Update in Internal Medicine

Friday & Saturday, May 20-21, 2016
Allegheny General Hospital
Magovern Conference Center
Pittsburgh, Pennsylvania
Conference Overview

The Department of Medicine at Allegheny General Hospital is pleased to offer this exciting educational opportunity highlighting updates in Internal Medicine. This course will provide a review of the latest treatment strategies in the management of patients with heart failure, dyslipidemia, atrial fibrillation, inflammatory bowel disease, hepatitis C, gastroesophageal reflux disease, chronic kidney disease, hypertension, nephrolithiasis, COPD, lupus, and rheumatoid arthritis. A focused primary care update will include a review of the new anticoagulants and an update on adult vaccinations. This course is intended for internists, family physicians, physician assistants, nurse practitioners, nurses, pharmacists, and other health care professionals who have responsibility for, or interest in, patient care.

At the conclusion of Update in Internal Medicine, participants should be able to:

• describe specific information frequently found in clinical practice and on the ABIM examination
• discuss diagnostic and therapeutic strategies for common conditions in clinical practice
• evaluate the evidence behind new guidelines and recommendations

Conference Directors

Marc Itskowitz, MD, FACP
Associate Professor of Medicine
Temple University School of Medicine
Director, Didactic Education
Allegheny General Hospital
Director, Center for Perioperative Medicine
Allegheny Health Network

James J. Reilly, MD, FACP
Associate Professor of Medicine
Temple University School of Medicine
Vice Chairman, Department of Medicine
Allegheny Health Network

Faculty

Heitham Abdul-Baki, MD
Core Faculty Member,
Allegheny Center for Digestive Health
Allegheny Health Network

Michael Babich, MD
Associate Professor of Medicine
Temple University School of Medicine
Division of Gastroenterology
Allegheny Health Network

Faculty (cont.)

Nitin Bhanot, MD, MPH
Program Director, Infectious Disease Fellowship
Interim Division Director, Infectious Disease
Allegheny General Hospital
Allegheny Health Network

Christopher Bonnet, MD
Assistant Professor of Medicine
Drexel University College of Medicine
Director, Clinical Electrophysiology
Allegheny General Hospital

Bhavna Chopra, MD
Faculty, Division of Nephrology and Hypertension
Allegheny General Hospital

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Temple University School of Medicine
Division of Nephrology and Hypertension
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Clerkship Site Director for Third Year Medicine
Medical Director, DaVita Northside Dialysis

Samantha DeMauro-Jablonski, MD
Director of Multidisciplinary Bone Center
Center for Diabetes and Endocrine Health
Allegheny Health Network
Faculty (cont.)

Darren A. Frank, MD
Assistant Professor, Orthopaedic Surgery
Drexel University College of Medicine
Assistant Professor, Orthopaedic Surgery
Temple University School of Medicine
Team Physician, Pittsburgh Pirates Baseball
Organization and Slippery Rock University
Division of Sports Medicine
Department of Orthopaedic Surgery
Allegheny General Hospital
Allegheny Health Network
Pittsburgh, Pennsylvania

Jennifer Holst, MD
Endocrinologist
Associate Medical Director, AHN Center for Diabetes
Allegheny Health Network

Michael Lucke, MD
Staff Rheumatologist
Lupus Center of Excellence, Allegheny Health Network
Director, West Penn Hospital Medical Short Stay Unit

Susan Manzi MD MPH
Vice Chair and Professor Medicine
Temple University School of Medicine
Chair, Department of Medicine,
Allegheny Health Network

Marcie Mitre, MD, AGAF
Assistant Professor of Medicine
Drexel University College of Medicine
Allegheny Health Network

Jeffrey Mueller, M.D.
Vice Chairman, Department of Diagnostic Radiology
Allegheny General Hospital
Division Head, Cardiothoracic Imaging
Allegheny Health Network

Khaled Nashar, MD, FASN, FNKF
Assistant Professor (adjunct),
Department of Medicine
Temple University School of Medicine
Associate Program Director,
Nephrology Fellowship Training Program
Division of Nephrology & Hypertension
Allegheny Health Network

Amy Barley Schuett, DO
Assistant Professor of Medicine
Temple University School of Medicine
Cardiovascular Institute
Allegheny General Hospital
Allegheny Health Network

