

REGISTER NOW

16<sup>th</sup> Annual Pediatric and Adolescent

# Sports Medicine *Update*

for Primary Care



**June 8, 2023**

8 a.m. to 4 p.m.

Eastern Virginia Medical School, Lester Hall  
651 Colley Avenue, Norfolk, VA

For more information, visit [CHKD.org/CME](http://CHKD.org/CME), or to register, visit [EVMS.edu/CMERegistration](http://EVMS.edu/CMERegistration).

Presented by



In collaboration with

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Virginia Chapter



## Purpose

The purpose of this educational activity is to provide the most up-to-date information and hands-on techniques for healthcare professionals taking care of young athletes. After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete, as well as apply hands-on techniques for treatment of sports injuries.

This program has been designed to educate primary care pediatricians, family practitioners, internists, emergency medicine physicians, sports medicine specialists, pediatric orthopedic surgeons, pediatric medical specialists, physician assistants, nurse practitioners, physical therapists, certified athletic trainers, and other interested healthcare providers.

## Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the expert

### Discounted Fees for VA-AAP and VATA Members

Registration is \$72 for VA-AAP members and \$62 for VATA members if registered by **May 11, 2023**.

## Continuing Medical Education

### EVMS Pediatric Grand Rounds (8 a.m. – 9 a.m.)

#### Accreditation Statement

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### 16<sup>th</sup> Annual Pediatric and Adolescent Sports Medicine Update for Primary Care 2023 (9:05 a.m. – 4:00 p.m.)

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children's Hospital of The King's Daughters (CHKD). Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Continuing Education Credit

Children's Hospital of The King's Daughters (BOC AP#:P3720) is approved by the board of certification, Inc. to provide continuing education to athletic trainers (ATs). This program is eligible for a maximum of 5 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

## American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6.75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## Special Services

If special arrangements are required for an individual with a disability, contact EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

## Cancellation Deadline

All cancellations must be made in writing to [CME@EVMS.edu](mailto:CME@EVMS.edu) prior to **Friday, May 26, 2023** in order to receive a refund. No refunds will be given after this date. A \$25 administrative service charge will be assessed on ALL cancellations. Refunds will not be given for cancellations received after this date or for "no shows".



## Conference Agenda

- 7:15 a.m. Registration**
- 8:00 a.m. Catastrophic Injury in Sports** –Shane Miller, MD
- 9:05 a.m. Welcome and Opening Comments** – Joel Brenner, MD
- 9:15 a.m. Hip Problems: A Surgical View** – Stephanie Pearce, MD
- 9:45 a.m. Q & A**
- 9:50 a.m. Hip Problems: A Medical View** –David Smith, MD
- 10:20 a.m. Q & A**
- 10:25 a.m. “Mindful Break”** – Joel Brenner, MD
- 10:35 a.m. Break with Exhibitors**
- 10:50 a.m. Workshop 1**
- 11:55 a.m. Lunch and Panel – Youth Sports Medicine Dilemmas**  
(Cases and Questions submitted by audience)  
Moderator: Joel Brenner, MD  
Panel: Shane Miller, MD; Ryan McCann, PhD; Chris Anninos, DPT; and Stephanie Pearce, MD
- 12:45 p.m. Workshop 2**
- 1:45 p.m. Sports Injury: The Mental Side of Recovery** – Rachel Turk, PsyD
- 2:25 p.m. Q & A**
- 2:30 p.m. Anne McKim Memorial Lecture: Bone Stress Injuries** – Shane Miller, MD
- 3:10 p.m. Q & A**
- 3:15 p.m. A Student-Athlete’s Perspective on Mental Wellness** – Amber Mackiewicz
- 3:55 p.m. Q & A**
- 4:00 p.m. Closing Remarks and Adjourn** – Joel Brenner, MD

### Workshop 1

Growth Plate Injuries – Shane Miller, MD

Baseball 2023 - What’s New in Rehab – Chris Anninos, DPT and Casey Powles,

DPT New Innovations in Sports Medicine – Micah Lamb, DO and John Knaul, ATC

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### Workshop 2

Mental Health First Aid – Thomas Henry, MD

Facial Injuries in Sports – E. Weston Santee, MD, DDS

Advanced Neuromuscular Rehabilitation for Lower Extremity Injuries – Ryan McCann, PhD

