

# 3<sup>rd</sup> National Congress on the Prevention of Diabetes and Its Complications

## PROGRAM AGENDA

*Emory University School of Medicine Building, Emory University Main Campus, Atlanta, GA*

**Friday, November 16, 2018**

<b>Friday, November 16, 2018</b>			
<b>TIME</b>	<b>EVENT</b>	<b>FACULTY</b>	<b>LOCATION</b>
2:00p -7:00p	<b>REGISTRATION</b>		1 <sup>st</sup> Floor Lobby
4:15 pm	<b>Welcome Address</b>	<i>Guillermo Umpierrez; Mahmoud Ibrahim</i>	Room 110
<b>4:30 – 6:30p</b>	<b>Opening Session</b>		<b>Room 110</b>
4:30 – 5:00	Diabetes Prevention Program: Overview of different organizations	<i>Guillermo Umpierrez</i>	
5:00 – 5:30	Lifestyle interventions	<i>George Guthrie</i>	
5:30 - 6:00	Anti-Diabetic Agents in Pre-Diabetes	<i>Peter Gaede</i>	
6:00 – 6:30	Genetics of Pre-diabetes	<i>Abraham Thomas</i>	
6:30 pm	<b>ADJOURN</b>		
<b>Saturday, November 17, 2018</b>			
<b>TIME</b>	<b>EVENT</b>	<b>FACULTY</b>	<b>LOCATION</b>
8:30 a – 4:00p	<b>REGISTRATION</b>		1 <sup>st</sup> Floor Lobby
8:30a – 9:00a	<b>CONTINENTAL BREAKFAST</b>		1 <sup>st</sup> Floor Lobby
<b>9:00a – 11:15a</b>	<b>Session &amp; Workshop</b>		
<b>Symposium 1 : CVD Prevention Trials Room 110</b>			
9:00	CV Outcome Trials I	<i>Peter Gaede</i>	
9:20	CV Outcome Trials II	<i>Darin Olson</i>	
9.:40	CV Outcome Trials III	<i>Abraham Thomas</i>	
10.00	Discussion		
10.15	<b>Workshop 1: The role of the Diabetes Educator in Diabetes Prevention</b>		
	<i>Amy Fischl</i>		
11:15 – 11.30	<b>BREAK</b>		

11:30a – 12:00	<b>State of the Art Lecture</b> Global Status of Prediabetes: A Consensus Statement 2018 <i>Mahmoud Ibrahim</i>	Room 110
12:00 – 2.00 pm	<b>Session &amp; Workshop</b>	
<b>Symposium 2: The Diversity of Pre-diabetes</b> <b>Room 110</b>		
12:00	Diabetes Prevention in Latino Americans <i>Ina Flores</i>	
12:15	Diabetes Prevention in Indian Americans <i>Luohua Jiang</i>	
12:30	Diabetes Prevention in African Americans <i>Jennifer Rooke</i>	
12:45	Discussion	
1:00	<b>Workshop 2: YMCA Diabetes Prevention Programs</b> <i>Linda Vaughn</i>	
2:00 – 2:30 pm	<b>LUNCH BREAK , Visit the Posters</b>	
2:30 – 4:30 pm	<b>Session &amp; Workshop</b>	
<b>Symposium 3: Topics in Diabetes Prevention</b> <b>Room 110</b>		
2:30	Vitamin D and Diabetes <i>Mary Rhee</i>	
2:45	Plant Based Diet <i>Jennifer Rooke</i>	
3:00	Diabetes and Cancer <i>Abraham Thomas</i>	
3.15	Discussion	
3.30	<b>Workshop 3: Prevention Diabetic Foot Lesions</b> <i>Olamide Alabi</i>	
4:30 pm	<b>ADJOURN</b>	
<b>Sunday, November 18, 2018</b>		
8:00 – 9:00	<b>CONTINENTAL BREAKFAST</b>	
9:00 – 11:15 am	<b>Session &amp; Workshop</b>	
<b>Symposium 4: Therapeutics and Diabetes Prevention: Current Evidence</b> <b>Room 110</b>		
9:00	Metformin <i>Mahmoud Ibrahim</i>	
9.15	GLP1 Agonists <i>Abraham Thomas</i>	
9.30	Anti-Obesity Drugs <i>Alexandra Migdal</i>	

9.45 SGLT2s <i>Peter Gaede</i>	
10:0 Discussion	
10.15 <b>Workshop 4: Establishing a Community-Based Prevention Program</b> <i>Patricia Thompson-Reid</i>	
11:15– 11.30	<b>BREAK</b>
11:30 – 1:00	<b>Workshop 5: Nutrition and Diabetes Prevention</b> Lucille Beseler
<b>Workshop 6: Diabetes and CVD: Tools for prevention</b> <i>Jefferson Baer</i>	
1:00	<b>ADJOURN</b>