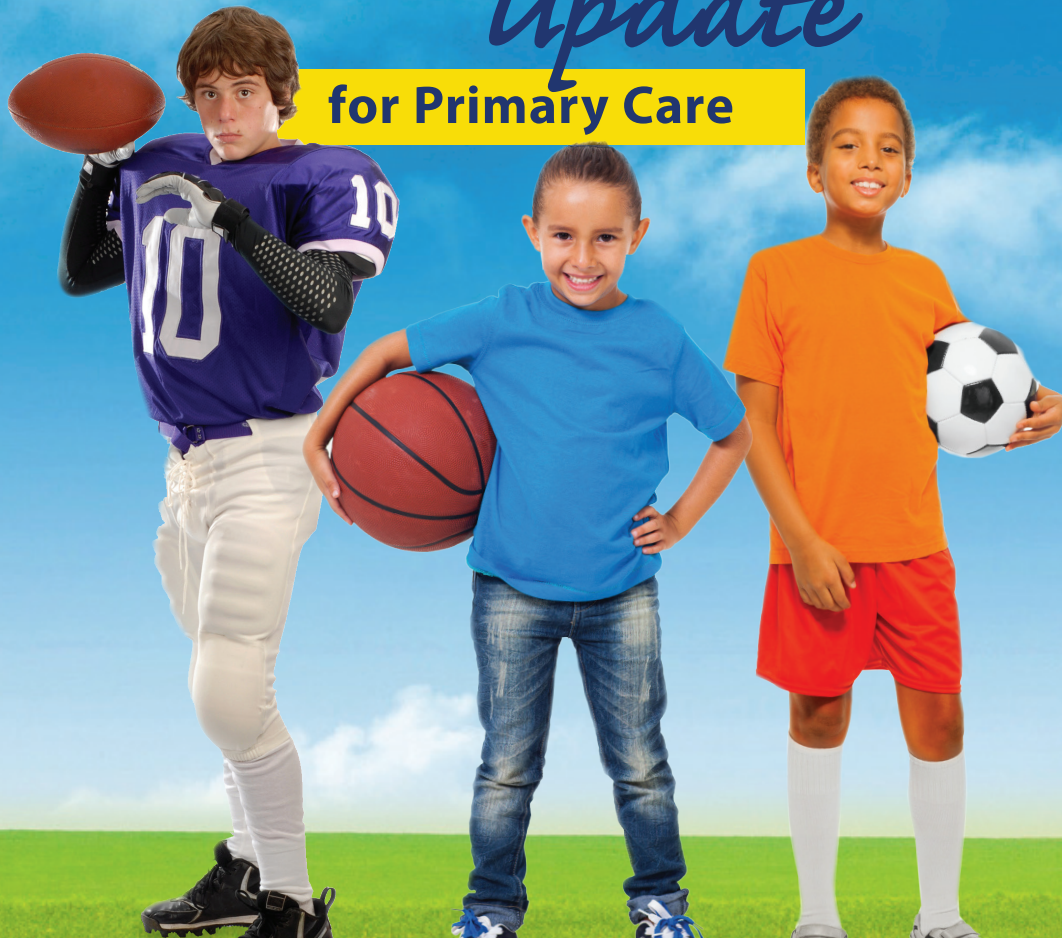


Register Now

18th Annual Donald W. Lewis Pediatric and Adolescent

Sports Medicine *Update*

for Primary Care



June 12, 2025

8 a.m. to 4 p.m.

Old Dominion University's Eastern Virginia Medical School Campus,
Lester Hall, 651 Colley Avenue, Norfolk, VA 23507

For more information, visit CHKD.org/CME or scan the QR code.



Presented by



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES
EVMS
Continuing Medical Education
at OLD DOMINION UNIVERSITY

In collaboration with

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Virginia Chapter



Purpose

The purpose of this educational activity is to provide the most up-to-date information and hands-on techniques for health care professionals taking care of young athletes. After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

This program has been designed to educate primary care pediatricians, family practitioners, internists, emergency medicine physicians, sports medicine specialists, pediatric orthopedic surgeons, pediatric medical specialists, physician assistants, nurse practitioners, physical therapists, certified athletic trainers and other interested health care providers.

Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the expert

Discounted Fees for VA-AAP, VATA, and VPTA Members

Registration is \$72 for VA-AAP members and \$62 for VATA and VPTA members if registered by **May 15, 2025**.

Continuing Medical Education

EVMS Pediatric Grand Rounds (8 a.m. – 9 a.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

18th Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care 2025 (9:05 a.m. – 4:00 p.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Continuing Education Credit

Children's Hospital of The King's Daughters (BOC AP#:P3720) is approved by the board of certification, Inc. to provide continuing education to athletic trainers (ATs). This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Special Services

If special arrangements are required for an individual with a disability, contact ODU-EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Cancellation Deadline

All cancellations must be made in writing to CME@EVMS.edu prior to **Friday, May 30, 2025** in order to receive a refund. No refunds will be given after this date or for "no shows". A \$25 administrative service charge will be assessed on ALL cancellations.



