



# Obstetrics & Gynecology Symposium

**Saturday, March 27, 2010 - 8:00 a.m. to 12:25 p.m.**

*Breakfast provided*

This educational offering is designed for OB/GYN, family medicine, primary care and internal medicine physicians, as well as residents/medical students, physician assistants, nurses, nurse practitioners, allied health and midwives who work within these specialties.

CME sponsored by



**Texas Health**  
Research & Education Institute

[TexasHealth.org/CME](http://TexasHealth.org/CME)



# Program overview

For physicians and clinicians caring for women, the issues are ever-changing. This symposium will therefore address various timely professional practice gaps. The ultimate desired result of this symposium is to improve the quality of care for women, inside and outside the walls of Texas Health Resources hospitals.

## Program Objectives

The following professional practice gaps will be presented during the 2010 Obstetrics and Gynecology Symposium. As a result of this program, participants will be able to:

### **Robotic Surgery in Benign and Malignant Disease and its Application for Patients and Physician Practices**

- *Discuss the benefits of robotic surgery and how patients with benign and malignant disease may benefit from it*
- *Identify the appropriateness of patient referrals for robotic surgical procedures, and explain the benefits to professional practice when physicians are certified to perform robotic surgery*

### **Pelvic Reconstruction Using Synthetic Mesh**

- *Identify the benefits of the new synthetic mesh and determine when a mesh reinforced repair is more appropriate than a standard repair with intrinsic tissue*
- *Analyze the advantages and disadvantages of the various “mesh kits” on the market*
- *Identify the skill level required to perform a successful repair with synthetic mesh and when to refer the patient*

### **Obesity and Pregnancy**

- *Recognize the significant effects of obesity and the number of complications and severity of complications for a pregnant woman and her child*
- *Discuss why a patient’s BMI needs to be assessed during the first office visit, and describe the treatment plan that is needed for the pregnant obese patient*

### **Screening for Breast Disease and When and What Adjuvant Testing is Indicated**

- *Describe how technology and testing guidelines for breast imaging have changed and how this applies to physician practice patterns and referrals*
- *Discuss the pros and cons and indications of breast MRI, and explain when screening with breast MRI is recommended as an adjunct to mammography*

### **Baby-Friendly Hospital Initiative**

- *Recognize the importance of the Baby-Friendly Hospital Initiative and the ten steps to successful breastfeeding*
- *Demonstrate a team approach to promote breastfeeding at Texas Health Fort Worth so that babies will be healthier as a result of breastfeeding*
- *Discuss the benefits and improved outcomes of a Baby-Friendly Hospital Initiative implementation*

### **Pelvic Physical Therapy (PT) in the Management of Pelvic Pain**

- *Explain how to properly examine the pelvic floor, diagnose pelvic pain and determine when it is appropriate to refer patients for pelvic PT*
- *Describe the various pains of pregnancy, include pelvic pain, and how PT might benefit certain patients*
- *Understand the elements of a PT consultation, including an examination of the lumbar spine, pelvic alignment, and pelvic floor to direct a specific plan of care in tandem with the patient’s physician*



# Faculty

## PROGRAM DIRECTOR/ PRESENTER

**JOHN W. FREEMAN, M.D.**  
OB/GYN  
Texas Health Fort Worth  
Fort Worth, Texas

## PRESENTERS

**KELLI D. CUTSHALL, PT**  
Texas Health Fort Worth  
Fort Worth, Texas

**ERIN HAMILTON-SPENCE, M.D.**  
OB/GYN  
Texas Health Fort Worth  
Fort Worth, Texas

**KENNETH C. HANCOCK, M.D.**  
GYN-Oncologist  
Texas Health Fort Worth  
Fort Worth, Texas

**JEFFREY M. HANTES, D.O.**  
OB/GYN  
Texas Health Fort Worth  
Fort Worth, Texas

**BECKY S. LAW, R.N.**  
Manager of Lactation and  
Childbirth Education  
Texas Health Fort Worth  
Fort Worth, Texas

**DENISE K. WISE, M.D.**  
Radiologist  
Texas Health Fort Worth  
Fort Worth, Texas

*Doctors on the medical staff practice independently  
and are not employees or agents of the hospital.*

## Agenda

**Saturday, March 27, 2010**

**8:00 a.m. to 12:25 p.m.**

FORMAT: *Didactic and case presentations with interactive Q&A during and following the presentations. Presenter Q&A will be facilitated by an anonymous audience response system.*

**7:15 - 8:00 a.m.**

Registration, Breakfast Buffet

**8:00 - 8:05 a.m.**

Opening Comments - Welcome and Introductions  
John W. Freeman, M.D.

