Orthopaedic Update 2017

Friday – Sunday, April 7 - 9, 2017

Nemacolin Woodlands Conference Center
Farmington, Pennsylvania

SPONSORED BY
Department of Orthopaedic Surgery
Allegheny Health Network
Pittsburgh, Pennsylvania
Conference Co-Directors

Michael Levine, MD  
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Vice Chairman Dept of Orthopaedic Surgery  
Forbes Hospital  
Allegheny Health Network  
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Medical Director, Trinity Sports Medicine  
Team Physician, Pittsburgh Pirates Baseball Club  
Allegheny General Hospital  
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Conference Faculty (continued)

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System Director, Division of Pain Medicine  
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Conference Faculty

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ReAl Salt Lake  
US Military Endurance Sports  
Westminster College  
Solitude Ski Resort

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Rejuvitrition  
Pittsburgh, Pennsylvania

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Trinity Sports Medicine and Performance Center  
Director, Trinity P3 Performance  
Adjunct Faculty Franciscan University of Ohio

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Hand and Upper Extremity Surgeon  
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Certified Wound Therapist and Lymphedema Therapist  
AGH Advanced Wound Healing and Lymphedema Center  
Allegheny Health Network  
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Guest Speaker

Craig Wolfley  
ESPN Analyst  
Former Pittsburgh Steele

Conference (continued)
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Manager, Outpatient Therapy Services  
Jefferson Hospital  
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Allegheny Health Network  
Pittsburgh, Pennsylvania  

Phillip M. Steele, MD  
Performance Injury Care and Sports Medicine  
Helena, Montana  

Peter Tang, MD, MPH  
Associate Professor, Drexel University College of Medicine  
Director, Allegheny General Hospital Hand, Upper Extremity & Microvascular Surgery Fellowship  
Department of Orthopaedic Surgery  
Allegheny General Hospital  
Allegheny Health Network  
Pittsburgh, Pennsylvania
Conference Overview and Intended Audience

The last several years have brought an explosion of new technologies and techniques in orthopaedics. Use of robotic surgery, smaller incisions, more aggressive rehabilitation, new pain control protocols and new types of implants all carry implications for changes in care. Accordingly, reduction of complications following orthopaedic procedures is vital in improving outcomes for the orthopaedic patient. This conference is intended for physicians, chiropractors, physician assistants, athletic trainers, nurses, physical and occupational therapists and surgical technologists.

Course Objectives

At the conclusion of this conference, participants should be able to:

■ Recognize national clinical guidelines for managing patients with orthopaedic concerns
■ Evaluate and diagnose knee, shoulder and joint pain
■ Provide non-operative treatment of sports injuries
■ Evaluate and diagnosis lymphedema
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Registration and Breakfast/Visit exhibits</td>
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<tr>
<td>7:45 am</td>
<td>Opening Remarks</td>
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<tr>
<td>8:00 am</td>
<td>Assessing the Quality of Bone Marrow Samples Used in Regenerative Medicine</td>
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<td>8:30 am</td>
<td>Is it neck pain or shoulder pain?</td>
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<td>9:00 am</td>
<td>Bio Cellular Disc Interventions: Myths and Evidence</td>
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<td>9:30 am</td>
<td>What’s new in surgical restoration of articular cartilage</td>
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<td>10:00 am</td>
<td>Regenerative Medicine Approach for Medial Meniscus and Knee Osteoarthritis</td>
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<td>10:30 am</td>
<td>Break</td>
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<tr>
<td>10:45 am</td>
<td>Improving the Release of Stem Cells through Nutrition</td>
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<td>11:15 am</td>
<td>Newly Proposed Ultrasound Classification of Tendinopathy</td>
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<tr>
<td>12:00 pm</td>
<td>Lunch Break</td>
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<tr>
<td>1:00 pm</td>
<td>Ultrasound Guided Carpal Tunnel Release: Evidence for minimally invasive surgical technique compared to the mini-open CTR technique.</td>
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<td>1:30 pm</td>
<td>New Techniques and Clinical Implications for use of PRP and Autologous Fat Grafting with Musculoskeletal Injuries</td>
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<tr>
<td>2:00 pm</td>
<td>Adolescent Idiopathic Scoliosis – Background and Treatments</td>
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<td>2:30 pm</td>
<td>Future Treatments for Adolescent Idiopathic Scoliosis – Fusion less Correction</td>
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<td>3:00 pm</td>
<td>Spinal Stability and Scoliosis in a World of Bad Posture</td>
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<td>Evening Session</td>
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<td>6:00 pm</td>
<td>Opening remarks</td>
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<td>6:15 pm</td>
<td>Perioperative pain management</td>
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<td>6:45 pm</td>
<td>“Dealing With Pain as an Athlete”</td>
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<tr>
<td>7:30 pm</td>
<td>Pain Management Issues: The New Pennsylvania Law</td>
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<td>Reception</td>
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<td>8:00 am</td>
<td>Hip Preservation Surgery</td>
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<td>8:30 am</td>
<td>Biologic Joint Preservation</td>
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<td>9:00 am</td>
<td>Robotic Total Hip Replacement</td>
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<td>9:30 am</td>
<td>Robotic Total Knee Replacement</td>
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<td>10:00 am</td>
<td>Break</td>
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<td>10:15 am</td>
<td>Outpatient Total Joint Replacement</td>
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<td>10:45 am</td>
<td>Lymphedema: The Arch Nemesis</td>
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<td>11:15 am</td>
<td>Cartilage Tumors</td>
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<td>Question/Answer Session</td>
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<td>12:00 pm</td>
<td>Lunch/Visit exhibits</td>
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<tr>
<td>1:00 pm</td>
<td>Branchial Plexus Injuries: Making Sense of It All</td>
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<td>1:30 pm</td>
<td>Common Tendinopathies of the Upper Extremity</td>
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<td>2:00 pm</td>
<td>Rehab for the Hand Patient</td>
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<td>2:30 pm</td>
<td>Breakout Session:</td>
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<td>4:30 pm</td>
<td>Adjourn</td>
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<td>7:45 am</td>
<td>Introduction</td>
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<tr>
<td>8:00 am</td>
<td>Proximal Joint Injury and the Kinetic Chain: Understanding Shoulder and Hip Injury in Athletic Performance</td>
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<td>8:30 am</td>
<td>Hip Arthroscopy</td>
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<td>9:00 am</td>
<td>Sports Injuries of the Knee</td>
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<td>9:30 am</td>
<td>Common Athletic Shoulder Injuries and MDI</td>
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<td>10:00 am</td>
<td>Total Shoulder Replacement</td>
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<td>10:30 am</td>
<td>CMS Update</td>
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<tr>
<td>11:00 am</td>
<td>Evaluations and Adjournment</td>
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In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honoraria or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).
Accreditation