Conference Agenda

- 7:15 a.m. Registration**
- 8:00 a.m. EVMS Pediatric Grand Rounds: A Mental Health Game Plan for Athletes**
Stephen Paul, MD
- 9:05 a.m. Welcome/ Opening Comments**
Joel Brenner, MD, MPH
- 9:15 a.m. Special Diets and Athletes**
Sherry Pinneo, RD
- 9:45 a.m. Q & A**
- 9:55 a.m. How Baseball Shaped My Life**
Brandon Guyer
- 10:40 a.m. Break with Exhibitors**
- 10:55 a.m. Workshop 1**
- 12:00 p.m. Lunch and Panel – Youth Sports Medicine Dilemmas**
(Cases and Questions submitted by audience)
Moderator: Joel Brenner, MD, MPH
Panel: Stephen Paul, MD, Sherry Pinneo, RD, John Phillips, MD, Tyler Dalton, DPT, and Jon Williams, ATC
- 12:50 p.m. Workshop 2**
- 1:50 p.m. Project ADAM**
John Phillips, MD
- 2:20 p.m. Q & A**
- 2:25 p.m. Did This Really Walk Into My Office?**
David Smith, MD and Haley Powell, DO
- 3:05 p.m. Q & A**
- 3:10 p.m. Anne McKim Memorial Lecture: Dive Medicine**
Stephen Paul, MD
- 3:50 p.m. Q & A**
- 4:00 p.m. Closing Remarks/Adjourn**

Workshop 1

Environmental Medicine Quiz Show – Stephen Paul, MD

Practical Sports Nutrition Tips and Tools – Sherry Pinneo, RD

Lacrosse: Everything You Need to Know – Jon Williams, ATC and Tyler Dalton, DPT

Workshop 2

SCA/SCD: Lifesaving Information - John Phillips, MD

Practical Tips and Tools about Anxiety and Depression – Kevin Lou, PhD

Exertional Leg Pain – Micah Lamb, DO

Visiting Faculty

Stephen Paul, MD, MA, CAQSM, FAMSSM
Professor Family and Community Medicine
Physician Campus Health
Assistant Head Team Physician
The University of Arizona
Tucson, AZ

John Phillips, MD, FAAP
Professor of Pediatrics
Director of Pediatric Electrophysiology
Medical Director, CHoR Affiliate to
Project ADAM
Children's Hospital of Richmond at VCU
Richmond, VA

Brandon Guyer
Retired Major League Baseball Player
Founder/ Head Coach, Major League Mindset

CHKD/EVMS Faculty

Joel Brenner, MD, MPH, FAMSSM,
Course Director, Medical Director,
Sports Medicine Program, CHKD
Sports Medicine and Adolescent Medicine
Specialist, CSG/CHKD
Professor of Pediatrics, Macon & Joan Brock
Virginia Health Sciences at Old Dominion
University

Tyler Dalton, DPT, ATC
Sports Medicine Physical Therapist, CHKD

Micah Lamb, DO
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Macon & Joan
Brock Virginia Health Sciences at Old Dominion
University

Kevin Lou, PhD, CMPC
Resident in Counseling, Virginia
Mental Health Specialist, CHKD

Sherry Pinneo MS, RD, CSSD
Outpatient and Sports Dietitian, CHKD

Haley Powell, DO
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Macon & Joan
Brock Virginia Health Sciences at Old Dominion
University

David Smith, MD
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Macon & Joan
Brock Virginia Health Sciences at Old Dominion
University

Jon Williams, ATC, CSCS
Clinical Outreach Athletic Trainer Supervisor,
CHKD

Space is limited, so register early! Complete and mail this form or register online at EVMS.edu/CMEregistration.

18th Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care
June 12, 2025, 8 a.m. to 4 p.m.

Registration Information

Registration should be received by **June 9, 2025**. This fee includes conference materials, continental breakfast, and lunch. Registration will be confirmed by email.

☐ I have a dietary restriction. Please provide detail
(i.e., vegan, gluten free, food allergy, etc.)

Registration Fee (check one)

☐ \$89 Physician ☐ \$69 Other Professional ☐ \$50 Student

Member Discounts by May 15, 2025 (affiliations will be verified):

☐ \$72 VA-AAP Member (member # _____)
☐ \$62 VATA/VPTA Member (member # _____)
☐ \$62 CHKD Sports Medicine Employee

Name/Degree (Please print clearly or type) _____

Daytime phone _____

Fax _____

Organization _____

Address _____

City _____

State _____

Zip _____

Email _____

Please make your workshop selections by checking the choices below. Please mark both your first and second choice, respectively.

Workshop #1 - 10:55 a.m. _____ Environmental Medicine Quiz Show – Stephen Paul, MD
_____ Practical Sports Nutrition Tips and Tools – Sherry Pinneo, RD
_____ Lacrosse: Everything You Need to Know – Jon Williams, ATC and Tyler Dalton, DPT

Workshop #2 - 12:50 p.m. _____ SCA/SCD: Lifesaving Information - John Phillips, MD
_____ Practical Tips and Tools about Anxiety and Depression – Kevin Lou, PhD
_____ Exertional Leg Pain – Micah Lamb, DO

Registration Contact

ODU-EVMS CME

Phone: (757) 446-6140

E-mail: CME@ODU.edu

Register Online - pay by credit card

Register online at CHKD.org/CME or scan QR code.

Register by Mail - pay by check

Mail your completed form and check payable to ODU-CME to:

Macon & Joan Brock Virginia Health Sciences
EVMS at Old Dominion University
Continuing Medical Education
721 Fairfax Avenue
Andrews Hall, Suite 169
Norfolk VA 23507



Send this form with payment and
address questions concerning
registration to CME@ODU.edu or

CLICK HERE TO SUBMIT