

UTAH **S**TATE **O**RTHOPAEDIC **S**OCIETY 2018 ANNUAL MEETING



STRENGTH ON A FOUNDATION OF UNITY

Travis Maak, M.D. – Course Director

*University of Utah – Marriott Park Hotel
September 21, 2018*

www.utahortho.org

Jointly Sponsored by
University of Utah School of Medicine
And
Utah State Orthopaedic Society

Mission Statement

The Utah State Orthopaedic Society exists to foster unity, collegiality and understanding among orthopaedic surgeons in the State of Utah.

It is further committed to the professional, financial and personal well-being of its members by providing educational materials and meetings specifically designed to address these areas, and by promoting the highest quality orthopaedic care for the citizens of Utah.

President's Letter – 2018

Dear Utah State Orthopedic Society:

I remember attending my first meeting of the Utah State Orthopedic Society in a cafeteria at St Marks back in 2001-2002. I was still a fellow at the University of Utah and just about to start my practice here in Salt Lake. It was encouraging to me to see such a large group of colleagues come together and follow our motto: **“Strength on a Foundation of Unity”**. While the problems we face have changed over the years, the mission of our society is as vital as ever. Just some of the challenges in 2018 include:

- 1) An attempt by podiatrists in this last legislative session to equate themselves with MDs / DOs such that they could supervise Physician Assistants. While other limited-license practitioners have their own extenders – dental assistants, chiropractor assistants, PT assistants, etc. – the podiatry group wanted to instead piggyback on us. Fortunately, through quick yet effective work of the board, we were able to stop the bill before it even went to committee.
- 2) The UMA is currently suggesting that they represent all Utah doctors in their opposition to medical cannabis. As opposed to putting out a position paper, they are actually hiring canvassers to get citizens to rescind their signatures, and hiring lawyers to take choice away from Utahans. This is in direct opposition to the 80+% of you who replied to our recent poll favoring medical cannabis in Utah. Even that simple poll is more than the UMA has done, as they never asked their members what they thought before they started spending dues.
- 3) There are changes coming in Intermountain as well. While the details won't be clear until a two-day system-wide orthopedic meeting held the beginning of September, it is sure to have an impact on orthopedics in Utah given their market share.

There are many other things happening as well – some big and some small – but the important thing is that this organization exists. We are the best organized medical society in Utah aside from the UMA. We can quickly react to things like legislation because we exist. But we only get our strength from our unity.

I would therefore encourage all of you to take a day from your practices to support our annual meeting. In addition to our speakers, we will have a chance to discuss the Intermountain meeting just a few weeks before, to discuss pending initiatives, and to renew our friendships. I look forward to seeing you there.

Sincerely,
Michael Holmstrom, MD
President, Utah State Orthopedic Society

2018 Guest Speakers

Brain Zehnder, M.D., Utah State Senate
“How to Engage Local Politics Effectively”
45 Minutes

David Kay – Compliancy Group, Compliance Consultant
“The Value of HIPPA Compliance”
45 Minutes

Aaron Buch – Gold Medal Marketing, Partner
“Adapting Your Practice to a More Digitally Savvy Patient”
45 Minutes

Ken Finn, M.D. – Practicing PMR Physician, Colorado Springs, Colorado
“Cannabis: The Colorado Experience”
45 Minutes

Current Concepts in Orthopedics – Presented by your Orthopedic Peers

- **Chris Pelt, M.D., University of Utah** – “Biologics – What The Patient Should Know – What the Research Indicates” (45 Minutes)
- **Patrick Olson, M.D., RCM Clinic** – “Wide Awake Surgery – How to Maximize an In-office Procedure Room” (45 Minutes)
- **Marc Mariani, M.D., Salt Lake Orthopedic Clinic** – “Hip Surgery – Where We Started and Where We Are Today” (45 Minutes)

135 Minutes

Paper Presentations, U of U Department of Orthopedics Residents

Brittany Garcia, M.D. – “Risk of Fusion or Reoperation after FCA or PRC for Stage II SLAC/SNAC: A Propensity Matched Cohort Study of 1,190 Wrists”

Travis Bailey, M.D. – “The Association of Traction Time, Force and Postoperative Nerve Block on the Development and Duration of Neuropathy Following Hip Arthroscopy”

Ajinkya Rain, M.D. - “Evaluating factors affecting hand surgery patient satisfaction as measured by the Press Ganey Outpatient Medical Practice Survey”

Daniel Jones, M.D. - “Underdosing of Prophylactic Enoxaparin is Common in Orthopaedic Trauma and Predicts 90-day Venous Thromboembolism”

45 Minutes

Mike Holmstrom, M.D. & Richard McMullin – Government Affairs Consultant & U.S.O.S. Lobbyist
“Utah Legislative Update”