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

Allegheny General Hospital designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credits* from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners (AANP)** accepts *AMA PRA Category 1 Credits* from organizations accredited by the ACCME.

**American Academy of Physician Assistants (AAPA)** accepts *AMA PRA Category 1 Credits* from organizations accredited by the ACCME.

**Ohio Chiropractic Board** accepts *AMA PRA Category 1 Credits* from organizations accredited by the ACCME

Allegheny General Hospital has approved this activity for 18.75 contact hours for non-physicians

**Athletic Trainers**

Allegheny General Hospital (BOC AP#: P2827) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 18.75 Evidence Based Practice Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

**Occupational Therapists:**

**Intermediate level education.** Application will be made for Occupational Therapy continuing education credit.

**Physical Therapists**

Application will be submitted to the PA and Ohio State Board of Physical Therapy for approval of continuing education credit.

**Surgical Technologists**

For the purposes of recertification, AST the Association of Surgical Technology Inc., *AMA PRA Category 1 Credit* issued by organizations accredited by the ACCME.
Location and Accomodations

Nemacolin Woodlands Conference Center Farmington, Pennsylvania. A block of rooms has been reserved at Nemacolin Woodlands — slightly more than a one hour drive from Pittsburgh. Special conference rates are $209/night + tax for a Chateau room and $159/night + tax for a Lodge room or townhouse. Reservations may be made by calling 1.800.422.2736 or 724.329.8555. The room block is closes on March 6, 2017.

Please be sure to mention the Ortho Update 2017 conference to take advantage of the special conference room rates. Please Note: Per our contract with Nemacolin, the following charges will automatically be applied to each room:

- Luggage Handling Fee - $10/room round trip
- Housekeeping Charge - $2/room/day
- Resort Fee - $20/room/night, includes: valet parking, on property shuttle, fitness center access, wireless internet, local and toll free calls, pool access, newspaper, 3 p.m. art tour, hiking trail, tennis

NO ADDITIONAL GRATUITY REQUIRED

For directions to Nemacolin Woodlands, please visit their Web site at www.nemacolin.com.

Activities

Nemacolin Woodlands Resort offers 15% discount on retail purchases in all retail shops and 10% discount on all resort activities including spa services. Spa access fee is waived including complimentary health club usage. The Adventure Center offers mountain biking and the Equestrian Center offers a variety of trail rides for all levels. New this year is the Fatbird Carriage Safari. The Wildlife Academy, as well as the Activity Center, provides fun for all ages. Visit www.nemacolin.com for detailed information.

For additional information concerning Orthopaedic Update 2017, please contact the CME office by e-mail to Bernice.sulkowski@ahn.org
Refund Policy

A refund of the registration fee, less a $25 processing fee, will be made when a written request or a telephone request followed by a written confirmation is received prior to April 2, 2017. After this date, refunds cannot be made. Fees will not be refunded for failure to attend.

Allegheny General Hospital reserves the right to cancel or post-pone any conference because of unforeseen circumstances or insufficient enrollment. In the event of such cancellation, full tuition will be refunded.

Registration Information

The registration fee includes the course materials, continental breakfast, lunch and break refreshments.

Fee: $275  Physicians
     $140  Nurses and Other Health Care Professionals
     $75  AHN Employees
     $75  Surgical Technologists
     $75  Residents and Fellows*

* Verification letter from program director required.

Deadline: April 2, 2017
(Registrations will be taken after the deadline date on a space-available basis.)

To Register: To register online, please go to www.aghcme.org. To register by mail or fax, complete the registration form and return it with the registration fee or fax to:

Continuing Medical Education
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772
Fax (412) 359-8218

The preferred method of payment is by VISA, MasterCard, American Express or Discover; however checks will be accepted made payable to Allegheny General Hospital CME.
REGISTRATION FORM

Registration for **Orthopaedic Update 2017** is required. Please complete this registration form and return it with your payment no later than March 31, 2017.

Please indicate: ☐ _____ # Attending Friday reception (including yourself)

Name

Degree

Specialty

Affiliation

Address

City       State             Zip

E-mail

Day Telephone (  )

FAX# (  )

**Method of Payment:** ☐ Credit Card   ☐ Check

**Credit Card Type:** ☐ Visa   ☐ MasterCard   ☐ American Express   ☐ Discover

**Total Amount**

**Credit Card #**

**Exp. Date**

**Name on Card**

**Signature***

* **By signing this form, I authorize Allegheny General Hospital to charge my credit card for the above amount. My signature also indicates that I will not dispute this charge in the future through my credit card company.**

☐ If you require assistance with hearing, vision or mobility to make this conference accessible to you, please check this box and contact the CME office at *(412) 359-4952* at least two weeks prior to the conference date.