Emory Heart Center
Emory University School of Medicine
Department of Medicine - Division of Cardiology
presents

EMORY SYMPOSIUM ON
CORONARY
ATHEROSCLEROSIS
PREVENTION & EDUCATION
MAY 31 – JUNE 4, 2017

OMNI Amelia Plantation
Amelia Island, Florida

Endorsed by
The American Society for Preventive Cardiology

Emory University School of Medicine

FACULTY

COURSE DIRECTORS
Emory University School of Medicine

LAURENCE S. SPERLING, MD, FACP, FACC, FAHA
Professor of Medicine - Cardiology
Director, Center for Heart Disease Prevention

IJOMA ISIADINSO, MD, MPH
Assistant Professor of Medicine - Cardiology

JEFFERSON BAER, MD, MPH
Assistant Professor of Medicine - Cardiology

ARSHED A. QUYYUMI, MD, FACC, FRCP
Professor of Medicine - Cardiology

DANNY EAPEN, MD
Assistant Professor of Medicine - Cardiology

ROBERT WILSON, PA-C
Interventional Cardiology

GUEST FACULTY

ROGER S. BLUMENTHAL, MD
Professor of Medicine - Cardiology
Director of Preventive Cardiology
Johns Hopkins

GEORGE A. MENSAH, MD
Director, Center for Translation Research and Implementation Science (CTRIS)
National Heart, Lung, and Blood Institute

EMORY FACULTY
Emory University School of Medicine

MIKHAEL EL-CHAMI, MD

DIVYA GUPTA, MD

JENNIFER MEKHOUKH, NP

PUJA MEHTA, MD

DOUGLAS MORRIS, MD

TANVEER RAB, MD

PRATIK SANDESARA, MD

DAVID VEGA, MD

BRYAN WELLS, MD

BYRON WILLIAMS, MD

PETER WILSON, MD
INFORMATION

STATEMENT OF NEED
Cardiovascular disease remains the number one cause of death of men and women in the United States, and is a major cause of disability. The American Heart Association has a stated goal to reduce deaths from cardiovascular disease and stroke by 20% by 2020. In order to achieve this goal, physicians and clinicians must gain the knowledge, skill and resources to integrate the latest research and clinical guidelines in the context of their own practice.

At ESCAPE attendees will hear nationally renowned speakers discuss four prevention focused areas relative to cardiologists and practicing physicians and clinicians: Controversies in Prevention, Hot Topics in CV Prevention, Practical Prevention, and Prevention Potpourri. There will also be lectures on electrophysiology, interventional cardiology, peripheral vascular disease and congestive heart failure.

This conference will close the knowledge gaps between national guideline goals, practice, and research. Physicians and clinicians will have the opportunity to discuss with the speakers and other attendees how these principles can be applied to patient care in the context of their own practice in order to decrease cardiovascular disease risk.

CORE COMPETENCIES
Patient Care and Medical Knowledge

OBJECTIVES
At the conclusion of this activity, participants will be able to:

- Discuss the most recent trials for hypertension
- Describe the use of PCSK9 Inhibitors
- Identify indications to use aspirin for primary prevention of CAD
- Describe how inflammatory diseases put patients at risk for CAD
- Discuss how and when to screen patients for carotid artery disease
- Describe the various imaging modalities to risk stratify for CAD
- Summarize the trends in CV mortality and what can be done
- Recognize the benefits of cardiac rehab
- Explain the CV risk of chronic use of anti-inflammatory medication
- Express how to manage statin intolerance
- Develop a plan to reduce heart failure readmissions
- Describe risk and prevention of CVA for patients with afib
- Explain how to reduce CV risks of sleep apnea
- Analyze the guidelines and tools for CV risk calculation
- Define the role of palliative care in the heart failure team
- Give examples of how to treat women with stable heart disease
- Describe how to minimize risk of post PCI bleeding

WHO SHOULD ATTEND
Cardiologists, general internists, family practice providers, internal medicine subspecialists, pharmacists, physician assistants, nurse practitioners and other primary healthcare providers.

