



EVMS
Eastern Virginia Medical School

PRESENTED BY THE
Division of Endocrine and Metabolic Disorders
Eastern Virginia Medical School

TENTH
*Turning the tide
on diabetes 2024*

**UPDATES IN THE MANAGEMENT OF DIABETES,
OBESITY AND CARDIO-RENAL COMPLICATIONS**

SATURDAY, MAY 4, 2024

**- HYBRID EVENT -
(IN PERSON AND VIRTUAL)**

EVMS Lester Hall • 651 Colley Avenue, Norfolk, VA

5.75 AMA PRA Category 1 Credits™



INFORMATION

TARGET AUDIENCE

This program is designed for endocrinologists, diabetes and metabolism specialists, primary care providers, family medicine physicians, internists, hospitalists, physician assistants, nurse practitioners, nurses, dietitians, pharmacists, diabetes educators and other interested professionals who are looking for a comprehensive update in the management of diabetes and its complications.

ACCREDITATION STATEMENT

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

Eastern Virginia Medical School designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AMERICAN BOARD OF INTERNAL MEDICINE MAINTENANCE OF CERTIFICATION (MOC II)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

CANCELLATION POLICY

All cancellations must be made in writing prior to Friday, April 19, 2024 in order to receive a partial refund. No refunds will be given after this date. A \$25.00 administrative service charge will be assessed on all cancellations.

SPECIAL SERVICES

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of the disability, have equal access. If special arrangements are required to attend or view this conference, contact EVMS Continuing Medical Education at 757-446-6140.

ADDITIONAL INFORMATION

For more information please visit our website at www.evms.edu/cmeregistration, contact EVMS Continuing Medical Education at 757-446-6140 or email cme@evms.edu.

HOTEL ACCOMODATIONS

A block of rooms has been reserved at the Norfolk Waterside Marriott, 235 East Main Street, Norfolk, VA 23510 for Friday, May 3, 2024 at the group rate of \$169 per night plus taxes and fees. Please make reservations by calling 757-627-4200 and reference the EVMS Diabetes Conference. The group rate will be honored until Friday, April 12, 2024.

PURPOSE

The last several years have witnessed the introduction of newer diabetes medications, as well as expanded indications for established medications. GLP-1 agonists and SGLT-2 inhibitors have new indications for reducing cardiovascular events and congestive heart failure hospitalizations, improving renal outcomes, and reducing body weight.

In addition, precision medicine is evolving to allow a more individualized approach to the management of diabetes, with therapeutic options based on our better understanding of the pathogenesis of type 2 diabetes. Our program will address these new and emerging management approaches for individuals with diabetes.

LEARNING OBJECTIVES

- Recognize the effects of GLP-1 agonists, SGLT-2 inhibitors and non-steroidal mineralocorticoid antagonists on diabetes patients with cardiovascular disease, heart failure as well as chronic kidney disease.
- Explain emerging approaches to individualized management of diabetes using precision medicine.
- Select the most appropriate therapeutic strategies for managing both type 1 and type 2 diabetes - oral agents, injectable agents, insulins, insulin pump therapy and continuous glucose monitors.
- Apply the latest diagnostic and management strategies for co-morbidities and complications of diabetes including obesity & dyslipidemia.

SCHEDULE

6:30 am REGISTRATION OPENS

7:00 - **PRODUCT THEATER - (OPTIONAL - NOT FOR CME)**
7:40 am **Korlym Patient Journey: Case-based Presentation**
Hanford Yau, MD, Endocrinologist, Orlando Veterans Affairs Medical Center, Orlando, FL
Provided by Corcept Therapeutics
Breakfast provided

7:15 am CONTINENTAL BREAKFAST

7:45 am OPENING REMARKS
Elias S. Siraj, MD, Dr Med

GENERAL SESSION I

Moderators: *Elias S. Siraj, MD, Dr Med*
Amin Yehya, MD, MS

8:00 am **Cardiovascular Disease and Diabetes: The Multiple Effects of SGLT-2 Inhibitors and GLP-1 Agonists**
Mikhail Kosiborod, MD

