NEW HORIZONS IN CARDIOVASCULAR MEDICINE

for the Primary Care Provider

WEDNESDAY | JANUARY 17, 2018

LOCATION
MIST Harlem
46 West 116th Street
New York, NY 10026

COURSE DIRECTORS
Valentin Fuster, MD, PhD, MACC
Samin K. Sharma, MD, FSCAI, FACC
Icilma Fergus, MD, FACC

www.icahn.mssm.edu/cme/courses
Target Audience
Primary Care Doctors, General Cardiologists, Nurse Practitioners and PA's

Accreditation
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for physicians.

Credit Designation
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 2.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance
Verification of attendance will be provided to all professionals.

PROGRAM OVERVIEW AND GOAL
Cardiovascular disease is the leading cause of death in the western and the developing world. There are approximately 500,000 deaths annually due to some form of cardiovascular related condition, with a death occurring on the average of one per minute due to heart related illnesses. Statistics indicate that there is a plateau in mortality for heart disease because of new technology and interventions in the past few years. While this is true for certain groups of the population, it is not true for others especially those with multiple risk factors in urban settings. Heart disease is largely preventable and controlled if appropriate intervention is initiated. There are many barriers to achieving appropriate control and goals among the mentioned populations for both health care providers and patients which could be ameliorated by appropriate and relevant education. This is the goal of the New Horizons in Cardiovascular Care for the Primary Care Provider symposium.

The New York City Department of Health and Mental Hygiene discovered in a 2013 study that Central Harlem has the highest age-adjusted cardiovascular disease mortality relative to East Harlem, the Upper East Side, and the Upper West Side.

PROGRAM SYNOPSIS
To provide a medium where community based practitioners can learn about general topics in cardiology and the latest approaches to treatment. This will include new technology and evidence-based therapy following the most updated guidelines.
LEARNING OBJECTIVES

The overall goal of this program is to enhance competency by providing participants with the most up-to-date developments in the diagnosis, treatment and management of cardiovascular disease and to facilitate this transfer of knowledge into practice to improve patient outcomes.

Upon completion of this program, attendees should be able to:

- Understand an overview of cardiovascular disease topics relevant to an urban community with high CV morbidity and mortality.
- Identify new technology and advances in the diagnosis and treatment of coronary artery disease, heart failure treatment, and atrial fibrillation management in the complicated patient.
- Describe the new approaches for cardiovascular care including Precision Medicine, access and cardiometabolic contributors.

Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.

Faculty Disclosure

It is the policy of MSSM to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.
AGENDA

5:30–6:30pm  NETWORKING RECEPTION WITH LIGHT DINNER

6:30–6:35pm  Welcome and Introductions
Dr. Valentin Fuster, Dr. Samin K. Sharma, Dr. Icilma Fergus

Moderators: Dr. George Dangas and Dr. Noah Moss

6:35–6:55pm  CAD – The State of Affairs in Managing the Acute Patient with Multiple Co-Morbidities
Dr. Samin Sharma

6:55–7:15pm  Congestive Heart Failure: Paradigm Shift or Paradigm Drift
Dr. Sean Pinney

7:15–7:35pm  Atrial Fibrillation: Current Concepts for the Complicated Patient
Dr. Vivek Reddy

7:35–7:45pm  Question and Answer
Dr. Samin Sharma, Dr. Sean Pinney, Dr. Vivek Reddy

7:45–8:00pm  Break

Moderators: Dr. Joseph Sweeny and Dr. Johanna Contreras

8:00–8:20pm  The Changing Landscape of Cardiovascular Care – Precision Medicine and Access
Dr. Valentin Fuster

8:20–8:40pm  Heart Disease in Women: Have Things Changed?
Dr. Maryann McLaughlin

8:40–9:00pm  ABCD: The Importance of Cardiometabolic Contributors for Optimal Health
Dr. Jeffrey Mechanick

9:00–9:10pm  Question and Answer
Dr. Valentin Fuster, Dr. Maryann McLaughlin, Dr. Jeffery Mechanick