MAINTENANCE OF CERTIFICATION (MOC)
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 19.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

EVENTS AND ATTIRE
Attire for the symposium is business casual and comfortable. Since meeting room temperatures and personal comfort levels vary, please bring a sweater or jacket to the educational sessions. Attire for the Family Social on Friday, June 6 is casual.

WEDNESDAY, May 31 from 4:30 - 6:30 pm - Pre Meeting Workshops

THURSDAY, June 1 from 5:45 - 7 pm - Attendee-Spouse Session
Spouses are invited to participate in this session. Children's Program: If you have children 3 years and above, we’ll provide supervised activities and snacks in an adjacent room.

FRIDAY, June 2 from 6-8 pm - Family Social and Cookout
This is an evening cookout and social that will take place under the stars and your spouse, children, and guests may attend (the conference fee covers up to 4 people plus children ages 3 years and under). Additional fees apply for extra guests (see the registration form for details). Children will be entertained with games and a clown. Please reserve your attendance on the registration form.

CONFERENCE LOCATION AND LODGING
The conference will be held at Omni Amelia Island Plantation, 39 Beach Lagoon, Amelia Island, Florida 32034. Room reservations may be made by calling 1-888-261-6161. Emory University School of Medicine has secured a block of Oceanfront rooms at the Omni Amelia Island Plantation for the group rate of $292 (plus applicable taxes) per night, single or double occupancy. These rates will be honored three days prior to and three days following the meeting, based on guest room availability. See all ESCAPE special rates below.

The resort has a $20 (plus applicable taxes) per room resort fee per night. This fee includes: Complimentary self-parking, unlimited internet access in all accommodations, on-property resort transportation service, unlimited use of Health & Fitness Center, in room coffee service, local & toll free phone access, resort beach access, Preferred Racquet Club and Golf Course reservation access. Early checkout fees may apply if your check out is prior to your reserved check out date.

To receive the discounted rate, please indicate that you are attending the EMORY ESCAPE conference when making your reservation. Reservations should be made as soon as possible, but no later than May 4, 2017. It is highly recommended you make your reservations as soon as possible, as this rate is available through May 4 or until the block is sold out, whichever comes first. After this date, reservations will be made on space available basis.

For more information about the Omni Amelia Island Plantation, you may call (904) 261-6161 or visit the Omni Amelia Island Plantation website at www.omnihotels.com/ameliaisland.

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<thead>
<tr>
<th>Room</th>
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<td>Oceanfront Guestroom</td>
<td>$292</td>
<td>Resortview Guestroom</td>
<td>$269</td>
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<tr>
<td>Oceanfront 1 Br-Villa Suite</td>
<td>$329</td>
<td>Resortview 1 Br. Suite</td>
<td>$329</td>
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<tr>
<td>Oceanfront 2 Br-Villa</td>
<td>$402</td>
<td>Resortview 2 Br. Beachwood</td>
<td>$332</td>
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<tr>
<td>Oceanfront 3 Br-Villa</td>
<td>$476</td>
<td>Resortview 3 Br.Villa</td>
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Villas require 3 night minimum stay

GROUND TRANSPORTATION
Round trip transportation is available between the Jacksonville International Airport and Omni Amelia Island Plantation (29 miles). For transportation reservations, please call Frontrunners at (904) 714-1277. The rate is $96 per vehicle, one way, gratuity included. Advance reservations required.

ESCAPE is now on Facebook. Join us for updates at: http://www.facebook.com/EmoryCardiology
## AGENDA

### ALL SESSIONS WILL BE HELD IN THE OMNI AMELIA INN CONFERENCE CENTER

#### WEDNESDAY, MAY 31, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 pm</td>
<td><strong>REGISTRATION</strong> (OMNI Amelia Island Conference Center)</td>
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#### PRE-MEETING WORKSHOPS

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>4:30-5:30</td>
<td><strong>CASES &amp; CHALLENGES IN OFFICE-BASED PREVENTION</strong></td>
<td>Ijeoma Isiadinso, MD, Jennifer Mekhoukh, NP, Pratik Sandesara, MD (Katz CV Prevention Fellow)</td>
</tr>
<tr>
<td>5:30-6:30</td>
<td><strong>INCORPORATING CV PREVENTION IN HOSPITAL CONSULTS- CASE-BASED DISCUSSION</strong></td>
<td>Rob Wilson, PA-C, Jefferson Baer, MD</td>
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#### THURSDAY, JUNE 1, 2017

