MARY & DICK ALLEN DIABETES CENTER PRESENTS:

DIABETES: WHAT’S NEW?
WHAT’S NEXT?

Friday, November 13, 2015
Mary & Dick Allen Diabetes Center
520 Superior Avenue
Newport Beach, CA
7:30 a.m. - 4:15 p.m.

Course Director
Daniel A. Nadeau, MD
Dr. Kris V. Iyer Endowed Chair in Diabetes Care
Program Director, Mary & Dick Allen Diabetes Center
PROGRAM OVERVIEW

The Mary & Dick Allen Diabetes Center presents its annual conference on diabetes. Certified Diabetes Educators, Pharmacists, Registered Nurses and Registered Dietitians are invited and encouraged to attend for an educational day on clinical management. This one-day conference provides information on diabetes management and topics will include emerging adults and type 1 diabetes, nutrition, diabetes and cognitive impairment, cholesterol management, and the most recent technology and pharmacology updates.

MARY & DICK ALLEN DIABETES CENTER

The Mary & Dick Allen Diabetes Center is located at Hoag Health Center-Newport Beach, adjacent to Hoag Hospital's Newport Beach campus. Programs focus on meeting the challenges of diabetes care by providing comprehensive services and support that reflect the diversity in the community and each patient. The Allen Diabetes Center also offers educational programs and support services designed specifically to meet the needs of patients with diabetes and their families.

All professional educational programs of the Mary & Dick Allen Diabetes Center are supported through major grants from Cindy and Mike McKee, the Fletcher Jones Foundation of Los Angeles and community support provided through Hoag Hospital Foundation and the Hoag Community Benefit Program.

WHO SHOULD ATTEND

The audience for this event includes Certified Diabetes Educators, Pharmacists, Registered Nurses and Registered Dietitians.
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PROGRAM MODERATORS
Eunice Lee, MS, MPH
Program Manager, Mary & Dick Allen Diabetes Center
Kelly Taylor, MSN, NP
Nurse Practitioner and Diabetes Educator, Mary & Dick Allen Diabetes Center

AGENDA

7:30 – 7:50 a.m.  Breakfast* & Registration

7:50 – 8:00 a.m.  Welcome & Introductions
Daniel A. Nadeau, MD
Dr. Kris V. Iyer Endowed Chair in Diabetes Care
Eunice Lee, MS, MPH

8:00 – 9:00 a.m.  Protecting the Brain from Damage in those with Diabetes
William R. Shankle, MS, MD, FACP
Judy & Richard Voltmer Endowed Chair in Memory and Cognitive Disorders,
Hoag Neurosciences Institute

9:00 – 10:00 a.m.  Pumps and Sensors – Of Machines and Men
Mark Daniels, MD
Pediatric Endocrinologist,
CHOC Children’s Hospital

10:00 – 10:15 a.m.  Morning Break & Exhibits

10:15 – 11:15 a.m.  Filling An Unmet Need in Lipid Treatment: PCSK9 Inhibitors
Dipti Itchhaporia, MD, FACC
Robert & Georgia Roth Endowed Chair for Excellence in Cardiac Care
Jeffrey M. Carlton Heart & Vascular Institute

11:15 a.m. – 12:15 p.m.  Yoga for Diabetes and Pregnancy
Milka Gronlund, PhD, PsyD, MBA

12:15 – 1:00 p.m.  Luncheon* & Exhibits

1:00 – 2:00 p.m.  Diet and Exercise Guidelines for Gestational Diabetes
Meghan Gonzalez, RD, CDE
Registered Dietitian and Diabetes Educator
Mary and Dick Allen Diabetes Center

2:00 – 3:00 p.m.  Young Adults with Diabetes – Transition of Care
Anne Peters, MD
Professor, Keck School of Medicine of USC

3:00 – 3:15 p.m.  Afternoon Break and Exhibits

3:15 – 4:15 p.m.  Synergizing Innovations in Nutrition and Medical Management of Type 2 Diabetes
Daniel A. Nadeau, MD
Dr. Kris V. Iyer Endowed Chair in Diabetes Care

*Breakfast, lunch, and refreshment menu designed by Daniel A. Nadeau, MD
PROGRAM OBJECTIVES

• Describe how diabetes causes cognitive impairment and what steps can be taken to prevent it.

