Update in Internal Medicine

Friday & Saturday, May 19-20, 2017
Allegheny General Hospital
Pittsburgh, Pennsylvania

SPONSORED BY
Department of Medicine
Allegheny General Hospital
Allegheny Health Network
Pittsburgh, Pennsylvania

Allegheny Health Network
Allegheny General Hospital
Conference Overview

The Department of Medicine at Allegheny Health Network is pleased to offer this exciting educational opportunity highlighting updates in Internal Medicine. This course will provide a review of the latest treatment strategies in the management of patients with COPD, hypertension, atrial fibrillation, C. diff, functional bowel disease, rheumatoid arthritis, vasculitis, crystal arthropathy, pneumonia, HIV, travel related illnesses, diabetes, thyroid nodules, osteoporosis, and a lecture on Care Transformation: The Future of Primary Care. A focused primary care update will focus on cancer screening, delirium and dementia, vaccination updates, opiate management, anxiety disorders and obesity. This course is intended for internists, family physicians, physician assistants, nurse practitioners, nurses, pharmacists, and other health care professionals who have responsibility for, or interest in, patient care.

At the conclusion of Update in Internal Medicine, participants should be able to:

- describe specific information frequently found in clinical practice and on the ABIM examination
- discuss diagnostic and therapeutic strategies for common conditions in clinical practice
- evaluate the evidence behind new guidelines and recommendations
Conference Co-Directors

Marc Itskowitz, MD, FACP
Associate Professor of Medicine
Temple University School of Medicine
Director, Didactic Education
Allegheny General Hospital
Director, Center for Perioperative Medicine
Allegheny Health Network

James J. Reilly, MD, FACP
Associate Professor of Medicine
Temple University School of Medicine
Vice Chairman, Department of Medicine
Allegheny Health Network

Faculty

William T. Ayoub, MD, FACP, FACR
Rheumatology
Allegheny Health Network

Nitin Bhanot, MD, MPH
Program Director, Infectious Disease Fellowship
Interim Division Director, Infectious Disease
Allegheny General Hospital
Allegheny Health Network

Ines Donangelo, MD PhD
Assistant Professor of Medicine,
Drexel University College of Medicine
Staff Endocrinologist,
Allegheny General Hospital
Health+Wellness Pavilion

Stuart Fisk, CRNP MSN
Director, Center for Inclusion Health
Principal Investigator, Ryan White Grant/Positive
Health Clinic
Department of Medicine
Allegheny Health Network

Darren A. Frank, MD
Assistant Professor, Orthopaedic Surgery
Temple University School of Medicine
Associate Director, Division of Sports Medicine
Head Orthopaedic Surgeon, Pittsburgh Pirates

Michael Grimes, MD
Endocrinology
Allegheny Health Network

Faculty (cont.)

Jennifer Holst, MD
Endocrinologist
Associate Medical Director, AHN centers for
Diabetes
Allegheny Health Network

A. Jack Kabazie, MD
Clinical Assistant Professor of Anesthesiology
Temple University School of Medicine
Program Director, Pain Medicine Fellowship
System Director, Division of Pain Medicine
Allegheny Health Network

Alicia Kaplan, MD
Assistant Professor of Psychiatry
Temple University School of Medicine
Department of Psychiatry Allegheny General
Hospital
Co director, GI Anxiety Disorders Center

Paul Lebovitz, MD
Vice Chair, Department of Medicine
Allegheny Health Network

Michael Lucke, MD
Staff Rheumatologist
Lupus Center of Excellence, Allegheny Health
Network
Director, West Penn Hospital Medical Short Stay
Unit

Stasia Miaskiewicz, MD
Chief, Division of Endocrinology,
Allegheny Health Network
Program Director, Endocrinology Fellowship
Clinical Professor of Medicine,
Temple University School of Medicine

Timothy Mickus MD
Clinical Assistant Professor of Radiology
Temple University School of Medicine
Allegheny Health Network

Marcia C. Mitre, MD, AGAF
Assistant Professor of Medicine,
Drexel University College of Medicine
Gastroenterology
Allegheny Center for Digestive Health

Sam D. Reynolds, MD
Chief Quality Officer
Allegheny Health Network
Faculty (cont.)