**8:05 - 8:45 a.m.**

*Robotic Surgery: Its Application in Both  
Benign and Malignant Disease as well as to  
Your Patients and Your Practice*  
Kenneth C. Hancock, M.D.

**8:45 - 9:25 a.m.**

*Pelvic Reconstruction Using Synthetic Mesh*  
Jeffrey M. Hantes, D.O.

**\*9:25 - 10:05 a.m.**

*Obesity and Pregnancy*  
John W. Freeman, M.D.

**10:05 - 10:20 a.m. - BREAK**

**\*10:20 - 11:10 a.m.**

*Screening for Breast Disease When Adjuvant  
Testing is Indicated*  
Denise K. Wise, M.D.

**\*11:10 - 11:30 a.m.**

*Baby-Friendly Hospital Initiative*  
Erin Hamilton-Spence, M.D.  
Becky S. Law, R.N.

**\*11:30 a.m.- 12:10 p.m.**

*Pelvic Physical Therapy (PT) in the  
Management of Pelvic Pain*  
Kelli D. Cutshall, PT  
John W. Freeman, M.D.

**12:10 - 12:25 p.m.**

Wrap-up, Evaluations, Closing Comments  
John W. Freeman, M.D.

## FOR ADDITIONAL INFORMATION

Contact Mindee Miller at  
1-866-295-3269 or via e-mail at  
MindeeMiller@TexasHealth.org

## Accreditation Statement

### PHYSICIAN ACCREDITATION

Texas Health Research & Education Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Texas Health Research & Education Institute designates this educational activity for a maximum of 4 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### AAFP ACCREDITATION

This activity has been reviewed and is acceptable for up to 2.50 prescribed credits by the American Academy of Family Physicians.

The presentations that have been approved for AAFP credits have been marked with an “\*” on the agenda.

### NURSING ACCREDITATION

Nursing contact hours will be provided. Texas Health Resources Center for Learning and Career Development is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Registration Information

Advance registration is encouraged. To receive a registration discount your registration must be received no later than Friday, March 5, 2010. All registrations will be confirmed.

## CME Registration Fees

### PHYSICIANS ATTENDING ENTIRE SYMPOSIUM

- \$65 Received by March 5
- \$80 Received after March 6 - March 19

### PHYSICIANS ATTENDING FROM 9:25 A.M. TILL END OF SYMPOSIUM

- \$45 Received by March 5
- \$60 Received after March 6 - March 19

### NURSES, ALLIED HEALTH, RESIDENTS/ MEDICAL STUDENTS & OTHER CLINICIANS

- \$35 Received by March 5
- \$45 Received after March 6 - March 19

**On-site registration only after March 19.**

## Register by

- **Web site:** [www.TexasHealth.org/CME](http://www.TexasHealth.org/CME)
- **Mail:** Texas Health  
Research & Education - CME Dept.  
612 E. Lamar Blvd., Suite 1400  
Arlington, Texas 76011
- **Call Toll-Free:** 1-866-295-3269
- **Fax:** 682-236-6622

Registrations received via fax or phone must indicate credit card information in order to be processed. **Please make checks payable to Texas Health Research & Education Institute.**

## Course Location

**Texas Health Harris Methodist  
Hospital Fort Worth  
Rutledge Auditorium  
Education Center, Plaza Level**

*(This level is below street level, press “P” on the elevators)*

**1301 Pennsylvania Ave. at Henderson St.  
Fort Worth, TX 76104**

## Acknowledgements

A complete list of supporters will be available in the symposium syllabus.



## Obstetrical & Gynecological Symposium ~ Saturday, March 27, 2010

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Preferred Name (for badge) \_\_\_\_\_

Please select as appropriate:  MD  DO  PhD  NP  PA  RN  Other \_\_\_\_\_

Last 4 digits of Social Security Number \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_ Specialty \_\_\_\_\_

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City, State, Zip \_\_\_\_\_

Preferred Phone#:  WK  HM  Cell \_\_\_\_\_ Fax # \_\_\_\_\_

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*(Confirmation will be sent to the email address above)*

Register online by visiting  
**[www.TexasHealth.org/CME](http://www.TexasHealth.org/CME)**  
or call toll-free 1-866-295-3269.

Do you have any special physical, dietary or other needs? :  No  Yes If yes, please describe:

\_\_\_\_\_

### Credit Card Information

Credit Card Type:  VISA  MasterCard  Discover  AmEx

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*(3 digit # on back of credit card)*

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### CANCELLATION

If you cannot attend, the Office of Continuing Medical Education will refund the registration fee, less \$30 administrative fee, provided it is requested in writing prior to Friday, March 12, 2010. No refunds will be issued after this date or for non-attendance. There is no charge for a substitute registrant. In the event of course cancellation, notification will be given two weeks in advance of the course and the fee fully refunded.