Behavioral Health for Primary Care

Friday, September 23, 2016
Cedarbrook Lodge, Tukwila, WA

About the Course
The responsibility for providing mental health care is increasingly falling to primary care providers. Effectively addressing patient’s mental health issues in primary care can improve not only their emotional well-being, but also their broader health outcomes. This conference is designed to provide the primary care physician with tools to allow them to effectively address their patient’s mental health concerns within the structure of a patient centered medical home. Information will also be provided regarding the Behavioral Health Primary Care Integration initiative as well as additional resources to assist the primary care provider in addressing their patient’s psychiatric difficulties.

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Target Audience
Primary care clinicians and health care teams

Course Objectives
At the end of the conference, attendees will be able to:
• Outline the four care processes of behavioral health integration at Group Health.
• Respond to common patient questions regarding depression.
• Describe the process for suicide risk assessment in primary care.
• Summarize the online training program in suicide risk assessment for health care providers.
• Identify the common presentations of anxiety in primary care and discuss common treatment therapies.
• Recognize and apply the fundamental demeanor and behaviors of motivational interviewing.
• Describe best practice interventions for common mental health issues in late life.
• Cite evidence-based options for alcohol use disorders that can be offered in primary care.
• Explain how to address the spectrum of unhealthy alcohol use in primary care.
• Discuss evidence-based recommendations for psychopharmacologic interventions for alcohol and opioid use disorders.
• Describe effects of cannabis use on mental health.

Agenda

a.m.
7:45 – 8:00 Introductions – Ryan M. Caldeiro, MD
8:00 – 8:45 Behavioral Health Services Primary Care Integration – Ryan M. Caldeiro, MD
8:45 – 9:45 Depression – Gregory Simon, MD, MPH
9:45 – 10:00 Break
10:00 – 10:45 Suicide Risk Assessments – Bradley Steinfeld, PhD
10:45 – 11:45 Anxiety – Benjamin Balderson, PhD
11:45 – 12:45 Lunch

p.m.
12:45 – 2:00 Helping Patients to Change Behavior – Daniel O’Connell, PhD
2:00 – 2:45 Geriatric Care – Thomas Patamia, MD
2:45 – 3:00 Break
3:00 – 3:30 Alcohol Use Disorders – Katharine A. Bradley, MD, MPH
3:30 – 4:00 Opioid Use Disorders – Ryan M. Caldeiro, MD
4:00 – 4:45 Cannabis – Ryan M. Caldeiro, MD
4:45 Adjournment
Faculty & Planning Committee

Benjamin Balderson, PhD
Psychologist, Behavioral Health Services, Group Health Physicians
Research Associate, Group Health Research Institute

Katharine A. Bradley, MD, MPH
Internal Medicine, Group Health Physicians
Senior Investigator, Group Health Research Institute

Ryan M. Caldeiro, MD
Planning Committee
Chief, Chemical Dependency Services and Consultative Psychiatry
Group Health Physicians
Clinical Instructor of Psychiatry, University of Washington

Maria Cárdenas-Anson
Planning Committee
Manager, Clinical Knowledge Development & Support
Group Health Cooperative

Tory Gildred, LICSW, CDP
Planning Committee
Behavioral Health Integration Consultant & Social Work Manager
Group Health Cooperative

Daniel O'Connell, PhD
Consultant to the Institute for Healthcare Communication
Faculty, Foundation for Medical Excellence
Clinical Psychologist, University of Washington

Thomas Patania, MD
Adult and Geriatric Psychiatry
Operations Chief, Behavioral Health Services
Tacoma and Bremerton Behavioral Health Services
Group Health Physicians

Christopher Scott
Planning Committee
Continuing Medical Education Coordinator
Group Health Cooperative

Gregory Simon, MD, MPH
Psychiatry, Group Health Behavioral Health Services
Group Health Physicians
Investigator, Group Health Research Institute
Research Professor in Psychiatry and Behavioral Sciences
University of Washington

Julia Sokoloff, MD
Planning Committee
Family Medicine, Olympia Medical Center
Group Health Physicians

Bradley Steinfeld, PhD
Program Chair, Planning Committee
Psychology, Tacoma Behavioral Health Services
Group Health Physicians
Assistant Medical Director of Professional Services
Behavioral Health Support Services, Group Health Cooperative

Registration, Accreditation & Disclosure

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration.

To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours form provided by the CME office.

Group Health Cooperative is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Group Health Cooperative designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™.

This activity meets the criteria for up to 7.25 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Group Health Cooperative requires that all individuals participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty or planning member’s contribution to the program.

Individuals listed above have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.

Individuals listed below have provided the following disclosures of financial interest/arrangement or affiliation with one or more commercial interest. They agree that they will not promote any commercial products or services and they do not anticipate discussing any off-label uses of a product.

Novartis: Research grant regarding depression and suicidal ideation in arthritis.

Register online using our secure registration and payment site.

If you prefer to pay over the phone, please call 206-326-3934.

Tuition

- Medical Staff: $215
- Resident: $150
- Locum Tenens, ARNPs, Nursing, Others: $195

Location

Cedarbrook Lodge
18525 36th Ave. S, SeaTac Wash. 98188
Phone: 206-901-9268
Driving Directions and Map:

For more information contact

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For upcoming events visit https://cmetracker.net/GHC/Catalog