## Faculties

**Conference Directors**

- **Mahmoud Ibrahim, MD**
  Director
  Center for Diabetes Education
  McDonough, GA

- **Jaakko Tuomilehto, MD, MA, PhD, FRCP**
  Professor Emeritus
  University of Helsinki
  Helsinki, Finland

**Distinguished Guest Faculty**

1. **Ann L. Albright, PhD, RD**
   Centers for Disease Control - Atlanta, GA

2. **Mohammed Ali, MBChB, MSc, MBA**
   Centers for Disease Control - Atlanta, GA

3. **Professor Stephanie Amiel**
   King’s College - London, England, UK

4. **Jason Baker, MD**
   Cornell Medical College - New York, NY

5. **Halit Tanju Besler, PhD**
   Hacettepe University - Ankara, Turkey

6. **Daniel Blumenthal, MD, MPH**
   Morehouse School of Medicine, Atlanta, GA

7. **Luke P. Brewster, MD, PhD, MA, RVT**
   Emory University School of Medicine - Atlanta, GA

8. **John Buse, MD, PhD**
   University of North Carolina - Chapel Hill, NC

9. **Ryan Demmer, MD, MPH**
   Columbia University - New York, NY

10. **Joanna C. DiBenedetto, BS, MNM**
    AADE - Chicago, IL

11. **Robert Eckel, MD**
    University of Colorado - Denver, CO

12. **Steven Engebretson, DMD, MS, MS**
    Columbia University - New York, NY

13. **Amy Fischl, MS, RD, LDN, BC, ADM, CDE**
    University of Chicago - Chicago, IL

14. **Martha Funnell, MS, RN, CDE**
    University of Michigan - Ann Arbor, MI

15. **Professor Peter Gaede**
    University of Copenhagen - Copenhagen, Denmark

16. **Alan M. Garber, MD, PhD**
    Harvard Medical School - Boston, MA

17. **Timothy Garvey, MD**
    University of Alabama at Birmingham - Birmingham, AL

18. **Ben Gerber, MD, PhD**
    UIC College of Medicine - Chicago, IL

19. **Linda Gonder-Frederick, MD**
    University of Virginia School of Medicine - Charlottesville, VA

20. **Deborah Greenwood, PhD, RN**
    Sutter Medical Foundation - Sacramento, CA

21. **Edward Gregg, PhD**
    Centers for Disease Control - Atlanta, GA

22. **Hans-Ulrich Haring, MD, PhD**
    University of Tubingen - Tubingen, Germany

23. **Professor Simon Heller**
    University of Sheffield - Sheffield, England, UK

24. **Professor Sehnza Karadeniz**
    Istanbul Science University - Istanbul, Turkey

25. **Manon Khazraei, MS, RD**
    Medical University of Rome - Rome, Italy

26. **Mick Kumwenda, MB, CHB, MSc, FRCP**
    Glan Clwyd Hospital - Rhyl, North Wales, UK

27. **Evie Lalla, DDS, MS**
    Columbia University Medical Center - New York City, NY

28. **David Leslie, MD, FRCP**
    University of London - London, England, UK

29. **Edward Lin, DO, FACS**
    Emory University School of Medicine

30. **Sue McLaughlin, MOL, BS, RD**
    University of Nebraska Medical Center - Omaha, NE

31. **Amir Mohamed**
    Carnegie Mellon University - Pittsburg, PA

32. **Pablo Aschner Montoya, MD, MSc**
    Javeriana University School of Medicine - Bogota, Columbia

33. **Andrew Muir, MD, MHS**
    Duke University School of Medicine - Durham, NC

34. **David M. Nathan, MD**
    Harvard Medical School - Boston, MA

35. **Anant Nigam, MD, FRCP**
    Visiting Fellow, Joslin Diabetes Center - Boston, MA

36. **Darin Olsen, MD**
    Atlanta Veterans Affairs Medical Center - Decatur, GA

37. **Lawrence Phillips, MD**
    Emory University School of Medicine - Atlanta, GA

