Primary Care Update:

Office Orthopaedics, Sports Medicine and Spine Problems

APRIL 26-27, 2013

Loudermilk Conference Center
40 Courtland Street
Atlanta, Georgia 30303
FRIDAY APRIL 26, 2013

7:15 A REGISTRATION, CONTINENTAL BREAKFAST, EXHIBITS

8:00 WELCOME
Scott D. Boden, MD and Sam Labib, MD, FRCSC

8:10 SPINAL DISORDERS: A NEW EPIDEMIC
Scott D. Boden, MD

8:20 PERTINENT HISTORY AND PHYSICAL EXAM OF NECK AND ARM PAIN
Tim Yoon, MD, PhD

8:45 PRIMARY CARE MANAGEMENT OF NECK AND ARM PAIN
Susan J. Dreyer, MD

9:10 COST EFFECTIVE IMAGING ALGORITHM FOR NECK AND ARM PAIN
Scott D. Boden, MD

9:30 WHEN TO REFER FOR NECK SURGERY
Tim Yoon, MD, PhD

9:55 QUESTIONS

10:20 BREAK AND EXHIBITS

10:45 TREATMENT OF OSTEOPOROTIC FRACTURES
Dheera Ananthakrishnan, MD

11:15 SCOLIOSIS IN THE PRIMARY CARE PRACTICE
Dheera Ananthakrishnan, MD

12:00 P LUNCH (provided)

1:00 MUSCULO-SKELETAL IMAGING: WHAT TO ORDER AND WHEN TO ORDER
Walt Carpenter, MD

1:30 COMMON HAND AND WRIST PROBLEMS
Gary McGillivary, MD

2:00 COMMON ELBOW AND FOREARM PROBLEMS
Claude Jarrett, MD

2:30 COMMON SHOULDER PROBLEMS
Spero Karas, MD

3:00 BREAK & EXHIBITS

3:20 HIP/KNEE ARTHRITIS: 2013 UPDATE
Tom Bradbury, MD

3:50 COMMON KNEE INJURIES
John Xerogeanes, MD

4:20 FOOT AND ANKLE: WHEN IS SURGERY INDICATED?
Sam Labib, MD, FRCSC

4:50 OFFICE FOOT CARE AND ORTHOTICS
Rami Calis, DPM

5:20 QUESTIONS

5:30 ADJOURN

SATURDAY APRIL 27, 2013

7:15 A CHECK-IN, CONTINENTAL BREAKFAST, EXHIBITS

8:00 HANDLING THE WORKER’S COMPENSATION PATIENT
Randy S. Katz, DO

8:20 COMMON PEDIATRIC ORTHOPEDIC PROBLEMS
Nicholas Fletcher, MD

8:40 ADULT MUSCULO-SKELETAL PROBLEMS YOU CAN’T MISS
Jorge Rodriguez, DO, CAQSM

9:10 TENDONOPATHY: NEW TREATMENTS FOR AN OLD PROBLEM
Kenneth Mautner, MD

9:30 PRE-SEASON PHYSICALS AND SIDELINE COVERAGE FOR THE FAMILY DOCTOR
Jeffrey Webb, MD

10:00 BREAK AND EXHIBITS

10:25 BREAKOUT SESSION I (A, B, C OR D)

11:10 SWITCH

11:15 BREAKOUT SESSION II (A, B, C OR D)

12:00 P LUNCH (provided)

1:00 PERTINENT HISTORY AND PHYSICAL FOR BACK/LEG PAIN
Daniel Refai, MD

1:25 PRIMARY CARE MANAGEMENT OF BACK/LEG PAIN
Jose Garcia-Corrada, MD

1:45 SPINAL INJECTIONS: WHEN, WHY, WHAT KIND?
Howard I. Levy, MD

2:00 COST EFFECTIVE IMAGING AND ALGORITHM FOR BACK/LEG PAIN
John M. Rhee, MD

2:20 WHEN TO REFER FOR BACK SURGERY
John M. Rhee, MD

2:45 QUESTIONS

3:00 BREAK AND EXHIBITS

3:15 BREAKOUT SESSION III (A, B, C OR D)

