30th Annual
INTERNAL MEDICINE REVIEW
for the Primary Care Provider

Meets Texas Ethics Requirements

Isla Grand Beach Resort
South Padre Island, Texas

July 18-22, 2011

presented by
SCOTT & WHITE Healthcare
Temple, Texas

and
TEXAS A&M HEALTH SCIENCE CENTER
COLLEGE OF MEDICINE
### Monday, July 18, 2011

**7:30 am** ABIM Registration

**8:00** **OPTIONAL WORKSHOP - ABIM MOC**
- Module(s): American Board of Internal Medicine Self-Evaluation Process Modules
- Course Facilitator: Stephen Sibbitt, MD
  - This Learning Session will feature the American Board of Internal Medicine's Self-Evaluation Process Module, *2011 Update in Hospital-Based Medicine and 2011 Update in Office-Based Medicine*

#### Hematology/Oncology/GI/Endocrinology

**12:00 pm** Registration

**1:00** Introductory Remarks
- John P. Erwin, III, MD and Stephen Sibbitt, MD

**1:30** Breast Cancer - From Screening Through Therapy
- Christian Cable, MD

**2:15** Constipation - How to Get Her Going**
- Dawn Sears, MD

**3:00** New Guidelines for Calcium, Vit D, Bisphosphonates**
- Veronica Piziak, MD, PhD

**3:45** Break and Exhibits

**4:00** MGUS - And What to do With It
- Christian Cable, MD

**4:45** Why We Should Eat Food and Not Chemicals
- Dawn Sears, MD

**5:30** Managing Thyroid Disease: Illustrative Cases**
- Veronica Piziak, MD, PhD

**6:15** Panel Discussion and Question and Answer Session

**6:45** Adjourn

**7:30** Poolside Mexican Fiesta

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### Tuesday, July 19, 2011

**Pulmonology/Sleep Disorders**

**6:30 am** Continental Breakfast and Sign-In

**7:00** Pulmonary Nodules: What Next When Patient Presents
- Juan Sanchez, MD

**7:45** Oxygen Therapy: Indications, Controversies, Medicare Rules
- Frank Perez-Guerra, MD

**8:30** COPD: Update in Evaluation and Treatment**
- James Barker, MD

**9:15** Break and Exhibits

**9:30** Lung Cancer: What Generalists Need to Know
- Juan Sanchez, MD

**10:15** ILD: Approach to Diagnosis, Controversies and a Look at the Future**
- Frank Perez-Guerra, MD

**11:00** Break and Exhibits

**11:15** Hypercarbia: Obesity Hypoventilation and Neuromuscular Diseases
- James Barker, MD

**12:00 pm** ECG Interpretation Part I: Rhythm Disturbances
- Steven M. Costa, MD

**12:45** Panel Discussion and Question and Answer Session

**1:15** Adjourn

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### Wednesday, July 20, 2011

**Medicine/Allergy/ECG**

**6:30 am** Continental Breakfast and Sign-In

**7:00** Urticaria: Differential Diagnosis and Zebras Galore**
- David R. Weldon, MD
Thursday, July 21, 2011

**Headache/Ethics/Documentation/Psychiatry**

6:30 am  Continental Breakfast and Sign-In

7:00  When a Doctor Hates a Patient: Strategies for Improving Outcomes through Patient Self Efficacy and Bibliotherapy*
      Duren Michael Ready, MD

8:00  Documentation PEARLS for Inpatient Medicine
      Anthony Matejicka, II, DO

8:45  Break and Exhibits

* denotes ethics credit

** denotes Advanced Pharmacotherapeutic hours

Friday, July 22, 2011

**Cardiology/Nephrology**

6:30 am  Continental Breakfast and Sign-In

7:00  Management of Atrial Fibrillation: What is New with the Guidelines?
      David M. Fitzgerald, MD

7:45  Management of CKD for the Primary Care Provider: What Works**
      Robert Albright, DO

8:30  Breaks and Exhibits

8:45  Rethinking Cardiac Resynchronization Therapy - Role in Prevention of CHF
      David M. Fitzgerald, MD

9:30  Pass the Salt: Practical Management of Hyponatremia**
      Robert Albright, DO

10:15  Panel Discussion and Debate

10:45  Closing Remarks and Announcements

11:00  Adjourn
Scott & White’s 30th Annual Internal Medicine Review for the Primary Care Provider is designed to provide the internal medicine and primary care physician as well as the physician assistant and nurse with information directly applicable to daily patient care. The topics represent some of the most common problems encountered in clinical practice. Emphasis will be placed on the pertinent practical aspects of patient care and problems encountered in both the inpatient and outpatient setting. Related topics will be grouped together to insure that relevant questions can be addressed by medical experts in those fields.

This program has been designed to reflect new developments in the field and incorporate suggestions from prior conference participants. It will also feature an interactive, computerized audience-response system, which will be employed to facilitate audience participation in some lectures.

**OBJECTIVES**

Upon completion of this activity, the attendee will be able to:

- Apply current concepts in internal medicine to problems faced in daily practice;
- Demonstrate better management and treatment of patients with medical problems commonly encountered in practice such as headache, pulmonary, cardiology, GI, obesity, and other medicine related topics;
- Identify skills necessary in thoroughly interpreting an ECG with rhythm disorders;
- Improve knowledge and test-taking skills essential for successful ABIM certification and recertification.