• Describe the advances of the novel pumps and sensors and how these will benefit the patient population we serve. Explain the limitations of these technologies, including the continued required vigilance of the user and those around him/her.

• Describe the mechanism of action of PCSK9 inhibitors and how they can affect LDL levels in patients who are statin intolerant and in patients who have not achieved LDL goals.

• Explain the benefits of yoga for mental, physical, and spiritual wellness during pregnancy.

• Describe a healthy meal plan for women with gestational diabetes and list (2) benefits of exercise for a woman with gestational diabetes.

• Describe steps to prepare young adults for the transition to adult care, comprehend the data from the T1D Exchange on how A1c changes over the teen to young adult years and outline highlights of “Type 1 Diabetes Through the Life Span: A Position Statement of the American Diabetes Association”.

• Review new approaches to nutritional management of Type 2 Diabetes and describe newer medications and their combined use with nutrition for optimizing patient care.

ACCREDITATION

Hoag Hospital is approved by the California Board of Registered Nursing, provider number 00146, for 7.0 continuing education units. California CNA Board will accept credits that have been approved by California BRN.

The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs), will receive 7.0 continuing professional education units (CPEUs) for completion of this program. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

This course has been designated by the California Accreditation for Pharmacy Education as meeting its C.E. requirements for six (6.0) hours of credit. Pharmacists completing this course prior to November 13, 2017 (up to 2 years from presentation date) may receive credit. Documentation of successful course completion will be available within (2) business days of the presentation. Provide Number: CAPE 157.
REGISTRATION

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Hoag Nursing/Staff Registration:
Register online at www.hoag.org/events

When completing your registration form, use your Hoag email address when you register for this program. Please submit registration deposit by one of the following: Call x44587, Monday - Friday, with your credit card deposit; Send the completed credit card information below or a $25 personal check to: Hoag Events, 510 Superior Ave., Suite 290, Newport Beach, CA 92663. Your seat will not be confirmed until we receive your deposit.

- Hoag Employees $25 Deposit Required (deposit refunded upon completion of program)
- Hoag Employee Number: __________

Non-Hoag Registration:
Register online at www.hoag.org/events

Or you can mail/fax registration by completing the registration card below and mail with complete credit card information or check payable to:
Hoag Memorial Hospital Presbyterian,
Hoag Events, 510 Superior Ave., Suite 290,
Newport Beach, CA 92663.

Or Fax to: 949-764-5820, or Email: HoagEvents@hoag.org

- RN, RD, Pharm.D. & CDE Staff: $83
- St. Joseph Health RN, RD, Pharm.D. & CDE Staff: $41.50 (Applies to clinicians employed at St. Joseph Hospital of Orange, St. Jude Medical Center, and Mission Hospital of Mission Viejo/Laguna Beach)
- Non-licensed RN, RD and Pharm.D. Students: $33

Registration fees include conference tuition, continental breakfast, lunch and refreshments.

First Name ___________________________ Last Name ___________________________

CLINICAL Title (i.e. RCP, RN, etc.) ___________________________ License ___________________________

Institution ___________________________ Unit or Specialty ___________________________

Mailing Address

City ___________________________ State ___________________________ Zip ___________________________

Phone ___________________________ Fax ___________________________ Email ___________________________

Payment

- Check (payable to Hoag Hospital) Please mail form and check to address listed above
- Visa ☐ MasterCard ☐ American Express ☐ Discover

Credit Card Number ___________________________ Expiration Date ___________________________

Name (As it appears on card) ___________________________

Signature ___________________________

Upon receipt of registration – a confirmation will be sent via email. The electronic syllabus will be available to the pre-registered attendees online prior to the symposium for downloading and printing. Attendees will receive an email when the syllabus materials are available online. Printed syllabus will not be available at this conference. Partial credit is not given for this program.

Cancellations

Written cancellations will be accepted until November 6, 2015. No refunds will be given for cancellations after November 6, 2015. No refunds will be given for no-shows.