George Shaw, MD
Cardiac Electrophysiologist
Allegheny General Hospital

Anil Singh, MD
Assistant Program Director, Pulmonary Critical Care Fellowship
Allegheny Health Network

Benjamin Susco, MD
Clinical Cardiologist
Allegheny General Hospital
Allegheny Health Network

Jorge Vazquez, MD
Associate Professor of Medicine
Drexel University College of Medicine
Director, Medical Nutrition
Allegheny Center for Digestive Health

Thomas L. Walsh, MD
Assistant Professor of Medicine
Temple University School of Medicine
Medical Director, Antimicrobial Stewardship Program
Allegheny Health Network
Allegheny General Hospital
West Penn Hospital

Mary Chester M. Wasko, MD, MSc
Division Director, Rheumatology
West Penn Hospital
Allegheny Health Network

Lyn Weinberg, MD
Assistant Professor of Medicine
Temple University School of Medicine
Core Faculty Member, Division of Supportive Care and Geriatrics
Allegheny Health Network

Faculty Disclosure

As a provider accredited by ACCME, Allegheny General Hospital (Continuing Medical Education Department) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>7:15 am</td>
<td>Registration</td>
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<tr>
<td>8:00 am</td>
<td>Welcome</td>
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<tr>
<td>8:15 am</td>
<td>Cancer Screening</td>
<td></td>
<td>James Reilly, MD</td>
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<tr>
<td>8:45 am</td>
<td>Delirium and Dementia</td>
<td></td>
<td>Lyn Weinberg, MD</td>
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<tr>
<td>9:15 am</td>
<td>Vaccination</td>
<td></td>
<td>Marc Itskowitz, MD</td>
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<tr>
<td>9:45 am</td>
<td>Break/Exhibits</td>
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<tr>
<td>10:15 am</td>
<td>Management of Obesity</td>
<td></td>
<td>Jorge Vazquez, MD</td>
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<tr>
<td>10:45 am</td>
<td>Anxiety Disorders</td>
<td></td>
<td>Alicia Kaplan, MD</td>
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<tr>
<td>11:15 am</td>
<td>Opiate Management</td>
<td></td>
<td>Jack Kabazie, MD</td>
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<tr>
<td>11:45 am</td>
<td>Lunch/Exhibits</td>
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<tr>
<td>12:45 pm</td>
<td>Breakouts</td>
<td></td>
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<tr>
<td>1:45 pm</td>
<td>COPD</td>
<td></td>
<td>Anil Singh, MD</td>
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<tr>
<td>2:15 pm</td>
<td>Hypertension</td>
<td></td>
<td>Ben Susco, MD</td>
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<tr>
<td>2:45 pm</td>
<td>Atrial Fibrillation</td>
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<td>George Shaw, MD</td>
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<tr>
<td>3:15 pm</td>
<td>Break/Exhibits</td>
<td></td>
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<tr>
<td>3:30 pm</td>
<td>Clostridium Difficile</td>
<td></td>
<td>Marcia Mitre, MD</td>
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<tr>
<td>2:15 pm</td>
<td>Functional Bowel Disease</td>
<td></td>
<td>Paul Lebovitz, MD</td>
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<tr>
<td>4:30 pm</td>
<td>Adjournment</td>
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## Agenda

**Saturday, May 20, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:15 am</td>
<td>Registration and Continental Breakfast/Visit Exhibits</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Welcome and Introduction</td>
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</tbody>
</table>

### Session 5: Rheumatology

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>8:15 am</td>
<td>Rheumatoid Arthritis</td>
<td>Mary Chester Wasko, MD</td>
</tr>
<tr>
<td>8:45 am</td>
<td>Vasculitis</td>
<td>Michael Lucke, MD</td>
</tr>
<tr>
<td>9:15 am</td>
<td>Crystal Arthropathy</td>
<td>William Ayoub, MD</td>
</tr>
<tr>
<td>9:45 am</td>
<td>Break/Exhibits</td>
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### Session 6: Infectious Disease