Anil Singh, MD, MPH, FCCP
Program Director, pulmonary/critical care fellowship
Co-Director, Breathing Disorders Center
Medical Director, Lifecare Hospitals
Assistant professor of medicine, Temple University
Allegheny Health Network

Judith A. Small, MD
Adjunct Assistant Professor
Drexel University College of Medicine
Chief, Division of Dermatology
Allegheny Health Network

George G. Sokos, DO
Assistant Professor of Medicine
Temple University School of Medicine
Program Director, Advanced Heart Failure and Cardiac Transplant Fellowship
Allegheny General Hospital

Thomas L. Walsh, MD
Medical Director, Antimicrobial Stewardship Program
Allegheny General Hospital
West Penn Hospital
Allegheny Health Network

Mary Chester M. Wasko, MD, MSc
Division Director, Rheumatology
West Penn Hospital
Allegheny Health Network

Lyn Weinberg, MD
Assistant Professor of Medicine
Temple University School of Medicine
Core Faculty Member,
Division of Supportive Care and Geriatrics
Allegheny Health Network
In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honoraria or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

### Agenda
Friday, May 20, 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td><strong>Registration and Continental Breakfast/Visit Exhibits</strong></td>
</tr>
<tr>
<td>8:15 a.m.</td>
<td><strong>Welcome and Introduction</strong></td>
</tr>
</tbody>
</table>

**Session 1: Primary Care Update**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td>New Anticoagulants</td>
<td><strong>James Reilly, MD</strong></td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Delirium and Dementia</td>
<td><strong>Lyn Weinberg, MD</strong></td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Vaccination Update</td>
<td><strong>Marc Itskowitz, MD</strong></td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td><strong>Break/Visit Exhibits</strong></td>
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</tr>
</tbody>
</table>

**Session 2: Rheumatology Update**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:15 a.m.</td>
<td>Lupus: The Role of the Primary Care Physician</td>
<td><strong>Susan Manzi, MD, MPH</strong></td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Rheumatoid Arthritis</td>
<td><strong>Mary Chester Wasko, MD, MSc</strong></td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>PMR/GCA</td>
<td><strong>Michael Lucke, MD</strong></td>
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<tr>
<td>11:45 a.m.</td>
<td>Panel Discussion/Question &amp; Answer Session</td>
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<tr>
<td>Noon</td>
<td>Lunch • Visit Exhibits</td>
<td></td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Breakout sessions (Please choose one)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>A. Dermatology • <strong>Judith Small, MD</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>B. EKG Interpretation • <strong>Christopher Bonnet, MD</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>C. Radiology Review • <strong>Jeffrey Mueller, MD</strong></td>
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</tbody>
</table>

**Session 3: Infectious Diseases Update**

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<tr>
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<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 p.m.</td>
<td>Meningitis</td>
<td><strong>Nitin Bhanot, MD, MPH</strong></td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>Pneumonia</td>
<td><strong>Tom Walsh, MD</strong></td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td><strong>Break/Visit Exhibits</strong></td>
<td></td>
</tr>
<tr>
<td>2:45 p.m.</td>
<td>Osteoporosis</td>
<td><strong>Samantha DeMauro, MD</strong></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Diabetes</td>
<td><strong>Jennifer Holst, MD</strong></td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td>Panel Discussion/Question &amp; Answer Session</td>
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</tr>
<tr>
<td>4:00 p.m.</td>
<td><strong>Adjournment</strong></td>
<td></td>
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</table>
## Agenda

**Saturday, May 21, 2016**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Registration and Continental Breakfast/Visit Exhibits</td>
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<tr>
<td>8:15 a.m.</td>
<td>Welcome and Introduction</td>
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### Session 4: Cardiology Update

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td>Congestive Heart Failure</td>
<td>George Sokos, DO</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Dyslipidemia</td>
<td>Amy Schuett, DO</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Atrial Fibrillation</td>
<td>Christopher Bonnet, MD</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Break/Visit Exhibits</td>
<td></td>
</tr>
</tbody>
</table>

