15 Hives: What Every Primary Care Physician Should Know – Manujendra Ray, MD
11:15 – 12:00 Immunotherapy: Mechanisms, Indications, and Outcomes – William Butler, MD

p.m.
12:00 – 1:00 Lunch
1:00 – 1:45 Food Allergy – Albert Tsien, MD
1:45 – 2:45 Allergy Testing: does my patient need an allergy test? – Mark La Shell, MD
2:45 – 3:00 Break
3:00 – 3:45 Sinus and Sinus Headache: Allergy, ENT, and Neurological Perspectives – Tim Scearce, MD
3:45 – 4:30 Clinical Pearls: Questions and Answers from the Allergy and Asthma Program Team
4:30 Adjournment
Faculty

**William Butler, MD**
Allergy, Capitol Hill Campus Seattle
Washington Permanente Medical Group

**Manujendra Ray, MD**
Allergy, Tacoma Medical Center
Washington Permanente Medical Group

**Tim Scearce, MD**
Neurology service Line Chief
Capitol Hill Campus Seattle
Washington Permanente Medical Group

**Mark La Shell, MD**
Program Chief, Allergy & Asthma
Allergist/Immunologist, Bellevue Medical Center
Washington Permanente Medical Group

**Mark Tucker, MD**
Allergy, Tacoma Medical Center
Washington Permanente Medical Group

**Albert Tsien, MD**
Allergy, Olympia Medical Center
Washington Permanente Medical Group

Planning Committee

- **Maria Cárdenas-Anson,** Mgr, Clinical Knowledge Development & Support
- **Mark La Shell, MD,** Allergy & Asthma
- **Christopher Scott,** Continuing Medical Education
- **Angie Sparks, MD,** Med. Dir., Clinical Knowledge Development & Support

Registration, Accreditation and Disclosure

Tuition includes all educational sessions, electronic course syllabus, and refreshments the day of the course. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours provided by the CME office.

Kaiser Foundation Health Plan of Washington is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Kaiser Foundation Health Plan of Washington designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)™.*

This activity meets the criteria for up to **6.75** hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Individuals listed above have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

Register online using our secure registration and payment site. If you prefer to pay over the phone, please call 206-326-3934

Tuition
- Medical Staff: $215
- Resident: $175
- Locum Tenens, ARNPs, Nursing, Others: $195

Location
Cedarbrook Lodge
18525 36th Ave. S, SeaTac Wash. 98188
Phone: 206-901-9268
Driving Directions and Map: http://www.cedarbrooklodge.com/maps_directions.php

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For upcoming events visit www.kpwacme.org/Catalog