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:15 am</td>
<td>Pneumonia</td>
<td>Thomas Walsh, MD</td>
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<tr>
<td>10:45 am</td>
<td>HIV in Primary Care</td>
<td>Stuart Fisk, CRNP</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Travel Related Illness</td>
<td>Nitin Bhanot, MD</td>
</tr>
<tr>
<td>11:45 am</td>
<td>Lunch/Visit Exhibits</td>
<td></td>
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<tr>
<td>12:45 pm</td>
<td>Transforming Care, Meeting the Triple Aim Plus One</td>
<td>Sam Reynolds, MD</td>
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</tbody>
</table>

### Session 7: Endocrinology

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:45 pm</td>
<td>Diabetes</td>
<td>Jennifer Holst, MD</td>
</tr>
<tr>
<td>2:15 pm</td>
<td>Thyroid Nodules</td>
<td>Michael Grimes, MD</td>
</tr>
<tr>
<td>2:45 pm</td>
<td>Osteoporosis</td>
<td>Ines Donangelo, MD</td>
</tr>
<tr>
<td>3:15 pm</td>
<td>Adjournment</td>
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Accreditation

*AMA PRA Category 1 Credits™*

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 12.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

**Other Credit:**

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners (AANP)** accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

**American Academy of Physician Assistants (AAPA)** accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME. Physician Assistants may receive a maximum of 12.50 hours of Category 1 credit for completing this program.

**Non-Physicians:** Allegheny General Hospital has approved this activity for a maximum of 12.50 contact hours for non-physicians.

**Conference Location**

George J. Magovern, MD Conference Center
Allegheny General Hospital
320 East North Avenue
Pittsburgh, PA 15212

**Parking**

Due to construction in the James Street hospital garage, to update and enhance our parking facilities for our patients, parking arrangements will be determined at a later date. Please check our website for updates.
**Registration Information**

The registration fee includes the course materials, continental breakfast, lunch and break refreshments.

**Fee:**
- Physicians $100
- Nurses and Other Health Care Professionals $45
- Fellows and Residents No Fee

**Deadline:** May 12, 2017
*(Registrations will be taken after the deadline date on a space-available basis.)*

**To Register:** To register online, please go to [www.aghcme.org](http://www.aghcme.org). To register by mail or fax, complete the registration form and return it with the registration fee or fax to:

Continuing Medical Education
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772
412.359.8218 Fax

The preferred method of payment is by VISA, MasterCard, American Express or Discover, however, checks will be accepted made payable to Allegheny General Hospital.

**Refund Policy**

A refund of the registration fee, less a 10% processing fee, will be made when a written request or a telephone request followed by a written confirmation is received prior to one week from conference date. After this date, refunds will not be made. Fees will not be refunded for failure to attend.

Allegheny General Hospital reserves the right to cancel or postpone any conference because of unforeseen circumstances or insufficient enrollment. In the event of such cancellation, full tuition will be refunded.

**Additional information**

For additional information concerning the conference, please contact the Continuing Medical Education office by e-mail at [rachel.phillips@ahn.org](mailto:rachel.phillips@ahn.org), by telephone at **(412) 359-4952.**
REGISTRATION FORM
Update in Internal Medicine
Friday & Saturday, May 19-20, 2017

Registration is required. Please complete this registration form and return it with your payment no later May 12, 2017.

Please indicate: ☐ Vegetarian lunch

Name

Degree

Specialty

Affiliation

Address

City State Zip

E-mail

Day Telephone (  )

FAX# (  )

Method of Payment: ☐ Credit Card ☐ Check

Credit Card Type: ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

Total Amount

Credit Card #

Exp. Date

Name on Card

Signature*

* By signing this form, I authorize Allegheny General Hospital to charge my credit card for the above amount. My signature also indicates that I will not dispute this charge in the future through my credit card company.

☐ If you require assistance with hearing, vision or mobility to make this conference accessible to you, please check this box and contact the CME office at (412) 359-4952 at least two weeks prior to the conference date.