About the Course
The 21st century has brought an upswing in medical volunteering, personal travel, and patients who are always on the move. Expanding our perspectives and best practices in global health, medical tourism, and travel medicine can help us support our patients as they explore an ever more accessible yet complex world. This conference will address these contemporary health care issues and provide practical presentations on wilderness and travel medicine.

Target Audience
Physicians, advanced practice providers, Nursing, and clinical staff.
Program Agenda

Sunday, Mar. 5, 2017
2:30 – 3:00 p.m. Registration & Refreshment
3:00 – 5:30 Key Note Presentations
6:30 p.m. Family Dinner Reception

Monday, Mar. 6, 2017
A.M. Session
7:00 – 7:30 a.m. Refreshments and Registration
7:30 – 7:45 Introduction – Angie Sparks, MD
7:45 – 8:00 Tips for the Slopes: Ski Safety – Jessie Fudge, MD
8:00 – 8:45 The Medical Kit: Equipment and Resources – Wellesley Chapman, MD
8:45 – 9:30 Disaster Preparedness
9:30 a.m. Evaluation & Adjournment

P.M. Session
3:30 – 3:55 p.m. Refreshments and Registration
3:55 – 4:00 Introduction – Angie Sparks, MD
4:00 – 5:00 Preparing for Foreign Travel: Vaccines and Travel Medications – Robert L. Thompson, MD
5:00 – 6:00 Poisonous Plants and Mushrooms – G. Patrick Daubert, MD, FACMT
6:00 – 7:00 Winter Sport Injuries: Lessons from the Slopes – Jessie Fudge, MD
7:00 p.m. Evaluation & Adjournment

Tuesday, Mar. 7, 2017
2:30 – 3:00 p.m. Refreshments and Registration
3:00 – 3:15 Introduction – Angie Sparks, MD
3:15 – 4:15 Global Diseases – Robert L. Thompson, MD
4:15 – 5:15 High Altitude–Related Illness – Rosemary Agostini, MD
5:15 – 5:30 Break
5:30 – 6:30 Environmental Extremes: Cold Lessons from Antarctica – Jessie Fudge, MD
6:30 – 7:30 Forgot Your Pack? The MacGyver Approach to Trauma and Wound Care
– Wellesley Chapman, MD
7:30 p.m. Evaluation and Adjournment

Wednesday, Mar. 8, 2017
7:00 – 7:30 a.m. Refreshments and Registration
7:30 – 7:45 Introduction – Angie Sparks, MD
7:45 – 8:30 Environmental Extremes: Heat and Dehydration – Rosemary Agostini, MD
8:30 – 9:15 Case Presentations: Infections from Afar… What Did You Bring Home?
9:15 – 9:30 Break
– G. Patrick Daubert, MD, FACMT
10:15 – 11:15 Stories from the Field: Is There a Doctor in the Woods?
11:15 a.m. Evaluation and Adjournment
Objectives
At the end of this conference, participants will be able to:
• Outline the early assessment and field treatment of ski and other winter sports injuries/trauma.
• Prevent hypothermia, frostbite, and other cold injuries.
• Be comfortable teaching prevention techniques to patients.
• Become comfortable with the early treatment of hypothermia and frostbite.
• Determine the best course of management for an acute poisonous plant or mushroom exposure.
• Provide an appropriate disposition plan for the acutely envenomated patient.
• Identify signs and symptoms associated with severe snake envenomation.

Disclosure
Group Health Cooperative requires that all individuals participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty or planning member’s contribution to the program.

Individuals listed have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

Accreditation
Group Health Cooperative is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Group Health Cooperative designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credit(s)™.