4:00 SWITCH

4:10 BREAKOUT SESSION IV (A, B, C OR D)

5:00 ADJOURN

BREAKOUT SESSIONS

A. How to perform a time efficient neurologic exam
Jose Garcia-Corrada, MD, John Heller, MD, Daniel Refai, MD, Diana Sodiq, DO

B. Identifying and Understanding the Malingering and Symptom Amplifier
Randy S. Katz, DO, James Weisberg, PhD, David D. Hubbell, MD

C. How to examine the Lower Extremity
Kenneth Mautner, MD, Brandon Mines, MD

D. How to examine the Upper Extremity
Jeffrey Webb, MD, Jorge Rodriguez, DO, CAQSM
STATEMENT OF NEED/GAP ANALYSIS
There is a knowledge deficit among general primary care physicians regarding new technologies and treatment strategies in sports medicine, orthopaedics, and spine related problems, including non-operative treatment of injuries. Primary care providers need exposure to recent advances in the recognition and modulation of orthopaedic-specific diagnosis and treatments for their patients. This conference will bridge gaps in knowledge, competence, and performance between medical and orthopaedic related problems and provide tools for practitioners to integrate the latest clinical guidelines within the context of their practice. This will improve patient decision making regarding prevention, screening, and treatment, and will promote physician lifelong learning efforts with an emphasis on improving patient care.

WHO SHOULD ATTEND
Primary care physicians, and allied health professionals including family physicians, internal medicine physicians, physical therapists,, and athletic trainers who care for active individuals.

COURSE OBJECTIVES
At the conclusion of this program, participants should be better able to:

- Discuss high quality cost-effective, non-operative treatments for orthopaedic/spine injuries and problems
- Understand the appropriate indications and timing for imaging tests, sub-specialty referral, and surgery
- Discuss common office based upper and lower extremity joint problems and indications for surgery
- Understand how to use the history and physical to sort through the differential diagnosis of neck, shoulder, and arm pain
- Differentiate surgical and non-surgical cervical disorders and enumerate the most common problems requiring surgery
- Compare vertebroplasty and balloon kyphoplasty for treatment of vertebral compression fractures
- Examine a scoliosis patient confidently, interpret X-ray basics and discuss treatment options
- Explain the complexities of workers compensation cases and techniques to determine their validity
- Integrate the latest approach to the diagnosis and treatment of arthritis, sports medicine complaints and fractures, including spine compression fractures
- Improve adherence to recent guidelines for musculoskeletal management
- Understand the benefit and role of physical therapy and injections for musculoskeletal problems.

ACCREDITATION
The Emory University School of Medicine designates this live activity for a maximum of 14.50 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Emory University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physical Therapists: PTAG has approved this course for 1.450 CEU’s.

Athletic Trainers: This course is approved for 14.50 CEU’s through the Board Certification, Inc.

Emory Sports Medicine Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. Provider number P3345.

TUITION
The tuition charge of $425 for Physicians and $300 for Residents/Physical Therapists, Athletic Trainers and Ancillary Personnel includes continental breakfast, refreshment breaks, lunch, course syllabus, and other amenities involved in making this a rewarding learning experience. Emory University reserves the right to cancel the program and return all fees. The liability of Emory University School of Medicine is limited to the course fee. Emory will not be responsible for any losses incurred by registrants, including, but not limited to, airline cancellation charges or hotel deposits. The program agenda is subject to change without notice.

To cancel your registration, please fax or mail a written notice to the CME Office by March 26, 2013. Refund will be less $50 administrative fee. Cancellations after March 26, 2013 are NON REFUNDABLE.

