INTERSTITIAL LUNG DISEASE SYMPOSIUM

UPDATES IN DIAGNOSIS & TREATMENT FOR IMPROVED OUTCOMES

FRIDAY, SEPTEMBER 18, 2015
10:30 AM - 4:45 PM
Winthrop Research & Academic Conference Center
Mineola, New York

TARGET AUDIENCE
- Pulmonary and Critical Care Physicians
- Primary Care Physicians
- Rheumatologists
- Physician Assistants
- Nurse Practitioners
- Nurses
- Respiratory Therapists
- Physical Therapists
- Residents & Fellows

Co-sponsored by the
Pulmonary Fibrosis Foundation

Accredited by
Winthrop University Hospital
Approved for 5.0 CME-CE Credits
OVERVIEW
Interstitial lung disease (ILD) is a heterogeneous group of over 150 different diagnoses causing progressive inflammation and fibrosis in the lung parenchyma. Idiopathic pulmonary fibrosis (IPF) is the most common ILD and according to recent reports, has an increased incidence in the United States from 202.2 cases per 100,000 people in 2001 to 494.5 cases per 100,000 people in 2011. Mortality remains high with expected median survival of 3.5 years after diagnosis. The Food and Drug Administration has recently approved two new medications to slow progression of disease in patients with IPF.

A recent literature review suggests that a multidisciplinary approach to diagnosis and management with early referral to ILD centers. Physicians and allied health care professionals are challenged to keep abreast of the rapidly evolving field of ILD. Professional practice gaps are apparent in knowledge, competence and performance as observed in physicians’ assessment, treatment and outcomes of care for patients with ILD. Outcome metrics including readmission rates and co-morbid conditions indicate opportunities for improvement in care.

This course brings together a group of experts, who will discuss and engage the audience to help improve the existing knowledge gap, review the latest guidelines and newer treatment options for patients with ILD. The planners of the course believe the learners will gain competence to evaluate and treat patients with ILD and improve care outcomes for their patients.

LEARNING OBJECTIVES
At the end of this symposium, learners should be able to:
• Identify the pathogenic mechanisms related with fibrosis in lung
• Contrast the various radiographic manifestations related with different ILD
• Review the multidisciplinary approach to diagnosis and management of ILD
• Differentiate connective tissue related ILD from IPF
• Review the co-morbid conditions and treatment options available for IPF
• Identify patients who are candidates for lung transplant

ABMS/IOM COMPETENCIES
• Medical knowledge    • Patient care    • Practice-based learning and improvement

TARGET AUDIENCE
Pulmonary and critical care physicians, primary care physicians, rheumatologists, residents, fellows, nurse practitioners, physician assistants, physical therapists, nurses and respiratory therapists. In addition to providers of care, patients with pulmonary fibrosis will be invited to participate in a specially developed afternoon session of talks focused on helping them to better understand and live with their disease.

ACCREDITATION
Winthrop University Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
AMA CREDIT DESIGNATION
Winthrop University Hospital designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NURSING ACCREDITATION
Winthrop University Hospital is an approved provider of continuing nursing education by the South Carolina Nursing Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: 1409-023PR 9/24/17. 5.0 contact hours will be awarded.

*Accredited status does not imply endorsement by SCNA, Winthrop University Hospital or ANCC of any commercial products or services.*

RESPIRATORY THERAPY ACCREDITATION
Winthrop University Hospital is an approved provider of continuing education contact hours for respiratory therapists by the American Association for Respiratory Care (AARC). 5.00 contact hours will be awarded.

PHYSICAL THERAPY ACCREDITATION
Winthrop University Hospital is a New York State Education Department approved provider for physical therapy continuing education. Winthrop University Hospital designates this activity for a maximum of 5.0 Contact Hours onsite.