This activity meets the criteria for up to 15.25 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Faculty
Rosemary Agostini, MD
Activity, Sports and Exercise Medicine
Bellevue Medical Center
Group Health Physicians

Wellesley Chapman, MD
Medical Director, Delivery System Innovation, Development & Business Services
Urgent Care, Capitol Hill Campus, Seattle
Group Health Physicians

G. Patrick Daubert, MD, FACMT
Regional Toxicology Service
Kaiser Permanente Northern California

Jessie Fudge, MD
Activity, Sports and Exercise Medicine
Everett Medical Center
Group Health Physicians

Angie Sparks, MD
Medical Director
Clinical Knowledge Development & Support
Family Medicine, Burien Medical Center
Group Health Physicians

Robert L. Thompson, MD
Infectious Disease, Bellevue Medical Center
Group Health Physicians

Planning Committee Members
Maria Cárdenas-Anson
Manager
Clinical Knowledge Development & Support
Group Health

David K. McCulloch, MD, FRCP
Diabetologist and Medical Director
Clinical Improvement
Group Health Physicians
Clinical Professor of Medicine
University of Washington

Christopher Scott
Continuing Medical Education Coordinator
Group Health

Angie Sparks, MD
Medical Director
Clinical Knowledge Development & Support
Family Medicine, Burien Medical Center
Group Health Physicians
**Lodging and Registration**

**Delta Hotels Whistler Village Suites**

A remarkable stay awaits you at the Delta Whistler Village Suites. Featuring tastefully appointed, spacious guest suites, an impressive range of four-star resources, and perfect placement at the base of Whistler Blackcomb, the Delta Whistler hotel can act as your home away from home while you explore the unparalleled natural beauty of Canada. The ski lifts are a 300-metre stroll or a shuttle ride from the door, and Whistler's shops, bars and restaurants are even closer. The all-suite accommodations showcase plush bedding, complimentary Wi-Fi, full kitchen, washer/dryer, a fireplace, and space to relax. Enjoy an indoor-outdoor connecting pool, multiple hot tubs, a fitness center, and exquisite on-site dining.

For information on document requirements for U.S. citizens traveling to Canada, please visit this website:

**Reservation Information**

1. The Delta Whistler Village Suites is pleased to offer the rate of $245/night for a one-bedroom suite (all rates CAD and subject to provincial and local taxes [currently 15%]).
2. Reservations made by calling the Delta Whistler Village Suites toll-free at 1-800-268-1133.
3. Group name: You must indicate our group name as Group Health CME and make your reservation no later than February 4, 2017 to receive these special group rates.
4. Reservation requests received after 5 p.m. PST on this cutoff date will be accepted on a space- and rate-available basis.
5. Availability: The above rate is available to attendees for three (3) days before the conference and three (3) days after the conference, subject to availability.
6. Parking rate of $30/night is not included in the room rate.

**Hotel Cancellation Policy**

1. A valid credit card must be provided at time of reservation.
2. Full room and tax is processed with the credit card on file 14 days prior to arrival.
3. Cancellation made between 0 and 13 days prior to arrival will incur a non-refundable charge for the full room and tax of your reservation. Cancellations made before 14 days prior to arrival will not incur a penalty.

**Group Health Cancellation Policy**

The Office of Continuing Medical Education must receive telephone or written notification of your cancellation at least 14 days before the first day of the course. A $35 processing fee will be deducted from refund requests received. Cancellation requests received within 14 days of a course will be given a partial refund equal to half of the tuition fee. No refunds will be issued following the beginning date of the course.

The CME Office exercises the right to conduct its courses based on meeting a minimum enrollment and reserves the right to cancel this course 30 days prior to the course date. If this course is cancelled, each registrant will be notified and given a full refund. Group Health Cooperative is not responsible for any travel costs incurred, including cancellation penalties.

**Wilderness and Travel Medicine**

Sunday, March 5 – Wednesday, March 8, 2017
Delta Hotels Whistler Village Suites • Whistler, British Columbia, Canada

Register online using our secure registration and payment site ➔

*If you prefer to pay over the phone, please call 206-326-2337*

**Tuition:**  
- Medical Staff: $625  
- Locum Tenens, ARNPs, Nursing, Resident and Others: $550

**For more information contact:**  
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Visit https://cmetracker.net/GHC/Catalog to view and register for upcoming activities.