- Podiatry Scope and Supervision Victory
- Medical Cannabis
- Local Market Orthopedic Dynamics (One Intermountain)

30 Minutes

2018 USOS Conference Agenda

Friday, September 21, 2018 – University of Utah – Marriott Park Hotel

- 7:30am – 5:30pm: Registration Desk Open
- 7:30am Continental Breakfast – *Exhibit Hall* – All attendees invited
- 8:15am – 8:30am: **Mike Holmstrom, M.D.** - Welcome
- 8:30am – 9:15am: **Brian Zehnder, M.D. & Utah State Senator** – “How to Engage Local Politics Effectively”
- 9:15am – 10:00am: **David Kay, Compliance Consultant** – “The Value of HIPPA Compliance”

10:00am – 10:30am – REFRESHMENT BREAK – *Exhibit Hall*

- 10:30am – 11:15am: **Aaron Buch, Partner, Gold Medal Marketing** – “Adapting Your Practice to a More Digitally Savvy Patient”
- 11:15am – 12:00pm: **Kenn Finn, M.D., Practicing Pain Medicine, Colorado Springs** – “Cannabis: The Colorado Experience”

12:00pm – 1:00pm – LUNCH BREAK – *Exhibit Hall*

- 1:00pm – 3:15pm – **Current Concepts in Orthopedics:**
 - **TOPICS PRESENTED BY YOUR USOS PEERS**
 - **Chris Pelt, M.D., University of Utah** – “Biologics – What The Patient Should Know – What the Research Indicates” (45 Minutes)
 - **Patrick Olson, M.D., RCM Clinic** – “Wide Awake Surgery – How to Maximize an In-office Procedure Room” (45 Minutes)
 - **Marc Mariani, M.D., Salt Lake Orthopedic Clinic** – “Hip Surgery – Where We Started and Where We Are Today” (45 Minutes)
- 3:15pm – 3:30pm – BREAK – *Exhibit Hall*
- 3:30 – 4:15pm - **University of Utah Resident Paper Presentations:**
 - **Brittany Garcia, M.D.**
 - **Travis Bailey, M.D.**
 - **Ajinkya Rain, M.D.**
 - **Daniel Jones, M.D.**
- 4:15pm – 4:45pm **Richard McMullin (USOS Lobbyist) & Mike Holmstrom (USOS President)** – “Utah Legislative Update and Market Discussion”
 - Podiatry Scope and Supervision Victory
 - Medical Cannabis
 - Local Market Orthopedic Dynamics (One Intermountain)
- 4:45pm – 5:00pm **Open Microphone**

ADJOURN



Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Utah School of Medicine and Utah State Orthopaedic Society. The University of Utah School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit: The University of Utah School of Medicine designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NONDISCRIMINATION AND DISABILITY ACCOMMODATION STATEMENT: The University of Utah does not exclude, deny benefits to or otherwise discriminate against any person on the basis of race, color, national origin, sex, disability, age, veteran's status, religion, gender identity/expression, genetic information, or sexual orientation in admission to or participation in its programs and activities. Reasonable accommodation will be provided to qualified individuals with disabilities upon request, with reasonable notice. Requests for accommodations or inquiries or complaints about University nondiscrimination and disability/access policies may be directed to the Director, OEO/AA, Title IX/Section 504/ADA Coordinator, 201 S President's Circle, RM 135, Salt Lake City, UT 84112, 801-581-8365 (Voice/TTY), 801-585-5746 (Fax).

COUNCIL MEMBERS

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General Information

Lodging

Lodging would be at the discretion of the individual attendees. Since this Conference is a one day event the USOS has not reserved any lodging in connection with this seminar.

If lodging is necessary, it can be made directly at the University Marriott Park Hotel by visiting www.marriott.com

Weather and Suggested Attire

Fall temperatures in Salt Lake average daytime highs of 55-75° and evening lows of 40-55 °. Business casual attire is appropriate for all seminar functions.

Registration

\$250.00 tuition fee for each physician or physician assistant. Physician assistants may attend the conference as a staff member under the physician's tuition and registration but will not receive CME credit. Only tuition-paying physicians and physician assistants will be eligible to receive CME Credit.

Tuition complimentary to residents.

Tuition includes:

- Category I CME Credit commensurate with extent of participation at this activity
- All Meals and Snack Breaks.
- Staff admission to Conference (*if Physician or P.A. not pre-registered and paid, attendance fee \$20.00/staff member*)

Seminar Office

For additional information and assistance, please call:

Craig Stephens – 801/284-8659

Mark Wankier – 435/655-6585

Monday – Friday from 9:00 am to 5:00 pm

You may also call any other time and leave a message, and your call will be returned as soon as possible.

P.O. Box 17184, Salt Lake City, Utah 84117-7184

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