CONFERENCE LOCATION & DIRECTIONS
The conference will be held at The Loudermilk Center for the Regional Community, 40 Courtland Street, Atlanta, Georgia. Located in downtown Atlanta, 30303 with easy access from I-85/75, The Loudermilk Center offers covered parking at $7/daily. PLEASE BRING YOUR PARKING TICKET WITH YOU TO GET IT STAMPED FOR THE DISCOUNT ON FRIDAY. PARKING IS FREE ON SATURDAY.

Directions: It is best to not rely on Mapquest for directions to The Loudermilk Center. The center is located off Courtland Street, which is a one way street going south. Once on Courtland, Loudermilk Center for the Regional Community will be immediately on the right after you pass Auburn Avenue. Look for the CME sign and turn right onto Lynches Alley (the street after Auburn Avenue and before Edgewood Avenue) and park in the United Way parking deck. For more specific directions to The Loudermilk Center, please call (404) 507-1690 or visit their website at www.loudermilkcenter.com.

LODGING
As agent for the conference, the Emory University School of Medicine, Office of Continuing Medical Education has reserved a block of rooms at the Ritz Carlton Downtown, 181 Peachtree Street, Atlanta, GA 30303 at the special group rate of $169, plus taxes,per night. To reserve accommodations and receive the group rate, please call 404-659-0400 or 1-800-241-3333 and reference the Emory Primary Care Office Orthopaedics meeting. Reservations should be made as soon as possible but not later than March 26, 2013. The Ritz Carlton is a short 10-minute walk to The Loudermilk Center. (Exit hotel LEFT on Peachtree St and turn LEFT on Ellis Street; RIGHT on Courtland). Overnight Valet Parking is $32 per night.

MAINTENANCE OF CERTIFICATION
ABOS requires that orthopaedic surgeons obtain 120 orthopaedic topical related AMA PRA Category 1 Continuing Medical Education (CME) Credits. This course contributes to this requirement.
REGISTRATION

PRIMARY CARE UPDATE:  
Office Orthopaedics, Sports Medicine and Spine Problems  
April 26-27, 2013  
Loudermilk Conference Center, Atlanta, Georgia

REGISTRATION ONLINE RECOMMENDED at:  
www.emory.edu/CME

<table>
<thead>
<tr>
<th>Tuition</th>
<th>Physicians</th>
<th>Other Healthcare Professionals, Physical Therapists, &amp; Athletic Trainers</th>
</tr>
</thead>
<tbody>
<tr>
<td>By March 26, 2013</td>
<td>$425</td>
<td>$300</td>
</tr>
<tr>
<td>After March 26, 2013</td>
<td>$475</td>
<td>$325</td>
</tr>
</tbody>
</table>

ATs AND PTs PLEASE BRING YOUR CERTIFICATION NUMBER(S) WITH YOU TO RECORD ON THE REGISTRATION SHEETS

Please complete if faxing or mailing registration

Name:__________________________________________  
Specialty:______________________________________  
Title:  MD  PT  AT*  NP  PA  OTHER  _________  
*If you’re an Athletic Trainer, it’s important you indicate on this registration form to receive your BOC Certificate on site.  
Affiliation:__________________________________________  
Address:__________________________________________  
City/State/Zip:__________________________________________  
Phone:_________________________Fax:_________________________  
E-mail (Required):__________________________________________  
For CME Tracking purposes, assign your own 4-digit PIN # (REQUIRED): ___ ___ ___ ___  
Special Needs:__________________________________________  

Payment

Total Enclosed $_________________________

Detach and mail or fax to:
CONTINUING MEDICAL EDUCATION  
Emory University School of Medicine  
1462 Clifton Road, N.E., Suite 276  
Atlanta, Georgia 30322  
Phone: Local: (404) 727-5695  
Toll Free: (888) 727-5695  
Fax: (404) 727-5667  
E-mail: cme@emory.edu

* (Please make a copy of the Registration Form to mail in with your tuition, so that you can keep the General Information printed on the back of the Registration Form available for later use)