**FOCUS:** **CONTROVERSIES IN PREVENTION**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td><strong>REGISTRATION, BREAKFAST AND EXHIBITS</strong></td>
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<tr>
<td>7:25</td>
<td>WELCOME</td>
<td>Laurence Sperling, MD</td>
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<tr>
<td>7:30</td>
<td><strong>SOCIAL DETERMINANTS OF HEALTH IN CV PREVENTION</strong></td>
<td>Arshed Quyyumi, MD</td>
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<tr>
<td>7:50</td>
<td><strong>SPRINTING TO NEW GUIDELINES FOR HYPERTENSION</strong></td>
<td>Roger Blumenthal, MD</td>
</tr>
<tr>
<td>8:10</td>
<td><strong>PCS9 INHIBITION: PROMISE AND POSSIBILITIES</strong></td>
<td>Laurence Sperling, MD</td>
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<tr>
<td>8:30</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
<td>Laurence Sperling, MD</td>
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<tr>
<td>8:50</td>
<td><strong>BREAK AND EXHIBITS</strong></td>
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<tr>
<td>9:10</td>
<td><strong>IMPROVING SAFETY IN PATIENTS UNDERGOING CARDIAC SURGERY: A MULTIDISCIPLINARY TEAM APPROACH</strong></td>
<td>David Vega, MD</td>
</tr>
<tr>
<td>9:30</td>
<td><strong>ASPIRIN FOR PRIMARY PREVENTION: UNRAVELING THE PUZZLES</strong></td>
<td>Jefferson Baer, MD</td>
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<tr>
<td>9:50</td>
<td><strong>AUTO-INFLAMMATORY DISEASES AND CV RISK: AWARENESS AND APPROACHES TO PREVENTION</strong></td>
<td>Ijeoma Isiadinso, MD</td>
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<tr>
<td>10:10</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
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<tr>
<td>10:30</td>
<td><strong>BREAK AND EXHIBITS</strong></td>
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<tr>
<td>10:50</td>
<td><strong>SHOULD CARDIOLOGISTS FOLLOW THE LEADER? DIABETES AND CV PREVENTION</strong></td>
<td>Peter Wilson, MD</td>
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<tr>
<td>11:10</td>
<td><strong>EVALUATION AND MANAGEMENT OF CAROTID ARTERY DISEASE</strong></td>
<td>Bryan Wells, MD</td>
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<tr>
<td>11:30</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
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<tr>
<td>11:45</td>
<td><strong>ADJOURNMENT</strong></td>
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<tr>
<td>5:45 pm</td>
<td><strong>ATTENDEE / SPOUSE RECEPTION: THE GIFT OF GIVING FROM THE HEART OF A TRANSPLANT SURGEON</strong></td>
<td>David Vega, MD</td>
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#### FRIDAY, JUNE 2, 2017

