About the Course
This course is designed to address the needs of KPWA physicians, APPs and nurses in taking care of older adults. It is applicable to care settings that encompass the outpatient world from the primary care clinic to programs caring for the functionally impaired adult with skilled needs in the home. Attendees will receive up to date clinical information along with treatment strategies for geriatric syndromes with a focus on care pathways for people with cognitive impairment.

Target Audience
Primary Care physicians, advanced practice nurses, physician assistants and members of the health care team who seek to advance their knowledge in this area.

Agenda

**a.m.**
8:00 – 8:15 Introduction - Andrea Grace, MD
8:15 – 9:00 20 Problems, 20 Meds, 20 Minutes: Like eggs in coffee – Amy Wilkerson, MD

This talk will give participants tools and confidence to help them approach a visit with a complex older adult patient. We will review strategies for agenda setting, discuss the ever-essential geriatric syndromes and throw in a few surprises of geriatric flair.

9:00 – 10:00 Evaluation of the Older Adult: Beyond Organizational Quality Measures – Emily Prazak, MD

Our health system follows HEDIS and 5-star measures of quality, but there are many aspects of care of older adults that are not measured. In this talk I will discuss evidence-based practical tools for identifying and addressing the Geriatric Syndromes not addressed by quality measures, including cognitive impairment, delirium, frailty, pressure ulcers and weight loss.

10:00 – 10:15 Break

10:15 – 11:00 Aging, Organ Systems and Application to Daily Practice – Claudette Krell, ARNP
11:00 – 12:00 The D Word – Andrea Grace, MD

NEWS FLASH! Or not. Physicians and APPs are just as fearful of dementia as are our patients (even if we don't admit it). We at KPWA underdiagnose dementia just as well as the next provider group. We shy away from the diagnosis, putting memory changes, cognitive impairment and other veiled symptoms on the Problem List without putting in the dementia diagnosis until patients are well into the functional impairment of moderate to severe stages. Reframing what we CAN do for dementia, rather than what we can't do, is necessary for us to give our patients and their other providers necessary information about their cognitive health so that we all may manage their care and lives until their dignified end. We'll discuss cases involving difficult discussions involving POLST, driving retirement and medication deprescription. Come join us!

**p.m.**
12:00 – 1:00 Lunch

1:00 – 2:00 Taking the Mystery out of Home Health – Robert Wilson, MD and Jessica Kehoe, MD

Increasingly more and more primary care providers are finding their practice constrained to the clinic setting and conducting home visits is a thing of the past. Healthcare has a variety of care options that are rendered in the home, yet knowing when and how to access these services can be challenging given the fractured nature of the healthcare system. Interestingly, more and more goods are delivered right to your door and services are conveniently received in the comfort of your home; yet healthcare has not kept up with the pace of change in other industries. We aim to clarify what are the current options for medical services in the home and how to access and choose between the options. Additionally, we will talk through some innovative models in home care delivery and how healthcare is starting to embrace its roots and once again and meet patients where they are at in the comfort and context of their home.

2:00 – 3:00 Life Care Planning – Matt Handley, MD

Life care planning is an exciting KP quality initiative coming to KPWA in 2019. Learn about the structured interviewing process by trained social workers that provides patients with guided planning for their medical care in the form of First Steps, Next Steps and Advanced Steps.

3:00 – 3:15 Break

3:15 – 4:30 Difficult Case Discussion, Bring Your Cases! Case Discussion with Panel of Experts – Facilitator: Angie Sparks, MD

4:30 pm Adjournment
Course Objectives
At the end of the conference, attendees will be able to:

• Approach a complex geriatric visit with tools to help the visit run smoothly.
• Evaluate patients for risks of Geriatric Syndromes such as incontinence, falls, osteoporosis, dementia etc., while following evidence-based recommendations for both prevention and treatment of common Geriatric Syndromes.
• Identify how normal changes of aging affects treatment plans.
• Recite the few key actions involved in making an accurate diagnosis of typical dementias and make a plan of action for the difficult issues that arise with management of dementia.
• Move cognitive impairment detection and diagnostic skills to earlier in the disease course and be more comfortable saying the “D Word”.
• Identify areas where there is need for further education and training to diagnose and manage dementia and its complications.
• Describe the current array of medical services available in the home key differences and how to choose the right service for your patient while identifying best practices for coordinating care with home care services.
• Describe emerging models of home care delivery and future opportunities.
• Integrate life care planning into usual patient care.
• Apply practical evidence-based strategies on how to care for older adults.
Geriatrics: Caring for the Older Adult • Friday, May 17, 2019

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Registration, Accreditation and Disclosure

Tuition includes all educational sessions, electronic course syllabus, and refreshments the day of the course. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours provided by the CME office.

Kaiser Foundation Health Plan of Washington is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

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This activity meets the criteria for up to 6.50 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Individuals listed above have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

Register online using our secure registration and payment site. If you prefer to pay over the phone, please call 206-326-3934.

Tuition

☐ Medical Staff: $215  ☐ Resident: $175
☐ Locum Tenens, ARNPs, Nursing, Others: $195

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Driving Directions and Map:

To receive a refund on tuition, Kaiser Permanente Continuing Medical Education must receive notification of your cancellation at least 7 days prior to the date of the activity. No tuition refunds will be issued for cancellations less than 7 days before an activity.