The Art and Science of Combining Naturopathic and Allopathic Medicine in the Clinical Setting

Friday, April 8, 2011

Glaser Auditorium
Swedish Medical Center/First Hill
747 Broadway
Seattle, Washington
Course Description
The Art and Science of Combining Naturopathic and Allopathic Medicine in the Clinical Setting is designed to open the lines of communication between allopathic and naturopathic health-care providers engaged in the prevention and management of chronic diseases. Improved communication between the two disciplines will enhance competency for health-care providers using traditional and/or alternative treatment methods in the prevention and treatment of heart disease, stroke, cancer, gastrointestinal disorders and metabolic syndrome. This conference features nationally and locally recognized naturopathic and allopathic providers who are experts in the prevention and treatment of chronic diseases. By working together to design an effective treatment plan for individuals seeking complementary pathways to optimal health, practitioners will create an environment of communication, cooperation and safety for their patients.

Needs Statement
In addition to traditional western medicine, today’s patients are seeking complementary and alternative approaches to the prevention and treatment of a wide variety of chronic illnesses. It is common for patients to take supplements and naturopathic or homeopathic remedies as part of their health-care regimen, yet they are often reluctant to share this information with their health-care providers even though there can be adverse drug-nutrient interactions. Many patients’ reluctance comes from a fear of being dismissed or criticized for their choice to pursue both naturopathic and allopathic treatments. Allopathic medical providers are sometimes unaware of the value of naturopathic regimens to treat or prevent disease, and naturopathic providers can be reluctant to embrace proven, traditional western methods of treatment. The increase in patients seeking both traditional and alternative approaches to health care makes it critical that the lines of communication between allopathic and naturopathic providers be opened in order to provide safe and effective care to their mutual patients.

Location
Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Discounted parking is available in the Broadway Garage at 747 Broadway: $10 all day with your CME certificate from this symposium. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway. Turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.

Agenda
7:30 a.m. Registration and Continental Breakfast
8 a.m. Welcome and Announcements
Daniel Labriola, N.D., and
Sarah M. Speck, M.D., M.P.H., FACC

Treatment of Metabolic Syndrome
Moderator: Sarah M. Speck, M.D., M.P.H., FACC
8:10 a.m. Evidence-Based Approaches to Metabolic Syndrome: Allopathic Perspectives
Rebecca Over, D.O.
8:40 a.m. Evidence-Based Approaches to Metabolic Syndrome: Naturopathic Perspectives
Erica Oberg, N.D., M.P.H.

Treatment of Cardiovascular Disease
Moderator: Patrick Bufi, N.D.
9:10 a.m. A Naturopathic Approach to Cardiovascular Risk Reduction
Ryan Bradley, N.D., M.P.H.
9:40 a.m. An Allopathic Approach to Managing Global Cardiovascular Risk
Sarah M. Speck, M.D., M.P.H., FACC
10:10 a.m. Break

Treatment of Cancer
Moderator: Daniel Labriola, N.D.
10:30 a.m. Cancer Prevention — Myth or Reality: The Role of Foods, Vitamins and Medications
Gary E. Goodman, M.D., M.S., FHCRC
11 a.m. Naturopathic Treatments for Cancer Patients
Kathleen Pratt, N.D.

Treatment of Gastrointestinal Disorders
Moderator: Sarah M. Speck, M.D., M.P.H., FACC
11:30 a.m. Gastroesophageal Reflux: The Most Common Disorder of the Upper Intestinal Tract
Ralph W. Aye, M.D., FACS
Noon Natural Medicine Therapies for Upper Gastrointestinal Complaints
Daniel Labriola, N.D.
12:30 p.m. Q&A with Panel Discussion
1 p.m. Course Adjourns

For Further Information
Phone: 206-386-2755
Fax: 206-386-3180
E-mail: cme@swedish.org
Web: www.swedish.org/cme
www.facebook.com/SwedishCME
Course Objectives
At the conclusion of this course, the participant will provide better patient care through an increased ability to:

