

# CAMPBELL UNIVERSITY CPHS OPIOID EPIDEMIC SYMPOSIUM 2018



Registration Fee \$99 Reserve your space online at: <https://cmetracker.net/CAMPBELL/Catalog>  
Includes Breakfast, lunch 6 hours continuing education credit

September 8, 2018  
8:00am - 3:30pm

Hotel Ballast  
Wilmington, NC

Jointly Provided by  
Campbell University Community Pharmacy Institute  
Campbell University CPHS Office of Continuing Professional Education  
The Baggett Wellness Institute



# Symposium Description

As rates of opioid use and abuse continue to rise, healthcare providers are on the forefront of the battle. They should be equipped with the tools to aid patients in evidence-based use of opioid and non-opioid pain management strategies as well as identifying patients who may be struggling with addiction. This symposium will provide practitioners with the knowledge and skills necessary to effectively manage patient's pain while effectively minimizing risk to the patient. Participants will have active, case-based learning to apply their knowledge and skills to real life patient scenarios.

## Who Should Attend

The target audience includes, pharmacists, physicians, nurse practitioners, physician assistants, addiction counselors and other health care professionals with an interest in addiction and pain management.

## Objectives

Upon completion of this knowledge-based program the participant should be able to:

- ❖ Discuss the opioid crisis across the US and North Carolina
- ❖ List the benefits and risks of naloxone used in the treatment of opioid use disorder
- ❖ Demonstrate proper use of the available rescue naloxone devices
- ❖ Describe the Utilize skills in CBT when working with patients for pain management
- ❖ Describe the healthcare providers role in opioid crisis
- ❖ Create a list of community resources to use for patient referral
- ❖ Review management and appropriate risk stratification of patients on chronic opioid therapy
- ❖ Recommend appropriate opioid and benzodiazepine tapers



**CAMPBELL**  
UNIVERSITY

College of Pharmacy  
& Health Sciences

# Agenda

- 8:00 Registration / Breakfast
- 8:30 **Welcome/Opening Remarks** *TBA*
- 9:00 **Safe Opioid Prescribing** *E. Blake Fagan, MD*
- 10:30 Break
- 10:45 **Opioid Crisis Across North Carolina** *Andrew Muzyk, Pharm.D.*
- 12:15 Lunch
- 1:00 **Concurrent Roundtables**
- Cognitive Behavior Therapy for Pain Management**  
*Jason Vannoy, MA, LPC, LCAS*
- Tips and Tricks for Opioid and Benzo Tapers**  
*Sarah Eggers Russell, Pharm.D. and Abby Case, Pharm.D.*
- Utilization of Naloxone Rescue Devices**  
*Beth Mills, Pharm.D. and Katie Trotta, Pharm.D.*
- Compounding**  
*Wendy Hagwood, Pharm.D.*
- Non-Opioid Options for Management**  
*Kimberly Box, M.S.N., R.N., A.C.N.P.-B.C.*
- 3:30 Adjourn

# Faculty

## COMMITTEE MEMBERS/SPEAKERS

### **Elizabeth Mills, Pharm.D.**

Clinical Assistant Professor Pharmacy Practice  
Campbell University College of Pharmacy &  
Health Sciences  
Clinical Pharmacist  
Benson Area Medical Center  
Benson, North Carolina

### **Katie Trotta, Pharm.D.**

Campbell University, College of Pharmacy &  
Health Sciences  
Clinical Assistant Professor of Community  
Pharmacy Practice  
Pharmacy Manager, CU Health Center  
Pharmacy  
Director, Baggett Wellness Institute  
Buies Creek, NC

## GUEST FACULTY

### **Kimberly Box, M.S.N., R.N., A.C.N.P.-B.C.**

Integrated Pain Solutions  
Pinehurst, NC

### **Sarah Eggers Russell, PharmD**

PGY-1 Community Pharmacy Resident  
Campbell University College of Pharmacy & Health  
Sciences

### **E. Blake Fagan, MD**

Medical Director, OBOT program, MAHEC Division  
of Family Medicine  
Chief Education Officer, MAHEC  
Assistant Residency Director MAHEC Family  
Medicine Residency Program  
Assistant Medical Director, MAHEC Division of  
Family Medicine  
Professor, UNC-Chapel Hill SOM

### **Wendy Hagwood, PharmD**

Operations Manager  
Triangle Compounding Pharmacy  
Raleigh, NC

### **Andrew J. Muzyk, Pharm.D.**

Associate Professor  
Department of Pharmacy Practice  
Campbell University School of Pharmacy & Health  
Sciences  
Buies Creek, NC

### **Sarah Palacio, Pharm.D.**

Campbell University CPHS/Benson Area  
Medical Center  
PGY2 Ambulatory Care Resident

### **Jason T. Vannoy, MA, LPC, LCAS**

Lillington, NC

# Credit

## ACPE



Campbell University College of Pharmacy & Health Sciences is accredited by the Accreditation Council for pharmacy Education as a provider of continuing pharmacy education credit.

ACPE# 0088-0000-18-013-L01-P/0088-0000-18-013-L01-T is accredited for 6 contact hours of continuing pharmacy education credit. To receive CE credit, sign in at the registration desk upon arrival at the program and complete the online evaluation no later than 60 days of the program date. Participants must attend the entire session to receive CE credit. Statements of credit can be viewed and printed from CPE Monitor.

## AOA



A M E R I C A N  
O S T E O P A T H I C A S S O C I A T I O N

Campbell University School of Osteopathic Medicine (CUSOM) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. CUSOM designates this program for a maximum of 5.75 AOA Category 1-B credits

## AAPA



This program has been reviewed and is approved for a maximum of six hour of AAPA clinical

Category I (Preapproved) CME credit by the Physician Assistant Review Panel. Physician Assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

## Substance Abuse Professionals



This program is approved for up to 5.75 hours SS by the NC Substance Abuse Professional Practice Board. 18-112-S

## National Association of Social Workers - NC

This program is approved/endorsed by the National Association of Social Workers - NC Peer Review Board. Approval Number A-224-8222018



## Registration Information

Pre-registration is required to assure space in this program. Please register online by February 8, 2018

Registration Fee \$45 Includes Breakfast, lunch 6 hours continuing education credit

Online registration is available at <https://cmetracker.net/CAMPBELL/Catalog>

For further information, contact Samantha Clinton at 910-814-4784