38. **Paolo Pozzilli, MB, BS, MD**
    Barts and the London School of Medicine and Dentistry - London, England, UK

39. **Jennifer Rooke**

40. **Rafael Gabriel Sanchez, MD, PhD**
    Hospital University La Paz - Madrid, Spain

41. **Elizabeth Seagrist, MD**
    University of Minnesota - Minneapolis, MN

42. **Karen Siegel, MPH, PhD**
    Emory University School of Medicine - Atlanta, GA

43. **Abraham Thomas, MD**
    Henry Ford Medical Center - Detroit, MI

44. **Peter M. Thule, MD**
    Emory University School of Medicine

45. **Guillermo E. Umpierrez, MD**
    Emory University School of Medicine - Atlanta, GA

46. **Vijay Viswanathan, MD, PhD, FRCP**
    M.V. Hospital for Diabetes - Chennai, India

47. **Sandra Weber, MD**
    Greenville Memorial Hospital - Greenville, SC

48. **Kitty Wine**

49. **Anne Wolf, MS, RD**
    University VA Medical School - Charlottesville, VA
PROGRAM DESCRIPTION
Diabetes is one of the fastest growing public health problems worldwide. It affects all populations, causes severe medical complications, and shortens life expectancy significantly. Treatment of diabetes and its complications is usually lifelong and expensive. And yet, both are preventable.

The World Congress on Prevention of Diabetes and Its Complications is a global forum where experts on diabetes and prevention meet to facilitate quality scientific research discussions on principles of diabetes prevention programs from around the world. The conference has been held regularly since 1996 when the first historic Congress took place in Copenhagen, Denmark. Since then, increasing scientific evidence on the potential for prevention of type 2 diabetes has been revealed.

This global forum focuses on recommended principles of diabetes prevention from around the world and provides proven strategies in the treatment of diabetes complications. Diabetes prevention experts will describe current research and technology used in prevention; effective screening tools; and medications. Diabetes management experts will discuss the relationships between diabetes and cancer, cardiovascular disease, oral health; and associated complications such as insulin resistance, retinopathy and renal failure. Special symposia will present the AACE prevention algorithm and guidelines; the CDC report on the status of diabetes prevention; and foot disease management.

This year WCPD9 will be held in the United States for the first time. It will combine theory and practice, and will form a forum to disseminate new information, to learn from best practices and to have constructive debates around one of the most important public health issues. This program is for physicians, researchers, physician assistants, nurses, nurse practitioners, dietitians, diabetes educators, people interested in diabetes, people with diabetes, and other healthcare professionals.

EDUCATIONAL OBJECTIVES
At the conclusion of this program, participants will be able to:

- Illustrate the methodology for screening patients at high risk of developing diabetes;
- Identify methods for early diagnosis of diabetes;
- List the diabetes classification and prevention of acute complications and chronic tissue damage;
- Describe the problems associated with obesity, overweight, unhealthy nutrition and sedentary lifestyle;
- Practice the basic knowledge and skills needed for prevention of diabetes and complications;
- Develop a patient care plan focusing on multidisciplinary approaches.

CONTINUING EDUCATION CREDIT
The Emory University School of Medicine has approved this activity for a maximum of 19.0 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Emory University School of Medicine is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Emory University School of Medicine designates this live activity for 2 continuing dental education credits.

SYMPOSIUM LOCATION, TRANSPORTATION, AND PARKING
The conference will be held at the Georgia World Congress Center, 285 Andrew Young International Blvd NW, Atlanta, GA 30313.

Downtown Atlanta and the GWCC are easily reached via MARTA train and bus, taxi, shuttles, and Uber.

The GWCC operates 3 surface parking lots and 2 parking decks. Standard daily rate is $10, but during major events and games days, parking ranges from $15-$50 on site.

HOTEL ACCOMMODATIONS
The symposium has not reserved a group room block, but a large variety of hotels are available within walking distance. Please visit the conference website: www.wcpd9.com/accommodation for a complete listing.

If you wish to utilize the wcpd9 housing bureau, once you are registered, you will receive an access code in your confirmation email to complete your hotel room reservation through the bureau.