- Identify evidence-based components of both the naturopathic and allopathic approach to prevention and treatment of metabolic disorders
- Describe psychosocial and behavioral factors as they relate to naturopathic and allopathic strategies to address metabolic syndrome
- State the evidentiary basis for the naturopathic approach to cardiovascular risk reduction and identify several dietary supplements commonly used in naturopathic practice
- Assess global cardiovascular risk and recognize the effects and side effects of common allopathic medications for cardiovascular risk factors
- Describe the role of diet, vitamins and micronutrients in cancer prevention and discuss drugs, drug trials and other interventions in the role of cancer prevention and treatment
- Compare the potential risks and benefits of naturopathic cancer treatments
- Discuss the physiologic and anatomic causes of gastroesophageal reflux and list the pros and cons of management options
- Describe current clinical uses of naturopathic medicine for the prevention and treatment of gastrointestinal disorders and recognize potential benefits and risks of combining naturopathic and allopathic treatments for the treatment of gastrointestinal complaints

Accreditation with Commendation
Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
Swedish Medical Center designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed Credits
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing CE Contact Hours
Contact hours for this continuing nursing education activity has been submitted to Swedish Medical Center, an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Contact Vicki Enslow at Swedish Medical Center for more information about contact hours at 206-320-2711.

Intended Audience
Allopathic, osteopathic and naturopathic physicians, physicians assistants, nurses and other treating disciplines will benefit from attending this conference.

Faculty
Ralph W. Aye, M.D., FACS
Thoracic and Esophageal Surgery
Program Leader, Thoracic Oncology
Swedish Cancer Institute

Ryan Bradley, N.D., M.P.H.
Research Assistant Professor
Bastyr University
Director, Diabetes and Cardiovascular Wellness Clinic
The Bastyr Center for Natural Health

Patrick Bufi, N.D.
Naturopathic Physician
Swedish Cancer Institute
Northwest Natural Health Specialty Care Clinic

Gary E. Goodman, M.D., M.S., FHCRC
Oncologist
Swedish Cancer Institute

Daniel Labriola, N.D.
Medical Director for Naturopathic Services
Swedish Cancer Institute
Director, Northwest Natural Health Specialty Care Clinic

Erica Oberg, N.D., M.P.H.
Naturopathic Physician
Institute of Complementary Medicine
Research Associate
Group Health Research Institute

Rebecca Over, D.O.
Endocrinology and Metabolism Disorders
Pacific Medical Center

Kathleen Pratt, N.D.
Naturopathic Physician
Swedish Cancer Institute
Northwest Natural Health Specialty Care Clinic

Sarah M. Speck, M.D., M.P.H., FACC
Cardiologist
Medical Director, Cardiac Rehabilitation and Prevention Services
Swedish Heart and Vascular Institute

Planning Committee
Daniel Labriola, N.D., Course Co-Director
Sarah M. Speck, M.D., Course Co-Director
Warren Fein, M.D.
Joy D. Pickett, M.S.N., APRN, CCRN
Jessica Martinson, M.S., CME Manager
Rose Mullins, C.M.P., CME Specialist
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Please print or type information

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TITLE/CREDENTIALS

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CITY/STATE/ZIP

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E-MAIL

SPECIALTY

Registration Fees: Please check one of the following:

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<th>Advance Registration</th>
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<td>Physicians</td>
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<td>Non-Physicians</td>
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Payment:

☐ Check enclosed, payable to: Swedish CME

☐ Credit card #__________________________

☐ VISA ☐ MasterCard ☐ Discover ☐ AMEX

Signature ____________________________ Expiration date ____________________________

Registration Information:

Preregistration is required as space is limited. Participants who register by the "Advance Registration" deadline will receive a confirmation postcard after Monday, March 28, 2011. Registrations will only be processed when accompanied by full payment.

Cancellation:

To receive a refund, notice of cancellation must be received no later than Friday, April 1, 2011.

If using the registration form, please mail or fax it to:

Continuing Medical Education
Swedish Medical Center
747 Broadway
Seattle, WA 98122-4307
Fax: 206-386-3180

Please note: No registrations are accepted by phone or e-mail.

If you have special needs, please contact the CME office at 206-386-2755.

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