8:40 am **Current Management Strategies for Diabetes Patients with Chronic Kidney Disease**
Amy K. Mottl, MD, MPH, FASN

9:20 am **Precision Medicine in the Diagnosis & Management of T2DM: Current Status and Future Prospects**
Louis H. Philipson, MD, PhD

PANEL DISCUSSION

Mikhail Kosiborod, MD; Amy K. Mottl, MD, MPH, FAS; and Louis H. Philipson, MD, PhD

10:20 am BREAK AND VISIT EXHIBITORS (Exhibitors are in-person only)

GENERAL SESSION II

Moderator: *Amin Yehya, MD, MS*

10:50 am **Updates in the Management of Obesity in Diabetes**
David C. Lieb, MD

11:20 am **Cardiovascular Risk Management in Diabetes**
Elias S. Siraj, MD, Dr Med

11:50 am **Lifestyle Management for Prediabetes, Diabetes and Obesity**
Jessica Edmonds, RD, CDCES

12:20 pm LUNCH AND VISIT EXHIBITORS (Exhibitors are in-person only)
OR

12:20 - **PRODUCT THEATER - (OPTIONAL - NOT FOR CME)**
1:20 pm **Recorlev (Levoketoconazole) for Cushing's Syndrome**
Elena A. Chrisofides, MD, FACE, Endocrinology Associates Columbus, OH
Provided by Xeris
Lunch provided

GENERAL SESSION III

Moderator: *Margaret Y. Baumgarten, MD*

1:20 pm **Monitoring of Diabetes Management: Self-Monitored Blood Glucose (SMBG), A1c and CGM with Focus on Practical Issues for the Primary Care**
Manasi Shah, MD

1:45 pm **How to Properly Use and Combine Oral Agents and GLP-1 Analogs**
Chinelo Okigbo, MD

2:10 pm **Practical Use of Various Types of Insulins and Forms of Insulin Delivery**
David C. Lieb, MD

2:35 pm **Case Scenarios for Discussion**
Facilitator: *Sami Tahhan, MD*
Panelists: *Manasi Shah, MD; Chinelo Okigbo, MD; and David C. Lieb, MD*

3:20 pm ADJOURN

FACULTY

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ELIAS S. SIRAJ, MD, DR MED, FACP, FACE

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Professor of Medicine
Chief, Division of Endocrine and Metabolic Disorders
Director, Strelitz Diabetes Center
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Training Program
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EVMS Endocrine & Metabolic Disorders

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Director, Mechanical Circulatory Support Program
Sentara Norfolk General Heart Hospital

PROGRAM COMMITTEE

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The University of Chicago
Chicago, IL

Former President for Science & Medicine of the American Diabetes Association

REGISTRATION TURNING THE TIDE ON DIABETES | MAY 4, 2024

NAME _____

DEGREE _____ SPECIALTY _____

SOCIAL SECURITY NUMBER (Last 4 digits only) _____

MAILING ADDRESS _____

CITY / STATE / ZIP _____

PHONE _____

E-MAIL ADDRESS (For Electronic Confirmation) _____

REGISTRATION FEE

- \$200.00 Physicians
- \$100.00 Advanced Practice Providers and Allied Health Professionals
- \$100.00 Non-EVMS Medical Residents / Fellows / Medical Students
- No charge EVMS Medical Residents / Fellows / Medical Students

I will be attending: _____ In-Person _____ Virtual

REGISTER ONLINE

Register online at www.evms.edu/cmeregistration. Credit card only.

REGISTER BY MAIL

Mail your completed form and check payable to EVMS-CME to:
EVMS-CME
721 Fairfax Ave, Suite 169
Norfolk, VA 23507