RESERVE EARLY!! It is important to note that the SEC (Southeastern College Football Conference playoffs) will also take place in downtown Atlanta December 3-4, and hotels will be filled. Don’t wait to make your reservation!
FRIDAY, DECEMBER 2, 2016

**TIME** | **EVENT** | **FACULTY**
--- | --- | ---
11:00 am – 7:00 pm | Registration |  
9:00 am – 3:00 pm | Lifestyle Coaching Workshop – “Diabetes Prevention Programming” |  
1:30 – 3:30 pm | Prevention Through the Use of the AACE Algorithm and Guidelines |  
4:00 pm | Preventing diabetes using programs other than DPP |  
4:15 – 6:30 pm | Opening Session: Keynote Lectures |  
7:00 – 8:15 pm | Symposium, Chocolate and Human Health |  
7:00 – 7:30 pm | Chocolate and Prevention of Cardiometabolic Disease |  
7:30 – 8:00 pm | Effect of Chocolate on Cognitive Function and Mood |  
8:00 – 8:15 pm | Commentary |  
8:15 – 9:15 pm | Opening Reception |  

SATURDAY, DECEMBER 3, 2016

**TIME** | **EVENT** | **FACULTY**
--- | --- | ---
7:00 am – 8:00 am | Continental Breakfast |  
7:00 am – 8:00 am | Registration |  
8:00 – 9:00 am | International Hypoglycemia Study Group |  
8:00 – 8:05 am | Purpose of symposium: to highlight important but lesser known aspects of hypoglycaemia |  
8:05 – 8:15 am | Hypoglycaemia classification: What’s missing or misguided in the current classification? Benefits of updating classification |  
8:15 – 8:30 am | Impaired awareness of hypoglycaemia: Risk factors and impact; Strategies for restoring awareness |  
8:30 – 8:45 am | Fear of hypoglycaemia: What are the consequences? How to mitigate this fear? |  
8:45 – 9:00 am | Panel Q & A Session |  
9:30 – 11:30 am | Concurrent Symposia |  
12:30 – 2:30 pm | Concurrent Symposia |  
10:00 am – 12:00 noon | Symposium 1: Diabetes and CVD |  
12:30 – 2:30 pm | Symposium 2: Prevention of Type 1 Diabetes |  
2:30 – 3:30 pm | Symposium 3: Nutrition and Diabetes Prevention |  
3:30 – 5:30 pm | Symposium 4: Novel Therapies for Type 1 Diabetes |  
4:00 pm – 6:00 pm | Symposium 5: Obesity and Diabetes: Strategies to Optimize Cardiovascular Health |  
5:30 pm – 7:30 pm | Symposium 6: Lifestyle and Diabetes Prevention |  
6:30 pm – 8:30 pm | Symposium 7: Current Technology and Diabetes Prevention |  
7:00 pm – 9:00 pm | Symposium 8: Prevention of Diabetes Complications |  
8:00 pm – 10:00 pm | Symposium 9: The Role of Nutrition in Type 1 Diabetes |  
9:00 pm – 11:00 pm | Symposium 10: The Changing Face of Type 1 Diabetes |  
10:00 pm – 12:00 am | Symposium 11: The Future of Type 1 Diabetes |  
11:00 pm – 1:00 am | Symposium 12: The Benefits of Early Detection of Type 1 Diabetes |  
12:00 am – 2:00 am | Symposium 13: The Importance of Early Intervention in Type 1 Diabetes |  
2:00 am – 4:00 am | Symposium 14: The Role of Technology in Type 1 Diabetes |  
4:00 am – 6:00 am | Symposium 15: The Impact of Type 1 Diabetes on Society |  
6:00 am – 8:00 am | Symposium 16: The Future of Type 1 Diabetes Research |  
8:00 am – 10:00 am | Symposium 17: The Role of Nutrition in Type 1 Diabetes |  
10:00 am – 12:00 noon | Symposium 18: The Changing Face of Type 1 Diabetes |  
12:00 noon – 2:00 pm | Symposium 19: The Benefits of Early Detection of Type 1 Diabetes |  
2:00 pm – 4:00 pm | Symposium 20: The Importance of Early Intervention in Type 1 Diabetes |  
4:00 pm – 6:00 pm | Symposium 21: The Role of Technology in Type 1 Diabetes |  
6:00 pm – 8:00 pm | Symposium 22: The Impact of Type 1 Diabetes on Society |  
8:00 pm – 10:00 pm | Symposium 23: The Future of Type 1 Diabetes Research |  
10:00 pm – 12:00 am | Symposium 24: The Role of Nutrition in Type 1 Diabetes |  
12:00 am – 2:00 am | Symposium 25: The Changing Face of Type 1 Diabetes |  
2:00 am – 4:00 am | Symposium 26: The Benefits of Early Detection of Type 1 Diabetes |  
4:00 am – 6:00 am | Symposium 27: The Importance of Early Intervention in Type 1 Diabetes |  
6:00 am – 8:00 am | Symposium 28: The Role of Technology in Type 1 Diabetes |  
8:00 am – 10:00 am | Symposium 29: The Changing Face of Type 1 Diabetes |  
10:00 am – 12:00 noon | Symposium 30: The Benefits of Early Detection of Type 1 Diabetes |
### AGENDA