### Session 5: Gastroenterology Update

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:15 a.m.</td>
<td>Inflammatory Bowel Disease</td>
<td>Heitham Abdul-Baki, MD</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Hepatitis C</td>
<td>Michael Babich, MD</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>GERD</td>
<td>Marcie Mitre, MD</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Panel Discussion/Question &amp; Answer Session</td>
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</tr>
<tr>
<td>Noon</td>
<td>Lunch</td>
<td>Visit Exhibits</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Breakout sessions (Please choose one)</td>
<td></td>
</tr>
<tr>
<td>A.</td>
<td>Dermatology</td>
<td>Judith Small, MD</td>
</tr>
<tr>
<td>B.</td>
<td>EKG Interpretation</td>
<td>Christopher Bonnet, MD</td>
</tr>
<tr>
<td>C.</td>
<td>Orthopaedic Exam</td>
<td>Darren Frank, MD</td>
</tr>
</tbody>
</table>

### Session 6: Nephrology Update

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 p.m.</td>
<td>Chronic Kidney Disease</td>
<td>Bhavna Chopra, MD</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>Hypertension</td>
<td>Barbara Clark, MD</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>Nephrolithiasis</td>
<td>Khaled Nasher, MD</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>Break/Visit Exhibits</td>
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</tr>
</tbody>
</table>

### Session 7: Pulmonary Update

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:15 p.m.</td>
<td>COPD</td>
<td>Anil Singh, MD</td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td>Panel Discussion/Question &amp; Answer Session</td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Adjournment</td>
<td></td>
</tr>
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Accreditation

Physicians

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit:

- **American Nurses Credentialing Center (ANCC)** accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

- **American Academy of Nurse Practitioners (AANP)** accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

- **American Academy of Physician Assistants (AAPA)** accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by the ACCME. Physician assistants may receive a maximum of 12.50 hours of Category 1 credit for completing this program.

- **Non-physicians**: Allegheny General Hospital has approved this activity for a maximum of 12.50 contact hours for non-physicians.

Conference Location

George J. Magovern, MD Conference Center
Allegheny General Hospital
320 East North Avenue
Pittsburgh, PA 15212

Parking

Parking is available in the hospital garage located on James Street. Parking tickets will be validated at the registration desk. For directions to the parking garage, visit [www.aghcme.org](http://www.aghcme.org) select CONFERENCE PARKING on the left, then select JAMES STREET GARAGE.
 Registration Information
The registration fee includes the course materials, continental breakfast, lunch, break refreshments.

FEE: Physicians $100
    Nurses and Other Health Care Professionals $45
    Fellows and Residents No Fee

DEADLINE: May 13, 2016.
(Registrations will be taken after the deadline date on a space-available basis.)

TO REGISTER: To register online, please go to www.aghcm.org. To mail or fax your registration, please complete the registration form and return it with the registration fee or fax to:

Continuing Medical Education
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772
Fax 412.359.8218

The preferred method of payment is by VISA, MasterCard, American Express or Discover; however checks will be accepted made payable to Allegheny General Hospital.

Refund Policy
A refund of the registration fee, less a 10% processing fee, will be made when a written request or a telephone request followed by a written confirmation is received prior to one week from conference date. After this date, refunds will not be made. Fees will not be refunded for failure to attend.

Allegheny General Hospital reserves the right to cancel or postpone any conference because of unforeseen circumstances or insufficient enrollment. In the event of such cancellation, full tuition will be refunded.

Additional Information
For additional information concerning the conference, please contact the Continuing Medical Education office by e-mail at rmiglior@wpha.org, by telephone at 412.359.4952.
Update in Internal Medicine  
Friday & Saturday, May 20-21, 2016  
Registration is required. Please complete this registration form and return it with your payment no later Friday, May 13, 2016

Please indicate: ☐ I would like a vegetarian lunch

Name

(print name and degree, if applicable, as you wish it to appear on badge)

Specialty

Occupation

Hospital or Organization

☐ Home or ☐ Business Address (including department):
(where you prefer mail to be sent)

City  State  Zip

E-mail

Day Telephone (  )

FAX# (  )

Method of Payment: ☐ Credit Card  ☐ Check

Credit Card Type: ☐ Visa  ☐ MasterCard  ☐ American Express  ☐ Discover

Total Amount

Credit Card #

Exp. Date

Name on Card

Signature*

* By signing this form, I authorize Allegheny General Hospital to charge my credit card for the above amount. My signature also indicates that I will not dispute this charge in the future through my credit card company.

☐ If you require assistance with hearing, vision or mobility to make this conference accessible to you, please check this box and contact the CME office at 412.359.4952 at least two weeks prior to the conference date.