**FOCUS:** **HOT TOPICS IN CV PREVENTION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>6:30 am</td>
<td><strong>SIGN-IN, EXHIBITS, BREAKFAST</strong></td>
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<tr>
<td>6:45</td>
<td><strong>EKGS PEARLS WITH THE PROFESSORS</strong></td>
<td>Doug Morris, MD, Byron Williams, MD</td>
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<tr>
<td>7:30</td>
<td><strong>RECLASSIFYING CV RISK USING SELECTIVE IMAGING</strong></td>
<td>Roger Blumenthal, MD</td>
</tr>
<tr>
<td>7:50</td>
<td><strong>ADVERSE TRENDS IN CHD MORTALITY- POSSIBLE CAUSES AND NEED FOR ACTION</strong></td>
<td>George Mensah, MD</td>
</tr>
<tr>
<td>8:10</td>
<td><strong>NAVIGATING PREVENTION OF HEART FAILURE READMISSIONS: A HEART SUCCESS?</strong></td>
<td>Divya Gupta, MD</td>
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<tr>
<td>8:30</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
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<tr>
<td>8:50</td>
<td><strong>BREAK AND EXHIBITS</strong></td>
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<tr>
<td>9:10</td>
<td><strong>BEYOND LDL: GUIDANCE AS NO GUIDELINES</strong></td>
<td>Jefferson Baer, MD</td>
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<tr>
<td>9:30</td>
<td><strong>OMICS AND BIOMARKERS: READY FOR PRIME TIME?</strong></td>
<td>Arshed Quyyumi, MD</td>
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<tr>
<td>9:50</td>
<td><strong>PREVENTION OF CARDIAC DEATH IN HIGH RISK GROUPS</strong></td>
<td>Michael El-Chami, MD</td>
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<tr>
<td>10:10</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
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<tr>
<td>10:30</td>
<td><strong>BREAK AND EXHIBITS</strong></td>
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<tr>
<td>10:50</td>
<td><strong>GUIDELINES FOR PAD: FOCUS ON PREVENTIVE STRATEGIES</strong></td>
<td>Bryan Wells, MD</td>
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<tr>
<td>11:10</td>
<td><strong>ADAPTING TO BUNDLED PAYMENTS AND ALTERNATIVE PAYMENT MODELS: KEEPING PATIENTS FIRST</strong></td>
<td>Doug Morris, MD</td>
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<tr>
<td>11:30</td>
<td><strong>PANEL DISCUSSION / Q &amp; A</strong></td>
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<td>11:45</td>
<td><strong>ADJOURNMENT</strong></td>
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<td>12:00-12:45</td>
<td><strong>OPTIONAL LUNCH ROUNDTABLE DISCUSSION: BENEFITS OF TEAM-BASED CARE IN THE PREVENTION OF CVD</strong></td>
<td>Danny Espen, MD, Rob Wilson, PA-C</td>
</tr>
<tr>
<td>6:00 pm</td>
<td><strong>FAMILY SOCIAL &amp; COOKOUT</strong></td>
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## SATURDAY, JUNE 3, 2017

**FOCUS:** PRACTICAL PREVENTION  
**Moderator:** Arshed Quyyumi, MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>SIGN-IN, BREAKFAST AND EXHIBITS</td>
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</tbody>
</table>
| 7:30  | CARDIAC REHABILITATION AND SECONDARY PREVENTION: NEW CARE MODELS FOR A NEW WORLD  
Laurence Sperling, MD |
| 7:50  | TELEMEDICINE: CURRENT & FUTURE APPLICATIONS  
Danny Eapen, MD |
| 8:10  | CARDIO-ONCOLOGY: A NEW OPPORTUNITY FOR CV PREVENTION  
Puja Mehta, MD |
| 8:30  | PANEL DISCUSSION / Q & A                                                |
| 8:50  | BREAK AND EXHIBITS                                                     |
| 9:10  | KEYNOTE ADDRESS: TRANSLATING CV SCIENCE INTO CLINICAL PREVENTIVE PRACTICE  
George Mensah, MD |
| 9:40  | ADAPTING QUALITY CV CARE TO RURAL COMMUNITIES  
Tanveer Rab, MD |
| 10:00 | STATIN INTOLERANCE: WHO, WHY, AND WHAT TO DO?  
Danny Eapen, MD |
| 10:20 | PANEL DISCUSSION / Q & A                                                |
| 10:40 | BREAK AND EXHIBITS                                                     |
| 11:00 | PREVENTION OF POST-PCI BLEEDING: DO WE NEED A PIONEER?  
Rob Wilson, PA-C |
| 11:20 | BLOOD CHOLESTEROL: LESSONS FROM POPULATIONS  
Peter Wilson, MD |
| 11:40 | PANEL DISCUSSION / Q & A                                                |
| 12:00 pm | ADJOURNEMENT                                                            |
| 12:10 - 12:45 | OPTIONAL LUNCH ROUNDTABLE DISCUSSION: IDENTIFICATION AND MANAGEMENT OF FAMILIAL HYPERCHOLESTEROLEMIA  
Peter Wilson, MD, Jennifer Mekhouth, NP, Laurence Sperling, MD  
Pratik Sandesara, MD (Katz Preventive Cardiology Fellow) |