**SPONSORSHIP**

This program is sponsored by the Department of Medicine, Scott & White Healthcare, Temple, Texas, and Texas A&M Health Science Center College of Medicine, College Station, Texas.

**EDUCATIONAL METHODS**

The program will consist of didactic lectures supplemented by computer presentations. Case management strategies will be presented, and controversies will be addressed through question and answer sessions. Interactive learning through Audience Response will be used for select sessions of this program.

**EVALUATIONS**

A course evaluation form will provide participants the opportunity to review each session and speaker and identify future education needs, and to comment on any perceived commercial or promotional bias relevant to this activity.

**ACCREDITATION**

Scott & White is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CONTINUING EDUCATION CREDIT**

Scott & White Healthcare designates this live activity for a maximum of 29.25 AMA PRA Category 1 credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity. Please note that 29.25 Category 1 credits includes 4 credits for the Optional ABIM SEP Module Workshop.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**CONTINUING NURSING EDUCATION**

Scott & White is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity provides up to 25.25 contact hours.

This activity provides up to 11.25 contact hours of Advanced Pharmacotherapeutics.

**FACULTY DISCLOSURE**

Scott & White Department of Continuing Medical Education has implemented a policy to comply with current Accreditation Council Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified to participants during the program.

**REGISTRATION FEE**

Registration Fee includes general sessions, electronic syllabus, continental breakfast for morning sessions and refreshment breaks. Additional fee required for the Optional ABIM Modules. An administrative fee of $100 will be charged for cancellations.

As part of the global “Going Green” initiative, the syllabus for this program will be provided electronically by CD. A comprehensive bound syllabus will be available at an additional fee of $50.00, and provided at registration for those choosing this option. Please indicate your request on the registration form.

**MEETING AND LODGING**

The meeting will be held at the Isla Grand Beach Resort, 500 Padre Blvd., South Padre Island, TX. Special guest room rates have been arranged for this program. A room rate of $195 (plus tax) for a single/double and $315 (plus tax) for a two-bedroom condo has been granted for attendees at this meeting. To make reservations at this rate, you must telephone the hotel directly at (800) 292-7704 or (956) 761-6511 and identify yourself as attending the Scott & White conference. This rate is available to participants until June 20, 2011 or until the room block is full. A wide variety of condos and beach houses can be leased through Island Services (800) 426-6530 or (956) 761-2649.

**TRANSPORTATION**

Harlingen International Airport is located 35 miles from the Island and is served by Continental and Southwest Airlines. Major car rental agencies are represented at the airport. For shuttle service to and from the Isla Grand Beach Resort, call Go…With Jo! Transportation Services at 1-800-962-8497.

**SOCIAL EVENTS**

Mexican Fiesta

A poolside Mexican Fiesta will be held on Monday evening, July 18th at 7:30 p.m. A maximum of four complimentary tickets will be given to each participant. Additional tickets may be purchased at $30 per adult and $15 per child (ages 3-11). The fiesta includes a full Mexican buffet dinner.

Group Rate Tickets for Schlitterbahn Available

We are pleased to offer group rate tickets for a one-day pass to Schlitterbahn to our participants and their guests. Prices are as follows:

- Adults (ages 12 & up): $26.00 (regular price - $36.95)
- Children (ages 3-11): $22.00 (regular price - $28.95)

Please indicate number of tickets needed on your registration form and include the amount with your registration fee. You will be given the tickets when you register at the conference, then you decide which day you would like to attend. Each ticket must be exchanged at Schlitterbahn for a wristband on the day of your visit. Deadline to order tickets at the reduced rate is July 8, 2011. Once purchased, the tickets are non-refundable.

Scott & White Internet Home Page: http://www.sw.org
REGISTRATION
30th ANNUAL INTERNAL MEDICINE REVIEW
July 18-22, 2011  South Padre Island, Texas

Name ______________________________________________________________________________________________________

☐ MD  ☐ DO  ☐ PA-C  ☐ APN  ☐ RN  ☐ Other ________________________________________________________________

Email ______________________________________________________________________________________________________

Address ____________________________________________________________________________________________________

City __________________________ State ________________  Zip __________________

Daytime Phone: (_______) _______________________________

TYPE OF PRACTICE:  ☐ GP  ☐ FM  ☐ IM  ☐ Other _____________________________________________________________

How many years have you attended Scott & White Internal Medicine Review?

☐ 1st Year  ☐ 2-5 years  ☐ 6-10 years  ☐ 11-15 years  
☐ 16-20 years  ☐ 21-25 years  ☐ more than 25 years

Meeting Registration & Social Event Fees

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<th>Meeting/Event</th>
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<td>Physician</td>
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<td>Optional ABIM SEP Module Course</td>
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<td>Mexican Fiesta – Monday, July 18th (No charge for maximum of 4 tickets)</td>
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<td>A paper syllabus may be ordered at this additional fee.</td>
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Total Amount Due with Registration Form

$_______

Method of Payment

Payment must accompany registration form

For online registration - visit \http://cme.sw.org

☐ Check (payable to Scott & White)  ☐ Visa  ☐ MasterCard  ☐ American Express  ☐ Discover

Signature: _____________________________________________________________ Amount to charge: $_________________

Card Number: __________________________ Expiration Date: __________

Mail or Fax to:  Department of Continuing Medical Education, Scott & White, 2401 South 31st St., Temple, TX 76508
Phone: (800) 724-7280 or (254) 724-7609  Fax: (254) 724-1753