FACULTY DISCLOSURE
It is the policy of Winthrop University Hospital to adhere to ACCME, SCNA and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity. Please call Rob Martin, MBA, CHCP, Director of CME at 516-663-2521 to express any concerns.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30a</td>
<td>Registration/Breakfast/Exhibits</td>
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<tr>
<td>11:00a</td>
<td>Welcome &amp; Introductions</td>
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<tr>
<td></td>
<td>Steve H. Salzman, MD and Girish B. Nair, MD</td>
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<tr>
<td>11:10a</td>
<td>Overview of Interstitial Lung Diseases:</td>
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<td>From Hamman and Rich to the Current Era of Molecular Genetics</td>
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<td>Fernando J. Martinez, MD, MS</td>
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<td>11:35a</td>
<td>Diagnosis of Interstitial Lung Diseases – Case Discussion</td>
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<tr>
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<td>Panelists:</td>
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<td>Girish B. Nair, MD; Fernando J. Martinez, MD, MS; Corinne Liu, MD;</td>
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<td>Elena Selbs, MD; Gary Rosenblum, DO; Khaled Salhab, MD</td>
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<td>12:30p</td>
<td>Living with Pulmonary Fibrosis</td>
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<td>Patient Ambassador from the Pulmonary Fibrosis Foundation</td>
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<td>12:45p</td>
<td>Luncheon/Exhibits</td>
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<tr>
<td>TRACK1: CLINICIANS</td>
<td>TRACK2: PATIENTS</td>
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<td><strong>1:30p</strong> Pulmonary Fibrosis: Concepts in Pathogenesis and Updates in Molecular Diagnosis Erica Lyndrup Herzog, MD, PhD</td>
<td><strong>1:30p</strong> Pulmonary Rehabilitation For ILD Patients Grace Trimmer, RN, MSN Girish B. Nair, MD</td>
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<td><strong>2:00p</strong> Idiopathic Pulmonary Fibrosis: Multidisciplinary Diagnosis And Management Fernando J. Martinez, MD, MS</td>
<td><strong>1:45p</strong> Caring For Someone With Pulmonary Fibrosis Ambassador from the Pulmonary Fibrosis Foundation</td>
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<td><strong>2:30p</strong> Co-Morbid Conditions With Idiopathic Pulmonary Fibrosis Girish B. Nair, MD</td>
<td><strong>2:00p</strong> Lung Transplant When And What After I Have A Transplant? Hilary Robbins, MD, MS</td>
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<td><strong>2:50p</strong> Connective Tissue-Related Interstitial Lung Diseases And Current Therapies Nina Patel, MD</td>
<td><strong>2:30p</strong> Clinical Trials And Newer Drugs Available For Pulmonary Fibrosis Jonathan Ilowite, MD</td>
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<td><strong>3:15p</strong> Break</td>
<td><strong>3:00p</strong> Break/Exhibts</td>
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<td><strong>3:45p</strong> Lung Transplant For Interstitial Lung Diseases Hilary Robbins, MD, MS</td>
<td><strong>3:30p</strong> Oxygen Delivery Devices Kevin Seidl, MS, RRT</td>
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| **3:45p** Hypersensitivity Pneumonitis: Diagnosis And Management Maria Padilla, MD | |}

4:15p  **Sarcoidosis: Symptoms, Diagnosis and Treatment**  Steve H. Salzman, MD
4:45p  **Closing Remarks/Adjourn**
Girish B. Nair, MD
Activity Director
Director, Pulmonary Rehabilitation
Director, Interstitial Lung Disease Program
Division of Pulmonary & Critical Care Medicine
Winthrop University Hospital
Assistant Professor Clinical Medicine
Stony Brook University School of Medicine
Stony Brook, NY

Erica Lyndrup Herzog, MD, PhD
Director, Translational Lung Research Program
Co-Director, Yale Fibrosis Program
Yale-New Haven Medical Center
Assistant Professor of Medicine (Pulmonary)
Yale University School of Medicine
New Haven, CT

Jonathan Ilowite, MD
Assistant Director, Interstitial Lung Disease Program
Fellowship Program Director
Winthrop University Hospital
Associate Professor of Medicine
Stony Brook University School of Medicine
Stony Brook, NY