#### SATURDAY, DECEMBER 3, 2016 (CONTINUED)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:30 am – 11:30 am</td>
<td>ORAL ABSTRACT PRESENTATIONS</td>
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<tr>
<td>12:30 – 2:30 pm</td>
<td>CONCURRENT SYMPOSIA</td>
</tr>
<tr>
<td>3:30 – 5:00 pm</td>
<td>SYMPOSIUM</td>
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**Symposium 9: CENTERS FOR DISEASE CONTROL**

*The Status of Diabetes Prevention in the United States: From the Risk Factors to Complications*

A402

**Symposium 10: PREVENTION PROGRAMS**

A403

**Symposium 11: DEBATE SESSION**

A402

**Symposium 12: DIABETES AND ORAL HEALTH**

A403

**Symposium 13: WOMEN WITH DIABETES AND ITS COMPLICATIONS**

**Symposium 14: GLOBAL CHALLENGES IN OBESITY AND ITS COMPLICATIONS**

#### SUNDAY, DECEMBER 4, 2016

<table>
<thead>
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<tr>
<td>3:00 – 5:00 pm</td>
<td>SYMPOSIUM</td>
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**Symposium 15: WOMEN WITH DIABETES AND ITS COMPLICATIONS**

**Symposium 16: GLOBAL CHALLENGES IN OBESITY AND ITS COMPLICATIONS**

### REGISTRATION INFORMATION


<table>
<thead>
<tr>
<th>ADVANCE REGISTRATION (on or before November 30)</th>
<th>FULL/ONSITE REGISTRATION (December 1)</th>
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<tbody>
<tr>
<td>Full Registration</td>
<td>$500</td>
</tr>
<tr>
<td>Student/Resident</td>
<td>$250</td>
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<tr>
<td>Guest</td>
<td>$250</td>
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<tr>
<td>Publish only</td>
<td>$100</td>
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<tr>
<td>Extra abstract</td>
<td>$65</td>
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**GUESTS**

One guest per full meeting registration is allowed for each registration category, with the exception of One-Day Registration. Guest registration includes entrance to the Exhibit Hall, Poster Hall, and non-ticketed social events only. Access to sessions is not permitted. Children under the age of 18, even if paid registrants, will not be admitted to session rooms or the Exhibit Hall.

**REGISTRATION CHANGES OR CANCELLATIONS**

- Name changes and substitutions are not permitted;
- All cancellation and refund requests must be made in writing and submitted via email to: [Registration@wcpd9.com](mailto:Registration@wcpd9.com);
- All attempts will be made to process refunds within 30 days of cancellation;
- In case of the denied Visa to USA, Full Refund will be applied after providing supporting documents.

For detailed conference and registration information, please visit the conference website: [www.wcpd9.com](http://www.wcpd9.com)