

CAMPBELL UNIVERSITY CPHS OPIOID EPIDEMIC SYMPOSIUM 2018



Discount Registration Fee \$99 Reserve your space online at: <https://cmetracker.net/CAMPBELL/Catalog>
Includes Breakfast, lunch 6 hours continuing education credit

September 8, 2018
8:00am - 3:30pm

Hotel Ballast
Wilmington, NC

Jointly Provided by
Campbell University Community Pharmacy Institute
Campbell University CPHS Office of Continuing Professional Education
The Baggett Wellness Institute



Symposium Description

As rates of opioid use and abuse continue to rise, healthcare providers are on the forefront of the battle. They should be equipped with the tools to aid patients in evidence-based use of opioid and non-opioid pain management strategies as well as identifying patients who may be struggling with addiction. This symposium will provide practitioners with the knowledge and skills necessary to effectively manage patient's pain while effectively minimizing risk to the patient. Participants will have active, case-based learning to apply their knowledge and skills to real life patient scenarios.

Who Should Attend

The target audience includes, pharmacists, physicians, nurse practitioners, physician assistants, addiction counselors and other health care professionals with an interest in addiction and pain management.

Objectives

Upon completion of this knowledge-based program the participant should be able to:

- ❖ Discuss the opioid crisis across the US and North Carolina
- ❖ List the benefits and risks of naloxone used in the treatment of opioid use disorder
- ❖ Demonstrate proper use of the available rescue naloxone devices
- ❖ Describe the Utilize skills in CBT when working with patients for pain management
- ❖ Describe the healthcare providers role in opioid crisis
- ❖ Create a list of community resources to use for patient referral
- ❖ Review management and appropriate risk stratification of patients on chronic opioid therapy
- ❖ Recommend appropriate opioid and benzodiazepine tapers



Agenda

- 8:00 Registration / Breakfast
- 8:30 **Welcome/Opening Remarks** *TBA*
- 9:00 **Safe Opioid Prescribing** *E. Blake Fagan, MD*
- 10:30 Break
- 10:45 **Opioid Crisis Across North Carolina** *Andrew Muzyk, Pharm.D.*
- 12:15 Lunch
- 1:00 **Concurrent Roundtables**
- Cognitive Behavior Therapy for Pain Management**
Jason Vannoy, MA, LPC, LCAS
- Tips and Tricks for Opioid and Benzo Tapers**
Sarah Eggers Russell, Pharm.D. and Melissa Tittinger, Pharm.D.
- Utilization of Naloxone Rescue Devices**
Beth Mills, Pharm.D. and Katie Trotta, Pharm.D.
- Compounding**
Wendy Hagwood, Pharm.D.
- Non-Opioid Options for Management**
Kimberly Box, M.S.N., R.N., A.C.N.P.-B.C.
- 3:30 Adjourn

Faculty

COMMITTEE MEMBERS/SPEAKERS

Elizabeth Mills, Pharm.D.

Clinical Assistant Professor Pharmacy Practice
Campbell University College of Pharmacy
& Health Sciences
Clinical Pharmacist
Benson Area Medical Center
Benson, North Carolina

Katie Trotta, Pharm.D.

Campbell University, College of Pharmacy
& Health Sciences
Clinical Assistant Professor of Community
Pharmacy Practice
Pharmacy Manager, CU Health Center
Pharmacy
Director, Baggett Wellness Institute
Buies Creek, NC

GUEST FACULTY

Kimberly Box, M.S.N., R.N., A.C.N.P.-B.C.

Integrated Pain Solutions
Pinehurst, NC

Sarah Eggers Russell, PharmD

Benson Area Medical Center
Benson, NC

E. Blake Fagan, MD

Medical Director, OBOT program, MAHEC Division
of Family Medicine
Chief Education Officer, MAHEC
Assistant Residency Director MAHEC Family
Medicine Residency Program
Assistant Medical Director, MAHEC Division of
Family Medicine
Professor, UNC-Chapel Hill SOM

Wendy Hagwood, PharmD

Operations Manager
Triangle Compounding Pharmacy
Raleigh, NC

Andrew J. Muzyk, Pharm.D.

Associate Professor
Department of Pharmacy Practice
Campbell University School of Pharmacy
& Health Sciences
Buies Creek, NC

Melissa Tittinger, Pharm.D.

PGY-1 Community Pharmacy Resident
Campbell University College of Pharmacy
& Health Sciences

Jason T. Vannoy, MA, LPC, LCAS

Lillington, NC

Hotel

Wilmington's Favorite Waterfront Hotel

Bringing modern Southern hospitality to life through the lens of Wilmington's past and present, Hotel Ballast



is a fresh take on a beloved riverfront gem. The city's rich maritime history is felt throughout, balanced by new guest experiences, including dining at the riverfront Board and Barrel Coastal Kitchen, lingering over locally roasted coffee at Buffalo Bayou, and savoring stunning waterfront and skyline views from 272 newly upgraded guest rooms and suites. <https://www.hotelballast.com/> If you would like overnight accommodations, please contact Samantha Clinton clintons@campbell.edu.

Credit

ACPE



Campbell University College of Pharmacy & Health Sciences is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education credit.

ACPE# 0088-0000-18-013-L01-P/0088-0000-18-013-L01-T is accredited for 6 contact hours of continuing pharmacy education credit. To receive CE credit, sign in at the registration desk upon arrival at the program and complete the online evaluation no later than 60 days of the program date. Participants must attend the entire session to receive CE credit. Statements of credit can be viewed and printed from CPE Monitor.

AOA



A M E R I C A N
O S T E O P A T H I C A S S O C I A T I O N

Campbell University Jerry M. Wallace School of Osteopathic Medicine (CUSOM) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. CUSOM designates this program for 5.5 AOA Category 2-A credits and will report CME credits commensurate with the extent of the physician's participation in this activity.

AAPA



This program has been reviewed and is approved for a maximum of six hour of AAPA clinical Category I (Preapproved) CME credit by the Physician Assistant Review Panel. Physician Assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

Substance Abuse Professionals



This program is approved for up to 5.75 hours SS by the NC Substance Abuse Professional Practice Board. 18-112-S

Registration Information

Pre-registration is required to assure space in this program. Please register online by September 1, 2018. Registration Fee \$99 Includes Breakfast, lunch 6 hours continuing education credit.

Online registration is available at <https://cmetracker.net/CAMPBELL/Catalog>

For further information, contact Samantha Clinton at 910-814-4784