9:10–9:15pm  Closing Remarks
Dr. Icilma Fergus
FACULTY

COURSE DIRECTORS

Valentin Fuster, MD, PhD, MACC
Physician-in-Chief, The Mount Sinai Hospital
Director, Mount Sinai Heart
Director of The Zena and Michael A. Wiener Cardiovascular Institute
Richard Gorlin, MD/Heart Research Foundation Professor of Cardiology

Samin K. Sharma, MD, FSCAI, FACC
Director, Clinical & Interventional Cardiology
President, Mount Sinai Heart Network
Dean of International Clinical Affiliations
Anandi Lal Sharma Professor of Medicine, Cardiology

Icilma Fergus, MD, FACC
Immediate Past President, Association of Black Cardiologists
Board Member NYC and Founder’s Affiliates, American Heart Association
Associate Professor of Medicine
Director, Mount Sinai Heart Center for Cardiovascular Disparities

MOUNT SINAI FACULTY

Johanna P. Contreras, MD
Director of Heart Failure, Mount Sinai St. Luke’s and Mount Sinai West
Assistant Professor, Cardiology

George Dangas, MD, PhD, FACC, FSCAI
Director, Cardiovascular Innovation
Professor of Medicine, Cardiology
Professor Surgery, Vascular

Maryann McLaughlin, MD, MPH
Medical Director, Cardiac Health Program
Associate Professor of Medicine, Cardiology

Jeffrey I. Mechanick, MD
Director, Metabolic Support
President of American College of Endocrinology
Clinical Professor of Medicine, Endocrinology, Diabetes and Bone Disease

Noah Moss, MD
Assistant Professor of Medicine, Cardiology

Sean Pinney, MD, FACC
Director, Advanced Heart Failure and Cardiac Transplant Program
Associate Professor of Medicine, Cardiology

Vivek Reddy, MD
Director of Cardiac Arrhythmia Service
Professor of Medicine, Cardiology

Joseph M. Sweeney, MD, FACC
Director of the Lauder Family Cardiovascular Ambulatory Center
Assistant Professor of Medicine, Cardiology
LOCATION

MIST Harlem
46 West 116th Street
New York, NY 10026
http://mistharlem.com

REGISTRATION FEES

- Physicians $25
- Physician Assistants, Nurse Practitioners, allied health professionals $25
- Residents/Fellows *Complimentary
- Mount Sinai Health System (MSHS) Employees $25

*Complimentary registration must be done online. Please email cme@mssm.edu with a copy of your hospital ID for verification to receive a Complimentary Online Registration Code.

REGISTER ONLINE AT:
www.icahn.mssm.edu/cme/courses

CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by January 4, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than $50.

CONFERENCE INFORMATION

For additional information, email cme@mssm.edu or call the Office of CME at 212-731-7950.

EXHIBITS

If you have any questions or would like to exhibit, please contact Kimberley Kostiw at Kimberley.kostiw@mountsinai.org or 212-241-0592.
Two Ways to Register

- **Online:** [www.icahn.mssm.edu/cme/courses](http://www.icahn.mssm.edu/cme/courses)
- **Mail** this form with your check to:
  Icahn School of Medicine at Mount Sinai
  The Page and William Black Post-Graduate School
  One Gustave L. Levy Place, Box 1193
  New York, NY 10029-6574

Enclosed is my check for $____________ payable to The Page and William Black Post-Graduate School
(Checks must be received one week prior to conference.)

**Registration Fees**

- Physicians: $25
- Physician Assistants, Nurse Practitioners, allied health professionals: $25
- Residents/Fellows: *Complimentary*
- Mount Sinai Health System (MSHS) Employees: $25

*Complimentary registration must be done online. Please email cme@mssm.edu with a copy of your hospital ID for verification to receive a Complimentary Online Registration Code.*

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For security purposes, credit card payment cannot be accepted by mail or fax. **Register online to pay by credit card.**

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