Corinne Liu, MD
Attending Radiologist
Winthrop University Hospital
Assistant Professor of Radiology
Stony Brook University School of Medicine
Stony Brook, NY

Fernando J. Martinez, MD, MS
Executive Vice-Chair, Department of Medicine
New York-Presbyterian Hospital
Gladys and Roland Harriman Professor of Medicine
Professor of Genetic Medicine
Weill Cornell Medical College
New York, NY

Maria Padilla, MD
Director, Advanced Lung Disease Program
Medical Director, Lung Transplantation
Mount Sinai Hospital
Professor of Medicine
Icahn School of Medicine at Mount Sinai
New York, NY

Nina Patel, MD
Co-Director, Interstitial Lung Disease Program
Columbia University Medical Center
Associate Professor of Clinical Medicine
Columbia University Medical Center
New York, NY

Hilary Robbins, MD, MS
Attending Pulmonologist
New York-Presbyterian Hospital
Assistant Professor of Clinical Medicine
Columbia University Medical Center
New York, NY

Gary Rosenblum, DO
Rheumatology Specialist
Winthrop University Hospital
Assistant Professor of Clinical Medicine
Stony Brook University School of Medicine
Stony Brook, NY

Khaled Salhab, MD
Attending Cardiovascular Surgeon
Department of Thoracic Cardiovascular Surgery
Winthrop University Hospital
Mineola, NY

Steve H. Salzman, MD
Division Chief, Pulmonary and Critical Care Medicine
Winthrop University Hospital
Professor of Medicine
Stony Brook University School of Medicine
Stony Brook, NY

Kevin Seidl, MS, RRT
Director, Respiratory Therapy
Winthrop University Hospital
Mineola, NY

Elena Selbs, MD
Attending Physician
Chest Pathologist
Department of Pathology
Winthrop University Hospital
Mineola, NY

Grace Trimmer, RN, MSN
Pulmonary Nurse Specialist
Transition Care Coordinator
Winthrop University Hospital
Mineola, NY
**REGISTRATION FEES** for attending this course includes materials, continuing education credits and certificate, luncheon and refreshments. We accept online registration ONLY for all Winthrop CME-CE courses. Register & pay online at [http://goo.gl/bngLjC](http://goo.gl/bngLjC).

- $140 Physicians
- $110 Allied Health Professionals
- $25 External Residents & Fellows (with Valid ID)  
- $50 Patients/Guests

**CONFIRMATION** All registrants will receive a confirmation via email.

**CANCELLATION** A handling fee of $25 is deducted for cancellation. Refund requests must be received by e-mail 72 hours prior to the course to psandre@winthrop.org. No refund will be made thereafter.

**LOCATION**

Winthrop Research & Academic Conference Center  
Main Level  
101 Mineola Boulevard  
Mineola, NY 11501

**PARKING** for the this course is available at any of these convenient campus lots.

- Mineola Intermodal Center at 65 3rd Avenue, Mineola  
- Winthrop Campus Visitors Lot  
  (access via Emergency entrance at 2nd & 3rd Avenue)  
- Winthrop Professional Building at 120 Mineola Boulevard  
  (enter from 1st Street)  
- Winthrop Professional Building at 200 Old Country Road  
  (enter lot via 3rd Street & Mineola Boulevard before LIRR tracks overpass).

**ACCOMMODATIONS** We do not have a discounted room block for this meeting. However, if you require a hotel, we suggest that you contact the Garden City Hotel by calling 1-800-547-0400.

**SPECIAL NEEDS** The Winthrop Research & Academic Conference Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

**MORE INFORMATION** If you experience technical problems with the online system or wish to register a group, or require other special arrangements, please contact Peter Sandre at (516) 663-8459 or psandre@winthrop.org for assistance.
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WINTHROP University Hospital

Your Health Means Everything*
Continuing Medical Education

Office of Continuing Medical Education
222 Station Plaza North, Suite 510
Mineola, NY 11501

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