# Movementmethod

A Neuroscience-Based Kinetic Approach to Cognition in Autism and Similar Neurodiversities

Friday, September 13, 2024 7:30am-4:45pm

**VIRTUAL AND IN-PERSON OPTIONS** 

Eastern Virginia Medical School
Waitzer Hall | 735 Fairfax Avenue | Norfolk, VA

PRESENTED BY













KEYNOTE SPEAKER
TEMPLE GRANDIN, PHD
Distinguished Professor of Animal Science
Colorado State University, Fort Collins, Colorado

### COURSE DIRECTOR

### MEGAN B. McGAVERN, DO, MS, FACP

Riverside Medical Group

Founder, Cole's Horse Autism Therapy Station (CHATS)

Yorktown, Virginia

### RUPERT ISAACSON

Founder of The Horse Boy Foundation

Author of *The Horse Boy* 

Autism Awareness Advocate

Austin, Texas

#### BIANCA RIMBACH, PHD

Colorado Springs, D49 Educator

Education and Equestrian Consultant

IB Certified Educator, Workshop Leader, and Site Visitor

Movement Method and ATHENA/ Horse Boy Trainer

Colorado Springs, Colorado

### ALYSSON R. MUOTRI, PHD

Professor

Director Archealization Center (ArchC)

Director Sanford Stem Cell Education and Integrated Space Stem Cell Orbital Research (ISSCOR) Center Director, Gene Therapy Initiative

Associate Director for the Center for Academic Research & Training in Anthropogeny (CARTA)

Dept. of Pediatrics & Cellular Molecular Medicine, UCSD School of Medicine, Rady Children's Hospital

Sanford Consortium La Jolla, California

### STEPHEN PETERS, PSYD, ABN NEUROSCIENTIST

Board Certified Clinical Neuropsychologist

Mancos, Colorado

### **CADE LANG**

Colorado Licensed Professional Teacher Movement Method Instructor Colorado Springs, Colorado

### **HENRICH BERKHOFF**

Dipl.lng. civil engineering studies at Münster University of Applied Sciences,

Candidate, Master of Arts Alanus University Bonn, for researching pedagogical, social and therapeutic processes – initiating educational impulses

Head of the advice district office for people with disabilities (EUTB)

Owner and manager of the Green Care Farm, certified organic farmer (experience educator)

Chairman and founder of the child protection association for the district in 2004

Member of the regional council of Münster and of the district of Warendorf

Chairman of the Board "Living Together, Learning Together" State Association of North Rhine-Westphalia

Chairman and founder of the "New Trails" nonprofit association in 2022

Münster, Germany

### **DAVID DOYLE**

Project Manager Liskenett Farm

Cork, Ireland

### ALEX NORTHOVER, PHD CANDIDATE

Director, Making Momentum CIC

Cheshire, England

### **ROWAN ISAACSON**

Special Guest Austin, Texas

# Information

### **CONFERENCE OVERVIEW**

1 in 36 children have autism. Over the years, the routine recommendations made by the physician have been Speech Therapy (ST), Occupational Therapy (OT), Applied Behavioral Analysis (ABA) and special education. Unfortunately, not all children respond/improve with these therapies. We present a validated method that has helped 100s of thousands of children on the spectrum academically, socially, physically and more. Our hope is that "movement method" is incorporated into daily practice recommendations made by pediatricians, developmentalists, neurologists and the like as an effective treatment modality for autism.

### TARGET AUDIENCE

This conference is designed for pediatricians, family medicine physicians, neurologists, psychiatrists, psychologists, nurses, occupational therapists, speech therapists, art therapists, special education teachers, social workers, other interested allied health professionals, and anyone who wishes to improve care to patients and families diagnosed with ASD.

### CONTINUING MEDICAL EDUCATION CREDIT ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Cole's Horse Autism Therapy Station and New Trails Learning System. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

### **CREDIT DESIGNATION**

Eastern Virginia Medical School designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



| 7:30am<br>8:00am | Registration/Light Breakfast/Visit Exhibitors<br>WELCOME/INTRODUCTION<br>Megan McGavern, DO, MS, FACP                | 12:50pm          | A Panel Discussion on Neurodivergent Discourse: A Chance to Explore Applications and Lessons from Movement Method MODERATOR Alex Northover, PhD Candidate BREAK  Joy, Resilience and Results – Oh my! Neuroscientific based learning through New Trails Movement Method. Unbelievable success in school systems to increase social- emotional health and academic scores |
|------------------|--|------------------|--|
| 8:15am           | <b>Never Give Up on Your Child:</b> How Movement Method got me where I am <i>Rowan Isaacson</i>                      | 1:30pm<br>1:45pm |  |
| 8:35am           | <b>Movement Method:</b> What it is, why it is and how it all began <i>Rupert Isaacson</i>                            |                  |  |
| 9:30am           | Great Minds Are Not All the Same<br>Keynote Speaker: Temple Grandin, PhD   | 2:35pm           | Bianca Rimbach, PhD and Cade Long  Movement Method – A game changer for German schools facing severe academic and behavioral challenges  |
| 10:30am          | BREAK  |                  | among mainstream students – Evidence based report on   |
| 10:45am          | A Human Model to Understand the Autistic Brain Alysson R. Muotri, PhD  |                  | how Movement Method can bring a school from multiple problems to success   |
| 11:30am          | Rewiring My Autistic Brain: Survival in the  |                  | Henrich Berkhoff   |
|                  | neurotypical world. Perspectives from a successful<br>neuropsychologist on the spectrum<br>Stephen Peters, PsyD, ABN | 3:30pm           | <b>Step In, Step Down, Step Out</b> – Movement Method at Liskennet Ireland – Severe Adult Autism: Getting results while keeping families together  |
| 12:30pm          | LUNCH  |                  | David Doyle  |
|                  |  | 4:30pm           | CLOSING REMARKS<br>Megan McGavern, DO, MS, FACP  |
|                  |  | 4:45pm           | ADJOURN  |

## Learning OBJECTIVES

### REGISTRATION



- Relate how nature, kinetic learning and teaching through the child's "obsessions" positively impact the patient.
- Define Movement Method and explain why it works.
- Relate the effects of Movement Method in the classroom on neurotypical children, as well as those on the spectrum.
- Explain how human models are being used to understand autism.
- Describe the positive effects of Movement Method on autistic children in countries around the world.

### **REGISTRATION FEES:**

In-person registration includes continental breakfast and lunch.

- ☐ Physicians: \$185.00 (in-person or virtual)
- ☐ Other Professionals: \$95.00 (in-person or virtual)
- ☐ Medical Students: \$35.00 (in-person or virtual)
- ☐ Parent/Caregiver of child(ren) with Autism: \$25 (in-person)
- ☐ Parent/Caregiver of child(ren) with Autism: \$FREE (virtual)
- ☐ Persons with Autism: \$25 (in-person)
- ☐ Persons with Autism: \$FREE (virtual)

### **CANCELLATION POLICY:**

Cancellations must be received by 5pm Eastern, Friday, August 30, 2024, to receive a partial refund. A 25% administrative fee will be retained on all cancellations. Refunds will not be given for cancellations received after this date or for no shows. Cancellations must be submitted in writing and may be emailed to CME@EVMS.edu.

#### REGISTER ONLINE:

Register online at Movement Method Conference or use the QR code above.