## Visiting Faculty

### Shane Miller, MD

Section Director of Medical Sports Medicine,  
Scottish Rite for Children  
Associate Professor of Orthopaedic Surgery and  
Pediatrics, UT Southwestern Medical Center  
Dallas, Texas

### Rachel Turk, PsyD, LCP

Staff Psychologist, Richmond Athletics  
Counseling and Psychological Services  
University of Richmond

### Amber Mackiewicz

Student, Bayside High School  
Virginia Beach

### Ryan McCann, PhD, ATC, CSCS

Assistant Professor  
School of Rehabilitation Sciences  
Old Dominion University

### Chris Anninos, DPT, SCS

Physical Therapist, Jordan Young Institute

## CHKD/EVMS Faculty

### Joel Brenner, MD, MPH, Course Director

Medical Director, Sports Medicine Program,  
CHKD

Sports Medicine and Adolescent Medicine  
Specialist, CSG/CHKD

Professor of Pediatrics, EVMS

### Thomas Henry, MD

Child and Adolescent Psychiatrist, CSG/CHKD

### John Knaul, ATC

Clinical Outreach Athletic Trainer, CHKD

### Micah Lamb, DO

Sports Medicine Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, EVMS

### Stephanie Pearce, MD

Pediatric Orthopedic Surgeon, CSSG/CHKD

### Casey Powles, DPT, CSCS

Sports Medicine Physical Therapist, CHKD

### E. Weston Santee, MD, DDS

Plastic and Oral Maxillofacial Surgeon, CSSG/CHKD

### David Smith, MD

Sports Medicine Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, EVMS

Space is limited, so register early! Complete and mail this form or register online at [EVMS.edu/CMEregistration](https://EVMS.edu/CMEregistration).

## 16<sup>th</sup> Annual Pediatric and Adolescent Sports Medicine Update for Primary Care

June 8, 2023, 8 a.m. to 4 p.m.

### Registration Information

Registration is \$89 for physicians and \$69 for other healthcare professionals and should be received by **June 5, 2023**. This fee includes conference materials, continental breakfast, coffee breaks, and lunch. Registration will be confirmed by email upon receipt of payment.

### Registration Fee (check one)

\$89 Physician       \$69 Other Professional       \$50 Student

### Member Discounts by May 11, 2023 (affiliations will be verified):

- \$72 VA-AAP Member (member # \_\_\_\_\_)  
 \$62 VATA Member (member # \_\_\_\_\_)  
 \$62 CHKD Sports Medicine Employee  
 I have a dietary restriction. *Please provide detail (i.e., vegan, gluten free, food allergy, etc.)*

### Registration Contact

EVMS Continuing Medical Education  
Phone: (757) 446-6140

Register online at [EVMS.edu/CMEregistration](https://EVMS.edu/CMEregistration), register by email below, or register by mail (include payment) at:

Eastern Virginia Medical School  
Continuing Medical Education  
Andrews Hall, Suite 169  
721 Fairfax Avenue  
Norfolk, VA 23507  
Phone: (757) 446-6140  
E-mail: [CME@EVMS.edu](mailto:CME@EVMS.edu)

Name/Degree (Please print clearly or type)

Daytime phone

Fax

Organization

Address

City

State

Zip

Email

Please make your workshop selections by checking the choices below. Please mark both your first and second choice, respectively.

Workshop #1 - 10:50 a.m.

- \_\_\_\_\_ Growth Plate Injuries  
\_\_\_\_\_ Baseball 2023: What's New in Rehab  
\_\_\_\_\_ New Innovations in Sports Medicine

Workshop #2 - 12:45 p.m.

- \_\_\_\_\_ Mental Health First Aid  
\_\_\_\_\_ Facial Injuries in Sports  
\_\_\_\_\_ Advanced Neuromuscular Rehabilitation in Lower Extremity Injuries

### Method of payment (please do not send cash)

Check (payable to EVMS-CME)

Credit Card:  Visa  MasterCard

Name on Card

Account Number

Exp. Date

SIC Code

Signature

Send this form with payment and address questions concerning registration to [CME@EVMS.edu](mailto:CME@EVMS.edu) or

[CLICK HERE TO SUBMIT](#)