Practicing Evidence-Based Medicine: The Permanente revolution will be evidence-based!
Friday, September 29, 2017
Capitol Hill Campus, 6th Floor Sound View Room, Seattle Wash.

About the Course
Evidence-based medicine (EBM) is at the heart of Kaiser Permanente Washington's quality improvement initiatives. While we believe EBM supports quality care, it is often difficult to translate the theory of EBM into a practical application at the point of care. Attendees at this course will gain skills enabling them to critically evaluate the quality of a study and identify which studies are best for answering clinical questions, with direct implications for patient outcomes. This course will provide a practical approach to understanding how evidence-based medicine can support your decision making process for patient care through the powerful integration of clinical expertise, patient values, and the best quality research. The program will include hands-on workshops where attendees can learn from their colleagues.

Course Objectives
At the end of the conference, attendees will be able to:
- Define evidence-based medicine.
- Identify the five basic steps in an EBM process.
- Distinguish between the different types of study designs presented in the medical literature.
- Identify the key elements of critically appraising and assessing the validity of a study.
- Judge whether or not to incorporate a study's findings into their own clinical practice.
- Improve their efficiency in searching for medical evidence in the literature.
- Utilize basic principles of EBM in shared decision-making discussions with patients.

Target Audience
KPWA current and potential guideline and MTAC team members, primary care quality champions, emerging leaders who have and/or will champion the principles of evidence-based medicine, and clinical staff interested in honing their EBM skills.

Agenda
7:30 – 8:00 a.m. Refreshments
8:00 – 8:15 Welcome and Introduction
   ~ David K. McCulloch, MD, FRCP
8:15 – 8:45 The Peanut Allergy Story – Mark La Shell, MD
8:45 – 9:30 Evidence-Based Medicine: A Primer
   ~ Avra Cohen, RN, MN, John Dunn, MD, MPH
   ~ Nadia Salama, MD, PhD, MPH
10:15 – 10:30 Break
10:30 – 11:45 Small Group Discussion #1: Randomized Controlled Studies – Moderator: Katie Paul, MD, MPH; Facilitators: All faculty
11:45 – 12:15 Resources for Evidence-Based Knowledge Support
   ~ Julia Paulsen, MA, MLIS
12:15 – 1:00 p.m. Lunch
1:00 – 2:15 Small Group Discussion #2: Meta-Analysis
   ~ Moderator: John Dunn, MD; Facilitators: All faculty
2:15 – 3:00 How to Talk to Patients About Evidence
   ~ Katie Paul, MD, MPH
3:00 – 3:15 Break
3:15 – 4:15 Implementation (KPWA and KP National tools)
   ~ David K. McCulloch, MD, FRCP
4:15 – 4:30 Q&A and Wrap-up
Facility and Planning Committee

Maria Cardenas-Anson (planning only)
Manager, Clinical Knowledge Development & Support, Kaiser Permanente

Avra Cohen, RN, MN
Guideline Coordinator, Clinical Knowledge Development & Support, Kaiser Permanente

John Dunn, MD, MPH
Medical Director, Preventive Care; Pediatrics, Northshore Medical Center, Washington Permanente Medical Group

Mark La Shell, MD
Allergy & Asthma, Program Chief; Allergy & Immunology, Tacoma Specialty Center, Everett Medical Center, and Capitol Hill Specialty Center, Washington Permanente Medical Group

David K. McCulloch, MD, FRCP
Diabetologist and Medical Director of Clinical Improvement, Washington Permanente Medical Group; Clinical Professor of Medicine, University of Washington

Katie Paul, MD, MPH
Family Medicine, Capitol Hill Clinic, Washington Permanente Medical Group; Faculty, Family Medicine Residency, Kaiser Permanente

Julia Paulsen, MA, MLIS
Medical Librarian, Clinical Knowledge Development & Support, Kaiser Permanente

Nadia Salama, MD, PhD, MPH
Clinical Epidemiologist, Clinical Knowledge Development & Support, Kaiser Permanente

Angie Sparks, MD (planning only)
Medical Director, Clinical Knowledge Development & Support; Family Medicine, Burien Medical Center, Washington Permanente Medical Group

Registration, Accreditation and Disclosure

Tuition includes all educational sessions, electronic course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours provided by the CME office.

Kaiser Foundation Health Plan of Washington is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Kaiser Foundation Health Plan of Washington designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credit(s)**. This activity meets the criteria for up to **7.25** hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Individuals listed above have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

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Register online using our secure registration and payment site.
*If you prefer to pay over the phone, please call 206-326-2084 or 206-326-3934.*

**Tuition:** $100

**Location**
KPWA Capitol Hill Campus, Seattle Wash.
6th Floor Sound View Room
Driving Directions and Map

**For more information contact**
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For upcoming events visit https://cmetracker.net/GHC/Catalog