## SUNDAY, JUNE 4, 2017

**FOCUS:** PREVENTION Potpourri  
**Moderator:** Ijeoma Isiadinso

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:30 am</td>
<td>SIGN-IN, BREAKFAST AND EXHIBITS</td>
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</tbody>
</table>
| 7:00  | PREVENTION OF CARDIAC DEATH IN HIGH RISK GROUPS  
Mikhael El-Chami, MD |
| 7:20  | VITAMIN D AND CVD: MYTH OR MAKING A DIFFERENCE?  
Arshed Quyyumi, MD |
| 7:40  | APPROACH TO WOMEN WITH STABLE ISCHEMIC HEART DISEASE  
Puja Mehta, MD |
| 8:00  | PALLIATIVE CARE AS AN INTEGRAL PART OF HEART FAILURE CARE  
Divya Gupta, MD |
| 8:40  | ESTIMATING CV RISK: GUIDELINES AND THE FUTURE  
Peter Wilson, MD |
| 9:00  | SYSTEMS AND SOLUTIONS FOR CHEST PAIN AND TROPONEMIA IN THE ER  
Tanveer Rab, MD |
| 9:20  | STROKE PREVENTION IN ATRIAL FIBRILLATION  
Mikhael El-Chami, MD |
| 9:40  | SLEEP APNEA AND CV RISK: PREVENTABLE PREDICAMENT?  
Ijeoma Isiadinso, MD |
| 10:00 | NAVIGATING AIR TRAVEL AND CV CONCERNS: IS THE SKY THE LIMIT?  
Danny Eapen, MD |
| 10:45 | PANEL DISCUSSION / Q & A                                                |

All sessions will be held in the Omni Amelia Inn Conference Center.

Program subject to change.
REGISTRATION

EMORY SYMPOSIUM ON CORONARY Atherosclerosis PREVENTION & EDUCATION
MAY 31 – JUNE 4, 2017
Amelia Island, Florida

ONLINE REGISTRATION RECOMMENDED
www.emory.edu/CME
or register on this form if you are faxing or mailing

Name: ____________________________________________
Specialty/Title: ____________________________________
Address: __________________________________________
City/State/Zip: ______________________________________
Phone: ______________________ Fax: __________________
Email: ____________________________________________
(REQUIRED)

Special Needs: ______________________________________

PRE-MEETING WORKSHOPS - May 31, 2017 (4:30-6:30 pm)

☐ YES - I will attend  ☐ NO - I will not attend

ATTENDEE/SPOUSE RECEPTION - June 1, 2017 (5:45-7:00 pm)

☐ YES - # attending including myself
Children’s Activity ages 3+ years old (coincides with the event above) and for Attendees of the Spouse Activity
Please RSVP for the Children’s Activity ONSITE

FAMILY SOCIAL & COOKOUT - June 2, 2017 (6:00-8:00 pm)

Optional evening cookout and social. Games and a clown will be available for the children.
Please RSVP for this activity below

☐ YES - I/WE will attend  ☐ NO - I/WE will not attend

Conference fee covers up to 4 people plus children 3 years and under
Additional Fees over 4 people: Adults 13 years plus - $45 and children 4-12 years old - $20

_____ Number of adults including myself (13 years and older)
_____ Number of children 4-12 years old
_____ Number of children 1-3 years old

PHYSICIANS

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<thead>
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<th>By April 30</th>
<th>After May 1</th>
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<td>$715</td>
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OTHER HEALTHCARE PROFESSIONALS

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<tr>
<td>$595</td>
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TOTAL PAYMENTS $ _____________

Make check payable to: Emory University School of Medicine

Detach and mail or fax to:
Continuing Medical Education
100 Woodruff Circle, Suite 331
Atlanta, GA 30322

Phone: (404) 727-5695 (local)
Toll Free: (888) 727-5695 (outside Atlanta)
Fax: (404) 727-5667
Email: smill25@emory.edu